



  
**November**  
**Newsletter**  
  
**2018**

This summer, the Against Child Abuse (ACA) organised a series of activities for children and parents. In addition to fostering children's interests and developing their potential, these activities were most important to help promote parent-child relationship and enhance parents' capacity in using positive discipline.

Advocacy is one of the important roles of ACA. On 8 September, we shared with participants in a Conference on Safeguarding Children's Best Interests at the University of Hong Kong community initiatives and best practices protecting children's rights in Hong Kong.

Further, we raised public awareness in the South China Morning Post<sup>[1]</sup> of a sharp increase in the number child neglect cases in the past few years, most likely related to illicit drug use by child-carers. The Government is urged to look urgently in to the extent of such so called

Hidden-harm that vulnerable children are under, and to map out corresponding tackling strategies.

With our experience at the forefront of child protection in Hong Kong and with child's best interest at heart, we continue to contribute in the Review of the Procedural Guide for Handling Child Abuse Cases in Hong Kong, led by the Social Welfare Department. This is an important document affecting the well-being of vulnerable children.

The Committee Members and staff of the Community Chest paid a visit to our Kwai Chung Centre on 9 October to understand our services. Our project social workers illustrated how two of our projects (Daylily Project for Young/Single Mothers and Bless My Home Forever Volunteer Home Visitation Project) have helped to meet the needs of children and their families. There

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was also touching sharing by project service users. The visit was well appreciated.

The Coordinating Committee for Children's Council, which is jointly formed by ACA and the Hong Kong Committee on Children's Rights, held a Children's Council Meeting on 13 October at the Legislative Council Complex. The Children Councillors raised and discussed three motions: setting up a Child Health Care Voucher Scheme; formulating measures to address child suicide; and implementing effective measures for tackling student' mental health issues. Before bringing these issues to the Children's Council Meeting for deliberation, the Children Councillors spent much time in discussion, data collection and analysis. They also interviewed related parties. They demonstrated their ability in giving constructive views. The Legislative Councillors, government officials and related professionals were invited to attend and listen to children's voice.

Incidents of child sexual abuse occur from time to time. According to the Child Protection Registry of Social Welfare Department, the number of newly reported cases on child sexual abuse has been the second highest in the past 20 years, second only to physical abuse cases. These tragic experiences have serious impacts on children's physical and psychological development and their interpersonal relationships. On 24 October, the ACA Child Protection Institute organised a Professional Forum on "Child Sexual Abuse: Child Protection Policy, Disclosure (#Me Too) and Update on Handling of Child Sexual Abuse



in Hong Kong." The purposes of the forum were to explore how best to protect children against sexual abuse, illustrate the importance of a Child Protection Policy for organisations working with children, and by enhancing professionals' knowledge and skills in handling child sexual abuse cases. We were pleased to have invited seasoned guest speakers to share their experience with participants. Through sharing and discussion, stakeholders joined hands in promoting child protection work and in cultivating a safe environment for the growth of our children.

To sustain our various services, the ACA Flag Day will be held on 1 December 2018. We need the support from all of you. We hope you will help us as volunteers on that day.

**Donna Wong**  
**Acting Director**



<sup>[1]</sup> Dr Patrick Cheung Chi Hung, "Hong Kong must wake up to the role of drugs in child abuse and neglect", article presented at the *South China Morning Post (SCMP)*, 17 September 2018, available at: <https://www.scmp.com/comment/letters/article/2164288/hong-kong-must-wake-role-drugs-child-abuse-and-neglect> (accessed 17 September 2018).

