

The Statistical Report 2020 of the Child Protection Registry published by Social Welfare Department registered 940 newly reported child abuse cases between January and December 2020, a decrease of 6.6% from 2019. We believe that the decline was related to the COVID-19. School closures and social distancing made it more difficult to identify child abuse cases. The most common type of

newly reported cases was physical abuse, accounting for 41.4%, followed by sexual abuse, accounting for 33.3%, and child neglect accounted for 21.4%. In recent years, the number of child neglect abusers with heavy/ chronic drug abuse was increasing, and the age of neglected children was at most 0 to 2 years old. All these are highly worrying. On the whole, 68.2% of the child abuse cases were associated with contributing factors relating to the abusers. Among the risk factors, lack of child rearing and parenting skills was the most common contributing factor, followed by emotional/psychological problems and heavy/chronic drug abuse. Most abusers were parents of the abused children, but quite a large number of abusers in sexual abuse cases were unrelated persons, followed by friends of the abused children. Among them, the number of male abusers aged 16 or below had increased. The above data reflects that the Government needs to: 1) face

the correlation between corporal punishment and physical abuse and step up the legislation of a total ban of corporal punishment on children; 2) strengthen community publicity and education, and equip parents with knowledge and skills in child rearing and positive parenting; 3) formulate measures to early identify and support families in crisis, especially those parents and caregivers who have drug abuse, emotional disturbance or mental problems; 4) fight online sexual crimes, and pay attention to the issues of children's use of internet and social media and compensated dating; 5) revise school sex education guideline, and implement

comprehensive sex education; 6) allocate resources to enhance preventive projects that support families with newborn babies.

We held the Volunteer Award Presentation Ceremony with the theme of "Deliver Love • Protect Children" on 9 May, and presented six categories of awards to thank our volunteers for their

> selfless dedication. The Vice Chairperson of the Executive Committee, Mr Nicholas Jim participated in the ceremony as our officiating guest. Over the past year, we saw that the service of our volunteers was not affected by the pandemic. With the times, our volunteers actively learnt to use online video software, so as to maintain contacts with the families they served through different channels and assisted us in conducting various parent-child and parent education activities. All these showed their enthusiasm for voluntary work.

> The ACA Child Protection Institute has organised various courses for professionals, parents and children, and assisted different organisations in drawing up their internal child protection policies and providing staff training courses. We have sent our course prospectus booklet 2021-22 to kindergartens, primary schools and social welfare organisations. For course contents, please visit the Institute web page (www.

aca.org.hk/cpi.htm).

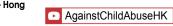
Our Flag Day in the New Territories, which was held on 24 July, was very successful. In addition to the active participation of thousands of volunteers and the efforts of our Executive Committee Members and staff members, we also need to thank Squly & Friends for supporting the design of posters, flags, certificates and Gold Flag souvenir sponsorship. We hope that the general public will continue to support the work of protecting children.

> **Donna Wong** Director

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### Summary of Major Activities for April to June 2021

