



**May  
Newsletter**  
**2019**

Under no circumstances should any form of violence be allowed on children. This year marks the thirtieth anniversary of the adoption of the Convention on the Rights of the Child by the United Nations General Assembly. A total of 196 countries have signed and adopted this international Convention. To date, 54 countries have enacted legislation, banning completely the use of corporal punishment on children. However, some countries or regions, including Hong Kong, still acquiesce in corporal punishment on children. The traditional belief that it is an essential measure at home to discipline children still prevails. It seems that over the years, cases involving corporal punishment on children which finally led to tragic outcome have not wakened our society that existing legislation, policies and measures have done little in ensuring our children's safety and rights.

According to the newly reported cases of child abuse by the Social Welfare Department in 2018, the number of child abuse cases is at its highest, and there is an upward trend. Children should not learn violence as a means to resolve conflicts. The government and relevant agencies should assist parents in strengthening their positive parenting capacity.

In her speech at the 34<sup>th</sup> Annual San Diego International Conference on Child and Family Maltreatment on 30 January, Professor of Pediatrics, Antoinette Laskey pointed out that there was no evidence to support corporal punishment as a positive way to improve children's behaviours. On the contrary, corporal punishment escalates easily to a level of violence, resulting in physical injury, thus destroying the parent-child relationship and making future discipline even more difficult. She also expressed that researches

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over the past decade have provided evidence to prove that corporal punishment is not only ineffective, but is harmful to children, affecting their brain development, promoting violence, anti-social and aggressive behaviour.

To disseminate the important messages of positive parenting and a ban on corporal punishment, and to respond to the International Spank Out Day on 30 April, we organised the Child Protection Carnivals in Tuen Mun and Wong Tai Sin Districts on 27 January and 28 April respectively. Our Patron, Professor Ian Grenville Cross, SBS, QC, SC, and our Chairperson, Dr Patrick Cheung also attended to show support to these community education programmes.

We collected opinions on services from our service users in the annual Service Users' Gathering in February. Meanwhile, we invited an experienced Education Officer to share with the parents effective ways to nurture children. In early March, our staff and Executive Committee members joined the annual staff retreat to evaluate services rendered in the past and discuss plans for the future. This helped strengthen team spirit



and also promote communication among Committee members and staff members. Child protection work is challenging. I am very grateful for the effort of our colleagues as well as the support from the Executive Committee when the Agency is moving ahead with its mission in its 40<sup>th</sup> anniversary.