## Summary of Major Activities for July to September 2018

<b>July</b>	Child Protection and Treatment Project - Happy Child Starting from the Home	<ul style="list-style-type: none"> <li>• Summer Family Outing to Green Organic Pineapple Farm on 29 July</li> </ul>
<b>July to August</b>	Bless My Home Forever Volunteer Home Visitation Project	<ul style="list-style-type: none"> <li>• Family Sharing Forum and Parent-child Activity               <ol style="list-style-type: none"> <li>1. Parenting Tips - Let Children Grow with Challenges on 14 July</li> <li>2. Strengthen Children's Problem Solving Skills on 14 July</li> <li>3. Parent-child Volunteer Service for Elderly on 14 July</li> <li>4. Parenting Tips - Set up Rules in Early Childhood on 17 August</li> <li>5. Implementation of Rules in Parenting on 17 August</li> <li>6. Parent-child Handcraft and Pizza Making on 17 August</li> </ol> </li> </ul>
<b>July to September</b>	Children's Council 2018	<ul style="list-style-type: none"> <li>• Training Activity on 14 and 28 July</li> <li>• Legislative Council Complex Tour and Motion Discussion on 18 July</li> <li>• Training Camp on 25 and 26 July</li> <li>• Motion Discussion on 28 July, 1, 8, 11, 18, 22 August, 8 and 22 September</li> <li>• Rehearsal of the Council Meeting on 15 September</li> </ul>
	Kids' Dream	<ul style="list-style-type: none"> <li>• Study of the Bullying Behaviours in Children and Adolescents from July to September</li> <li>• Retreat Camp on 26 and 27 August</li> </ul>
	Child Protection Institute	<ul style="list-style-type: none"> <li>• Prevention of Sexual Abuse Workshop for Child and Youth on 3 July</li> <li>• Sex Education Starting from Family Talk on 4 July and 18 August</li> <li>• Introduce the Definition of Child Abuse and Child Protection Talk on 6 July</li> <li>• Training on Positive Psychology for Teacher on 7 July and 28 August</li> <li>• Positive Parenting Talk on 21 July and 27 August</li> <li>• Identification and Handling of Suspected Student Abused Incident Workshop on 21 and 29 August</li> <li>• Child Protection Workshop on 11, 20 and 29 September</li> <li>• Happy Rainbow Expressive Arts Therapy Student Group on 27 September</li> </ul>
	Daylily Project for Young/ Single Mothers	<ul style="list-style-type: none"> <li>• Family Sharing Forum and Family Activity               <ol style="list-style-type: none"> <li>1. Western Parenting Tips - Challenges Make Children Stronger on 14 July</li> <li>2. Strengthen Children's Resilience on 14 July</li> <li>3. Visit to Light and Love Kwai Fong Neighbourhood Elderly Centre on 14 July</li> <li>4. Western Parenting Tips - Rule is More Important than Dotage on 17 August</li> <li>5. Steps for Setting Rule on 17 August</li> <li>6. Pizza Express Workshop on 17 August</li> </ol> </li> <li>• Volunteer Training - Understanding of Adults' and Children' Mental Health on 29 September</li> </ul>
	Healthy Start Home Visiting Project	<ul style="list-style-type: none"> <li>• Volunteer Training cum Sharing Meeting on 7 July</li> <li>• Happy Parent-child Day in Discovery Bay on 22 July</li> <li>• Parent Talk cum BB Birthday Party on 25 August</li> <li>• Good Parents Training Course on 7, 14, 22 and 29 September</li> <li>• Volunteer Training in Experiencing the Life Journey on 21 September</li> </ul>
	Child Abuse Treatment Corner - Volunteer Home Visitation Service for Families with Newborn	<ul style="list-style-type: none"> <li>• Volunteer Training on 22 July and 4 August</li> <li>• New Parent Training Course on 22 and 29 September</li> </ul>
	Home Visitation Project for New Arrivals	<ul style="list-style-type: none"> <li>• Volunteer Gathering and Sharing on 2, 25, 28, 31 August and 29 September</li> </ul>
	Good Parents' Networking Project	<ul style="list-style-type: none"> <li>• Parent Talk on 4 July</li> <li>• Leisure Corner               <ol style="list-style-type: none"> <li>1. Starry Kitchen on 6 July and 21 September</li> <li>2. Parent Handcrafts Workshop on 13 July and 28 September</li> </ol> </li> <li>• Parent-child Activities               <ol style="list-style-type: none"> <li>1. Elderly Centre Visit on 7 July</li> <li>2. Air Storm on 14 July</li> <li>3. Summer Movie Sharing on 18 July and 3 August</li> <li>4. Dreamcatcher DIY on 28 July</li> <li>5. Funny Balloon Workshop on 11 August</li> <li>6. Summer Party on 25 August</li> <li>7. DIY Perler Beads Key Chain Workshop on 22 September</li> </ol> </li> </ul>



