

With the support from Children's Rights Education Funding Scheme under Constitutional and Mainland Affairs Bureau, a Coordinating Committee was formed by the Against Child Abuse and Hong Kong Committee on Children's Rights in 2000. Since then, the Committee has been taking up the role in raising public awareness on the United Nations Convention on the Rights of the Child, and in promoting children's rights in Hong Kong. One major task of the Committee is

was extended to Hong Kong in 1994. The United Nations Committee on the Rights of the Child urges the State party to explicitly prohibit by law corporal punishment in the family, schools, institutions and all other settings. We hope that Hong Kong will also become one of the regions where corporal punishment on children is fully prohibited by law in the near future. The public should regard the protection of children as a shared social responsibility. Parents and caregivers can

the Children's Council Project. This year, it held the fifteenth Children's Council Meeting on 30 January at the Hong Kong Baptist University. The Children Councillors raised and discussed three motions and urged the Government to pay special attention to them. These motions were the problems of children being sexually assaulted, assistance for children with special educational needs, and implementation of heuristic learning in primary and secondary schools to cultivate students' creative thinking. Before bringing these issues to the Children's Council Meeting for deliberation, the Children Councillors spent much time in discussion, data collection and analysis. They



abandon corporal punishment and learn positive, non-violent and effective methods of discipline to create a caring, safe and nonviolent environment for children to grow.

The Government is going to prepare the third report of the Hong Kong Special Administrative Region under the United Nations Convention on the Rights of the Child. The report is an important document showing the implementation of children's rights in Hong Kong. We submitted a position paper to the Constitutional and Mainland Affairs Bureau on the outlines of the report proposed by the Government. For details of the submission, please visit our website (www.aca.org.hk).

also interviewed related parties. The Project fully showed that these Children Councillors did not only care for social issues, they also possessed the ability in giving constructive views. The Project helped to incarnate children's right to participation.

30 April is the International Spank Out Day. The Day promotes a healthy growing environment with no corporal punishment for children. At present, 62 countries or jurisdictions have enacted legislation to ban the use of corporal punishment on children totally. An increasing number of researches have come to the conclusion that corporal punishment does not improve children's behaviours and emotions. On the contrary, it can affect children's brain development and hinder their growth and development. It can also prompt children to exhibit anti-social and aggressive behaviours. From our work, we can see that corporal punishment can easily escalate to a level of violence, causing physical harm and destroying the parent-child relationship. The United Nations Convention on the Rights of the Child

By reflections on child protection work in Hong Kong from the death of a five-year-old girl, we released a statement recommending the Government to: (1) formulate a timeline for legislation of the Offence of "Failure to Protect"; (2) establish a mechanism on Mandatory Reporting of Suspected Child Abuse; (3) formulate an action plan on a total ban of corporal punishment; (4) strengthen the role of the Child Fatality Review Panel; (5) establish Serious Case Review. Details please visit our website (www.aca.org.hk).

With the permission of Social Welfare Department, our Flag Day (New Territories region) will be held on 24 July 2021, Saturday to raise funding to sustain our preventive services of child abuse. We need your support. If you are interested in joining as flag-selling volunteers, please call our Head Office to contact the Funding and Promotion Officer.

F ACAHK

Donna Wong Director

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Summary of Major Activities for January to March 2021