Donna Wong  
Acting Director



## Summary of Major Activities for January to March 2019

<b>January to March</b>	Kids' Dream	<ul style="list-style-type: none"> <li>Attend the Children's Rights Forum on 11 January</li> <li>Study of the Bullying Behaviours in Children and Adolescents from January to March</li> </ul>
	Child Protection Institute	<ul style="list-style-type: none"> <li>Happy Rainbow Expressive Arts Therapy Group on 3 January, 21 February, 7, 14 and 21 March</li> <li>Prevention of Sexual Abuse Workshop for Child and Youth on 9 January</li> <li>Positive Parenting Talk on 12 January</li> <li>Children's Rights Parent-child Programme on 19 January</li> <li>Student Sex Education Workshop on 28 January and 15 February</li> <li>Identification and Handling of Suspected Child Abuse Incident Training Workshop on 1 February</li> <li>Parent Talk on Sex Education Start from the Family on 9 March</li> <li>Professional Talk on Child Abuse and Child Protection Services in Hong Kong on 16 March</li> </ul>
	Daylily Project for Young/ Single Mothers	<ul style="list-style-type: none"> <li>Family Sharing Forum and Family Activity           <ol style="list-style-type: none"> <li>Western Parenting Tips - Make Every Cent Count on 19 January</li> <li>Help Children Master Basic Money Concept on 19 January</li> <li>Ocean Park Hong Kong Family Fun Day on 19 January</li> <li>Western Parenting Tips - How to Face up to the Child with Special Educational Needs on 23 February</li> <li>Positive Support for Children with Learning Difficulties on 23 February</li> <li>Rock Painting and Movie Watching on 23 February</li> <li>Appreciate Your Child on 9 March</li> <li>Volunteer Recognition and Family Cohesion Day on 9 March</li> <li>BBQ Gathering on 9 March</li> </ol> </li> <li>Volunteer Training           <ol style="list-style-type: none"> <li>Collaborator Training on 19 January and 23 February</li> <li>Orientation Training on 26 January</li> <li>Advanced Training on 26 January</li> <li>Volunteer Sharing Forum on 26 January</li> </ol> </li> </ul>
	Bless My Home Forever Volunteer Home Visitation Project	<ul style="list-style-type: none"> <li>Family Sharing Forum and Parent-child Activity           <ol style="list-style-type: none"> <li>Parenting Tips - Children's Money Concept on 19 January</li> <li>Help Children Learn Money Management on 19 January</li> <li>Day Trip to Ocean Park Hong Kong on 19 January</li> <li>Parenting Tips - Understanding Special Education Needs on 23 February</li> <li>Caring Skills for Special Educational Needs Children 23 February</li> <li>Handcraft Making for Children and Movie Watching Activities 23 February</li> <li>Volunteer and Family Gathering cum Volunteer Appreciation Ceremony on 9 March</li> <li>Parent-child Barbecue Activity on 9 March</li> </ol> </li> <li>Volunteer Training           <ol style="list-style-type: none"> <li>Advanced Training on 26 January</li> <li>Orientation Training for New Volunteers 20 February</li> </ol> </li> </ul>
	Healthy Start Home Visiting Project	<ul style="list-style-type: none"> <li>Parent Talk cum BB Birthday Party on 5 January</li> <li>Volunteer Training - Visit Mental Health Service Unit on 22 February</li> <li>Family Sharing Session cum Volunteer Award Ceremony on 23 March</li> </ul>
	Child Abuse Treatment Corner	<ul style="list-style-type: none"> <li>Promotion Exhibitions in South Kwai Chung Maternal &amp; Child Health Centre on 7, 16 January, 20, 27 February, 11 and 18 March</li> <li>Children Therapeutic Group I (Sessions 1-6) on 9, 16, 23, 30 January, 20 and 27 February</li> <li>Batterer Intervention Therapeutic Group for Parents I (Sessions 1-7) on 24, 31 January, 21, 28 February, 14, 21 and 28 March</li> <li>Volunteer Training on 16, 19, 23 and 26 February</li> <li>Stress Management Group for Parents with Depressive Features I (Sessions 1-6) on 18, 25 February, 4, 11, 18 and 25 March</li> <li>Promotion Booth in Kwai Fong Estate on 21, 28 February, 14 and 18 March</li> <li>Batterer Intervention Therapeutic Group for Parents II (Sessions 1-2) on 12 and 26 March</li> <li>Positive Parenting Talk on 20 March</li> </ul>
	Good Parents' Networking Project	<ul style="list-style-type: none"> <li>Leisure Corner           <ol style="list-style-type: none"> <li>Parent Handcrafts Workshop on 18 January</li> <li>Starry Kitchen on 23 January and 22 March</li> <li>Movie Sharing on 15 March</li> <li>Parent Talk on 18 March</li> </ol> </li> </ul>
	Joyful Kids Group	<ul style="list-style-type: none"> <li>Volunteer Service           <ol style="list-style-type: none"> <li>Love Your Child Parent-child Fun Day on 12 January</li> <li>Harmonious Family and Joyful at On Ting Carnival cum Tuen Mun Centre Open Day on 27 January</li> </ol> </li> </ul>



## Summary of Major Activities for January to March 2019

<b>January to March</b>	Joyful Kids Group	<p>3. Carnival of The Wellness Centre, New Life Psychiatric Rehabilitation Association on 23 February</p> <ul style="list-style-type: none"> <li>• Video Production Programme on 19, 26, 27 January, 2 and 16 February</li> <li>• The Society for the Prevention of Cruelty to Animals (Hong Kong) Educational Tour on 2 February</li> <li>• Volunteer Sharing cum Award Ceremony on 9 March</li> </ul>
	Chuk Yuen Centre Family Corner	<ul style="list-style-type: none"> <li>• Bus Tour on 5 January</li> <li>• Happy Outing to Ocean Park Hong Kong on 26 January</li> <li>• Committee Gathering on 29 January, 26 February and 26 March</li> <li>• Service Users' Gathering and Volunteer Training 2018 on 17 February</li> </ul>
	Tuen Mun Centre Family Corner	<ul style="list-style-type: none"> <li>• Good Parents Positive Parenting Course 2018 on 3, 10 and 17 January</li> <li>• Leisure Corner - Handicraft and Cooking Activities on 8, 15 January, 12, 19 February, 12 and 19 March</li> <li>• Harmonious Family and Joyful at On Ting Carnival cum Tuen Mun Centre Open Day on 27 January</li> <li>• Chinese New Year Volunteers' Gathering on 20 February</li> <li>• Self-understanding Through Enneagram Workshop on 28 February and 7 March</li> <li>• Board Games Experience Day cum Women's Day Celebration Activity on 8 March</li> </ul>
<b>February to March</b>	Parent-child Support Line	<ul style="list-style-type: none"> <li>• Advertising at Hong Kong Commercial Broadcasting Co. Ltd. from 25 to 28 February, 1, 4, 5, 25 to 29 March</li> </ul>
<b>March</b>	Child Protection and Treatment Project - Happy Child Starting from the Home	<ul style="list-style-type: none"> <li>• Play Therapy in March</li> </ul>