Month	Project/Title	Activity
April	Exhibition and Small Game Booths	Spank Out Day Exhibition and Small Game Booths in Chuk Yuen (North) Estate on 24 April
	Volunteer Award Ceremony	Volunteer Award Ceremony on 9 May
	Give Children the Best Start Home Visiting Project	Booth for Project Promotion - Lower Ngau Tau Kok Estate on 20 April
April to May	Kids' Dream	<ul><li>Annual Planning in April</li><li>Assist in the Implementation of Children's Council 2021 in May</li></ul>
	Joyful Kids Group	<ul> <li>Orientation Meeting on 24 April</li> <li>Group Meeting – Balloon Twisting Activity on 8 May</li> </ul>
April to June	Child Protection Institute	<ul> <li>Parental IT Talk on 15, 16, 17, 23, 26 April, 14, 18, 27, 29 May, 3, 4, 5, 9 and 11 June</li> <li>Parent-child Education Workshop on 17, 24 April, 8 and 15 May</li> <li>Child Protection Professional Training Workshop on 20, 27, 29, 30 April, 7, 25, 28 May, 2, 3, 9, 17 and 21 June</li> <li>Parent-child Play Workshop on 24 April</li> <li>Child Protection Policy Training Workshop on 21 and 28 May</li> <li>Child Protection Professional Training Workshop for Macau on 22 and 29 May</li> <li>Parent Group for Child-parent Relationship Therapy (Tuen Mun Centre) on 21 and 28 June</li> <li>Parent Group for Child-parent Relationship Therapy (Kwai Chung Centre) on 23 and 30 June</li> </ul>
	Bless My Home Forever Volunteer Home Visitation Project	Bless My Home Mailbox from April to June Family Sharing Forum and Parent-child Activity  1. Introduction of Positive Psychology on 8 May 2. Character Strengths and Parenting on 8 May 3. Help Children Be Brave on 26 June 4. Help Children Overcome Fear on 26 June 5. I am a Baker Activity on 26 June  • Volunteer Training on 2 and 25 June
	Healthy Start Home Visiting Project	<ul> <li>Parent-child Journey to Story World - Parent-child Reading Promotion Activity on 20 April</li> <li>Volunteer Training Course on 7, 14, 21, 28 May and 4 June</li> <li>Volunteer Orientation Day and Volunteer Award Ceremony on 15 May</li> <li>Child Rearing Lesson for New Parents (Online and Practicum) on 12, 19 and 26 June</li> <li>Online Storytelling Time for Babies on 18 and 25 June</li> <li>Cheers for Fathers Family Outing on 20 June</li> </ul>
	Child Abuse Treatment	<ul> <li>Batterer Intervention Therapeutic Group for Parents VIII (Sessions 4-8) on 1, 8, 15, 22 and 29 April</li> <li>Online Party on 9, 16, 23, 30 April, 8, 15, 22, 29 May, 5, 12, 19 and 26 June</li> <li>Stress Management Group for Parents with Depressive Features IX (Sessions 1-8) on 12, 19, 26 April, 3, 10, 17, 24 and 26 May</li> <li>Children Therapeutic Group II (Sessions 1-6) on 13, 20, 27 April, 4, 11 and 18 May</li> <li>Children Therapeutic Group III (Sessions 1-6) on 23, 30 April, 7, 14 and 28 May</li> <li>Day Tour in Our Hands Farm on 25 April</li> <li>Positive Parenting Training Course on 12, 26 May, 24 and 30 June</li> <li>Roadshow at Kwai Tsui Estate on 18 May</li> <li>Stress Management Group for Parents with Depressive Features VIII (Sessions 1-6) on 21, 28 May, 4, 11, 18 and 25 June</li> <li>Stress Management Group for Parents with Depressive Features X (Sessions 1-4) on 15, 17, 24 and 29 June</li> </ul>
	Good Parents' Networking Project	<ul> <li>Parent Mindfulness Yoga Class on 7 and 14 April</li> <li>Non-violent Communication Workshop on 12 and 19 April</li> <li>Good Parent Positive Parenting Training Course on 13, 20, 27 April, 4, 11, 18, 25 May and 1 June</li> <li>Parent Handcrafts Workshop - Anti-mosquito Cream DIY on 3 and 17 June</li> <li>Happy Nature Parent-child Outing to Tai O on 12 June</li> </ul>

Month	Project/Title	Activity
April to June	Chuk Yuen Centre Family Corner	<ul> <li>A Gift for Tired Mothers - Tree of Life Nagomi Experimental Parent Group on 16, 23 April, 6, 7, 13 and 14 May</li> <li>Meet the Happy Self in Pastel Nagomi Art Parent Group on 20, 27 April, 4, 11, 18 and 25 May</li> <li>Magical Storytelling - Positive Parenting Group on 26 April, 3, 10, 21, 28 and 29 May</li> <li>Committee Gathering on 27 April, 25 May and 29 June</li> <li>Story Kingdom - Emotion Management Children Therapeutic Group on 30 April, 7, 14, 21 and 28 May</li> <li>Chuk Yuen Centre Booth and Open Day on 15 and 22 May</li> <li>Pretty Mama Beauty Classroom on 8, 22 and 29 June</li> <li>Parent English Class on 9, 16, 23 and 30 June</li> </ul>
	Tuen Mun Centre Family Corner	<ul> <li>Leisure Corner – Handicraft and Cooking Activities on 13, 20 April, 11, 18 May, 8 and 15 June</li> <li>Parent Interest Group on Skincare Products DIY on 3, 10, 17 and 24 June</li> <li>Volunteer Recreational Activity - Wrapping Rice Dumpling on 7 June</li> <li>Mental Health Programme - Zentangle Drawing on 21 and 28 June</li> </ul>
	Parent-child Support Line	<ul> <li>Advertising on Facebook and Instagram from 1 April to 30 June</li> <li>Advertising at Hong Kong Commercial Broadcasting Co. Ltd. from 12 to 17 April, from 10 to 14 May and from 7 to 11 June</li> </ul>
May	Children's Council 2021	Interview for Councillor on 15 May
	Love Children • Stop Abuse Project	Roving Education Programme (Butterfly Estate) on 29 May
May to June	Daylily Project for Young/Single Mothers	<ul> <li>Family Sharing Forum and Family Activity</li> <li>1. Positive Psychology (I) on 8 May</li> <li>2. Positive Psychology (II) on 8 May</li> <li>3. Mothers' Day Handicraft Making on 8 May</li> <li>4. What to Do When My Children Fear Easily? on 26 June</li> <li>5. Nurturing a Brave Kid on 26 June</li> <li>6. Decorating Cookies on 26 June</li> <li>• Advanced Volunteer Training on 8 May and 26 June</li> </ul>