## Summary of Major Activities for July to September 2018

<b>July to September</b>	Good Parents' Networking Project	<ul style="list-style-type: none"> <li>• Resource Corner – Parent-child Storybook Telling and Board Game Workshop on 25 July, 1, 8 and 15 August</li> <li>• Good Parent Trainer's Gathering on 24 August and 14 September</li> </ul>
	Joyful Kids Group	<ul style="list-style-type: none"> <li>• Group Meeting and Training on 14, 21, 28 July, 11 August and 15 September</li> <li>• Volunteer Service: Visit to Day Activity Centre cum Hostel for Persons with Intellectual Disability on 18 July and 22 September</li> <li>• Preparation for Visiting Day Activity Centre cum Hostel for Persons with Intellectual Disability on 4 August</li> <li>• Joyful Kids Day Camp on 18 August</li> <li>• Decoration of Notice Board on 25 and 30 August</li> </ul>
	Chuk Yuen Centre Family Corner	<ul style="list-style-type: none"> <li>• Committee Gathering on 24 July, 21 August and 18 September</li> <li>• Happy Gathering on 9 September</li> <li>• Pretty Mama Group on 20 and 27 September</li> <li>• Mid-Autumn Festival Carnival on 21 September</li> <li>• Volunteer Training on Mental Health of Children and Adults on 29 September</li> </ul>
	Tuen Mun Centre Summer Programmes and Family Corner	<ul style="list-style-type: none"> <li>• "Men's Talk" Mutual Support Group on 6, 13, 20 and 27 July</li> <li>• Summer Programmes               <ol style="list-style-type: none"> <li>1. Key Chain Handicraft Class for Children on 17 July</li> <li>2. MC Skills Training Group for Children on 23, 30 July, 6 and 13 August</li> <li>3. Parent-child Cooking Workshop on 24 July</li> <li>4. Parent-child Reading Time on 26 July, 9 and 23 August</li> <li>5. Volunteer Service Group to Experience Visually Impaired on 8, 15, 22 and 29 August</li> </ol> </li> <li>• Leisure Corner - Handicraft and Cooking Activities on 11 and 18 September</li> </ul>
	Parent-child Support Line	<ul style="list-style-type: none"> <li>• Advertising at Hong Kong Commercial Broadcasting Co. Ltd. from 16 to 20 July</li> <li>• Promotion Campaign: Bus Body and Seatback Advertising on KMB from 20 August to 16 September</li> </ul>

## Forthcoming Events for October to December 2018

<b>October</b>	Sharing Forum	<ul style="list-style-type: none"> <li>• Professional Forum on Child Sexual Abuse: Child Protection Policy, Disclosure (#Me Too) and Update on Handling of Child Sexual Abuse in Hong Kong on 24 October</li> </ul>
	Children's Council 2018	<ul style="list-style-type: none"> <li>• Council Meeting on 13 October</li> <li>• Evaluation Meeting on 20 October</li> </ul>
	Child Abuse Treatment Corner - Volunteer Home Visitation Service for Families with Newborn	<ul style="list-style-type: none"> <li>• New Parent Training Course on 6 and 13 October</li> <li>• Positive Parenting Sharing Session on 13 October</li> </ul>
	Chuk Yuen Centre Family Corner	<ul style="list-style-type: none"> <li>• Pretty Mama Group on 4 and 11 October</li> <li>• Good Parent Education Programme (Stage 2) on 9, 16, 23 and 30 October</li> <li>• Disneyland Activity 2018 on 20 October</li> <li>• We Love Cats and Dogs on 27 October</li> </ul>
<b>November</b>	Annual Press Conference and Annual General Meeting	<ul style="list-style-type: none"> <li>• The 39<sup>th</sup> Annual Press Conference and Annual General Meeting on 20 November</li> </ul>
	Child Protection and Treatment Project - Happy Child Starting from the Home	<ul style="list-style-type: none"> <li>• Family Outing Activity</li> </ul>
<b>December</b>	Flag Day	<ul style="list-style-type: none"> <li>• ACA Flag Day in New Territories on 1 December</li> </ul>
<b>October to December</b>	Child Protection Institute	<ul style="list-style-type: none"> <li>• Happy Rainbow Expressive Arts Therapy Group on 4, 11, 18, 25 October, 1, 8, 15, 22, 29 November, 13 and 20 December</li> <li>• Positive Parenting Talk on 5, 8, 10, 22, 26, 29 October and 17 November</li> <li>• Identification and Handling of Suspected Child Abuse Incident Training Workshop on 6, 27 October, 16, 23 November and 14 December</li> <li>• Children Expressive Arts Group on 9, 16, 23, 30 October, 27 November, 4, 11 and 18 December</li> <li>• Parents Expressive Arts Group on 9, 16, 23, 30 October, 27 November, 4, 11 and 18 December</li> </ul>