## Forthcoming Events for April to June 2019

<b>April to June</b>	Carnival	<ul style="list-style-type: none"> <li>• No Spanking, Caring for Children Carnival at Wong Tai Sin Square on 28 April</li> <li>• Kwai Chung Centre Carnival on 30 June</li> </ul>
	Kids' Dream	<ul style="list-style-type: none"> <li>• Study of the Bullying Behaviours in Children and Adolescents from April to June</li> </ul>
	Daylily Project for Young/ Single Mothers	<ul style="list-style-type: none"> <li>• Volunteer Training             <ol style="list-style-type: none"> <li>1. Orientation Training on 27 April</li> <li>2. Advanced Training on 1 June</li> </ol> </li> <li>• Family Sharing Forum and Family Activity             <ol style="list-style-type: none"> <li>1. Parenting and Emotion Series - Kaleidoscope of Emotion on 25 May</li> <li>2. Parenting and Emotion Series - Stories Behind Emotion on 25 May</li> <li>3. Household Products DIY on 25 May</li> <li>4. Parenting and Emotion Series - When the Emotions Wander Around the Body on 22 June</li> <li>5. Parenting and Emotion Series - Body-mind Relaxation Exercises on 22 June</li> <li>6. Visiting the Hong Kong Space Museum on 22 June</li> </ol> </li> </ul>
	Bless My Home Forever Volunteer Home Visitation Project	<ul style="list-style-type: none"> <li>• Volunteer Training - Orientation Training for New Volunteers on 27 April</li> <li>• Family Sharing Forum and Parent-child Activity             <ol style="list-style-type: none"> <li>1. Parenting and Emotion - Explore the Source of Emotion on 25 May</li> <li>2. Parenting and Emotion - Interaction Between Emotion and Body on 25 May</li> <li>3. Parent-child Household Products Making on 25 May</li> <li>4. Parenting and Emotion - Understanding Mindfulness on 22 June</li> <li>5. Parenting and Emotion - Stress Reduction Exercise on 22 June</li> <li>6. Parent-child Visit to Hong Kong Space Museum on 22 June</li> </ol> </li> </ul>
	Child Abuse Treatment Corner	<ul style="list-style-type: none"> <li>• Stress Management Group for Parents with Depressive Features I (Sessions 7-8) on 1 and 8 April</li> <li>• Batterer Intervention Therapeutic Group for Parents II (Sessions 3-8) on 9, 30 April, 7, 14, 28 May and 4 June</li> <li>• Stress Management Group for Parents with Depressive Features II (Sessions 1-8) on 10, 17 April, 8, 15, 22, 29 May, 5 and 12 June</li> <li>• Batterer Intervention Therapeutic Group for Parents I (Session 8) on 11 April</li> <li>• Parent-child Happy Trip @ Our Hands Farm on 14 April</li> <li>• Promotion Exhibitions in South Kwai Chung Maternal &amp; Child Health Centre on 15, 29 April, 6, 20 May, 3 and 24 June</li> <li>• Promotion Booth in Kwai Fong Estate on 29 April and 6 May</li> </ul>