| Month                  | Project/Title   | Activity   |
|------------------------|---|--|
| January to<br>February | Kids' Dream   | <ul> <li>Assist in the Implementation of Children's Council 2021 in January and February</li> <li>Orientation Day on 27 February</li> </ul>  |
|                        | Children's Council 2020                                       | <ul> <li>Rehearsal of the Council Meeting on 16 January</li> <li>Motion Discussion on 23 January</li> <li>Council Meeting on 30 January</li> <li>Evaluation Meeting on 6 February</li> </ul>   |
| January to<br>March    | Child Protection Institute                                    | <ul> <li>Parental IT Talk on 9, 12, 29 January, 10, 11 and 18 March</li> <li>Child Protection Professional Training Workshop on 26 January, 2, 6, 10 February, 13, 19 and 30 March</li> <li>Parent-child Play Workshop on 27 February</li> <li>Positive Parent-child Communication and Conflict Management Talk for Parents on 3, 6 and 12 March</li> <li>Establishing a Harmonious Relationship with the Child through Play Talk for Parents on 23 March</li> <li>Assisting Parent in Implementing Family Sex Education Workshop for Macau on 27 March</li> </ul>   |
|                        | Bless My Home Forever<br>Volunteer Home Visitation<br>Project | <ul> <li>Volunteer Training <ol> <li>Skills on Play with Children Online on 23 January</li> <li>Introduction to Dyslexia on 6 March</li> </ol> </li> <li>Family Sharing Forum and Parent-child Activity <ol> <li>Feeling Tired in Parenting on 30 January</li> <li>Expectation for Your Child on 30 January</li> <li>Skills on Picture Book Reading with Child on 20 February</li> <li>Establish a Common Language with Child on 20 February</li> <li>Interaction Besides Communication on 20 March</li> <li>Mindfulness in Parenting on 20 March</li> </ol> </li> <li>Bless My Home Mailbox in February and March</li> <li>Community Education - Eugene Baby Expo 2021 on 28 March</li> </ul>   |
|                        | Daylily Project for Young/<br>Single Mothers                  | <ul> <li>Story-telling by Volunteers on 23 January and 20 March</li> <li>Promotion Booth <ol> <li>Chuk Yuen Estate on 13 March</li> <li>Kwai Tsui Estate on 24 March</li> </ol> </li> </ul>  |
|                        | Healthy Start Home<br>Visiting Project                        | <ul> <li>Use IT to Keep Family Connection Volunteer Workshop on 8 January</li> <li>Story Time for Children on 13, 20, 27 January, 3 February, 8, 10, 15, 17, 22, 24, 29 and 31 March</li> <li>Volunteer Award Ceremony and Family Sharing Session on 20 March</li> </ul>   |
|                        | Child Abuse Treatment<br>Corner                               | <ul> <li>Children Therapeutic Group I (Sessions 1-6) on 8, 15, 22, 29 January, 5 February and 12 March</li> <li>Volunteer Training on 9, 16 January, 20, 27 February, 6 and 20 March</li> <li>Online Party on 12, 19, 26 January, 9 February and 27 March</li> <li>Parent Talk <ol> <li>Be Authoritative Parents on 23 January, 4 and 23 March</li> <li>How to be a Coach for Child's Emotion on 28 January</li> <li>Positive Parenting - Rational Emotive Behaviour Therapy on 9 March</li> <li>Positive Parenting - How to Manage Conflict and Anger on 30 March</li> </ol> </li> <li>Online DIY Workshop on 30 January</li> <li>Roadshow for Project Promotion <ol> <li>Kwai Chung Estate on 3 February</li> <li>Kwai Tsui Estate on 24 March</li> </ol> </li> <li>Positive Parenting Training Course on 11 and 18 March</li> <li>Batterer Intervention Therapeutic Group for Parents VIII (Sessions 1-3) on 11, 18 and 25 March</li> </ul> |

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| MonthProject/TitleJanuary to<br>MarchGive Children the Best<br>Start Home Visiting Project |                                     | Activity  |  |  |  |
|--|-------------------------------------|---|--|--|--|
|  |                                     | <ul> <li>Parenting Workshop on 22, 29 January and 20 March</li> <li>Parent-child Farm Trip on 20 March</li> </ul>   |  |  |  |
| ,  | Good Parents'<br>Networking Project | <ul> <li>Good Parent Positive Parenting Course Reunion on 26 January</li> <li>Mindfulness with Kids Online Sharing Workshop on 16 February</li> <li>Mindfulness with Kids Workshop on 13 March</li> <li>Good Parent Positive Parenting Course on 16, 23 and 30 March</li> <li>Mindful Yoga for Parents on 24 March</li> </ul> |  |  |  |
| Joyful Kids Group  |                                     | <ul> <li>Group Meeting and Training on 9 January and 6 February</li> <li>Volunteer Award Ceremony and Sharing Session on 13 March</li> </ul>  |  |  |  |
|  | Chuk Yuen Centre Family<br>Corner   | <ul> <li>Sociality Play Group on 11, 18, 25 January, 1, 4 and 8 February</li> <li>Committee Gathering on 26 January and 23 February</li> <li>Service Users' Feedback Collection in March</li> </ul>   |  |  |  |
|  | Tuen Mun Centre Family<br>Corner    | <ul> <li>Good Parents Positive Parenting Course on 7, 14 and 21 January</li> <li>Leisure Corner – Handicraft and Cooking Activities on 12, 19 January, 9, 16 February, 9 and 16 March</li> </ul>  |  |  |  |
| March  | Parent-child Support Line           | Advertising on Facebook and Instagram from 15 to 31 March   |  |  |  |

