

February
2021
Newsletter



Against Child Abuse wishes you and your family a happy and healthy Year of the Ox! At the start of this new year, we would like to let you know that your support is essential to us and we continue to look forward to your help in our work for the healthy growth of every child in a caring and non-violent environment.

On 19 November 2020, we concluded our work in 2019/20 at the Annual General Meeting and released our significant events, service statistics and recommendations on child protection through a press conference. Our statistics showed that the majority of suspected abused children were aged three to eight. Over 65% of suspected abusers were family members. Of the suspected child abuse cases, physical abuse ranked the highest in number, physical and psychological abuse accounted for the largest number of

multiple abuse cases, and child neglect cases were mainly related to inadequate physical care and leaving children unattended. The characteristics of the suspected abusers included lacking sufficient parenting skills and suffering from emotional/mental problems. During the COVID-19 pandemic, we received many calls from parents about school closures, child care, conflicts between parent-child and siblings. We urge the government to allocate more resources to services targeted to early prevention of child abuse and parent support, to promote non-violent ways in managing children and child protection policy in the community, to totally ban corporal punishment, including punishment inflicted at home, and to set up supporting package to implement a mechanism for professional mandatory reporting of child abuse. Cases of child

psychological abuse have been neglected. We hope that the government will pay more attention to the psychological impacts on children witnessing domestic violence and those being bullied in schools, enact clear laws on child psychological abuse, and raise public awareness of child psychological abuse through education and publicity. At the press conference, a social worker and a volunteer of Daylily Project for Young/Single Mothers shared with those present how the project helped single mothers overcome difficulties and regain their laughter and hope.



Over the years, the annual figure of child sexual abuse cases in Hong Kong has recorded a steady 30% of all child abuse cases, second only to physical abuse. In recent years, crimes involving sexual grooming and online

sex crimes have gradually emerged, and the situation is worrying. Regarding the consultation paper "Sentencing and Related Matters in the Review of Sexual Offences" published by the Review of Sexual Offences Sub-committee of the Law Reform Commission in November 2020, we submitted a position paper in December, expressing that 1. the penalty for sexual offences should be able to reflect the severity of the crimes and produce a deterrent effect; 2. compulsory treatment services should be added to the sentencing of sex offenders, and post-release counselling and rehabilitation services for these offenders should be strengthened to assist them in reintegrating into society and employment through supportive rehabilitation programmes; and 3. a mandatory sexual conviction record check scheme should be set up, and the scheme should be

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Tuen Mun Centre: 407-409, Ting Cheung House, On Ting Estate, Tuen Mun, New Territories, Hong Kong **Tel:** (852) 2450 2244 **Fax:** (852) 2457 3782
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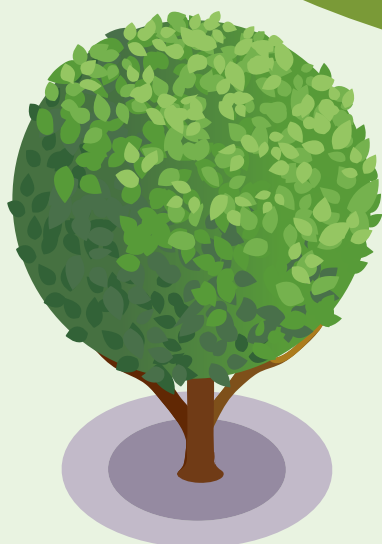


extended to cover existing employees, self-employed persons and volunteers, so that children can be better protected when they come into contact with relevant persons. For details of the position paper, please visit our website (www.aca.org.hk).

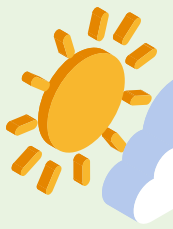
According to statistics from the World Health Organisation, 10-20% of children and adolescents worldwide suffer from mental illness. Half of the cases start at the age of fourteen, and three-quarters are discovered before their twenties. If not treated properly, it will seriously affect the growth, education and life of children and adolescents. The mental health of children and adolescents in Hong Kong has also attracted much attention. The number of psychiatric consultations in public hospitals due to their emotional or mental health problems has increased in the past decade. We held an online professional



forum on child protection on 11 December 2020, with approximately 170 professionals participating. In the forum, five guest speakers shared with participants on how adverse childhood experiences and psychological harm or abuse affected the mental health of young people, and how the family therapy, expressive art therapy, and online identification and intervention services assisted children, young people, and families to get out of the haze and predicament. The forum also facilitated participants to think about the correlation between adverse childhood experiences and the mental health of children and youth, and to work out future directions child protection services should be heading.