## Forthcoming Events for April to June 2019

<b>April to June</b>	Child Abuse Treatment Corner	<ul style="list-style-type: none"> <li>• Positive Parenting Talk on 4 and 11 May</li> <li>• Positive Parenting Training Course on 17, 20, 24 and 27 June</li> <li>• Parent-child Happy Summer Party on 29 June</li> </ul>
	Good Parents' Networking Project	<ul style="list-style-type: none"> <li>• Leisure Corner               <ol style="list-style-type: none"> <li>1. Parent Handcrafts Workshop on 3, 10 April, 17 May and 14 June</li> <li>2. Starry Kitchen on 26 April, 22 May and 12 June</li> </ol> </li> <li>• Resource Corner - Parent Drawing Class on 8, 15, 29 April and 6 May</li> <li>• Parent-child Activities               <ol style="list-style-type: none"> <li>1. Handmade Octopus Balls on 6 April</li> <li>2. Parent-child Easter Party on 13 April</li> <li>3. Spring Parent-child Outing on 27 April</li> <li>4. Parent-child Storybook Telling Workshop on 25 May</li> <li>5. Handmade Glass Painting Key Chain on 8 June</li> <li>6. Mud Playing Workshop on 22 June</li> </ol> </li> </ul>
	Child Protection and Treatment Project - Happy Child Starting from the Home	<ul style="list-style-type: none"> <li>• Play Therapy from April to June</li> </ul>
	Joyful Kids Group	<ul style="list-style-type: none"> <li>• Orientation Meeting on 27 April</li> <li>• Group Meeting and Training on 18 May and 29 June</li> </ul>
	Chuk Yuen Centre Family Corner	<ul style="list-style-type: none"> <li>• Committee Gathering on 30 April, 21 May and 25 June</li> <li>• Parent Leadership Training Programme (Stage 1) on 7, 14, 21 May, 4, 11 and 18 June</li> <li>• Birthday Gathering for Family Corner Members on 11 May</li> <li>• Visit to Elderly Homes on 15 June</li> </ul>
	Tuen Mun Centre Family Corner	<ul style="list-style-type: none"> <li>• Leisure Corner – Handicraft and Cooking Activities on 9, 16, April, 14, 21 May, 11 and 18 June</li> <li>• Good Parents Sharing Time on 2, 9, 18, 25, 30 April, 7, 16, 23, 28 May, 4, 13 and 20 June</li> <li>• Hug Our Mothers Family Outing on 12 May</li> <li>• Volunteer Retreat Day on 15 May</li> </ul>
	Parent-child Support Line	<ul style="list-style-type: none"> <li>• Promotion Campaign: Bus Body and Seatback Advertising on KMB from 22 April to 19 May</li> <li>• Advertising at Hong Kong Commercial Broadcasting Co. Ltd. from 27 to 31 May</li> <li>• Promotion Campaign: Bus Body and Seatback Advertising on First Bus and City Bus in June</li> </ul>
<b>May</b>	Children's Council 2019	<ul style="list-style-type: none"> <li>• Interview of Children's Council on 4 May</li> <li>• Training Activity on 11 and 18 May</li> </ul>
<b>May to June</b>	Healthy Start Home Visiting Project	<ul style="list-style-type: none"> <li>• Volunteer Gathering on 4 May</li> <li>• Volunteer Basic Training Course on 3, 10, 17, 24 and 31 May</li> <li>• Father's Day Celebration on 16 June</li> </ul>
<b>June</b>	Child Protection Institute	<ul style="list-style-type: none"> <li>• Identification of Child Sexual Abuse Parent Talk on 22 June</li> <li>• Identification, Assessment and Intervention of Suspected Child Sexual Abuse Cases Certificate Course on 27 June</li> </ul>

## ☆ ☆ Against Child Abuse 40<sup>th</sup> Anniversary Events ☆ ☆

- |                            |   |  |
|----------------------------|---|--|
| <b>27 January</b>          | ☆ | Harmonious Family and Joyful at On Ting Carnival cum Tuen Mun Centre Open Day                |
| <b>March to June</b>       | ☆ | "A Legacy of Love for Children" Photography Competition                                      |
| <b>28 April</b>            | ☆ | No Spanking, Caring for Children Carnival at Wong Tai Sin Square                             |
| <b>30 June</b>             | ☆ | Kwai Chung Centre Carnival   |
| <b>6 October</b>           | ☆ | Run for Children • Run for Love - "ACA x Chao Yat Charity Run" cum Child Protection Carnival |
| <b>October to November</b> | ☆ | Professional Sharing Forum   |
| <b>20 November</b>         | ☆ | The 40 <sup>th</sup> Annual Press Conference and Annual General Meeting                      |



# No Spanking, Caring for Children Carnival at Wong Tai Sin Square

Sponsored by Wong Tai Sin District Council

In 1998, the United States initiated "Spank Out Day". This act aroused worldwide attention on the need in ending the use of corporal punishment on children, and the need in promoting non-violent methods to teach children. In response to the "Spank Out Day", Chuk Yuen Centre held a "No Spanking, Caring for Children" Carnival on April 28, calling for an end to the use of corporal punishment, and awakening public awareness to search for other positive ways in managing children so as to build a safe, harmonious and caring society. This year is the 40<sup>th</sup> anniversary of the establishment of Against Child Abuse. Chuk Yuen Centre specially moved the activity from Chuk Yuen North Estate basketball court to Wong Tai Sin Square, so that more families in the district could participate, and the message of protecting children could reach more people. At the Carnival, we were pleased to have invited Mr Albert Lee, Family & Child Protective Services Unit, Wong Tai Sin & Sai Kung District, SWD and ACA's Patron Professor Ian Grenville Cross, SBS, QC, SC to speak to the participants.



Besides, Ms Chan Yee Lee, Social Work Officer (Wong Tai Sin/Sai Kung District Planning & Coordinating Team), SWD; Ms Heidi Wong, Liaison Officer of Wong Tai Sin (North) Liaison Team, Wong Tai Sin District Office, Home Affairs Department; Mr Roy Ting, District Councillor of Chuk Yuen North Estate; Mr Hui Kam Shing, District Councillor of Chuk Yuen South Estate; Ms Huang Xiang, Vice-chairperson of Federation of Parent-teacher Associations Wongtaisins District and Mr Wan Yuk Sun, Chairperson of Chuk Yuen North Estate's Owners' Corporation were also invited to present souvenirs to the volunteer organisations to commend on their contribution and support.