### Forthcoming Events for July to September 2021

Month	Project/Title	Activity
July	Flag Day	ACA Flag Day in New Territories on 24 July
	Child Abuse Treatment Corner	<ul> <li>Stress Management Group for Parents with Depressive Features VIII (Sessions 7-8) on 2 and 9 July</li> <li>Online Party on 3, 10, 17 and 31 July</li> <li>Stress Management Group for Parents with Depressive Features X (Sessions 5-8) on 6, 8, 13 and 15 July</li> <li>Volunteer Trainings on 9 and 16 July</li> <li>Service Promotion at Tsing Yi (South) Integrated Family Service Centre on 16 July</li> </ul>
July to August	Child Protection Institute	<ul> <li>Parent Group for Child-parent Relationship Therapy (Tuen Mun Centre) on 5, 19, 26 July, 2, 9 and 16 August</li> <li>Parent Group for Child-parent Relationship Therapy (Kwai Chung Centre) on 7, 14, 21, 28 July, 4 and 11 August</li> <li>Identification, Assessment and Intervention of Suspected Child Abuse Case Certificate Course on 9 July</li> <li>Child Protection Professional Training Workshop on 12 July</li> </ul>

### Forthcoming Events for July to September 2021

Month	Project/Title	Activity
July to September	Kids' Dream	<ul> <li>Assist in the Implementation of Children's Council 2021 from July to September</li> <li>The 15<sup>th</sup> Anniversary Gathering on 22 August</li> </ul>
	Children's Council 2021	<ul> <li>Training Activity on 3, 10, 17 July and 7 August</li> <li>Training Day Camp on 31 July</li> <li>Motion Discussion on 7, 14, 21, 28 August, 11, 18 and 25 September</li> </ul>
	Bless My Home Forever Volunteer Home Visitation Project	<ul> <li>Volunteer Training - Introduction of Positive Psychology on 10 July</li> <li>Family Sharing Forum <ol> <li>Reason of Lying on 31 July</li> <li>Raise Honest Children on 31 July</li> <li>Develop a Sense of Humour in Life on 21 August</li> <li>Create a Happy Atmosphere at Home on 21 August</li> <li>Love and Be Loved on 4 September</li> <li>Love Languages on 4 September</li> <li>Orientation for New Volunteers on 28 August</li> </ol> </li> </ul>
	Daylily Project for Young/Single Mothers	<ul> <li>Family Sharing Forum and Family Activity</li> <li>1. Why do Children Lie? on 31 July</li> <li>2. Resolve Children's Worries on 31 July</li> <li>3. Parent-child Game Day on 31 July</li> <li>4. Be a Relaxed Parent on 21 August</li> <li>5. Resolve Crisis by Use of Humour on 21 August</li> <li>6. Pastel Nagomi Art Activity on 21 August</li> <li>7. Love Yourself on 4 September</li> <li>8. Love Others on 4 September</li> <li>9. Mooncake Making on 4 September</li> </ul>
	Healthy Start Home Visiting Project	<ul> <li>Online Storytelling Time for Babies on 2 and 9 July</li> <li>Child Rearing Lesson for New Parents (Practicum) on 10 July</li> <li>Parent Talk and BB Birthday Party on 21 August</li> <li>Storytelling Skills Training Class on 17 and 24 September</li> <li>Good Parent Training Course on 18 and 25 September</li> </ul>
	Give Children the Best Start Home Visiting Project	<ul> <li>Volunteer Training on 10 and 17 July</li> <li>Booth for Project Promotion from July to September</li> <li>Parenting Education Workshop from July to September</li> </ul>
	Good Parents' Networking Project	<ul> <li>Leisure Corner</li> <li>Starry Kitchen on 8 July, 6 August and 4 September</li> <li>Parent Handcrafts Workshop on 14 July, 13 August and 11 September</li> </ul>