## Forthcoming Events for October to December 2018

<b>October to December</b>	Child Protection Institute	<ul style="list-style-type: none"> <li>• Children Self-protection Workshop on 23 November and 7 December</li> </ul>
	Daylily Project for Young/ Single Mothers	<ul style="list-style-type: none"> <li>• Family Sharing Forum and Family Activity               <ol style="list-style-type: none"> <li>1. Understanding of Mental Health on 27 October</li> <li>2. Personal Stress Test and Stress Release on 27 October</li> <li>3. Day Camp on 27 October</li> <li>4. Western Parenting Tips - Freedom is More Important than Restrictions on 17 November</li> <li>5. Broaden Children's Mind and Horizon on 17 November</li> <li>6. Happy Family @ Holiday Farm on 17 November</li> <li>7. Western Parenting Tips - Make Every Cent Count on 15 December</li> <li>8. Help Children Master Basic Money Concept on 15 December</li> <li>9. Christmas Party on 15 December</li> </ol> </li> <li>• Volunteer Orientation on 10 November</li> <li>• Volunteer Sharing on 10 November</li> </ul>
	Bless My Home Forever Volunteer Home Visitation Project	<ul style="list-style-type: none"> <li>• Orientation for New Volunteer on 6 October</li> <li>• Family Sharing Forum and Parent-child Activity               <ol style="list-style-type: none"> <li>1. Understand What is Stress on 27 October</li> <li>2. Stress Test and Decompression on 27 October</li> <li>3. Parent-child Day Camp on 27 October</li> <li>4. Parenting Tips - Freedom VS Restriction on 17 November</li> <li>5. Creation of Children on 17 November</li> <li>6. Family Day in Holiday Farm on 17 November</li> <li>7. Parenting Tips - Children's Money Concept on 15 December</li> <li>8. Help Children Learn Money Management on 15 December</li> <li>9. Parent-child Christmas Party on 15 December</li> </ol> </li> </ul>
	Healthy Start Home Visiting Project	<ul style="list-style-type: none"> <li>• Volunteer Training on 20 October</li> <li>• Visit to Disneyland on 21 October</li> <li>• Visit to Ocean Park on 15 December</li> </ul>
	Child Abuse Treatment Corner	<ul style="list-style-type: none"> <li>• Stress Management Group for Parents with Depressive Features VIII (Sessions 1-8) on 5, 12, 19 October, 2, 9, 16, 30 November and 7 December</li> <li>• Batterer Intervention Therapeutic Group for Parents VIII (Sessions 1-8) on 18 October, 1, 8, 15, 22, 29 November, 6 and 13 December</li> <li>• Positive Parenting Talk on 27 October and 8 December</li> <li>• Children Therapeutic Group VII (Sessions 1-6) on 31 October, 7, 14, 21, 28 November and 5 December</li> </ul>
	Home Visitation Project for New Arrivals	<ul style="list-style-type: none"> <li>• Good Mother Parent Group from 2 to 12 October</li> <li>• Family Activity               <ol style="list-style-type: none"> <li>1. Parent-child Outing to Hong Kong Disneyland on 21 October</li> <li>2. Christmas Party 2018 in December</li> </ol> </li> <li>• Volunteer Gathering and Sharing in December</li> </ul>
	Good Parents' Networking Project	<ul style="list-style-type: none"> <li>• Leisure Corner               <ol style="list-style-type: none"> <li>1. Starry Kitchen on 12 October, 9 November and 7 December</li> <li>2. Parent Handcrafts Workshop on 26 October, 23 November and 14 December</li> </ol> </li> <li>• Parent-child Activities               <ol style="list-style-type: none"> <li>1. Parent-child Storybook Telling and Board Game Workshop on 20 October</li> <li>2. Funny Balloon Workshop on 3 November</li> <li>3. Handmade Cartoon Key Chain Workshop on 17 November</li> <li>4. Joyful Christmas Party on 15 December</li> </ol> </li> </ul>
	Joyful Kids Group	<ul style="list-style-type: none"> <li>• Group Meeting and Training on 27 October and 10 November</li> <li>• Group Meeting and Christmas Party on 8 December</li> </ul>
	Tuen Mun Centre Summer Programmes and Family Corner	<ul style="list-style-type: none"> <li>• Child Protection Carnival in Lung Yat Estate on 7 October</li> <li>• Leisure Corner – Handicraft and Cooking Activities on 9, 16 October, 13, 20 November, 11 and 18 December</li> <li>• Volunteer Gathering - How to Lead Healthy Life Sharing Session on 19 October</li> <li>• Good Parents Positive Parenting Course 2018 on 1, 8, 15, 22, 29 November, 6, 13 and 20 December</li> </ul>
	Parent-child Support Line	<ul style="list-style-type: none"> <li>• Advertising at Hong Kong Commercial Broadcasting Co. Ltd. from 22 to 26 October and from 10 to 14 December</li> </ul>
<b>November to December</b>	Kids' Dream	<ul style="list-style-type: none"> <li>• Study of the Bullying Behaviours in Children and Adolescents in November</li> <li>• Orientation Camp in November</li> <li>• Christmas Gathering in December</li> </ul>