Between February and April, a questionnaire survey was conducted randomly among parents and children in Hong Kong in order to collect their views on corporal punishment. A total of 333 parents and 216 children participated in the questionnaire survey. According to the survey, half of the interviewed parents (185, 55.6%) had used corporal punishment to guide their children and half of the children (109, 50.5%) had been corporal punished by their parents. Approximately 60% of the interviewed children stated that they were corporal punished for not following their parents' instructions, followed by behavioural problems and failure to fulfill their parents' expectations. It is worth noting that 14.7% of the children and 20.7% of the parents stated that the reason for corporal punishment was that the parents were in a bad mood whereas not knowing the reason had 11.9% and 17.7% of children and parents respectively.

Nearly 70% of children and parents stated that corporal punishment caused negative impacts on children and resulted in alienation of parent-child relationship. About 60% of children and 70% of parents stated that corporal punishment would cause physical and mental harm to children and affect self-confidence. More than 70% of children and approximately 60% of parents agreed that corporal punishment was not effective in the long run.

Nearly 80% of parents and 60% of children wish parents to learn positive parenting to replace corporal punishment. Corporal punishment is not an effective way but a violent behaviour which violates children's right. Parents need to be aware of their emotions, patiently to give clear instructions and adjust their expectations to children. Especially for young children, corporal punishment cannot make them learn and improve their behaviours from the incidents. The younger children do not understand the reasons for being punished by corporal punishment. More importantly, prolonged use of corporal punishment, regardless of how trivial the act is, may later escalate to physical child abuse. Hence, the immediate prohibition of all corporal punishment on children is necessary.



May Chan  
Social Worker



# HEALTHY START HOME VISITING PROJECT

Sponsored by the Hong Kong Jockey Club Charities Trust

The first home visitation impressed me a lot. The mother trusted us and was willing to share all her concerns with us. During that period, she was anxious due to the many changes and challenges that her family faced. I am glad that the baby was born smoothly. I hope that the mother can stay strong and accompany her child in the long road ahead. I have learned the skills of handling emotional distress and risk assessment from the volunteer training. It helps me keep calm while providing support for the mothers. I will continue my learning, so as to help more families in need.

Ms Wong Pan



Healthy Start Home Visiting Project was launched in 1997. Since then, the project has served over 1,200 pregnant women and families with newborn babies in Tuen Mun, Yuen Long and Tin Shui Wai districts. Through regular home visitations, volunteers helped reduce families' pressure and anxiety, and deliver positive parenting information in order to foster positive, non-violent and effective parenting skills to families. Thoughts and comments from some volunteers are as follows:

During home visitations, I often suggest the families to keep calm and stay positive at difficult times, and should treat their families and children with love. Better times will come if you wait patiently.

Ms Chan Chi Ping



I have always been an optimistic person, though my mood changed a lot after pregnancy. I felt helpless as a novice mother. Fortunately, I met two volunteers - Mr and Mrs Cheong when I joined the "Healthy Start Home Visiting Project". Beside childcare knowledge, I have learned the ways to get along with my husband. After the conclusion of the three-year project, my husband and I immediately applied to be volunteers. We would like to contribute as a couple, just like Mr and Mrs Cheong did, sharing our antenatal and postnatal experience with the families and help tackle their concerns.

Ms Crystal Leung



Vinky Lam  
Project Social Worker



# Child Protection Institute

## Children's Rights Parent-child Programme

On 19 January 2019, Mighty Oaks Nursery & Kindergarten at Kennedy Town organised an annual "Mighty Oaks Green Charity Fair". We were glad to be introduced by their charity partner Egive For You Charity Foundation and our organisation was named as their beneficiary of the funds raised on the day. Child Protection Institute was invited to join the charity fair. We designed an interactive parent-child game with a theme of promoting children's rights. Our parent-child volunteers participated in preparing and conducting the game. Through active participation, the parent-child relationship of these volunteers was also improved. One foreign parent participant shared with us the way she felt about the activity on that day. She said that promoting children's rights was a worthy cause, making her understand more about children's rights at home. It was the important rationale of designing the game.



We also arranged a child protection talk for the deprived Sham Shui Po families. During the talk, a child shared with us his past experience. He was sometimes hit by his parents at home. He was unhappy and signs of sadness also appeared on the faces of his parents as well. We wished to deliver the message through the talk, that child rearing was not easy, but parents could seek help from different channels. ACA was one of these channels which provided help to families. We believed that many parents still had nowhere to turn to when they needed help. As a result, they used their own ways to tackle their problems. However, during the process, they might inflict unredeemable damage on their children.

In order to strengthen the community's understanding of child protection messages, we were glad to be supported by Egive For You Charity Foundation with their annual Egive CNY Project for our Child Protection Institute to carry out a community education and family support project "Love Children · Stop Abuse".