	Joyful Kids Group	<ul> <li>Leather Making Workshop on 29 July and 5 August</li> <li>Joyful Kids Day Camp on 30 July</li> <li>Board Game Group on 6, 13, 20 and 27 August</li> <li>Volunteer Service <ol> <li>Visit to Elderly Centre on 7 August</li> <li>Visit to Singleton Elderly on 11 September</li> <li>Zentangle Mindfulness Workshop on 12 and 19 August</li> </ol> </li> </ul>
	Chuk Yuen Centre Family Corner	<ul> <li>Pretty Mama Beauty Classroom on 6, 13 and 20 July</li> <li>Parent English Class on 7 and 14 July</li> <li>Parent Relaxation Yoga Class on 7, 14, 21 and 28 July</li> <li>Committee Gathering on 27 July, 31 August and 28 September</li> </ul>
	Tuen Mun Centre Family Corner	<ul> <li>Park Orienteering Experience Group on 26 July, 2 and 9 August</li> <li>Floor Curling Experience Group on 27 July, 3, 10 and 17 August</li> <li>Facilitating Concentration by LEGO Group on 27 July, 3, 10 and 17 August</li> <li>Aromatherapy Candle and Stone DIY Workshop on 29 July, 5, 12 and 19 August</li> <li>Leisure Corner – Handicraft and Cooking Activities on 14 and 21 September</li> <li>Mental Health Programme - Healing with Singing Bowl on 23 September</li> </ul>
	Parent-child Support Line	<ul> <li>Advertising on Facebook and Instagram from 1 July to 30 September</li> <li>Advertising at Hong Kong Commercial Broadcasting Co. Ltd. from 5 to 9 July</li> </ul>

# "CARE FOR CHILDREN - BUILD A BRIGHTER FUTURE" FLAG DAY IN NEW TERRITORIES REGION

We have the green light from the Social Welfare Department to operate our flag day fund-raising activities in the New Territories Region on 24 July. Besides raising funds to support child protection services, the Flag Day helps greatly in delivering child protection messages to the community. It was hot in July. We thanked over 6,000 volunteers including parents and children who helped distribute and collect donations on the streets.

This year, cartoon characters Squly & Friends joined hands with us by sponsoring the flag design to raise public awareness of our services in building up stable and healthy families for children and to raise fund for sustaining child abuse prevention services.

Besides, we heartily thank the following agencies (listed in no particular order) for their support in the many activities conducted on the flag day: DBS Bank, The Home Affairs Department, Caritas Hong Kong (CHK) – "Project Hyacinth" – Enrichment Service for Young Mothers, the HKCTU Yuen Long Training Centre, Tin Shui Wai Community Collaboration Platform, Fung Ying Seen Koon, Hong Kong Federation of Women's Centres, Evangelical Lutheran Church Social Service - ELCHK Sheen Hok Charitable Foundation Kwan Shon Hing Yu Chui Neighbourhood Elderly Centre, Help Community Service Centre of Asbury Methodist Social Service, Neighbourhood & Worker's Service Centre Kwai Fong Integrated Service Mutual Help Child Care Centre, St. Andrew's Parish, Direction Association for the Handicapped, House of Salvage, Community Development Enhance Fund Limited, Crossroads Foundation, CMedSoap, Lion

Rock Medical Supplies Group Ltd, Social Career, Easy Volunteer, Agency for Volunteer Service and Sun Hung Kai Properties Limited.



# INTERNATIONAL SPANK OUT DAY GIVE CHILDREN A WARM AND NON-VIOLENT CHILDHOOD

In support of the International Spank Out Day on 30 April, Against Child Abuse organised the Spank Out Day exhibition and game booths in the rink of Chuk Yuen North Estate and the Against Child Abuse Chuk Yuen Centre on 24 April to promote "Zero" tolerance of violence against children and to replace corporal punishment with positive parenting.