# Child Protection Institute

## Professional Forum: Child Sexual Abuse: Child Protection Policy, Disclosure (#Me Too) and Update on Handling of Child Sexual Abuse in Hong Kong

Sexual abuse cases are not uncommon in our society. Victims' background differ, varying from students to athletes. Some of the victims do not report their tragic experience to the police at the beginning. Some even tolerate the act and allow the tragedy to go on for years. In view of this, being one of the important child protection stakeholders, Against Child Abuse organised a professional sharing forum on child sexual abuse on 24 October. The forum explored the handling procedure, system and preventive policy from various angles. With the concerted effort of different professionals, we aimed at protecting our children from threats of sexual abuse.

Special thanks should be extended to the Hong Kong Council of Social Service, the supporting organiser of this event, for locating a comfortable venue for the participants. Moreover, we express our heartfelt appreciation to all the guest speakers, including Dr Trisha Leahy, Chief Executive of Hong Kong Sports Institute, Ms Michelle Tam, Executive Director of End Child Sexual Abuse Foundation, Ms Eve Lo, Senior Social Work Officer of the Social Welfare Department, Ms Fannie Law, Senior Inspector of the Hong Kong Police Force and Ms Carman Wong, a senior principal. Their sharing was inspiring and impressive. The forum reflected that multi-disciplinary collaboration was an important part in child protection work.



In addition to individual sharing, the forum also had a scenario-based panel discussion. The discussion was interactive and in-depth. It was hoped that participants could understand that talking about sex was no longer a taboo and that there was a pressing need to save and protect our child victims from sexual abuse. We were glad that the forum was able to draw participation of different professionals from various sectors, including education, legal, medical and nursing and social welfare. This showed their determination in doing more to protect our children. We sincerely thank all parties for their support. In the future, we will continue to similar meaningful activities when there is a need.

Lau Yin Ling  
Development and Training Manager  
Child Protection Institute

## ACA Flag Day in New Territories on 1 December 2018

Against Child Abuse (ACA) was established in 1979 as a non-governmental organisation specialising in child protection work. We strive to eliminate all forms of child abuse and to cultivate a nurturing, caring and non-violent environment for the optimal growth of children and the implementation of children's rights. Due to resource constraint, we have to raise funds to support our quality child protection services. Social Welfare Department has given us permission to hold a Regional Flag Day in the New Territories on 1 December 2018 (Saturday). The message of child protection is able to be conveyed to the public through the publicity and recruitment activities of ACA Flag Day.

We have invited Sēmk Products Limited to design our Flag this year. "B. Duck" is the main character in the Flag and the theme is parent-child activities. We sincerely thank Sēmk Products Limited for their support.

Since the Flag Day requires a huge number of volunteers, we sincerely invite you to help us as volunteers. We also encourage parent-child teams to sell flags. We need your support! For details, please visit our website.



Online Flag Day Volunteer Registration: (<https://goo.gl/forms/vLP8ZYiGXXoHcqrv2>)



Catherine Leung  
Funding and Promotion Officer





# Daylily Project for Young / Single Mothers

Sponsored by the Community Chest of Hong Kong

Life of a single mother is never easy. Handling personal pain, dealing with family relationships, and looking after children are all everyday challenges.

## Expectations for Children

A mother has many expectations on her children. The most commonly expressed wishes from parents are “I hope my children can study harder”, “I hope my child can have a stable job when he/she grows up”, “If resources allow, I hope to give my child the best in life”, etc. Preparing for a smooth life ahead for their children is a wish for most of the mothers, but this “love” of theirs may sometimes end up as pressure on their children. Thus, mothers should set their expectation according to the ability of their children. If not, their expectations will add unnecessary pressure to both themselves and their children and finally affect the parent-child relations seriously. This project provides sharing forums, family activities and home visits by volunteers, and helping mothers build a mutual support network amongst themselves.