# Forthcoming Events for April to June 2021

| Month         | Project/Title   | Activity  |
|---------------|---|---|
| April         | Exhibition and Small<br>Game Booths                           | Spank Out Day Exhibition and Small Game Booths on 24 April  |
| April to May  | Child Protection Institute                                    | <ul> <li>Parent-child Education Workshop on 17, 24 April, 8 and 15 May</li> <li>Child Protection Professional Training Workshop on 20 and 30 April</li> <li>Parent-child Play Workshop on 24 April</li> <li>Child Protection Professional Training Workshop for Macau on 22 and 29 May</li> </ul>   |
|               | Kids' Dream   | <ul> <li>Annual Planning in April</li> <li>Assist in the Implementation of Children's Council 2021 in May</li> </ul>  |
| April to June | Bless My Home Forever<br>Volunteer Home Visitation<br>Project | <ul> <li>Bless My Home Mailbox from April to June</li> <li>Family Sharing Forum and Parent-child Activity <ol> <li>Introduction of Positive Psychology on 8 May</li> <li>Character Strengths and Parenting on 8 May</li> <li>Help Children Be Brave on 26 June</li> <li>Help Children Overcome Fear on 26 June</li> </ol> </li> <li>Volunteer Training on 22 May</li> </ul>   |
|               | Healthy Start Home<br>Visiting Project                        | <ul> <li>Parent-child Visit to New Bunny Wonderland on 10 April</li> <li>Story Time for Children from April to June</li> <li>Volunteer Basic Training Workshop on 7, 14, 21, 28 May and 4 June</li> </ul>   |
|               | Child Abuse Treatment<br>Corner                               | <ul> <li>Batterer Intervention Therapeutic Group for Parents VIII (Sessions 4-8) on 1, 8, 15, 22 and 29 April</li> <li>Positive Training Course on 9, 16 April and 5 June</li> <li>Stress Management Group for Parents with Depressive Features IX (Sessions 1-8) on 12, 19, 26 April, 3, 10, 17, 24 and 26 May</li> <li>Children Therapeutic Group II (Sessions 1-6) on 13, 20, 27 April, 4, 11 and 18 May</li> <li>Children Therapeutic Group III (Sessions 1-6) on 14, 21, 28 April, 5, 12 and 19 May</li> <li>Online Party on 24 April, 29 May and 26 June</li> <li>Day Tour in Farm on 25 April</li> </ul> |

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# Forthcoming Events for April to June 2021

| Month         | Project/Title   | Activity   |
|---------------|---|--|
| April to June | Give Children the Best<br>Start Home Visiting Project | Booth for Project Promotion from April to June   |
|               | Good Parents'<br>Networking Project                   | <ul> <li>Leisure Corner <ol> <li>Starry Kitchen on 8 April, 6 May and 4 June</li> <li>Parent Handcrafts Workshop on 14 April, 13 May and 11 June</li> <li>Good Parent Positive Parenting Course on 13, 20, 27 April, 4, 11, 18 and 25 May</li> </ol></li></ul>   |
|               | Joyful Kids Group                                     | <ul> <li>Orientation Meeting on 24 April</li> <li>Group Meeting and Training on 8 May and 26 June</li> <li>Volunteer Service - Visit to Elderly Centre on 22 May</li> </ul>  |
|               | Chuk Yuen Centre Family<br>Corner                     | <ul> <li>Children Therapeutic Group on 16, 23, 30 April, 7, 14 and 21 May</li> <li>Positive Parenting Group (Series 1) on 16, 23, 30 April, 7, 14 and 21 May</li> <li>Positive Parenting Group (Series 2) on 20, 27 April, 4, 11, 18 and 25 May</li> <li>Positive Parenting Group (Series 3) on 26 April, 3, 10, 21, 28 and 29 May</li> <li>Committee Gathering on 27 April, 25 May and 29 June</li> <li>Chuk Yuen Centre Booth and Open Day on 8, 15 and 22 May</li> <li>Parent English Class on 8, 15, 22 and 29 June</li> </ul> |
|               | Tuen Mun Centre Family<br>Corner                      | <ul> <li>Leisure Corner – Handicraft and Cooking Activities on 13, 20 April, 11, 18 May, 8 and 15 June</li> <li>Parent Relaxation Group on 6, 13, 20 and 27 May</li> <li>Relaxation Gathering for Parents on 11 and 25 May</li> </ul>  |
|               | Parent-child Support Line                             | <ul> <li>Advertising on Facebook and Instagram from 1 April to 30 June</li> <li>Advertising at Hong Kong Commercial Broadcasting Co. Ltd. from 12 to 17 April, from 10 to 14 May and from 7 to 11 June</li> </ul>  |
| May           | Children's Council 2021                               | <ul> <li>Interview for Councillor on 15 May</li> </ul>   |
| May to June   | Daylily Project for Young/<br>Single Mothers          | <ul> <li>Family Sharing Forum and Family Activity <ol> <li>Positive Psychology (I) on 8 May</li> <li>Positive Psychology (II) on 8 May</li> <li>Mothers' Day Handicraft Making on 8 May</li> <li>What to Do When My Children Fear Easily? on 26 June</li> <li>Nurturing a Brave Kid on 26 June</li> <li>Snack Making on 26 June</li> </ol> </li> </ul>   |