Affected by the pandemic, schools have been closed to replace corporal punishment with, children and their parents have to stay home for an extended period, and parents need to shoulder the role of teachers. This has intensified parent-child conflicts. For those parents with emotional problem or for children with special educational needs (SEN), feelings of anxiety and stress might be compounded by the other impact of the pandemic, such as unemployment, reduced income and reduced access to services and support, in addition to worries about physical health. Medication for some SEN children were omitted as there was no schooling, despite the fact that behavioural and emotional problems of children might arise. Moreover, some children were addicted to computer games and online games. Even if the pandemic gradually eases, children have difficulties adjusting to their normal schedules and social contacts upon school resumption. Therefore, they particularly need support during this critical period to relieve stress and maintain a positive relationship with their children.

Corporal punishment of children is prevalent among Hong Kong families and considered a method of discipline. And physical abuse always begins with a mild corporal punishment. Many studies have indicated that corporal punishment is not a positive and effective way to discipline children, but will adversely affect children's physical and psychological growth in the long run, including:

- direct physical harm
- negative impacts on mental health
- poor moral internalisation and increased antisocial behaviour
- increased aggression in children
- increased violent and criminal behaviour in adults
- damaged family relationships
- increased acceptance and use of other forms of violence

Positive parenting is an approach that emphasises developing a healthy relationship with the child and setting expectations around behavior rather than punishment and what not to do. It involves awareness of children's feelings, understanding their developmental needs, recognising and encouraging their desirable behaviours and setting and keeping sensible limits and giving them a sense of security. Positive parenting is also a long-term solution that develops children's self-discipline, fostering non-violence, empathy, self-respect and respect for others.

The government should prohibit all corporal punishment on children including in the family by law. Prohibition of corporal punishment does not mean to send abusive parents to jail. Instead, parent education and counseling services for parents can be made necessary as one of the approaches.

The government should have provisions for parents to acquire positive parenting knowledge and skills and support them in difficult circumstances. Education on non-violent conflict resolution must start early.

Yupo Lee Service Manager (Chuk Yuen Centre)







### **VOLUNTEER AWARD CEREMONY**

Volunteers play an important role in ACA. This year, over 890 volunteers actively involved themselves in the various agency projects including Chuk Yuen Centre Family Corner, Daylily Project for Young / Single Mothers, Kids' Dream, Bless My Home Forever Volunteer Home Visitation Project, Tuen Mun Centre Family Corner, Joyful Kids Group, Heathy Start Home Visiting Project, Child Abuse Treatment Corner - Volunteer Home Visitation Service, Give Children the Best Start Home Visiting Project, Good Parents' Networking Project, etc.

Our volunteers contributed a total of 8,928 volunteers service hours in year 2020 and were bestowed the Gold Award presented by the Volunteer Movement, Social Welfare Department in 2021. We thank our volunteers for their effort and their dedication to ACA services. We are sure that our service users have benefited much from their contribution.

On 9 May, we held a Volunteer Award Ceremony as a recognition of the volunteers' contribution to ACA services over the past two years. We were glad to have invited ACA's Chairperson Dr Patrick Cheung and Executive Committee Member Dr Anna Cheng to be adjudicators of the Ten Outstanding Volunteers. Awards including the New Talented Volunteer Award, Caring Family Volunteer Award, Long Service Award, Corporate/ Group Volunteer Award, Excellent Volunteer Award and Outstanding Volunteer Award were conferred by ACA's Vice Chairperson Mr Nicolas Jim and our Director Ms Donna Wong.

Apart from the presentation ceremony, we had a social workers' sharing session. Social workers from various projects were invited to share their appreciation and recognition to thank the contribution by the volunteers in different projects. The ceremony attracted a large turn out, making the atmosphere particularly warm. They said that the process was smooth and successful, and they also knew more about ACA services from the sharing. We sincerely thank all volunteers who wholeheartedly committed themselves to ACA services. We hope all our volunteers would keep up with their active involvement in our services and pass on their wisdom and spirit to the junior volunteers.

May Chan Social Worker







### CHILDREN'S COUNCIL 2021

#### Sponsored by the Children's Rights Education Funding Scheme

Against Child Abuse and Hong Kong Committee on Children's Rights have jointly formed a Coordinating Committee to raise public awareness on the United Nations Convention on the Rights of the Child and promote children's rights in Hong Kong. This year, with the pledged support of the Children's Rights Education Funding Scheme, we have launched the Children's Council 2021 project. From May to October, a series of training sessions on children's rights will be provided to the new children councillors.