Finally, Mighty Oaks Nursery & Kindergarten donated the total amount raised from Charity Fair to our project. Also, Health Check Charity Funds Limited made a donation to support our project. A cheque presentation ceremony was held on 31 January 2019.

Child Protection Institute would like to express our heartfelt thanks to the agencies and public who have supported this project.

Lau Yin Ling  
Development and Training Manager  
Child Protection Institute

## Parent-child Support Line

**Collaborative Partner: Save the Children Hong Kong**

ACA Parent-child Support Line provides parents, children, teenagers, professionals and the public with a channel to seek help and support. We aim at promoting messages in child protection and also the important message of seeking help when in need to children, parents and the public. In February and March, we promoted the Parent-child Support Line through advertising in Hong Kong Commercial Broadcasting Co. Ltd. We hoped that all parents and children would respond to our plea to contact us when they were in need.

**Parent-child Support Line: 2755 1122**

**Service: 9:00a.m. - 9:00p.m. (Monday to Friday)  
9:00a.m. - 1:00p.m. (Saturday)**

Yvonne Wai  
Project Officer



## Staff Retreat

Our staff retreat was held on 1 and 2 March respectively. The objectives of the staff retreat on 1 March were to review and evaluate our services in the past year, to plan our strategies and services for the coming year, and to strengthen the communication between staff and Executive Committee (EXCO) members. We were pleased to have Dr Patrick Cheung, our Chairperson, Mr Nicholas Jim, the Vice Chairperson and Dr Gladys Lam, member of the Executive Committee, join our staff retreat. Through group discussions, we reviewed the effectiveness of the services in the past year such that the EXCO members could share their experience with us.



Moreover, our staff retreat was held on 2 March in Macau, with a goal of enhancing team spirit among staff. Staff from Against Child Abuse (Macau) Association (ACAM) shared with us the available child protection services and their development in Macau. We had a cultural hunt which not only strengthened our team spirit, but also facilitated mutual understanding among colleagues. Colleagues enjoyed a happy and relaxing day.

**Manki Wong**  
**Service Manager (Kwai Chung Centre)**

## Daylily Project for Young / Single Mothers

**Sponsored by the Community Chest of Hong Kong**

On 19 January, Daylily Project held two Family Sharing Forums with topics “Make Every Cent Counts” and “Help Children Master Basic Money Concept”. All the parents were greatly involved in the discussions and had good understanding of the topics. There were a total of 19 parents, 25 children and 16 volunteers attending the forums. After that we visited Ocean Park Hong Kong, and the volunteers led the “Sightseeing Tour” and “Exciting Game Tour”. All the families enjoyed the day under the lead of the volunteers.



Two other Family Sharing Forums were held on 23 February, where 11 families and 15 volunteers attended. Aside from covering the topics “How to Cope with Child with Special Educational Needs” and “Positive Support for Children with Learning Difficulties”, we also did rock painting and watched “The Lego Movie 2: The Second Part” together. Those rock painting artworks demonstrated the uniqueness and talent of every child.

Daylily project arranges a series of family sharing forums and family activities each month for enhancing the parents’ knowledge and skills on child care and parenting, as well as enriching parent-child relationship. Single parent families are welcome to join the project, to learn and have fun together.

**Karry Lau**  
**Social Worker**





# Bless My Home Forever Volunteer Home Visitation Project

Sponsored by the Community Chest of Hong Kong

A volunteer training and sharing session was held on 26 January, with a total of 19 participants. Most of them were currently providing home visitations for the project families to share positive parenting messages. The theme of this training was “German Parenting Style”. This parenting style aims at letting children enjoy the learning process. It focuses on “respect” for children instead of “authority” of parents. It encouraged children to try rather than be over-protected. Volunteers expressed that the training was meaningful as it broadened their knowledges in positive parenting.

After the training, volunteers celebrated the Chinese New Year and ate poon choi (also called “big bowl feast”, a traditional walled village cuisine) together. It was a good time for volunteers to know each other and share their experiences in home visitations. They enjoyed this gathering and it really enhanced the cohesion among volunteers.



Alex Wong  
Social Worker

## Child Abuse Treatment Corner

Sponsored by Fu Tak lam Foundation Limited

The Child Abuse Treatment Corner organised a Children Therapeutic Group, a Stress Management Group for Parents and two Batterer Intervention Therapeutic Groups for Parents from January to March.

In order to encourage the children to express their emotions and feelings, to appreciate themselves and to improve their communication skills, the Children Therapeutic Group aimed at teaching them adaptive ways to express different emotions through various games and sharing sessions. The participating children learned about different emotions and learned how to control their emotions appropriately, keep calm and be patient.