# BLESS MY HOME FOREVER VOLUNTEER HOME VISITATION PROJECT

## Sponsored by the Community Chest of Hong Kong

Starting from last year, children have been required to stay at home to take online lessons. Many parents reflected that children lessons idle due to the lack of supervision from the teacher. They came to dislike pen-and-paper writing, and were even reluctant to do homework. This problem had troubled the parents so much!

In order to build up children's interest in writing, a Bless My Home Mailbox was established. The mailbox aimed at communicating with the children through traditional hand-written letter, and encouraging children to share stories from their daily lives in the form of words, drawings, and handicrafts. Traditional letters have been substituted by electronic communication, such as email, WhatsApp, WeChat and Line, which are much faster means of communication. However, writing letters could make people focus on the present moment, slow down and savor things and matters that surround us.

Parents participating in the project shared that their children were happy and excited when they received the letters. They had never received a letter written for them nor had they sent a letter to others. From getting a letter from the mailbox, to sending out a letter at the post office, it was a brand-new experience. For the primary students, they wrote the letters by themselves, and sought help from parents or online dictionary when they encountered difficult words. Their active learning was comforting and gratifying to the parents. For those still in kindergarten, they were able to draw pictures or write simple words on the letters with the parents' help. Apart from developing children's interest in writing, the parents and children also had a good time interacting.



 Mailbox:

 "She was so letter to you and enjoya

 "He wrote a

 "Thank you practise write

The following are some feedbacks from the parents who participated in the Bless My Home Mailbox:

"She was so happy to receive your letter. She said you wrote a letter to her. And she wrote a letter to you as a reply. Then you replied her letter again. The back and forth was so exciting and enjoyable!"

"He wrote a reply to your letter with a big smile on his face after school today!"

"Thank you for writing to my child despite your busy routine. He has more opportunities to practise writing and improve his writing skills through the activity."

Yan Yu Social Worker

# FUNDRAISING ACTIVITIES

#### **Donation Boxes Placement**

Public Subscription Permit No.: 2021/006/1

We would like to express our sincere gratitude to the **Sun Hung Kai Real Estate Agency Limited** for arranging the placement of our donation boxes in the following shopping malls from 1 February to 31 July 2021, to enable public support of our services:

1. Chelsea Heights in Tuen Mun

Aun 2. East Point City in Tseung Kwan O 5. YOHO Mall Phase I in Yuen Long

Thanks also go to those who have donated to support our services and help more children in need!

3. Park Central in Tseung Kwan O 6. YOHO Mall Phase II in Yuen Long



### **Charity Rice Cake**

4. Yuen Long Plaza

Our heartfelt gratitude goes to the Squly & Friends, who has donated five percent of the proceeds from their charity rice cakes this year to us, continuing their care and blessings to the children and families in need!

#### Heartfelt Thanks to Donors for Their Generous Donation of Mask

We would like to extend our sincere gratitude to the Lion Rock Medical Supplies Group Limited for its generous donation of over 170,000 adults and children surgical masks to our service users and community members.



Classes have resumed recently, and our children from grassroots families have returned to school with adequate protection to ensure their health and safety. Against Child Abuse sincerely thanks our donor again on behalf of the beneficiaries.

LION ROCK MEDICAL SUPPLIES GROUP

#### "Care for Children • Build a Brighter Future" Flag Day (New Territories Region) Volunteer Recruitment

The Director of Social Welfare has given approval to three organisations to sell flags to solicit donations, one each at the Hong Kong Island region, Kowloon region and the New Territories region on 24 July 2021 and Against Child Abuse is authorised to conduct flag sale in New Territories region on that day. This year, we are pleased to have local cartoon character Squly & Friends sponsoring the flags design, raising awareness of our mission and fund to sustain services in building stable and healthy families for

#### our children. Date: 24 July 2021(Saturday) District: New Territories Region Time: 7:00a.m. to 12:30p.m.

Your generous support in child protection is highly appreciated! We now invite you to register your interest in making a Gold Flag donation or participating in the event as a volunteer, together with your family, friends and colleagues! We also welcome parent-child volunteers on that day!

