

November Newsletter 2021



The trial of a case which involved torture leading to death of a five-year-old girl in early 2018 concluded in April this year. Although three years have passed, the case still broke all our heart when the plot was revealed again. The incident re-kindled extensive discussion within our community. We hope this tragic case can awaken all walks of life to reflect on the work of child protection in Hong Kong in providing a safe and caring environment for the growth and development of children. The Labour and Welfare Bureau and Social Welfare Department held three identical online engagement sessions in August for the welfare sector to seek stakeholders' views on a proposal to establish a mandatory reporting requirement for suspected child abuse and neglect cases in Hong Kong through legislation. In addition to participating in the engagement session, we submitted a position paper expressing our support for the establishment of a mandatory reporting mechanism for professionals. There is no conflict between strengthening administrative measures and formulating a mandatory reporting mechanism. They play a complementary role. A complete supporting package is also indispensable. The package should include allocating resources, increasing manpower, setting up clear guidelines and case triage system, strengthening professional training and community publicity and education, and formulating measures to protect whistleblowers. We expect that the mandatory reporting mechanism could truly play the role of a safety net to help relevant departments and agencies to early detect and identify child abuse cases, speed up professional intervention and provide appropriate assistance to avoid repeated tragedies. For details of the position paper, please visit our website (www.aca.org.hk).

On 10 September, the Law Reform Commission of Hong Kong (LRC) released a report on Causing or Allowing the Death or Serious Harm of a Child or Vulnerable Adult, recommending the introduction of a new offence of "failure to protect a child or vulnerable person where the child's or vulnerable person's death or serious harm results from an unlawful act or neglect". The Commission also recommended that the Government should review the maximum penalty for the offence

of ill-treatment or neglect of a child under section 27 of the Offences against the Person Ordinance (Cap 212) with a view to increasing it as appropriate. We welcome the two recommendations by LRC and released a response statement. It is a long-awaited report since the Commission started working on the subject in 2006. It has taken "Child's Best Interest" as core value and emphasises that child protection is a responsibility shared by all. Legislation for the offence offers a higher degree of protection in situations where vulnerable children are not able to speak and fend for themselves. The recommendation offers incentives for early prevention and intervention before tragedies happen. We hope that the Government will accept the recommendations in the Report, fast-track it through the necessary procedures and have the law enacted to promote the development of child protection in Hong Kong. For details of the position paper and response statement on the subject, please visit our website.

We plan to hold a Professional Forum on Child Protection: Overview of the Impacts of COVID-19 Pandemic on Hong Kong Children for Better Child Protection on 9 December. It aims at examining the impacts of the pandemic on children's physical, psycho-behavioural, learning aspects, etc., and examining the changes in parental pressure, family needs, and help-seeking patterns so as to facilitate communication among professionals and explore ways to improve the protection of children. We look forward to your active participation!

Director and Executive Committee of Against Child Abuse



Head Office: 13/F, Corn Yan Centre, 3 Jupiter Street, North Point, Hong Kong **Tel:** (852) 3542 5722 **Fax:** (852) 3542 5709 **E-mail:** aca@aca.org.hk
Chuk Yuen Centre: 107-108, G/F, Wai Yuen House, Chuk Yuen (North) Estate, Wong Tai Sin, Kowloon, Hong Kong **Tel:** (852) 2351 6060 **Fax:** (852) 2752 8483
Tuen Mun Centre: 407-409, Ting Cheung House, On Ting Estate, Tuen Mun, New Territories, Hong Kong **Tel:** (852) 2450 2244 **Fax:** (852) 2457 3782
Kwai Chung Centre: Flat A, 2/F, TLP132, Nos. 132-134 Tai Lin Pai Road, Kwai Chung, New Territories, Hong Kong **Tel:** (852) 2915 0607 **Fax:** (852) 2915 0788



www.aca.org.hk

Editorial Team: Dr Patrick Cheung, Ms Donna Wong,
Ms Pearl Lee, Ms Cindy Shin, Mr Patrick Wong, Ms Tacye Hong
Published by Against Child Abuse Ltd.