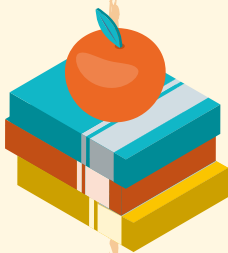
Donna Wong
Director



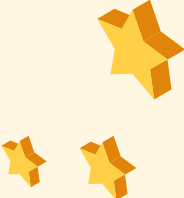
Summary of Major Activities for October to December 2020

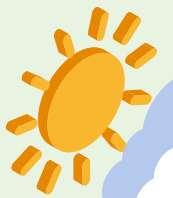


Month	Project/Title	Activity
November	Annual Press Conference and Annual General Meeting	<ul style="list-style-type: none"> The 41st Annual Press Conference and Annual General Meeting on 19 November
December	Sharing Forum	<ul style="list-style-type: none"> Professional Sharing Forum on Child Protection: Youth Mental Health and Adverse Childhood Experiences on 11 December
October to December	Kids' Dream	<ul style="list-style-type: none"> Retreat for Secretary on 25 November Follow-up of the Study of the Issues Children are Most Concerned about During the COVID-19 Pandemic and Social Unrest in Hong Kong from October to December Assist in the Implementation of Children's Council 2020 from October to December
	Children's Council 2020	<ul style="list-style-type: none"> Interview on 10 October Training Activity on 17, 24, 31 October, 7 and 14 November Motion Discussion on 14, 21, 28 November, 5 and 28 December
	Child Protection Institute	<ul style="list-style-type: none"> Parental IT Talk on 10, 20, 31 October, 14, 20 November, 5, 19 and 21 December Expressive Arts Therapy Children Group on 3, 10 November and 1 December Child Protection Training Workshop for Kindergarten Teachers on 7 and 27 November Sex Education Workshop for Primary School Students on 11 and 13 November Positive Parent-child Communication and Conflict Resolving Parent Talk on 18 November Child Protection Training Workshop for International School Teachers on 18 November and 9 December Child Protection Professional Training Workshop on 14 December
	Daylily Project for Young/Single Mothers	<ul style="list-style-type: none"> Family Sharing Forum and Family Activity <ol style="list-style-type: none"> Children Hate It When You Say... on 24 October Confident Children on 24 October Zentangle Experiential Workshop on 24 October How to be Less Tired in Parenting on 7 November 50 Marks is Good Enough on 7 November Know More About Children's Emotion on 14 November How to Stay with Emotions on 14 November Gachapon Making on 14 November The Energy of Family on 28 November The Love Which is Just Right on 28 November How to Help Children Open-up on 12 December Non-verbal Communication on 12 December Christmas Gift Collection on 12 December
	Bless My Home Forever Volunteer Home Visitation Project	<ul style="list-style-type: none"> Community Education - Eugene Baby Expo 2020 on 22 and 24 October Family Sharing Forum and Parent-child Activity <ol style="list-style-type: none"> Never Say These Words to Children on 28 October Help Children Build Up Confidence on 28 October Understand Children's Emotion on 14 November Ways to Handle Emotion on 14 November Gachapon Making on 14 November Family Cohesion on 12 December Love Doesn't Mean Spoiling Children on 12 December Training for New Volunteer on 1 November and 12 December
	Healthy Start Home Visiting Project	<ul style="list-style-type: none"> Good Parents Training Course on 3, 10, 17 and 24 October Sensory Integration and Child Development Parent Talk on 31 October Parent Talk and BB Birthday Party on 12 December