## Discover the Strengths of Children

It is not easy for a single mother to take care of her child amidst the many other difficulties she has to face. She has to be exceptionally careful not to show her sadness and anxiety in front of her child. Every word and deed from a parent will affect the development of a child. If we hope that our children can express their emotions appropriately, we have to allow them to learn ways to express emotions positively by doing that ourselves. Positive parenting includes communicating with children effectively. At the same time, encouragement from parents and discovering the strengths of children are also important for children to establish their self-esteem. These help children face difficulties of learning and getting along with friends in future.

If you are facing difficulties in parenting, you are welcomed to join Daylily project, to gain more support and encouragement on your road as a single parent.

Miona Chan  
Social Worker





# Children's Council 2018

On 13 October, 51 Child Councillors debated on three motions: "The government should set up a Child Health Care Voucher Scheme"; "The government should formulate measures to address child suicide"; and "The government should implement effective measures for tackling student mental health issues".

The meeting was held in the Legislative Council Complex. Organisers made reference to the rules and procedures of the Legislative Council with child-friendly modifications. The

51 Child Councillors aged from 12 to 17, first moved the motions on the child-related issues initiated by themselves, followed by an intense debate with other Child Councillors, and a Question and Answer session with Legislative Councillors and other panel guests. The Child Councillors then voted to determine the passage on a motion in a democratic process. Legislative Councillors Chu Hoi Dick, Ip Kin Yuen, Kwok Wai Keung, Kenneth Leung, Claudia Mo, Charles Peter Mok, Elizabeth Quat, Shiu Ka Chun, Michael Tien, Ying Hoi Yan; and representatives from organisations including Baptist Oi Kwan Social Service, Hong Kong Paediatric Foundation, Society for Community Organisation and The Samaritan Befrienders Hong Kong were invited as Panel Guests to participate in an Question and Answer Session with the Child Councillors.

The Closing Ceremony of Children's Council 2018 was held immediately after the meeting, which marked the successful completion of the 13<sup>th</sup> Children's Council. In the past four months, Child Councillors had 25 group meetings. They also conducted 24 interviews with government officials, legislators and people from various sectors, collected views from 1,861 children and adults by questionnaires and conducted desk top researches to prepare for the passage of the three motions. These motions will be compiled into a publication and sent to the authorities concerned, and child-related organisations for government and society's consideration and reference.



Manki Wong  
Service Manager (Kwai Chung Centre)

# Parent-child Support Line

**Collaborative partner: Save the Children Hong Kong**

Many thanks to Save the Children Hong Kong for supporting ACA Parent-child Support Line, which helps families or those in need obtain quality and timely assistance. With the support from Save the Children Hong Kong, we also organised a series of promotional activities on KMB bus body and seatback in August and September, encouraging the public and professionals to report suspected child abuse cases and seek consultation through the support line service.



In late June, we distributed "The Children's Voice" message bookmarks to all kindergarten, primary and secondary schools to promote our service to children and parents. This aimed at promoting children's rights and encouraging parents and children in need to contact our parent-child support line. The support line would also provide professional advice on child management to parents and emotional support to children and young people in need.

**Parent-child Support Line: 2755 1122**

**Service: 9:00a.m. - 9:00p.m. (Monday to Friday)**

**9:00a.m. - 1:00p.m. (Saturday)**

Yvonne Wai  
Project Officer





# Kids' Dream

In collaboration with Hong Kong Committee on Children's Rights and supported by the Save The Children Hong Kong

Kids' Dream is the first child-led initiative in Hong Kong to strive for the rights of children. It was formally launched in August 2006 and its members are mostly secondary school students aged under 18. Since its establishment, Kids' Dream has been developed and supported by Against Child Abuse (ACA) and Hong Kong Committee on Children's Rights (HKCCR). This aspired group continues to work closely with the two agencies in organising and implementing the annual children's council project as well as many other child rights related activities.



The 2018 retreat camp was held from 26 to 27 August to celebrate Kids' Dream's 12<sup>th</sup> Birthday and to review the achievement made in last year and discuss the plan for next year. It also let the members to enhance communication and team spirit. In the coming year, Kids' Dream would like to continue exploring the situation of school bullying in Hong Kong.

Lee Yu Po  
Service Manager (Chuk Yuen Centre)

## The Hong Kong Jockey Club Community Project Grant – Healthy Start Home Visiting Project

Sponsored by the Hong Kong Jockey Club Charities Trust

### Volunteer Training cum Sharing Meeting

Our project organised a "Group Communication" volunteer training and sharing meeting on 7 July at Tuen Mun Centre. The project social worker provided different kinds of games and case studies for participants to experience the importance of communication and let them share their feelings about this service. The volunteers benefited a lot from this training and their relationship was positively improved.