[AgainstChildAbuseHK](https://www.youtube.com/AgainstChildAbuseHK)

[ACAHK](https://www.facebook.com/ACAHK)

香港公益金
THE COMMUNITY CHEST
會員機構 MEMBER AGENCY

Summary of Major Activities for July to September 2021

Month	Project/Title	Activity
July	Flag Day	<ul style="list-style-type: none"> • ACA Flag Day in New Territories on 24 July
July to September	Kids' Dream	<ul style="list-style-type: none"> • Assist in the Implementation of Children's Council 2021 from July to September • The 15th Anniversary Gathering on 22 August • Exchange Between Kids' Dream and Save the Children Youth Ambassadors on SEN and Related Issues on 25 August
	Children's Council 2021	<ul style="list-style-type: none"> • Training Activity on 3, 10, 17 July and 7 August • Training Day Camp on 31 July • Motion Discussion on 7, 14, 21, 28 August, 11, 18 and 25 September
	Child Protection Institute	<ul style="list-style-type: none"> • Parent Group for Child-parent Relationship Therapy (Kwai Chung Centre) on 5, 13, 19, 26 July, 2, 9, 17 August and 28 September • Parent Group for Child-parent Relationship Therapy (Tuen Mun Centre) on 7, 14, 21, 28 July, 11 and 13 August • Identification, Assessment and Intervention of Suspected Child Abuse Case Certificate Course on 9 July and 23 August • Parent Workshop on Stop Using Corporal Punishment on 30 July • Parent Workshop on Promoting Emotion Awareness on 5 August • Parent-child Pottery Making Workshop on 12 and 19 August • Child Protection Professional Training Workshop on 21 September • Parent Education Workshop on Non-violent Communication with Children on 28 September
	Bless My Home Forever Volunteer Home Visitation Project	<ul style="list-style-type: none"> • Family Sharing Forum <ol style="list-style-type: none"> 1. Reason of Lying on 31 July 2. Raise Honest Children on 31 July 3. Team Spirit on 18 August 4. Teamwork on 18 August 5. Love and Be Loved on 18 September 6. Love Languages on 18 September • Orientation for New Volunteers on 20 August • Volunteer Training on 8 September
	Daylily Project for Young/Single Mothers	<ul style="list-style-type: none"> • Family Sharing Forum <ol style="list-style-type: none"> 1. Why do Children Lie? on 31 July 2. Resolve Children's Worries on 31 July 3. Experience Family as a Team on 18 August 4. Learn Teamwork Among Family Members on 18 August 5. Love Yourself on 18 September 6. Love Others on 18 September
	Healthy Start Home Visiting Project	<ul style="list-style-type: none"> • Online Storytelling Time for Babies on 2 and 9 July • Child Rearing Lesson for New Parents (Practicum) on 10 July • Parent Talk and BB Birthday Party on 21 August • Good Parent Training Course on 18 and 25 September
	Child Abuse Treatment Corner	<ul style="list-style-type: none"> • Stress Management Group for Parents with Depressive Features VIII (Sessions 7-8) on 2 and 9 July • Online Party on 3, 10, 17 and 31 July • Stress Management Group for Parents with Depressive Features X (Sessions 5-8) on 6, 8, 13 and 15 July • Service Promotion at Tsing Yi (South) Integrated Family Service Centre on 16 July • Parent-child Summer Party on 14 August • Volunteer Training on 2 and 8 September
	Give Children the Best Start Home Visiting Project	<ul style="list-style-type: none"> • Volunteer Training on 10, 17 July, 19 and 25 August • Family Outing on 24 July • Parenting Workshop for Health Information on 6, 13 and 20 August • Project Promotion Booth on 13 August • Parent-child Activity - Play Hard when New Semester Starts on 11 September