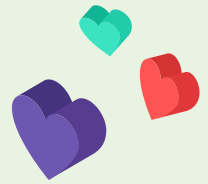




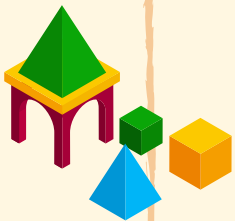
Month	Project/Title	Activity
October to December	Child Abuse Treatment Corner 	<ul style="list-style-type: none"> • Roadshow and Booth for Project Promotion <ol style="list-style-type: none"> 1. Kwai Chung Estate on 5 October 2. Kwai Fong Estate on 12 October 3. Kwong Fai Circuit on 19 October 4. Eugene Baby Expo 2020 from 22 to 25 October 5. Kwai Fong District on 5 November 6. Lai King Estate on 12 November • Stress Management Group for Parents with Depressive Features VI (Sessions 1-8) on 6, 20, 27 October, 3, 10, 17 November, 8 and 22 December • Hug Your Children - Batterer Intervention Therapeutic Group for Parents V (Sessions 4-8) on 9, 16, 23, 30 October and 6 November • Positive Parenting Talk on 9, 16 and 31 October • Put Down the Rattan - Batterer Intervention Therapeutic Group for Parents VII (Sessions 1-7) on 14, 21, 28 October, 4 November, 2, 9 and 16 December • Parent Talk <ol style="list-style-type: none"> 1. Be Authoritative Parents on 17 October and 18 November 2. How to be a Coach for Child's Emotion on 31 October 3. How to Raise an Optimistic Child on 28 November • Put Down the Rattan - Batterer Intervention Therapeutic Group for Parents VI (Sessions 1-8) on 19 October, 9, 16, 23, 30 November, 7, 14 and 21 December • Friendship Against Pressure - Children Therapeutic Group II (Sessions 1-6) on 28 October, 4, 11, 18, 25 November and 2 December • Happy Child - Children Therapeutic Group II (Sessions 1-6) on 29 October, 5, 26 November, 3, 10 and 16 December • Parent-child Halloween Party on 31 October • Positive Training Course on 14 November • Online Christmas DIY Workshop on 18 December
	Give Children the Best Start Home Visiting Project	<ul style="list-style-type: none"> • Booth for Project Promotion <ol style="list-style-type: none"> 1. On Tat Estate on 8 and 14 October 2. Eugene Baby Expo 2020 on 23 October • Volunteer Training on 14 and 21 November • Parent-child Activity - Online Christmas Party on 18 December
	Good Parents' Networking Project	<ul style="list-style-type: none"> • Learning Non-violent Communication - Methods and Skills in Promoting Dialogue with Children and Partner Online Workshop on 6, 13, 20 and 27 October • Leisure Corner <ol style="list-style-type: none"> 1. Parent Mindfulness Yoga Class on 7, 14, 21 and 28 October 2. Mindfulness Yoga Experience Day on 11 November • Christmas Happy Lucky Draw on 9 December
	Joyful Kids Group	<ul style="list-style-type: none"> • Group Meeting and Training on 24 and 31 October • Volunteer Service - Beach Cleanup on 7 November • Volunteer Service - The Community Chest Flag Day on 14 November • Group Meeting and Christmas Party on 19 December
	Chuk Yuen Centre Family Corner	<ul style="list-style-type: none"> • Road Show in Housing Estate on 3, 10, 17 and 24 October • Committee Gathering on 20 October, 24 November and 22 December • Holiday Family Fun Day on 25 October • Good Parents Leadership Training Programme (Stage 1) on 5, 12, 19 and 26 November • Let Me Shine - Children Therapeutic Group on 6, 13, 20, 27 November, 4 and 11 December
	Tuen Mun Centre Family Corner	<ul style="list-style-type: none"> • Leisure Corner - Handicraft and Cooking Activities on 13, 20 October, 10, 17 November, 8 and 15 December • Good Parents Positive Parenting Training Course on 12, 19, 26 November, 3 and 17 December
	Parent-child Support Line	<ul style="list-style-type: none"> • Advertising at Hong Kong Commercial Broadcasting Co. Ltd. from 12 to 16 October and from 9 to 13 November • Promotion Campaign: Bus Seatback Advertising on KMB from 23 to 30 November and from 1 to 20 December