You can participate or support us in the following ways:



Join NOW: https://forms.gle/aritmcrRQFKcsjej7



The target volunteer is age 14 or above. For volunteers under 14 years old, they must be accompanied by their parents to participate in this activity.



Online form: https://forms.gle/UURM3Za2YjqNh2WE7



- Donor who contributes HK\$100 or above will receive a set of limited gold flag and child protection souvenir Set A (an A4 folder; item randomly assigned)
- Donor who contributes HK\$300 or above will receive a set of limited gold flag and child protection souvenir Set B (a PVC luggage tag)
- Donor who contributes HK\$800 or above will receive a set of limited gold flag and child protection souvenir Set C (a Squly <u>or</u> Penguin Kily shoulder bag: item randomly assigned)
- \* The souvenir sets are limited edition.

#### **New Donation Channels**

We are pleased to have two new fundraising platforms:

#### **PayMe**

Please scan the QR code to make a donation via mobile phone.

Please email your personal information (name, telephone number and email/ mailing address) and the transaction screenshot to donate@aca.org.hk for the donation receipt.



Against Child Abuse Limited

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### Faster Payment System (FPS)

Donation can be made through Faster Payment System (FPS) with enabled e-wallet or mobile app, by entering the following Payee name – donate@aca.org.hk.

Please email your personal information (name, telephone number and email/mailing address) and the transaction record to donate@aca.org.hk for the donation receipt.



### **Donation Methods:**

- PayMe: Please scan the QR code to make a donation via mobile phone.
- 2. AlipayHK: http://bit.ly/ACA-Alipay
- 3. FPS ID: donate@aca.org.hk
- 4. Online donation: https://bit.ly/acadonation
- 5. Deposit to ACA HSBC Account: 480-107549-001
- 6. Mailing crossed cheque made payable to "Against Child Abuse Limited"

Receipt for donations of HK\$100 or above could be provided on request, please email your name, telephone number, email/mailing address and the screen capture(s) of PayMe/AlipayHK/FPS name/payin slip, to flagday@aca.org.hk or to Head Office by mail.

Enquiry Please contact Ms Summer Lin at 3542 5722/ 3542 5725 or email flagday@aca.org.hk

- Stay tuned for more details! www.facebook.com/acahk/
  - Summer Lin Funding and Promotion Officer

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# Child Protection Professional Training Workshop

The trial of a murder and abuse case of a five-year-old girl has recently aroused widespread concern in the community. Roles and responsibilities of different stakeholders connected with the case are widely discussed. Among the stakeholders, gatekeepers are responsible for protecting children's physical and psychological safety.

The Child Protection Institute is frequently invited by various social service agencies, universities, and school units to conduct the "Child Protection Professional Training Workshop" for their frontline social workers and teachers. The aim of the Workshop



is to enhance participants' knowledge and competency to identify suspected abused children. The Workshop provides participants practice in effective use of interviewing skills and information on proper handling procedures to make timely assessment and intervention, with a view to providing the needed support for suspected abused children and their families.

Participating frontline social workers and teachers expressed that they felt particularly stressful and uneasy when facing parents, and were worried that parents would not cooperate. Also, sometimes, parents' emotions were so intense that intervention and follow-up effort was made even harder. They thought that the skills demonstrated and contents were very practical. They felt the interactive sharing format of the Workshop enhanced its overall effectiveness. They hoped more training of a similar nature could be arranged for them.

#### Karry Lau

Development and Training Manager Child Protection Institute

### Parent-child Group in Ceramic Making



The "Parent-child Group in Ceramic Making" brought emotional connection into the family through the process of ceramic art creation, where no boundaries or limitations were set. They created their version of an ideal "Future City".

Both children and parents felt free and relaxed, and enjoyed the parentchild interactions throughout the process. Parents displayed more willingness in accompanying their children and listened to the latter's ideas. The group was conducted through an online platform. When seeing the works of children and parents, although the pandemic blocked the communication between people, it gave parents and children more time and space to get along. As long as you are willing to accompany your children with an open mind, nothing will obstruct this parent-child connection.