Month	Project/Title	Activity
July to September	Good Parents' Networking Project	<ul style="list-style-type: none"> • Good Parent Positive Parenting Online Course on 7, 14, 21, 28 July, 4, 11, 18 and 25 August • Parent-child Crystal Bottle DIY Workshop on 22 July and 10 August • Parent-child Mindfulness Experimental Class on 29 July • Parent-child Lego Play Workshop on 29 July • Children Therapeutic Group on 30 July, 4, 6, 11, 13 and 18 August • Children English Reading Workshop on 3, 5, 10, 17, 19 and 24 August • Creative Art Natural Life Experience Tour on 12 and 16 August • Mental Rest Day for Full-time Mother on 23 August • Summer Parent-child Game Day on 26 August • Parent Talk on Understanding and Support for Children with ADHD and Dyslexia at Home and Miniature Art Workshop for Children on 4 September
	Joyful Kids Group	<ul style="list-style-type: none"> • Leather Making Workshop on 29 July and 5 August • Joyful Kids Day Camp on 30 July • Board Game Group on 6, 13, 20 and 27 August • Volunteer Service <ol style="list-style-type: none"> 1. Online Visit to Elderly Centre on 7 August 2. Visit to Singleton Elderly on 11 September • Zentangle Mindfulness Workshop on 12 and 19 August
	Chuk Yuen Centre Family Corner	<ul style="list-style-type: none"> • Pretty Mama Beauty Classroom on 6, 16 and 20 July • Parent English Online Class on 7 and 14 July • Parent Relaxation Yoga Class on 7, 14, 21 and 28 July • Committee Gathering on 27 July, 31 August and 28 September • Challenge on Concentration - Children Therapeutic Group on 10, 12, 17, 19, 24 and 26 August • Parent-child Strategy - Small Game Booth on 14 August • Parent Talk on Understanding and Support for Children with ADHD and Dyslexia at Home and Miniature Art Workshop for Children on 4 September • Parent Leadership Training Programme (Stage 1) on 14, 21 and 28 September
	Tuen Mun Centre Summer Programme and Family Corner	<ul style="list-style-type: none"> • Summer Programme <ol style="list-style-type: none"> 1. Park Orienteering Experience Children Group on 26 July, 2 and 9 August 2. Floor Curling Experience Children Group on 27 July, 3, 10 and 17 August 3. Facilitating Concentration by Lego Children Group on 27 July, 3, 10 and 17 August 4. Be a Cooking Master Children Group on 28 July, 4, 11 and 18 August 5. Aromatherapy Candle and Stone DIY Children Workshop on 29 July, 5, 12 and 19 August • Leisure Corner - Handicraft and Cooking Activities on 7, 14 and 21 September • Mental Health Programme - Healing with Singing Bowl on 23 September
	Parent-child Support Line	<ul style="list-style-type: none"> • Advertising on Facebook and Instagram from 1 July to 30 September • Advertising at Hong Kong Commercial Broadcasting Co. Ltd. from 5 to 9 July • Bus Body and Seatback Advertising on KMB from 1 to 28 September
August	Love Children • Stop Abuse Project	<ul style="list-style-type: none"> • Roving Education Programme at Kwai Chung Centre on 26 August

Forthcoming Events for October to December 2021

Month	Project/Title	Activity
October	Love Children • Stop Abuse Project	<ul style="list-style-type: none"> • Roving Education Programme at Kwai Chung Estate on 30 October
November	Annual Press Conference and Annual General Meeting	<ul style="list-style-type: none"> • The 42nd Annual Press Conference and Annual General Meeting on 18 November
December	Professional Forum	<ul style="list-style-type: none"> • Professional Forum on Child Protection: Overview of the Impacts of COVID-19 Pandemic on Hong Kong Children for Better Child Protection on 9 December
October to November	Children's Council 2021	<ul style="list-style-type: none"> • Motion Discussion on 9 and 23 October • Meeting Rehearsal on 16 October • Council Meeting on 6 November • Evaluation Meeting on 13 November