Forthcoming Events for January to March 2021



Month	Project/Title	Activity
January to February	Children's Council 2020	<ul style="list-style-type: none"> • Rehearsal of the Council Meeting on 16 January • Motion Discussion on 23 January • Council Meeting on 30 January • Evaluation Meeting on 6 February
January to March	Kids' Dream	<ul style="list-style-type: none"> • Assist in the Implementation of Children's Council 2021 from January to February • Follow-up of the Study of the Issues Children are Most Concerned about During the COVID-19 Pandemic and Social Unrest in Hong Kong from January to March
	Child Protection Institute	<ul style="list-style-type: none"> • Parental IT Talk on 9, 12, 29 January, 10, 11 and 18 March • Child Protection Professional Training Workshop on 26 January, 6 February and 10 March • Parent-child Play Workshop on 27 February
	Bless My Home Forever Volunteer Home Visitation Project	<ul style="list-style-type: none"> • Family Sharing Forum and Parent-child Activity <ol style="list-style-type: none"> 1. Feeling Tired in Parenting on 16 January 2. Expectation for Your Child on 16 January 3. Establish a Common Language with Child on 27 February 4. Interaction Besides Communication on 27 February • Volunteer Training - Introduction to Dyslexia on 30 January • Orientation for New Volunteers on 6 March
	Healthy Start Home Visiting Project	<ul style="list-style-type: none"> • Use IT to Keep Family Connection Volunteer Workshop on 8 January • Volunteer Basic Training Workshop on 22, 29 January and 5 February • Volunteer Award Ceremony and Family Sharing Session on 13 March
	Child Abuse Treatment Corner	<ul style="list-style-type: none"> • Children Therapeutic Group I (Sessions 1-6) on 8, 15, 22, 29 January, 5 February and 12 March • Volunteer Training on 9 and 16 January • Roadshow for Project Promotion on 20, 27 January, 3, 24 February, 3, 10, 17, 24 and 31 March • Positive Parenting Talk on 23, 28 January, 4, 5 and 16 March • Positive Training Course on 23, 30 January, 4 and 11 March • Children Therapeutic Group II (Sessions 1-6) on 23 February, 2, 9, 16, 23 and 30 March • Stress Management Group for Parents with Depressive Features VII on 11, 18 and 25 March
	Give Children the Best Start Home Visiting Project	<ul style="list-style-type: none"> • Parenting Workshop on 29 January and 5 February • Family Activity on 26 February • Booth for Project Promotion on 22 March
	Good Parents' Networking Project	<ul style="list-style-type: none"> • Leisure Corner <ol style="list-style-type: none"> 1. Starry Kitchen on 21 January, 11 February and 4 March 2. Parent Handcrafts Workshop on 27 January, 18 February and 11 March
	Joyful Kids Group	<ul style="list-style-type: none"> • Group Meeting and Training on 16 January and 20 February • Volunteer Award Ceremony and Sharing Session on 13 March
	Chuk Yuen Centre Family Corner	<ul style="list-style-type: none"> • Committee Gathering on 26 January, 23 February and 24 March
	Tuen Mun Centre Family Corner	<ul style="list-style-type: none"> • Good Parents Positive Parenting Course on 7, 14 and 21 January • Leisure Corner – Handicraft and Cooking Activities on 12, 19 January, 9, 16 February, 9 and 16 March
February to March	Daylily Project for Young/ Single Mothers	<ul style="list-style-type: none"> • Family Sharing Forum <ol style="list-style-type: none"> 1. Bank of Happiness on 27 February 2. Build Good Time Together on 27 February • Volunteer Orientation on 6 March





The 41st Annual Press Conference and Annual General Meeting

The 41st Annual Press Conference was held on 19 November 2020 to report significant events and present the statistics for the year 2019/20. We shared concerns and recommendations on different aspects of child protection work. At the press conference, we also shared the story of one of the families.



Smile is a service user of Daylily Young/Single Mother Home Visitation Programme. She is a single mother with a 2-year-old daughter who is smart and lively. However, Smile experienced a downturn in her life when she was pregnant. She parted with her boyfriend then as they had a lot of conflicts. She was depressed and started to worry about whether she could provide a healthy environment for the growth of her child. She had insomnia which also affected her daily life. She was referred to ACA by Integrated Family Service Centre and started to participate in the Daylily Programme. The volunteers provided her with the support she needed. Now, Smile faces the difficulties of parenting positively and is more confident in taking care of her child. She expressed her gratitude for the support and encouragement from ACA's social workers and volunteers.