#### Karry Lau

Development and Training Manager Child Protection Institute

### Child Protection Workshop

We organised seven sessions of child protection workshops from January to March. The participating organisations included the NGOs serving children and youths in Tuen Mun, the Chinese Rhenish Church Hong Kong Synod Children for Hope – Pre-school Social Work Service team, the Hong Kong Lutheran Social Work Service for Pre-Primary Institutions and JP Morgan, etc. The themes of the workshops included "Identifying and Handling Suspected Child Abuse Cases" and "Child Safety Awareness and Guidelines". Nearly 150 professionals attended the workshops. Regarding the latest update of the Protecting Children from Maltreatment – Procedural Guide for Multi-disciplinary Co-operation (revised in 2020 by the Social Welfare Department), we highlighted the major changes and some areas that frontline workers should pay attention to. Besides, we shared the concepts of child protection policy with these agencies and encouraged them to build a child-centered environment. The participants gave positive feedback expressed the workshop helped them have a better understanding of their roles and duties in their work setting.



Peter Ng Senior Training Officer

# CHILDREN'S COUNCIL 2020

## Sponsored by the Children's Rights Education Funding Scheme

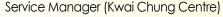
With dedicated efforts, the child councillors helped the children in Hong Kong voice out their views on issues close to their heart. More importantly, they carried out research, collected views from other children and conducted interviews with different stakeholders to learn about the core of the problems and attempted to seek solutions. Throughout these years, the Children's Council has become a platform for children to voice out their views and actualise their right to participation in the society. The children can learn about their rights through child-friendly measures and a democratic process, and actualise their responsibilities through constructive actions. They have demonstrated that children, just like the adults, have the ability to participate in constructive discussion in social issues.

On 30 January, 38 Child Councillors aged from 13 to 17 debated on three motions, including: i) "The Government should give child sexual abuse the attention it deserves"; ii) "The Government should bolster its support to and promote public understanding of children with special education needs"; and iii) "The Government should implement applied and inspirational learning initiatives in local primary and secondary schools to foster creativity in students". Ms Donna Wong, Director of Against Child Abuse, Ms Elia Yeung, Senior Education Officer of End Child Sexual Abuse Foundation, Mr Ip Kin Yuen, Vice-President of Hong Kong Professional Teachers' Union, Dr Cheung Chiu Hung, Fernando, Member of Labour Party, Professor Cheng Kai Ming, Professor Emeritus of the Faculty of Education of The University of Hong Kong, and Mr Jacky Fung, Researcher of Hong Kong Policy Research Institute were invited as panel guests to exchange with the Child Councillors.

The meeting was held at the Council Chamber of the Shaw Tower in the Hong Kong Baptist University, with the rules and procedures modelling after the Legislative Council with child-friendly modifications. The 38 Child Councillors were divided into three groups, each group first presented a motion on the child-related issues, which was then followed by an intense debate with other Child Councillors, and a Question-and-Answer session with panel quests. The Child Councillors then voted to determine the passage of each motion in a democratic process.

The closing ceremony of the Children's Council was held right after the meeting, which marked the successful completion of the 15<sup>th</sup> Children's Council. In the past few months, the Child Councillors had conducted many group meetings, and interviews with government officials and people from various sectors, as well as collected views from children and adults by questionnaires to prepare the three motions. These motions will be compiled into a publication and sent to relevant authorities and child-related organisations for the government and society's consideration and reference.

Manki Wong





# THE HONG KONG JOCKEY CLUB COMMUNITY PROJECT GRANT – HEALTHY START HOME VISITING PROJECT

### Sponsored by the Hong Kong Jockey Club Charities Trust

### Story Time for Children

From January to March, we held a total of 12 sessions of online Story Time for Children, during which our project volunteers read illustrated books with the children. Even during the pandemic, children could learn new things from reading storybooks and make good use of their leisure time. The children were enthusiastic and the parents expressed that the activities could effectively enhance children's interest in reading.

### Child Emotion Management Talk and Volunteer Award Ceremony

A talk on child emotion management and volunteer award ceremony was held online on 20 March. A total of 46 families and 27 volunteers joined the activity. We invited counselling psychologist, Mr Ray Law, to hold the talk about children's emotional needs and the skills of enhancing child emotion management. After the talk, we had a volunteer award ceremony. We invited some families and volunteers to share their experience during home visitation, which helped solidify our volunteers' contribution. We hope our volunteers will continue to support families in need in the forthcoming year.