In order to stop parents’ abusive behaviours and to enhance parent-child relationship, both the Stress Management Group and Batterer Intervention Therapeutic Group provided training to encourage parents to adopt positive thinking and methods when disciplining their children, which help by soothing their pressure and emotions. The participating parents revealed that they deal with their children’s issue in a positive manner after joining the group. They would discipline their children with positive ways rather than using corporal punishment, improving their relationship with their child.



Olivia Lai  
Project Social Worker

## Child Abuse Treatment Corner - Volunteer Home Visitation Service for Families with Newborn

Sponsored by Fu Tak lam Foundation Limited



From January to March, we set up promotion booths in South Kwai Chung Maternal and Child Health Centre (MCHC) and Kwai Fong Estate in Kwai Tsing District in order to promote the project and recruit new families and volunteers. We approached over 400 people in ten sessions and successfully recruited 20 target families.

We conducted four sessions of volunteer training in Chuk Yuen Centre in February. A total of 25 participants attended. Through the training, the participants were able to learn more about child protection services in Hong Kong, child growth and development, positive parenting, home safety awareness, interviewing skills and home visitation procedure. The participants expressed that the training was fruitful and practical as it improved their confidence and skills in providing home visitations to families.

Olivia Lai  
Project Social Worker



# The Hong Kong Jockey Club Community Project Grant - Healthy Start Home Visiting Project

Sponsored by the Hong Kong Jockey Club Charities Trust

## Parent Talk cum BB Birthday Party

The Parent Talk cum BB Birthday Party was smoothly held on 5 January at TWGHs Tang Shiu Kin Primary School. A total of 68 parents and babies joined the activity, and 24 volunteers helped in babysitting and teaching the children to do handcrafts. We were honored to have Ms Nancy Yip, the Charities Manager of The Hong Kong Jockey Club, as our guest to deliver a speech and present gifts to the families. We also invited Mr Chris Wong, an experienced medical social worker of children and adolescent psychiatry, to provide a talk on “How to Early Identify and Support Children with Special Needs” to enhance parents’ knowledge regarding children with special learning needs. The content was very practical. After the talk, a birthday party for babies who were born between July and December was held. Participants took photos together and enjoyed the food prepared by volunteers.



## Volunteer Training – Visit Mental Health Service Unit

On 22 February, we held a volunteer training to visit The Wellness Centre – The Integrated Community Centre for Mental Wellness of New Life Psychiatric Rehabilitation Association in On Ting Estate, Tuen Mun. On that day, our volunteers visited The Wellness Centre to understand more about the social resources of mental health rehabilitation service. The Education Officer there provided a talk about different types of mental health problems and the ways to support people with emotional distress. The training was fruitful and practical. It enhanced volunteers’ knowledge of mental health and bettered their skills to help the emotionally distressed.

## Family Sharing cum Volunteer Award Ceremony

The Family Sharing cum Volunteer Award Ceremony was held on 23 March to recognise our volunteers’ contribution. A total of 66 volunteers and families participated. We presented awards to outstanding volunteers who actively participated in training and home visitation. During the ceremony, some families expressed their appreciation for the volunteers as their support helped them in overcoming the difficulties. We hope our volunteers will carry on with their efforts in supporting families in need in the forthcoming year.

Vinky Lam  
Project Social Worker

## Chuk Yuen Centre Family Corner



At the beginning of 2019, the activities of the Family Corner were abundant. After the Bus Tour on 5 January, there came a Happy Outing to Hong Kong Ocean Park on 26 January and a Service Users’ Gathering and Volunteer Training on 17 February. Members could get together all the time like a family.

During the Bus Tour on 5 January, we took an open-top bus to the Tsz Wan Shan Shopping Centre, Fu Shan Estate and Lower Wong Tai Sin Estate to promote the Family Corner. We were assisted by more than 60 parents and volunteers, bringing the service to a record high of 2,000 service users. Special thanks to them here.

For the Service Users’ Gathering and Volunteer Training on 17 February, more than 100 members of ACA’s service users gathered at the Sai Kung Outdoor Recreation Centre to participate in barbecue and talks for parents. In particular, we invited Ms Jody Lee of Healthy Seed Centre of Hong Kong Christian Service to host a talk on the Emotional Management in Parenting. The content of the talk was easy to understand and interesting and had a positive reception. Participants also actively expressed their views on the services of our organisation through group discussion and the feedback questionnaire. They were appreciative for and were satisfied with the services provided by our organisation and staff, and hoped that our organisation would continue to provide a wide range of activities for them to participate. We would like to take this opportunity to thank them for their comments.

May Chan  
Social Worker



# Harmonious Family and Joyful at On Ting Carnival cum Tuen Mun Centre Open Day

**Sponsored by Estate Management Advisory Committee of On Ting Estate**

To convey the message of child protection, Tuen Mun Centre organised a Harmonious Family and Joyful at On Ting Carnival cum Centre Open Day on 27 January to educate the public to care for the elderly and children and provide mutual support to their neighbours, in order to build up a harmonious and happy community.