The 41st Annual General Meeting was held on the same day at the ACA Head Office. Dr Patrick Cheung, Chairperson of ACA, summarised the past achievements of the Agency in the field of child protection in Hong Kong, mapped out prospects for its future development, and recapped the events of the 40th anniversary. Mr James Ng, Honorary Treasurer of ACA, presented the 2019/20 financial report, which indicated how we managed our activities following the principles of fiscal prudence to enable our Agency to continue with its development steadily. Ms Donna Wong, Director of ACA, reported on significant events and presented the overall statistics of our work for the year 2019/20. We shared concerns and recommendations for child protection to urge society to pay close attention to child protection issues.

We are grateful to all the volunteers who have assisted the work of ACA and look forward to their continued support.

Pearl Lee
Administration Manager



Child Protection Institute

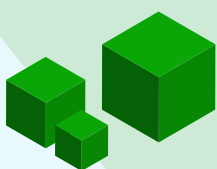
Professional Forum on Child Protection: Youth Mental Health and Adverse Childhood Experiences

Studies on Adverse Childhood Experiences (ACEs) have shown that ACEs, including child abuse and domestic violence, can bring toxic stress to children, which can lead to a series of health problems, such as dangerous behaviours, chronic diseases, mental health problems, social problems, cancer and early death, etc. A professional forum which aimed at examining and exploring preventive and remedial measures to protect children affected by ACEs was held on 11 December 2020.



This online forum was participated by nearly 170 professionals. In the forum, five guest speakers shared with participants on how adverse childhood experiences affected the mental health of young people, and how the family therapy, expressive art therapy, and online identification and intervention services assisted children, young people, and their families to get out of the predicament. Here we would like to thank the guest speakers for their rich sharing, Dr Patrick Cheung, Chairperson of ACA and Dr Anna Cheng, Executive Committee Member for moderating the forum, leading the discussion, and active participation.

Peter Ng
Senior Training Officer
Child Protection Institute



CHUK YUEN CENTRE FAMILY CORNER

The coronavirus pandemic turned the 2020 Christmas of Chuk Yuen Centre Family Corner into a unique and unforgettable one. The volunteer parents of Chuk Yuen Family Corner spread the spirit of Christmas through distributing pandemic prevention supplies like face masks and alcohol handrubs to the community. Besides, they also distributed Winter clothes and Christmas gifts to some families in need before the Christmas holidays to let them feel some warmth up the this cold winter.

Besides, our parent education work and child therapeutic group had not stopped. We rented a community hall to organise Good Parents Leadership Training Programme for kindergarten parents. Parents learned positive parenting skills, had more understanding of children's growth needs and the reasons behind children's deviant behaviours. A deeper understanding of their children has led to a reduction of the chances of conflicts with them. We understand that after the training programme, some parents have become aware the importance of appreciating their children. Now they have completely stopped using physical punishment, and instead they cherish the time they spend with their children together. This power of positive parenting makes workers of these groups feel highly encouraged.



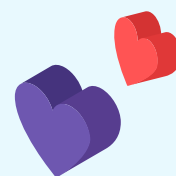
Half way into the year, meetings of the Let Me Shine children therapeutic group needed to be conducted through an online mode. The participants were children from Primary four to Primary six. Through the group, they understood their own character strengths more and learned to use their strengths appropriately. Gradually, they were more at ease in getting along with others and appreciating the strengths of others. As a result, parents recognised their children more and learned more to appreciate their character strengths. This led to an enhancement of parent-child relationship, making the work of the children therapeutic group very meaningful!

In the future, parent volunteers of Chuk Yuen Family Corner would work harder to help families in need in the community.