Vinky Lam Project Social Worker



# **CHUK YUEN CENTRE FAMILY CORNER**

When I joined Chuk Yuen Centre Family Corner two and a half years ago, I worked with 12 committee members, and now there are 18. I wish to extend my gratitude to the trust and support from the parent volunteers of the committee, who contributed selflessly, provided mutual help, and ultimately made possible what seemingly looked impossible at the beginning. Especially during the pandemic, they assisted the worker to distribute face masks and personal protective supplies to the public, and at the same time, helped by paying attention to the ill-health of family members and reporting signs of crisis to the staff.

May Chan Social Worker

# DAYLILY PROJECT FOR YOUNG / SINGLE MOTHERS Sponsored by the Community Chest of Hong Kong

This project coordinated two sessions of family sharing forums, with themes on How to Help Children Open-up and Non-verbal Communication, on 12 December 2020. During the event, the parents learned how to use different methods to talk with their children and they understood the importance of eye contact and physical touch in establishing parent-child relationship. Besides, to celebrate the coming Christmas, volunteers prepared Christmas gifts which the children wanted most.

A total of 32 parents, eight children and 29 volunteers attended the activity. Volunteers felt happy when they saw the smiling faces on children when they received the presents. Parents were thankful for volunteers' thoughtful gifts to make their children's dreams come true.



Cheng Kai Yan Social Worker



# CHILD ABUSE TREATMENT CORNER – VOLUNTEERS HOME VISITATION SERVICE Sponsored by Fu Tak Iam Foundation Limited

The Child Abuse Treatment Corner organised four parent-child online parties in January and February. The participating children had the opportunity to develop their creativity as well as to enhance interaction with their parents. We designed different theme-related activities, which included making Maltesers glutinous rice dumpling for tea time, sharing of dinosaur story book and dinosaur craft making, playing creative mini-games, ox craft making and guess the meaning of Fai Chun for celebrating the Chinese New Year. The contents of the activities were rich. Our participating families enjoyed themselves and wished more similar activities could be organised in the pandemic period.

> Jessie Lee Project Social Worker





# GIVE CHILDREN THE BEST START HOME VISITING PROJECT Sponsored by The Community Chest of Hong Kong

### Parent-child Farm Activity

We held a parent-child farm visit on 20 March. We had an astounding response, with a total of 31 families participated, including 89 parents and children. We went to the Nature's Harvest Organic Farm and Leisure Getaway in Sai Kung, where the attendees got hands-on farming experience and picked fresh vegetables to make roasted chicken tortilla. These activities enhanced the interaction, cooperation, and mutual appreciation between the parents and the children. With the support of the volunteers, the activity was held successfully in a cheerful atmosphere. All the participants were highly engaged and enjoyed the activity thoroughly.

> Olivia Lai Project Social Worker

# **JOYFUL KIDS GROUP**

Joyful Kids Group held a Christmas party on 19 December 2020. Altogether, 41 children participated. Youth volunteers led games on an online platform to share the festive atmosphere. The project social worker introduced minigames for children and their parents to play at home. Families were made aware that quality parent-child time could be created even during the pandemic.

Moreover, Joyful Kids Group held two sharing sessions and one volunteer award ceremony on 13 March 2021. A total of 34 children attended the activity. Children enjoyed the games in the sharing sessions and were highly engaged in the ceremony. We also presented awards to volunteers to recognise their contribution to the community.

> Vinky Lam Project Social Worker



# **GOOD PARENTS' NETWORKING PROJECT**

The Good Parents' Networking project aims at promoting positive parenting and providing a platform for parents and children to have quality time together, so the children can grow up healthily. On 16 February, the project held a Mindfulness with Kids Online Sharing Workshop. In recent years, the concept of "mindfulness" has become more popular. Parents are very interested in how mindfulness can help reduce stress and induce relaxation, as well as improve children's concentration. A total of 11 parents attended. They all gained more insight into mindfulness and are willing to try meditation activities with children in the future.

In addition, on 13 March, the project held a Mindfulness with Kids Workshop in Kwai Chung Centre. Ten pairs of parent-child participated and they were able to experience the frequencies of the singing bowl and practice breathing exercises through practice games. Some parents expressed afterwards that it turns out interesting activities can also be used for mindfulness, and to understand the importance of mindfulness.



Stone Leung Project Social Worker



## PARENT-CHILD SUPPORT LINE Collaborative partner: Save the Children Hong Kong

This year, Save the Children Hong Kong continues to support the ACA Parent-child Support Line. Our Support Line aims at promoting child protection messages to parents, children, teenagers, professionals and the public. We also provide case consultation for professionals. We encourage the public to report suspected child abuse cases. Moreover, when parents encounter difficulties in managing their child, and when children and youth have emotional needs, they are also encouraged to contact our professional hotline workers, who are more than willing to provide helpful support.