Manki Wong
Service Manager (Kwai Chung Centre)





### TÜEN MUN-CENTRE FAMILY CORNER

### THE MEANING OF FAMILY CORNER

Tuen Mun Center Family Corner was established in 1989. I am honored to be appointed as the social worker responsible for this project since 2017. I know many passionate volunteers who have served the community for over a decade. Throughout this time, their dedication to their work has implanted in me one strong belief - that affection is the driving force to the quality of their service delivered by Family Corner.

"Affection" has established a strong bond between volunteers and mothers,

allowing them to serve and learn together in the Corner. Sometimes, complicated family problems cannot be solved within a short span of time. Nonetheless, in the family corner, these troubled mothers can be assured that someone who cares is always there, ready to listen. On and on, they come to realise that letting go of their worries at the right moment also helps them clear the muddled way in front of them to a certain extent.

I would like to introduce to you one of the experienced volunteers of Family Corner – Sui Fong. She has served Family Corner for more than 20 years. I often heard her sharing the difficulties she faced when she first joined the Corner. Later, she was inspired by social workers and the Corner's activities. As an experienced volunteer, she joined the cabinet and encouraged many new parents to join the family corner to regain their power. I believe that Sui Fong is the most suitable person to share the meaning of Family Corner:

Hi everyone, I am Sui Fong, a volunteer of Family Corner. In the past 20 years or more, I have witnessed many families and volunteers regaining strengths through Family Corner, rebuilding self-confidence, and re-establishing parent-child and family relationships. The purpose of the Family Corner is to establish a mutual support network for parents in Tuen Mun, so that everyone can share information, experience in parenting and child protection knowledge, as well as relieve their family pressure and understand more on the needs of children at different stages. It lets children grow up happily and the families get along harmoniously! Below is a story I came across in the family corner:

I have known Mary (pseudonym), a new arrival parent in Family Corner for nearly 16 or 17 years. She was a professional in the Mainland. She came to Hong Kong and built up her family. She had her own belief in parenting. After completing the parenting course in Tuen Mun Centre, Mary still couldn't accept the concept of "no beating, no scolding". She later was very troubled that her gifted children were difficult to discipline, and sometimes she even ran away from home with anger. Thanks to Mary's trust in me, she often shared her problems with me. Later, she encountered marital problems and we accompanied her throughout this difficult period. She gradually built up a sense of belonging to the Family Corner. She would often participate in parenting programmes or volunteer networking activities. She gradually changed her mind and accepted the positive parenting skills advocated by Family Corner. She learned to be humble. She communicated with her child patiently and honestly. The parent-child relationship began to show signs of improvement. She is also grateful to have joined Family Corner, which, to her, is a place she finds mutual help and support.

There are many similar families, which enhance my belief in the value of the family corner. I have also seen a group of volunteers using family corner as a platform to share their abilities in cooking, handicrafts, etc. They even hosted parenting courses. They

conducted all these activities with great self-confidence. That explains why so many find Family Corner a lovely place.

Family Corner may not do things that set the Thames on fire, but the small things it does brings significant changes to many families. I hope that our volunteers will continue to work hard and the new families will grow up healthily with us all.

**Peter Ng**Project Social Worker







### CHILD PROTECTION INSTITUTE

#### Parent-child Education Workshop

"Play is a child's language, and toys are their words." This shows the importance of play to children's growth. In a society with abundant resources, in addition to exquisite and beautiful toys, parents' attention and companionship are the most important nutrients for children's growth. Children are more eager for their parents to be their playmates, to share and listen to their curiosity about the world!

The Child Protection Institute has designed a four-session parent-child educational workshop for a kindergarten school, using parent-child games, picture book reading, scenarios discussion and parenting theory to discuss parenting issues in an in-depth way. From talking about the impact of corporal punishment on brain development, to discussing



the attitude in facing parent-child conflicts and children's behavioural problems, and then exploring and reflecting on parenting styles, emotion and stress management, etc. Implementing parent education during early childhood can lead to early prevention and intervention, as that is definitely the critical period for establishing a good parent-child relationship. The epidemic has not deterred parents' enthusiasm for parenting or their love for their children. Just see how much they enjoyed themselves!

Let's listen to these thoughts from the parents:

The games were entertaining. We and our children were immersed in the games, which enhance the parent-child relationship.