May Chan
Social Worker

Children's Council 2020

Sponsored by the Children's Rights Education Funding Scheme

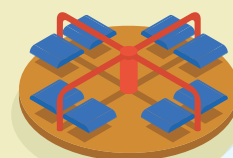
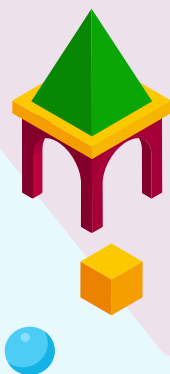


Against Child Abuse and the Hong Kong Committee on Children's Rights have jointly formed a Coordinating Committee to raise public awareness on the United Nations Convention on the Rights of the Child and promote children's rights in Hong Kong. This year, with the pledged support of the Children's Rights Education Funding Scheme, we have launched the Children's Council 2020 project. The three motion topics are "The government should address the problem of children being sexually assaulted"; "Urging the government to render assistance to students with SEN and to deepen society's understanding of them" and "The government should apply heuristic learning in primary and secondary schools to foster a creative thinking mindset among students". From October to December 2020, the new child councillors undertook a series of trainings on children's rights and conducted various interviews in order to prepare for the motion papers.



Manki Wong

Service Manager (Kwai Chung Centre)



Parent-child Support Line

Collaborative partner: Save the Children Hong Kong

ACA Parent-child Support Line aims at promoting child protection messages to parents, children, teenagers, professionals and the public. We also provide case consultation for professionals. We encourage the public to report suspected child abuse cases. Moreover, when parents encounter child management difficulties, and when children and youth have emotional needs, they are also encouraged to contact our professional hotline workers, who are more than willing to provide helpful support.

In order to strengthen the public's knowledge in child's rights and update them with the latest information on the child abuse situation in Hong Kong, we organised a series of promotion activities of our Support Line from late-September to December 2020. These included publicity at Facebook and Instagram. We also publicised our service by using KMB seatback stickers from November to December 2020. We hope that all parents and children in need of support will know our hotline and we encourage them to contact us.



Parent-child support hotline: 2755 1122
Service: 9:00a.m. - 9:00p.m. (Monday to Friday)
9:00a.m. - 1:00p.m. (Saturday)

Yvonne Wai
Project Officer

Bless My Home Forever Volunteer Home Visitation Project

Sponsored by the Community
Chest of Hong Kong

Two sessions of sharing forum were held on 14 November 2020 with themes Understand Children's Emotion and Ways to Handle Emotion. In the forum, the parents recognised their children's expression of emotions. They were brought to understand that children found it difficult to express complicated feelings like "self guilt". Some children even used similar wording to express different emotions like feeling "scared" and "nervous".

Besides the sharing forum, volunteers from Anew Toys and DBS Bank taught the project families to make Gachapon (capsule vending machine). The parents and children created their special and unique Gachapon using shoeboxes, bottles and capsule shells. The activity did not only enhance parent-child relationship, it also made the families understand how children enjoyed toys and games under limited conditions.



Yan Yu
Social Worker

Daylily Project for Young / Single Mothers

Sponsored by the Community Chest of Hong Kong

This project held two sessions of forums, with themes surrounding Magic of Play and Suitable Activities for Kids, on 28 September 2020. During the event, the parents understood the importance of play for their children, and learned suitable ways to enjoy playing with their kids. Families also received mid-autumn gifts from the volunteers, including handmade lanterns, mooncakes, face masks, colour pens and sketchbooks. Families reciprocated with mid-autumn paintings they drew together to thank the volunteers for their kindness.

A total of 18 parents, 23 children and 21 volunteers attended the activity. Due to the coronavirus pandemic, they needed to join the activities by groups and with their masks, but everyone still enjoyed it very much. Many parents and children expressed that it was precious for them to have some relaxing time.



Cheng Kai Yan
Social Worker



The Hong Kong Jockey Club Community Project Grant – Healthy Start Home Visiting Project

Sponsored by the Hong Kong Jockey Club Charities Trust



Parent Talk and BB Birthday Party

The online parent talk and BB birthday party was held on 12 December 2020. A total of 156 parents and babies joined the activity. We invited Ms Fiona Kwong, the founder of Playful Chaos and Montessori nursery teacher, to provide a talk on Montessori Education to introduce how to develop the 0-6 years old children's ability according to their developmental stage. After the talk, a birthday party for babies who were born between July and December was held. We led the children to hand-make a creative mug, which helped them develop the healthy habit of brushing teeth. The activity ended with a lucky draw. All families felt joyful and excited despite the coronavirus pandemic.