In order to strengthen the public's knowledge in children's rights and update them with the latest information on the child abuse situation in Hong Kong, we organised a series of promotional activities for our Parent-child Support Line starting from mid-March. These included publicity on Facebook and Instagram. We hope to encourage all parents and children in need of support to contact us through our hotline.

Parent-child support hotline: 2755 1122 Service: 9:00a.m. - 9:00p.m. (Monday to Friday) 9:00a.m. - 1:00p.m. (Saturday)





## TUEN MUN CENTRE FAMILY CORNER Leisure Corner - Handicraft and Cooking Activities

The family corner volunteers made use of online live broadcast to serve the members in January. The volunteers taught the participants how to make the Korean Kimchi and CNY Sweet Box by themselves. The volunteers also learned new service skills and improved their confidence through online live broadcasting. Aside from these benefits, the parents could join the classes at home, thus relieving them from their stress in daily lives. We began to hold handicraft and cooking activities in Tuen Mun centre from February. Not having seen each other for a long time, the participants were thrilled to meet again. They shared their recent health conditions with one another. They treasured this reunion and found the gathering totally enjoying.

> Peter Ng Project Social Worker





机,加强在曾對預防虐兄的關注。

求助及親子支援熱線 2755 1122



## Against Child Abuse 防止虐待兒童會



Donation Online

網上捐款

#### 本人樂意幫助防止虐待兒童會 I would like to help ACA:

請在適當口內加上 √號 Please tick □ as appropriate

1. □ 我願意捐助 By making a donation :

總會:香港北角木星街3號澤盈中心13樓 Head Office: 13/F, Corn Yan Centre, 3 Jupiter Street, North Point, Hong Kong 查詢電話 Enquiry: (852) 3542 5722 熱線電話 Hotline: (852) 2755 1122 圖文傳真 Fax: (852) 3542 5709 電子郵件 Email: aca@aca.org.hk 網址 Website: www.aca.org.hk

|                              | 每月捐款 Monthly<br>(由 月至 月)<br>(from to )<br>HK\$ |   |
|------------------------------|--|---|
| 現金<br>By Cash                |  |   |
| 支票<br>By Cheque              |  | 銀行 Bank:<br>支票號碼 Cheque No.:<br>抬頭註明:防止虐待兒童會有限公司<br>Cheque made payable:Against Child Abuse Ltd.  |
| 信用卡<br>By Credit<br>Card     |  | Visa □ Master □ AE □<br>持卡人姓名 Cardholder :<br>信用卡號碼 Card No. :<br>信用卡到期日 Expiry Date :<br>簽署 Signature :  |
| 直接存入戶口<br>Deposit to<br>Bank |  | 本人已將款項存入防止虐待兒童會之匯豐銀行戶口<br>(號碼:480-107549-001),並附上銀行入數紙。<br>Deposited to ACA HSBC Account (A/C no.<br>480-107549-001) and enclosed a bank pay-in slip. |

是否需要捐款收據? Do you request an official donation receipt?

□ 是 Yes 收據抬頭 Name of receipt: \_

□ 否 No

捐款港幣一百元或以上,可申請扣减税項。Donations of HK\$100 or above is tax deductible.

2. □ 本人推薦防止虐待兒童會聯絡下列人士 / 公司 / 機構 By recommending ACA to contact:

| 姓名 Name | 地址 Address | 電話 Tel / 傳真 Fax / 電郵 Email |
|---------|------------|----------------------------|
|         |            |                            |
|         |            |                            |
|         |            |                            |

3. □ 本人願意成為防止虐待兒童會義工,並加入ACA之友。By becoming friends of ACA. 本人有興趣參與以下服務 I am interested in the following services :

| 4. □ 本人申請成為防止虐待兒童會的會員          |                              |  |
|--------------------------------|------------------------------|--|
| □ 普通會員 Ordinary Member         | 每年港幣一百五十元 HK\$150 per annum  |  |
| □ 學生會員 Student Member          | 每年港幣五十元 HK\$50 per annum     |  |
| □ 贊助會員 Sponsor Member          | 每年港幣一萬元 HK\$10,000 per annum |  |
| 姓名 Name:(中)                    | 先生/小姐/女士 (英) Mr / Miss / Ms  |  |
| 機構 Agency (如適用 if applicable): |                              |  |
| 地址 Address:                    |                              |  |
|                                | 電郵 Email:                    |  |
| 電話 Tel:                        |                              |  |