### Happy Parent-child Day in Discovery Bay

To reinforce the parent-child relationship and provide more chances for families to enjoy time together, we organised a family activity on 22 July in Discovery Bay to experience excitement in EpicLand. Altogether, 57 family members and volunteers attended the activity. They all enjoyed the facilities there together, regardless of their age or background. The participating families went for a walk after their lunch in Discovery Bay in this sunny afternoon.



### Parent Talk cum BB Birthday Party

This signature activity of our project was smoothly held at Tuen Mun Centre on 25 August. A total of 18 families including 62 parents and babies joined this party. A group of 24 volunteers helped to be babysitters and art tutors to teach children of age four or above to do handcrafts. We were honoured to have invited one of the volunteers, Kit Man, who was a certificated instructor in First Aid, to be a speaker to share knowledge of tackling babies sustaining injuries from accidents at home. The talk was incredibly fruitful. Finally, we have BB birthday party for those babies who were born between January and June. Participants enjoyed the food made by volunteers and took a lot of photos at the party.

### Volunteer Training in Experiencing the Life Journey

To reinforce the reflection of life, we organised an activity for our volunteers to experience life and death in Jockey Club Life Journey Centre on 21 September. Participants had this wonderful chance to rethink what "young" and "old" meant. Many volunteers said that they had learned a lot from this journey. In the afternoon, we went to Heritage of Mei Ho House (HMHH) museum. Mei Ho House was built in 1954. It marked the beginning of Hong Kong's public housing policies and meant a lot to the public housing and folk life. This museum provided an opportunity for volunteers to relive their childhood or for them to learn how their previous generations lived in the past.



Perlie Tam  
Project Social Worker

# Home Visitation Project for New Arrivals

Sponsored by the Keswick Foundation



## Volunteer Gathering and Sharing

Four volunteer gathering and sharing sessions were held in August concerning “How to Enhance Communication of Parents”, “Positive Parenting Skills”, “Home Safety” and “Ways to Handle Children with Special Behavioural Problems” respectively, with a total of 44 attendants. They participated in games, news and video sharing, role plays and group discussions to explore and enhance understanding and skills in these topics. They also actively shared their experiences and feelings of home visitations, with emphasis on ways to give advice to the families.



During the sharing sessions, the participants said that they gained a lot and were inspired. They agreed that these provided them with valuable experiences in communicating to families. They also reflected that they gained knowledge on children’s development, home visitation skills and the characteristic and behaviours of children with special educational needs (SEN).

Olivia Lai  
Project Social Worker

# Bless My Home Forever Volunteer Home Visitation Project

Sponsored by the Community Chest of Hong Kong

Many parents expressed that children nowadays cannot handle any setbacks and do not know how to solve problems. The project held two sharing forums for parents on 14 July, which were "Let Children Grow with Challenges" and "Strengthen Children's Problem Solving Skills". In the forums, parents agreed that overprotection leads to reliance of children, and the lack of ability to solve problems when they encountered difficulties. Instead, let the children had different attempts. It would be a good learning experience even if they failed. Parents shared parenting skills with each other through the sharing forums and formed a supporting network.



After the discussion forum, parents, children and youth volunteers from Rotary Club went to the Light and Love Kwai Fong Neighbourhood Elderly Centre to participate in volunteer service. Families and the elderly played games, carried out finger relaxation exercise and chatted together. Children presented self-designed cards to the elderly while the elderly prepared a ukulele performance for the families. Parents expressed that this activity could let children learn about caring, loving and giving.



Alex Wong  
Social Worker





# Chuk Yuen Centre Family Corner

Chuk Yuen Centre Family Corner held different activities in September, including Happy Gathering, Pretty Mama Group and Chuk Yuen North Estate Mid-Autumn Festival Carnival.

**Happy Gathering:** Families of Chuk Yuen Family Corner Committee had a happy gathering at a café in Causeway Bay on 9 September. Parents played board games with children and they had a great time as they seldom play board games with their family members or have meals in Causeway Bay.



**Pretty Mama Group:** A professional make-up artist was invited to share skin care tips and make-up skills with members. This allowed members to gain confidence and acted as a platform for members to share their parenting experience, acquiring positive parenting skills along the way.