Forthcoming Events for October to December 2021

Month	Project/Title	Activity
October to December	Kids' Dream	<ul style="list-style-type: none"> Assist in the Implementation of Children's Council 2021 from October to December
	Child Protection Institute	<ul style="list-style-type: none"> Parent Group for Child-parent Relationship Therapy (Kwai Chung Centre) on 5, 12, 19, 26 October and 2 November Child Protection Professional Training Workshop on 7, 15 and 29 October Parenting Education Parent-child Workshop on 12 and 19 October Parent Talk for Positive Parenting on 21 October, 4 and 8 December Parent Group for Positive Parenting on 23, 30 November, 7 and 14 December
	Bless My Home Forever Volunteer Home Visitation Project	<ul style="list-style-type: none"> Family Sharing Forum <ol style="list-style-type: none"> Develop a Sense of Humor in Daily Life on 30 October Create a Happy Atmosphere at Home on 30 October The Advantages of Prudence on 20 November Help Children Make a Good Decision on 20 November Accept Our Emotions on 18 December Teach Children to Forgive on 18 December
	Daylily Project for Young/Single Mothers	<ul style="list-style-type: none"> Family Sharing Forum <ol style="list-style-type: none"> My Children are Very Slow on 30 October Appreciate Careful Children on 30 October My Children are Not Cooperative on 20 November How to Encourage Team Spirit Towards Children on 20 November I Got Offended on 18 December Learn to Be Tolerant on 18 December
	Healthy Start Home Visiting Project	<ul style="list-style-type: none"> Good Parent Training Course on 2 and 9 October Storytelling Skills Training Class on 8 and 15 October Journey to Story World - Parent-child Reading Activity on 6 November Volunteer Gathering on 10 December
	Child Abuse Treatment Corner	<ul style="list-style-type: none"> Positive Parenting Training Course on 3 October and 21 November Stress Management Group for Parents with Depressive Features XI (Sessions 1-8) on 21, 28 October, 4, 11, 18 and 25 November Parent Talk - Be Authoritative Parents on 9, 13 and 17 November Christmas Party on 12 December
	Give Children the Best Start Home Visiting Project	<ul style="list-style-type: none"> Parenting Education Workshop on 22 October Booth for Project Promotion from October to November Family Activity - Christmas Party on 11 December
	Good Parents' Networking Project	<ul style="list-style-type: none"> Leisure Corner <ol style="list-style-type: none"> Starry Kitchen on 8 October, 5 November and 9 December Parent Handcrafts Workshop on 14 October, 12 November and 16 December Halloween Party on 29 October Christmas Party on 18 December
	Joyful Kids Group	<ul style="list-style-type: none"> Group Training on 30 October and 27 November Volunteer Service - Visit to Singleton Elderly on 11 December Christmas Party on 18 December
	Chuk Yuen Centre Family Corner	<ul style="list-style-type: none"> Parent Leadership Training Program (Stage 1) on 5, 12 and 19 October Parent-child Holiday Outing on 14 October Committee Gathering on 26 October, 30 November and 28 December
	Tuen Mun Centre Family Corner	<ul style="list-style-type: none"> Leisure Corner - Handicraft and Cooking Activities on 5, 19 October, 2, 16 November, 7 and 21 December Mental Health Programme - Aromatherapy Candle DIY Experience Activity on 21 October Good Parents Positive Parenting Training Course on 4, 11, 18, 25 November, 2, 9 and 16 December
	Parent-child Support Line	<ul style="list-style-type: none"> Advertising on Facebook and Instagram from 1 October to 31 December Advertising at Hong Kong Commercial Broadcasting Co. Ltd. from 18 to 22 October and from 8 to 12 November

Give Children the Best Start Home Visiting Project

Sponsored by the Community Chest of Hong Kong

In recent years, many families struggled financially, logistically and emotionally in raising their kids. With the funding support of The Community Chest of Hong Kong, we commenced a three-year Give Children The Best Start Home Visiting Project for families with children aged 0-5. Through regular home visitation by trained volunteers and other supportive services, we hope to provide care and support to the project families, reduce their stress and anxiety during pre and the post-natal period by providing community self-help and parenting information. After all, healthy family in order to foster a caring and non-violent environment for the children.

In the last year, we recruited and matched 64 families with home visitation volunteers. Other than in-person visits, we also had online meetings. Our volunteers led a total of 502 home visitations and 988 phone contact last year. We also provided different activities, including positive parenting courses and family activities. A project parent, named Ting, reflected that her children looked forward to every visitation and the parent's pressure was released after sharing parenting and family issues with our staff and volunteers. Besides, a volunteer, named Pony, expressed that it was good to share their experience to families which help bring the relationship closer, allowing them to learn from each other.

In the coming year, we will continue to provide services for our target users. We have already launched different activities and home visitations for the newly joined families, in order to help the families adopt to the new school year as soon as possible.

We believe the Give Children The Best Start Home Visiting Project could have a positive effect in the community. It is a cherished companionship for families when volunteers share their own experience on child caring and community resources, or when they express their simple but genuine concern for the parents, or just lend an ear.

Nicole Li, Olivia Lai
Project Social Worker



CHILD PROTECTION INSTITUTE

Identification, Assessment and Intervention of Suspected Child Abuse Case Certificate Course

The protection of children is the responsibility of the entire society. Therefore, the Child Protection Institute organises certificate courses every year to enhance the knowledge and skills of frontline professionals in the protection of children, which help in ensuring the healthy growth and development of children. We are very pleased that we held two certificate courses on Identification, Assessment and Intervention of Suspected Child Abuse Case in July and August respectively. Due to the active response from the field, the courses filled up quickly. In addition to social workers and teachers, there was also a group of professionals, including doctors, nurses and educational psychologists. Such multi-disciplinary participation has greatly promoted the exchange and sharing of experiences among different professions, and broadened each other's horizon in child protection work. This also allows us to practice the concept of multi-professional cooperation.