The workshop made me realise that I should learn to use different methods to discipline my child whenever a conflict arises. This makes it easier for both parties to accept, so that the child could truly understand what behaviour is inappropriate, promoting the communication and understanding between parents and children.

lappreciate that the speakers were well prepared, planning a workshop content that was practical and easy to understand, and could answer the questions parents have encountered in parenting.

Ms Lau's explanation was very clear and easy to understand, and she was also very happy to answer the questions raised by the parents and provide suggestions. The game was exciting and fun, and could strengthen the parent-child relationship.





#### **Professional Training for Teachers**

The Child Protection Institute shoulders the responsibility of protecting children and is committed to building a larger safety net for children. In addition to the work of children and parents, teachers play an equally important role in protecting children. Therefore, it is indispensable to equip frontline teachers with sufficient knowledge, skills and good attitude to support students.

Despite their heavy teaching workload, the teacher participants displayed strong eagerness in equipping themselves to support children. This is really commendable. They were all seriously involved

in discussing the possibility of children being abused from their physical, emotional and behavioural cues. Among these cues, due to the capabilities of children in expressing themselves, the teachers realised the intricacies in intervention maneuvers, needing to be taken slowly step by step. They shared their difficulties and concerns when facing suspected abused children. Through simulated scenarios, they practiced child and parent interviewing skills. The participants understood professional training not only involve acquiring knowledge, but also on skills and techniques communicating with children and parents sincerely.

Below are some feedbacks from participants on what they treasured most from the course:

I appreciate the speaker's use of live demonstration the way to listen and respond immediately. This makes me understand clearly the feelings of the sharers and become empathetic towards them. I was brought to realise that people will share when they know people out there are listening.

Very practical skills are shared; impressed with the speaker's case sharing and live demonstrations of how to show empathy in words.

The speaker demonstrated a lot of ways to communicate with parents and young children. The skills of communicating with young children could be put to practice in daily life.

Karry Lau

Development and Training Manager

# BLESS MY HOME FOREVER VOLUNTEER HOME VISITATION PROJECT

### Sponsored by the Community Chest of Hong Kong

The theme for this year's Bless My Home project is "positive psychology". We introduced the parents to "positive psychology" and "24 character strengths" during the forum held on 8 May. Two more sessions of such forums were held on 26 June. During these discussion forums, the parents learned to understand and accept children's fear, and the ways to help children build the first character strength - bravery.



Concurrently, children were invited to join "I Am a Baker" activity. They needed to draw a cartoon on cookies by using icing sugar. Some of the children were not particularly skilled at drawing, so they were hesitant to draw on the cookies directly at first. After some encouragement and practices, the children had more confidence in facing the challenge. At the end of the activity, they were proud to share their cookies with the parents.

Yan Yu Social Worker



# DAYLILY PROJECT FOR YOUNG / SINGLE MOTHERS

## Sponsored by the Community Chest of Hong Kong

This project held two sessions of forums with themes surrounding "Positive Psychology" on 8 May.

During the forums, the parents learned how to understand their children positively and encourage their children in their daily lives.

Besides, to celebrate Mother's Day, volunteers and children made handicrafts as gifts. Though there were difficulties during the progress, every child tried their best to make a piece of good-looking work for their mothers.

A total of four parents, four children and 12 volunteers attended the activity. All of them enjoyed a delightful afternoon together.

Cheng Kai Yan Social Worker

### JOYFUL KIDS GROUP

The Joyful Kids Group had an orientation programme on 24 April for a total of 18 children volunteers. The project social worker led different team building activities via video conferencing to provide a chance for the children to know each other and learn volunteering skills.

Moreover, the Joyful Kids Group held a balloon twisting activity on 8 May with a total of 19 children participated. The children enjoyed learning the balloon twisting skills, and they made balloon flowers for their mother to celebrate Mother's Day.

Vinky Lam Project Social Worker





# CHILD ABUSE TREATMENT CORNER - VOLUNTEERS HOME VISITATION SERVICE



### Sponsored by Fu Tak lam Foundation Limited

The Child Abuse Treatment Corner organised a family outing at Our Hands Farm on 25 April. Participants experienced farm work and made their own DIY toys. They all enjoyed the activity very much. The parents appreciated the fact that not only did the activity enhance parent-child interaction, it also let the children experience "every single grain is the fruit of hard work", which was educational to the children. All of them looked forward to the next family outing.