**Chuk Yuen Mid-Autumn Festival Carnival:** Chuk Yuen North Estate held a Mid-Autumn Festival Carnival at the Estate's basketball court on 21 September. Chuk Yuen Family Corner Committee was responsible for one of the game booths, including the organisation, production and on duty work during the Carnival. The public enjoyed the game very much and we would like to thank them for their huge support.

Phoebe Chan  
Social Worker



# Tuen Mun Centre Family Corner

## “Men’s Talk” Mutual Support Group

We organised a 4-session father support group on 6, 13, 20 and 27 July. It aimed at equipping the fathers with positive parenting knowledge and skills gradually. The first session taught the fathers ways to build positive parent-child relationship while sessions 2 and 3 guided participants in analysing children’s misbehaviours and encouraging good behaviours respectively. In the last session, we led the fathers to learn a healthy sport – throwing darts. The participants reflected that the programme was interactive and relaxing. It enhanced their confidence and skills in positive parenting. They hoped “Men’s Talk” gatherings would be continued regularly.



## Tuen Mun Centre Summer Programmes

Tuen Mun Centre held various summer activities from July to August. These included children handicraft class and parent-child cooking workshop, parent-child read-along, MC skills training group for children and volunteer service group to experience visually-impaired. Many families were very active in joining the summer programmes, allowing the children to have a meaningful summer holiday.

Peter Ng  
Project Social Worker



# Child Abuse Treatment Corner

Sponsored by Fu Tak Iam Foundation Limited

## Volunteer Home Visitation Service for Families with Newborn

From July to September, Volunteer Home Visitation Service for Families with Newborn had held five sessions of volunteer training, as well as the first two sessions of the New Parent Training Course.

The training for volunteers allowed them to learn about the emotional states of newborn babies and the respective appropriate responses, as well as the solid food transition period of babies. They also learned the importance of parent-child relationship, ways to cope with emotions of the parents and of the volunteers themselves, and resources in the community.

The New Parent Training Course aimed at enhancing the participants' confidence and ability to be a good parent. These first two sessions allowed participants to learn ways to improving parent-child relationship and analysing the roots of child behaviour problems.



Yan Yu  
Project Social Worker

# Good Parents' Networking Project

Collaborative partner: Save the Children Hong Kong



In July and August, we organised various summer activities for families, such as parent-child storybook telling and board game sessions, dreamcatcher DIY, balloon twisting workshop, Air Storm archery, moving sharing, etc. Through these parent-child activities, parents and children were able to build up good communication and have more quality time, facilitating their relationship.

In addition, 33 parents and children visited the elderly centre on 7 July. They prepared a lot of gifts, games and performances for the elderly. Parents expressed that the activity was very meaningful as it let the children learn to care for those in need.

Haidee Hung  
Project Social Worker

# Child Protection and Treatment Project – Happy Child Starting from the Home

Sponsored by Help for Children Asia Prevent and Treat Child Abuse

This project aims at helping children to learn ways to tackle emotions, express their feelings and thoughts and regain confidence; helping parents to understand their children's developmental needs, and learn skills in positive parenting and stress management; and improving parent-child relationships.



On 29 July, we organised a family outing at Green Organic Pineapple Farm. Participating parents and children felt happy spending time together and enjoyed the activities in the Farm. The parents could ease their tension and had a wonderful weekend with their children.

Manki Wong  
Service Manager (Kwai Chung Centre)







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請在適當口內加上✓號 Please tick  as appropriate

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Head Office : 13/F, Corn Yan Centre, 3 Jupiter Street, North Point, Hong Kong

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信用卡 By Credit Card			Visa <input type="checkbox"/> Master <input type="checkbox"/> AE <input type="checkbox"/> 持咭人姓名 Cardholder : _____ 信用卡號碼 Card No. : _____ 信用卡到期日 Expiry Date : _____  簽署 Signature : _____
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是否需要捐款收據？ Do you request an official donation receipt?

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2.  本人推薦防止虐待兒童會聯絡下列人士 / 公司 / 機構 By recommending ACA to contact :

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3.  本人願意成為防止虐待兒童會義工，並加入ACA之友。 By becoming friends of ACA.

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4.  本人申請成為防止虐待兒童會的會員。 By becoming a member of ACA.

普通會員 Ordinary Member      每年港幣一百五十元 HK\$150 per annum

學生會員 Student Member      每年港幣五十元 HK\$50 per annum

贊助會員 Sponsor Member      每年港幣一萬元 HK\$10,000 per annum

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機構 Agency (如適用 if applicable) : \_\_\_\_\_

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