The course covered the revisions done by the Social Welfare Department on the "Protecting Children from Maltreatment - Procedural Guide for Multi-disciplinary Co-operation" guide in April 2020, and also focused on equipping participants with the skills needed for initial identification, assessment and referral. We also taught them how to prepare for a multi-disciplinary conference, which help them to be more prepared and confident facing the challenges they have when protecting children. Their comments toward the content and design of the course were very positive. They appreciated that course provides an abundant of case examples for illustrative purposes, allowing them to discuss their experiences and investigation process. They particularly enjoyed experiencing and witnessing the simulated multi-disciplinary conference. All these were very practical and effectively improved their relevant knowledge, skills and attitudes. We believe that we have co-constructed this valuable learning experience together with the participants, and we look forward to similar exchanges in different courses in the future.



Parent Workshop

"We can't give children what we don't have," a quote that probably sparks thoughts for many. What are the things you wish to teach or share with your children the most as they grow up? When I talk to parents, they are always concerned about handling children's emotions. They make them feel bewildered, and it is often one of the biggest challenges in parenting. Most parents wish their children to be cooperative and behave well. Some want to understand their children more, or to build a closer relationship with them. However, more often parents are occupied by their duties, and they would often overlook their own emotional needs, let alone their children's. As a parent, do you spend enough time for your own emotional needs?

Chung to conduct a parent workshop. In the workshop, we guided participants, with the use of neuroscience knowledge and the attachment theory, to understanding what their children need as they grow up, as well as raising awareness of their own emotional and physical reactions under different situations. We also introduced breathing and five senses exercises to connect their bodies with minds, and to adjust their emotions, and ultimately to understand the needs behind their emotions. As they understand the importance of taking care of their own emotions, they shall be more capable to understand and care for their children's needs. The participating parents expressed that the workshop provided them with a space to relax, take good care of themselves, and understand that they must manage their emotions better before disciplining their children. As we are unable to cover all topics relating to emotions and parenting here, please feel free to contact us if you would like to know more about our parent education programmes.

Karry Lau
Development and Training Manager

CHILD PROTECTION INSTITUTE

Child-parent Relationship Therapy Parent Group

In our previous article in August issue, we shared the importance of PLAY to children. So how can parents play with their children more effectively to promote the growth of their children and enhance their relationship with their caregivers? In this summer, we conducted two Child-parent Relationship Therapy groups for parents in our Kwai Chung Centre and Tuen Mun Centre. With reference to the Child-centered Play Therapy, parents learned about their children's developmental needs, tried to apply positive parenting skills, and shared their parenting challenges, experience and wisdom with other parents in the group. In the later sessions, each parent had to display a video of conducting a 30-minute "Special Play Time" with their children at home as a practice of learning in the group to deepen their attitudes and skills. Parents were nervous but excited to share PLAY clips with others. All of them shared a strong sense of empathy over the challenges other parents met. At the same time, they expressed joy and excitement as they witnessed each other's growth and breakthroughs in the relationship. The therapeutic effect of the treatment could be seen in the interaction and connection among the group members.



Let's listen to these thoughts from the parents:

It was very helpful for me to understand children's emotions and skills of conducting parent-child play, etc.

It enhanced my children's self-confidence and I learned more about children's emotions and got along easier with my children through the interaction in the special play time.

It was helpful in educating and responding to children's emotions. At the same time, I learned a thermostat mentality to maintain the relationship with the children, and deal with problems in a calm way.

This programme taught parents to help children express their emotions. The parent-child play time also allowed me to understand my children's inner thoughts better. By sharing together with other mothers, I knew that I am not alone, and my relationship with my child eventually improved. Thank you Miss Lau.

Karry Lau

Development and Training Manager

PARENT-CHILD SUPPORT LINE

Collaborative partner: Save the Children Hong Kong

ACA Parent-child Support Line aims at promoting child protection messages to parents, children, teenagers, professionals and the public. We also provide case consultation for professionals. We encourage the public to report suspected child abuse cases. Moreover, when parents encounter difficulties in managing their children, and when children and youth have emotional needs, they are also encouraged to contact our professional hotline workers, who are more than willing to provide helpful support.

In order to strengthen the public's knowledge in child's rights and update them with the latest information on the child abuse situation in Hong Kong, our Parent-child Support Line organised a series of promotion activities from July to September. These included publicity on Facebook and Instagram. We also publicised our service by using KMB bus body and seatback stickers in September. We hope to encourage all parents and children in need of support to contact us through our hotline.