Good Parents Training Course

A 4-session parents training course was conducted on Saturday mornings in October 2020. The course was arranged online to encourage more parents to participate under the pandemic. Altogether, 19 parents participated. In the first two sessions, we invited the workers from TWGHs Jockey Club LOVE Family Centre to introduce marital communication and teach the participants to hand-make a family album. The project worker conducted the last two sessions to share Knowing your Children's Personalities through Enneagram and Introduction of Positive Parenting Skills for 0-3 Year-old Children. The participants found the course comprehensive and practical.

Peter Ng

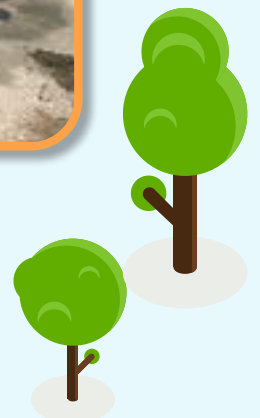
Project Social Worker

Joyful Kids Group

A beach cleanup voluntary service, co-organised with Life Encouraging Fund and GoGo Clean Up, was held on 7 November 2020 at Lung Kwu Tan, Tuen Mun. A total of 22 parents and child volunteers joined this activity, and they cleaned up 128.91 kg of garbage. Their performance was amazing! Through this voluntary service, the child volunteers enhanced their awareness of environmental protection, and the parents appreciated their children's enthusiasm.



Moreover, Joyful Kids Group joined the Community Chest Flag Day voluntary service on 14 November 2020, with a total of 20 parents and child volunteers. It was some of the children's first Flag Day experience, and they were excited. Participants expressed that they would love for there to be more parent-child voluntary services in the future.



Vinky Lam
Project Social Worker

Child Abuse Treatment Corner

Sponsored by Fu Tak lam Foundation Limited

The Child Abuse Treatment Corner organised one Stress Management Group, three Batterer Intervention Therapeutic Groups for parents, as well as four parent talks from October to December 2020.

Due to the outbreak of the COVID-19 pandemic, most of the groups and talks were held online. Even though there were challenges and difficulties, the parents were still actively participating in the groups and talks with their children.

The participating parents revealed that the conflicts between them and their children worsened due to the suspended classes. They were also worried that the class suspension would disrupt students' learning schedule and progress. The parents expressed that after joining the group, they learned to deal with their children's issue positively and were more patient in communicating with their children. Moreover, the participating parents tried different kinds of relaxation methods during the group sessions to release their stress experienced in daily life and parenting.



Naam Wong

Project Social Worker



Child Abuse Treatment Corner – Volunteers Home Visitation Service

Sponsored by Fu Tak lam Foundation Limited

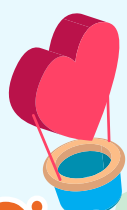
The Child Abuse Treatment Corner organised a parent-child Halloween party on 31 October 2020. We shared tips on establishing a good parent-child relationship, made Halloween handcrafts and played parent-child mini match during the party. All of them actively participated in the activity and enjoyed the parent-child time.

Because of the COVID-19 pandemic, most of the activities were switched to online mode. Both parents and children are looking forward to having physical events. We hope the pandemic situation will soon be stabilised such that we can hold more physical events to share the joy with parents and children.



Katy Lo

Project Social Worker



Give Children the Best Start Home Visiting Project

Sponsored by The Community Chest of Hong Kong

Due to the coronavirus pandemic, unfortunately no physical Christmas party can be held. However, in order to celebrate Christmas with project families, we held two online parent-child Christmas parties on 18 December 2020. We were glad that a total of 42 families participated, bringing the attendance to nearly 120. The Christmas party not only included mini games, Christmas decorations artwork, but also family lucky draws. During the party, children and parents made Christmas decorations together, sharing the festive atmosphere. Each child also received an exclusive Christmas gift after the party, and they couldn't contain their excitement and happiness. All children and parents were highly engaged and enjoyed the party thoroughly.



Dorothy Tang

Project Social Worker

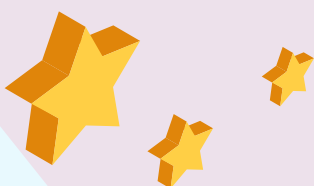
Good Parents' Networking Project

Collaborative partner: Save the Children Hong Kong

We organised the Parent Mindfulness Yoga Class in our centre for parents to relieve the pressure from monthslong caretaking. There was an enthusiastic response to the event, with a total of ten parents who participated. To allow more parents to experience mindfulness yoga, a Mindfulness Yoga Experience Day was held on 11 November 2020. A total of 15 parents participated in this activity. The event also incorporated the singing bowl therapy, which has a stronger healing effect due to its audio frequency.