The Carnival was subsidised by Estate Management Advisory Committee of On Ting Estate. Also, we thanked Social Welfare Department, Tuen Mun District Council and Housing Department in On Ting Estate for their support to this programme by sending their representatives to attend the opening ceremony. On that day, the attendance of the programme reached 2,500. Through the show, parent-child games, distributing child protection kits and activities conducted at different game booths, we raised the parents' awareness towards the importance of positive parenting.



**Peter Ng**  
Project Social Worker

## Good Parents' Networking Project

**Collaborative Partner: Save the Children Hong Kong**



From January to March, we hosted a number of parent activities, including making rice cakes during the Chinese New Year and making cute piglets with the use of red pockets. Besides, parent volunteers shared their yoga experience and skills in making cupcakes with other parents. Through different types of activities, this Project provides a platform for parents to release their pressure and to share their experience with and provide mutual help for each other.

In addition, a parent talk was held on 18 March. The topic was "Enhance Your Children's Learning Motivation". Altogether, 25 parents attended the talk and they were enthusiastic in raising questions. They were concerned about the children's interest in learning, and they were wary of the danger of becoming "motivation killers" of their children.

**Stone Leung**  
Project Social Worker

## Child Protection and Treatment Project - Happy Child Starting from the Home

**Sponsored by Help for Children Asia Prevent and Treat Child Abuse**

This project aims at helping children to learn ways to tackle their emotions, express their feelings and thoughts and regain confidence; and helping parents to understand their children's developmental needs.

In March, seven sessions of play therapy were conducted for the needy children. Children learned proper ways to handle their feelings during these sessions.



**Manki Wong**  
Service Manager (Kwai Chung Centre)







本人樂意幫助防止虐待兒童會 I would like to help ACA :

請在適當□內加上✓號 Please tick  as appropriate

1.  我願意捐助 By making a donation :

總會：香港北角木星街3號澤盈中心13樓

Head Office : 13/F, Corn Yan Centre, 3 Jupiter Street, North Point, Hong Kong

查詢電話 Enquiry: (852) 3542 5722 熱線電話 Hotline: (852) 2755 1122

圖文傳真 Fax: (852) 3542 5709

電子郵件 Email: aca@aca.org.hk 網址 Website: www.aca.org.hk

	一次捐款 One Off HK\$	每月捐款 Monthly (由 月至 月) (from to ) HK\$	
現金 By Cash			
支票 By Cheque			銀行 Bank : _____ 支票號碼 Cheque No. : _____ 抬頭註明：防止虐待兒童會有限公司 Cheque made payable : Against Child Abuse Ltd.
信用卡 By Credit Card			Visa <input type="checkbox"/> Master <input type="checkbox"/> AE <input type="checkbox"/> 持咭人姓名 Cardholder : _____ 信用卡號碼 Card No. : _____ 信用卡到期日 Expiry Date : _____  簽署 Signature : _____
直接存入 戶口 Deposit to Bank			本人已將款項存入防止虐待兒童會之匯豐銀行戶口 (號碼：480-107549-001)，並附上銀行入數紙。 Deposited to ACA HSBC Account (A/C no. 480-107549-001) and enclosed a bank pay-in slip.

是否需要捐款收據？ Do you request an official donation receipt?

是 Yes 收據抬頭 Name of receipt: \_\_\_\_\_

否 No

捐款港幣一百元或以上，可申請扣減稅項。 Donations of HK\$100 or above is tax deductible.

2.  本人推薦防止虐待兒童會聯絡下列人士 / 公司 / 機構 By recommending ACA to contact :

姓名 Name	地址 Address	電話 Tel / 傳真 Fax / 電郵 Email

3.  本人願意成為防止虐待兒童會義工，並加入ACA之友。 By becoming friends of ACA.

本人有興趣參與以下服務 I am interested in the following services :

\_\_\_\_\_

\_\_\_\_\_

4.  本人申請成為防止虐待兒童會的會員。 By becoming a member of ACA.

普通會員 Ordinary Member      每年港幣一百五十元 HK\$150 per annum

學生會員 Student Member      每年港幣五十元 HK\$50 per annum

贊助會員 Sponsor Member      每年港幣一萬元 HK\$10,000 per annum

姓名 Name : (中) \_\_\_\_\_ 先生/小姐/女士 (英) Mr/Miss/Ms \_\_\_\_\_

機構 Agency (如適用 if applicable) : \_\_\_\_\_

地址 Address : \_\_\_\_\_

電郵 Email : \_\_\_\_\_

電話 Tel : \_\_\_\_\_ 傳真 Fax : \_\_\_\_\_