Parent-child support hotline: **2755 1122**

Service: 9:00a.m. - 9:00p.m. (Monday to Friday)
9:00a.m. - 1:00p.m. (Saturday)



Yvonne Wai
Project Officer



KIDS' DREAM

In collaboration with Hong Kong Committee on Children's Rights and supported by the Save the Children Hong Kong

Kids' Dream is the first child-led initiative in Hong Kong to strive for the rights of children. Its members are mostly secondary school students aged under 18. Since its establishment, Kids' Dream has been developed and supported by Against Child Abuse (ACA) and Hong Kong Committee on Children's Rights (HKCCR). This aspired group continues to work closely with the two agencies in organising and implementing the annual children's council project as well as many other child rights related activities.

It has been 15 years since the formal launch of Kids' Dream in August 2006! The new and old members gathered together in our ACA Kwai Chung Centre to celebrate their 15th Anniversary on 22 August. They shared the happy and sad moments on promoting the children's rights in Hong Kong, as well as their hope for the future. They are looking forward to have more platforms for the children to share their views about the child-related matters and hoped the Government would take into account children's needs in the process of policy formulation.

As a trainer of Kids' Dream for ten years, I would like to share two paragraphs of the Cantonese Song - 「給十年後的我」 (to me after ten years) with the Kids' Dream members to let us encourage each other in our endeavours. We will continue to work harder on the road of child protection and child's rights advocacy and we are not alone. (Please refer to Chinese version for the lyrics.)

Yupo Lee

Service Manager (Chuk Yuen Centre)

JOYFUL KIDS GROUP

Joyful Kids Group held a day camp at the Po Leung Kuk Jockey Club Pak Tam Chung Holiday Camp on 30 July. A total of 19 children participated in the activity. On that day, we held an adventure training and a handful of team activities for the children to learn to communicate and cooperate with others to enhance their problem-solving abilities.

In addition, Joyful Kids Group held leather-making workshops, Zentangle mindfulness workshops and a board game group during the summer holiday to train children's communication skills and teamwork, letting them relax at the same time.

Vinky Lam

Project Social Worker



BLESS MY HOME FOREVER VOLUNTEER HOME VISITATION PROJECT

Sponsored by the Community Chest of Hong Kong

In the summer holidays, we organised a gathering at Golden Beach with our target families. In order to allow participants experience team spirit, they were invited to cooperate with their family members to complete various tasks provided.

Many parents thought that their children were still young. They usually planned and did all affairs for their children. Children were rarely involved in housework or family decisions. However, the activities on that day aimed at making parents understand that children needed to have room to grow up. At the beginning, some parents thought that it was impossible for their children to finish the tasks they were asked to perform. They would rather do the tasks for their children, or ask for less challenging tasks for them. But at the end, the parents found that children were able to complete various challenges if enough time was given to them.



Yan Yu
Social Worker



DAYLILY PROJECT FOR YOUNG / SINGLE MOTHERS

Sponsored by the Community Chest of Hong Kong

Volunteers from the Markant Trading Organisation (Far East) Ltd. and the Daylily project accompanied our project families to join the Kwai Chung Centre's Mid-Autumn Festival activities on 18 September. The parents learned to communicate and spend time with their children, in order to learn to have more patience when facing future challenges in child care. The children used lightweight clay to make mooncakes and designed various Mid-Autumn Festival-related animals with parents and volunteers. Our project families also received mooncakes and lanterns which were sponsored by the Markant Trading Organisation (Far East) Ltd. All of them enjoyed the activity and had a great time. The whole activity was full of joy and happiness. We thank the Markant Trading Organisation (Far East) Ltd. wholeheartedly for their generous support.



Manki Wong
Service Manager (Kwai Chung Centre)

THE HONG KONG JOCKEY CLUB COMMUNITY PROJECT GRANT - HEALTHY START HOME VISITING PROJECT

Sponsored by the Hong Kong Jockey Club Charities
Trust

Child Rearing Lesson for New Parents

Our project smoothly completed four sessions of Child Rearing Lesson for New Parents on 10 July. For the first two sessions, we invited Mrs Shum and Mrs Lai, the committee of Love Our Babies Association, and Ms Shum, a registered midwife, to share the information on breastfeeding, childbirth and maternal care through online platform. In the next two sessions, project volunteers (trained post-natal care workers) guided new parents to practice infant care skills. Participants responded positively, and they expressed the content was fruitful and practical.



Parent Talk and BB Birthday Party

The online parent talk and BB birthday party was held on 21 August. A total of 74 parents and babies joined the activity. We invited Ms Jody Lee, the Education Officer of Healthy Seed Centre, to provide a talk on Handling Children's Misbehaviours. Ms Lee introduced positive parenting methods to handle children's misbehaviours. After the talk, we held a birthday party for babies. Project social workers led games and taught handmade lanterns with parents and children. All the families felt joyful under a festive environment.