We are glad that the event went very smoothly, especially since it is not easy to organise in-person events during the pandemic. At last, special thanks to our families and volunteers for their participation and support.

**Katy Lo**Project Social Worker





# GIVE CHILDREN THE BEST START HOME VISITING PROJECT

### Sponsored by The Community Chest of Hong Kong

With the funding support of The Community Chest of Hong Kong, the Give Children the Best Start Home Visiting Project has successfully served a total of 65 families with children aged 0 to 5 in the Kowloon East District and the Tseung Kwan O District in the past year. We provided volunteer home visitation and childcare information aiming to reduce parenting stress faced by various families. We also assessed and monitored conditions of families regularly such that timely support could be rendered including referrals to various social services and also appropriate follow ups. Referrals for social resources included second-hand furniture, computer, clothes and food aid, etc.

We are now recruiting families and volunteers to join the second part of our project. For enquiries and enrollment details, please contact Ms Lai or Ms Li at 2351 6060. We welcome any interested volunteers to join us to provide care and emotional support to the family, so as to allow children to grow and develop in a caring and non-violent environment.

Olivia Lai Project Social Worker

### **CHUK YUEN CENTRE FAMILY CORNER**

In May, the Chuk Yuen Centre Family Corner organised two small game booths and exhibitions to promote ACA's service to the public, and to inform the public about misunderstandings surrounding corporal punishment and positive parenting skills. The event ran smoothly. I would like to thank the Lion Rock Medical Supplies Group Limited for donating face masks as game booth gifts, which benefited more people in need.

In addition, we also organised three parent groups and one child therapeutic group from May to June, attracting many parents to participate in person. Through learning Pastel Nagomi Art and storytelling, they knew more about themselves and their children, learned positive discipline, and improved their parent-child relationship. In the child therapeutic groups, children learned to understand and manage their own emotions, as well as appreciate themselves and others through games and storytelling.



May Chan Social Worker



### THE HONG KONG JOCKEY CLUB COMMUNITY PROJECT GRANT -

HEALTHY START HOME VISITING PROJECT

#### Sponsored by the Hong Kong Jockey **Club Charities Trust**

#### Parent-child Journey to Story World

On 20 April, we visited a picture book store located at Lam Tei Main Street, Tuen Mun to promote parent-child reading, with a total of 12 project families having participated. The storyteller, Vancy, shared several picture books about family relationship and led us play various interactive games, e.g. imitate the making of pizza, drawing facial features for each other and singing nursery rhymes. The activity had a great atmosphere; not only did it facilitate parent-child interaction, it also raised the children's interests in reading picture books.



#### Cheers for Father Family Outing

On 20 June, we organised a family activity to celebrate Father's Day. A total of 100 parents and children joined the activity. In the morning, we visited Epicland in Discovery Bay to enjoy the indoor facilities. In the afternoon, we assigned the families with parent-child tasks to facilitate family relationship. At the end of the programme, all fathers received Father's Day gifts and instant family photos, capturing the wonderful moment.







### GOOD PARENTS' NETWORKING PROJECT

### Collaborative partner: Save the Children Hong Kong

The Good Parents' Networking Project held different kinds of activities from April to June, hoping to provide parents with messages of positive parenting and opportunities for parentchild quality time.

From 23 March to 1 June, we held the Good Parent Positive Parenting Training Course 2021 at the Kwai Chung Centre, with 14 parent-participants. In addition to knowledge education, elements of artistic creation were incorporated. The parents were facilitated to appreciate the psychological development of children and conflict management through dramas. This deepened the parents' understanding and confidence in positive parenting. Tiffany, one of the participants, has a son. She said that the course has enriched her understanding and appreciation of children. And she in turn realised more good behaviours of her son.

On 12 June, we held a Happy Nature parent-child outing. A total of 36 families, i.e., 103 people participated. Due to the poor weather, the planned morning visit to Tong Fuk Beach was changed to Ngong Ping Market, where the family had to finish some art-related tasks in a designated booth. In the afternoon, we went to Tai O. In addition to experiencing the nature, we also prepared some orienteering games for the families to participate in. After completion, the families received handmade July calendar and family photos. Some families expressed that in addition to enjoying the nature, the whole family was happy to complete tasks together and build a stronger parent-child relationship.



Stone Leung Project Social Worker











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