In order to allow children to have a merry Christmas under the pandemic, we held a Christmas Happy Lucky Draw on 9 December 2020. A total of 80 children received Christmas gifts. I hope those who did not get a gift would be as happy with a souvenir for a joyful Christmas with the family fighting the pandemics.

Stone Leung
Project Social Worker



Tuen Mun Centre Family Corner

Good Parents Positive Parenting Training Course 2020

In order to help parents improve their skills and knowledge in parenting and to establish a parent support network, Stage one of the Good Parents Positive Parenting Training Course, which consists of four sessions of classes, was held in November and December 2020 in Tuen Mun Centre. Child developmental needs, skills in handling children's emotional problems and listening skills were also shared. One of the major characteristics of this course was that the Family Corner Volunteer Group volunteers took the host's roles for the programme. The preparation and rehearsal beforehand equipped the volunteers with presentation and organisation skills and enhanced the parents' cohesiveness. The participants reflected that mutual support was built up, and their parenting skills had improved a lot through the group discussions, the role play and the experience-sharing sessions. 14 parents participated in the course, some of whom will join Stage two course to have a better preparation to be ACA's volunteers, so as to promote child protection services.

Peter Ng
Project Social Worker





本人樂意幫助防止虐待兒童會 I would like to help ACA :
請在適當□內加上✓號 Please tick □ as appropriate

總會：香港北角木星街3號澤盈中心13樓
Head Office: 13/F, Corn Yan Centre, 3 Jupiter Street, North Point, Hong Kong
查詢電話 Enquiry: (852) 3542 5722 熱線電話 Hotline: (852) 2755 1122
圖文傳真 Fax: (852) 3542 5709
電子郵件 Email: aca@aca.org.hk 網址 Website: www.aca.org.hk

1. 我願意捐助 By making a donation :

	一次捐款 One Off HK\$	每月捐款 Monthly (由 月至 月) (from to) HK\$	
現金 By Cash			
支票 By Cheque			銀行 Bank : _____ 支票號碼 Cheque No. : _____ 抬頭註明：防止虐待兒童會有限公司 Cheque made payable : Against Child Abuse Ltd.
信用卡 By Credit Card			Visa <input type="checkbox"/> Master <input type="checkbox"/> AE <input type="checkbox"/> 持卡人姓名 Cardholder : _____ 信用卡號碼 Card No. : _____ 信用卡到期日 Expiry Date : _____ 簽署 Signature : _____
直接存入戶口 Deposit to Bank			本人已將款項存入防止虐待兒童會之匯豐銀行戶口 (號碼：480-107549-001) · 並附上銀行入數紙。 Deposited to ACA HSBC Account (A/C no. 480-107549-001) and enclosed a bank pay-in slip.

是否需要捐款收據? Do you request an official donation receipt?

是 Yes 收據抬頭 Name of receipt: _____

否 No

捐款港幣一百元或以上，可申請扣減稅項。Donations of HK\$100 or above is tax deductible.

2. 本人推薦防止虐待兒童會聯絡下列人士 / 公司 / 機構 By recommending ACA to contact :

姓名 Name	地址 Address	電話 Tel / 傳真 Fax / 電郵 Email

3. 本人願意成為防止虐待兒童會義工，並加入ACA之友。By becoming friends of ACA.
本人有興趣參與以下服務 I am interested in the following services :

4. 本人申請成為防止虐待兒童會的會員。By becoming a member of ACA.

- 普通會員 Ordinary Member 每年港幣一百五十元 HK\$150 per annum
 學生會員 Student Member 每年港幣五十元 HK\$50 per annum
 贊助會員 Sponsor Member 每年港幣一萬元 HK\$10,000 per annum

姓名 Name : (中) _____ 先生/小姐/女士 (英) Mr / Miss / Ms _____

機構 Agency (如適用 if applicable) : _____

地址 Address : _____

_____ 電郵 Email : _____

電話 Tel : _____ 傳真 Fax : _____