Vinky Lam
Project Social Worker



CHUK YUEN CENTRE FAMILY CORNER

Chuk Yuen Family Corner held different kinds of activities from July to September, with the hope to promote positive parenting messages to parents in the district through the activities, so as to enhance parent-child relationship and create family harmony. From July to August, we organised the Pretty Mama Beauty Classroom, Parent English Online Class, Parent Relaxation Yoga Class and Challenge on Concentration - Children Therapeutic Group at the Centre. I would also like to thank the 18 volunteers from School of Nursing of the University of Hong Kong for their help. On 14 August, they organised a small game booth outside the Chuk Yuen centre, which let residents in the district know more about positive parenting skills and our services. Besides, our parent volunteers also assisted in distributing leaflets, balloons and exhibition boards, etc., to promote positive parenting, in order to bring child protection message to every family.

In September, we held the Good Parent Leadership Training Programme. Participating parents learned empathy and communication skills with their children through the group, thereby enhancing family relationships. As the time of the programme happened to fall on Mid-Autumn Festival, parents and their children did handicrafts and solved lantern puzzles together. Everyone had a great time and enjoyed an unforgettable Mid-Autumn Festival.

In addition, we organised an Understanding and Support for Children with ADHD and Dyslexia at Home health talk at our Kwai Chung Centre, and a Miniature Art children workshop. Educational Psychologist Dr Matthew Chu shared with us how to support ADHD and dyslexic children at home, and provided us with practical advice on understanding children's needs. The founder of Mini Movements, On Tai, also led children to learn about the connection between Miniature Art and Hong Kong's traditional culture, and their volunteer team guided them to make three-dimensional food stalls and enjoyed the fun of artistic creation. Parents and volunteers agreed that they had benefited a lot on that day.

May Chan
Social Worker

CHILD ABUSE TREATMENT CORNER - VOLUNTEERS HOME VISITATION SERVICE

Sponsored by Fu Tak Iam Foundation Limited

The Child Abuse Treatment Corner organised a parent-child summer party in our Kwai Chung Centre on 14 August. Other than some parent-child mini competitive games, there were also team-building games. They all actively participated in the activity.

The parents expressed that it was challenging for them to arrange summer activities, so they were excited to participate in the parent-child activities held by our centre. All of them looked forward to the next activity as it not only released children's energy, but more importantly, it facilitated their parent-child relationships.

We were glad that the event went very smoothly, and we thank our families and volunteers for their participation and support.



Tammy Liu
Project Social Worker

TUEN MUN CENTRE SUMMER PROGRAMME

Park Orienteering Experience Children Group

This programme was subsidised by the Tuen Mun District Youth Programme Committee. It aimed at facilitating the participants' teamwork abilities, map-reading skills and strategic thinking, in order to build up their confidence. They learned to read a map in the first session and tried to practice those skills in every session. We started the practicum from the platform outside the Tuen Mun Centre, then moved to Tuen Mun Park and Tin Shui Wai Park. They were excited and became increasingly interested and confident in orienteering sports. Through group competitions, each sub-group learned to communicate and cooperate with their groupmates. We are glad to see they improved in reading maps, and that they encouraged and supported each other to complete different group tasks.



Floor Curling Experience Children Group

This group was also subsidised by the Tuen Mun District Youth Programme Committee. It aimed at raising the participants' interests in floor curling sports and their teamwork abilities and their strategic thinking applied to sports, and at the same time strengthening their confidence. Apart from four training sessions, we arranged a friendly match with the families from the Yan Oi Tong Community Centre. The participants reflected that floor curling was an interesting and challenging sport.

"Be a Cooking Master" Children Group

This group aimed at equipping the participants with basic cooking skills and knowledge, and strengthening their self-care ability. With the assistance from the Family Corner parent volunteers, the participants went to the wet market to buy the ingredients, and then prepped and cooked in the centre. The main theme was Chinese home-cooked dishes such as "enoki mushroom beef rolls" and "scrambled eggs with tomatoes". In the last session, the participants had to divide into small groups and discuss their favourite dish, and finally make the dish by themselves under the volunteers' assistance. The programme not only raised the children's interests and confidence in cooking, but also let them experience their caretakers' hard work.

Peter Ng
Project Social Worker



GOOD PARENTS' NETWORKING PROJECT

Collaborative partner: Save the Children Hong Kong

The Good Parents' Networking Project has always hoped to provide parents with a message of positive discipline. At the same time, it is also the purpose of this project to provide families with quality parent-child time, promote parent-child relationships, and provide care for the caregivers. During the period from July to September, the project held different activities, with the themes focusing on "natural", "meditation", "art" and "non-violent communication".

