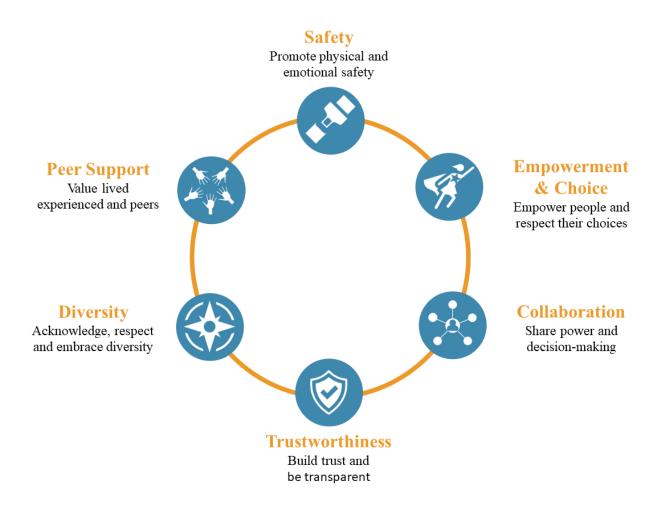
Trauma-Informed Care

Procedure & Workflow in Clinical Setting

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Trauma-informed Care



Trauma-Informed Care

Procedure and workflow in clinical setting

Child Protection (Child Abuse) clinical experience

- Principle
- Hands-on clinical handling
- Expected outcome and effect

- 1. A warm welcome...
- 2. A comfortable encounter...
- 3. A reasonable check-up...
- 4. A familiar face to see again...

1. A warm welcome...

Direct hospital admission

- Specially arranged direct admission to ward
- By-passing Accident & Emergency Department (AED)

- Designated contact person in each hospital
 - Medical Coordinator of Child Abuse (MCCA)
- ☐ Direct communication and bed arrangement
- Guaranteed and prepared admission



1. A warm welcome...

Direct hospital admission



To avoid

- 1. Prolonged waiting time in AED
- 2. Repeated recall/ description of the event

To provide

1. Immediate safe place for relieve (physically and emotionally)

- 1. A warm welcome...
- 2. A comfortable encounter...
- 3. A reasonable check-up...
- 4. A familiar face to see again...

2. A comfortable encounter...

Joint interview

- Involvement of multiple core professional parties
- Joint interview in one-go
 - Doctor
 - Nurse
 - Medical social worker
 - School/ Integrated family social worker
- ☐ Coordinated by medical social worker
- Calling up designated, experienced personnel
- ☐ Formation of the <u>core professional team</u> with no delay



2. A comfortable encounter...

Joint interview

To avoid

- 1. Repeated history taking from different parties
- 2. Miscommunication between professionals

- 1. A warm welcome...
- 2. A comfortable encounter...
- 3. A reasonable check-up...
- 4. A familiar face to see again...

3. A reasonable check-up...

Reasonable medical investigations

- Tailor-made investigations & check-ups
- Avoid unnecessary blood taking for compatible injuries
- Taking into account that THEY ARE THE VICTIM



- ☐ Reasonable medical judgement
- ☐ Pattern recognition and clinical diagnosis

3. A reasonable check-up...

Reasonable medical investigations

To avoid

- 1. Unnecessary pain and suffer of child abuse victims
- 2. Habitual numbness and indifference of health care providers

- 1. A warm welcome...
- 2. A comfortable encounter...
- 3. A reasonable check-up...
- 4. A familiar face to see again...

4. A familiar face to see again... (follow up)

Fixed (same) therapist upon medical follow-up

- Designated doctor/ therapist who is familiar with the case
- Requires dedicated staff and special arrangement

- Child Protection Clinic
- ☐ Dedicated manpower and timeslot
- ☐ Tailor-made for each case

4. A familiar face to see again... (follow up)

Fixed (same) therapist upon medical follow-up

To provide

1. On-going rapport building with trust

To minimize

- 1. Re-traumatization by repeated history taking
- 2. Unnecessary recall and re-experience of events

- 1. A warm welcome...
- 2. A comfortable encounter...
- 3. A reasonable check-up...
- 4. A familiar face to see again...
- 5. Conclusion and forward

CONCLUISION

Trauma Informed Care

- All about <u>experience</u> and <u>sensitivity</u>
- Crucial but subtle
- Organization level & Individual level:

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