From 7 July to 8 September, this project held the "Good Parent Positive Parenting Training Online Course", and a total of 12 parents participated. Parents are very diligent in learning how to listen to their children, how to understand their needs from a child's perspective, and how to communicate with children. After finishing the course, one of the parents, Ar Zhen, said that the most profound thing she learned is to have empathy. When communicating with children, it is always important to view the situation from the children's perspective, especially those who are not good at expressing their feelings and need. This is vital as parent's response always has a great impact on the children. She is very happy to meet many mothers in the class and share their experiences with each other.



On 12 and 16 August, our project collaborated with the Sang Wood Kids Club to organise a Creative Art Nature Life Experience Tour. In the morning, the participating families first did some art activities at the centre, and then went to Kam Tin in the afternoon to try dyeing with plants. A total of 25 families participated in the two days. Many of the participants said that it's their first time trying dye made of grass and wood. Parents and children dyed the cloth together. The results were often not as expected, but it was because of this that there was an element of surprise.

On 23 August, the project co-organised a Mental Rest Day for Full-time Mother with the Project Hyacinth of Caritas and the Caritas Kwai Chung Residents Mutual Help Centre. Our volunteers took care of the children in the centre and the mothers were brought to the Caritas Jockey Club Resource and Support Centre for Carers by our social worker, and enjoyed a singing bowl spa. A total of 15 mothers participated in this activity. They all said that as full-time caregivers, it is difficult to have some "me" time. The activity allowed them to have an opportunity to relax and relieve the pressure from caring for their children.



Stone Leung
Project Social Worker





本人樂意幫助防止虐待兒童會 I would like to help ACA :

請在適當□內加上√號 Please tick □ as appropriate

總會：香港北角木星街3號澤盈中心13樓
Head Office: 13/F, Corn Yan Centre, 3 Jupiter Street, North Point, Hong Kong
查詢電話 Enquiry: (852) 3542 5722 熱線電話 Hotline: (852) 2755 1122
圖文傳真 Fax: (852) 3542 5709
電子郵件 Email: aca@aca.org.hk 網址 Website: www.aca.org.hk

1. 我願意捐助 By making a donation :

	一次捐款 One Off HK\$	每月捐款 Monthly (由 月至 月) (from to) HK\$	
現金 By Cash			
支票 By Cheque			銀行 Bank : _____ 支票號碼 Cheque No. : _____ 抬頭註明：防止虐待兒童會有限公司 Cheque made payable : Against Child Abuse Ltd.
信用卡 By Credit Card			Visa <input type="checkbox"/> Master <input type="checkbox"/> AE <input type="checkbox"/> 持卡人姓名 Cardholder : _____ 信用卡號碼 Card No. : _____ 信用卡到期日 Expiry Date : _____ 簽署 Signature : _____
直接存入戶口 Deposit to Bank			本人已將款項存入防止虐待兒童會之匯豐銀行戶口 (號碼：480-107549-001)，並附上銀行入數紙。 Deposited to ACA HSBC Account (A/C no. 480-107549-001) and enclosed a bank pay-in slip.

是否需要捐款收據？ Do you request an official donation receipt?

是 Yes 收據抬頭 Name of receipt: _____

否 No

捐款港幣一百元或以上，可申請扣減稅項。 Donations of HK\$100 or above is tax deductible.

2. 本人推薦防止虐待兒童會聯絡下列人士 / 公司 / 機構 By recommending ACA to contact :

姓名 Name	地址 Address	電話 Tel / 傳真 Fax / 電郵 Email

3. 本人願意成為防止虐待兒童會義工，並加入ACA之友。 By becoming friends of ACA.

本人有興趣參與以下服務 I am interested in the following services :

4. 本人申請成為防止虐待兒童會的會員。 By becoming a member of ACA.

- 普通會員 Ordinary Member 每年港幣一百五十元 HK\$150 per annum
 學生會員 Student Member 每年港幣五十元 HK\$50 per annum
 贊助會員 Sponsor Member 每年港幣一萬元 HK\$10,000 per annum

姓名 Name : (中) _____ 先生/小姐/女士 (英) Mr / Miss / Ms _____

機構 Agency (如適用 if applicable) : _____

地址 Address : _____

電話 Tel : _____ 電郵 Email : _____

傳真 Fax : _____