







gainst Child Abuse wishes you and your family Ha happy and healthy Year of the Rat! We look forward to the healthy growth of every child in a caring and non-violent environment.

2019 marks the 40th anniversary of the agency. Our work started by hotline service. Since 1982, case counselling, group work, and educational and preventive services have also been added to our schedule. Later, we have successfully taken on the role of a child advocate and, together with the public, we have witnessed the development of child protection in Hong Kong for decades.

On 1 November 2019, the ACA Child Protection Institute organised a Professional Forum on Child Protection: Recent Development and Practices in Hong Kong. Guest speakers shared with participants on the current legislation, policy, medical and social services of child protection, so that professionals from different sectors could review the progress of child protection work and explore the direction of future development in Hong

Kong. Promoting multi-disciplinary collaboration and child protection work are important to create a safe environment for children to grow up.

We held a press conference to release our significant events, service statistics in 2018/19 and recommendations on child protection on 20 November 2019. Our statistics showed that the majority of suspected abused children were aged three to eight. This age group covers the preschool age and primary school children. Most suspected abusers were family members. Of the suspected child abuse cases, physical abuse ranked the highest in number, and the number of psychological abuse cases and multiple abuse cases rose by 40-50%. Abuse can harm children physically and psychologically. At times, it can even be lethal. We urge the government to allocate more resources for early prevention of child abuse services and parent support work, to promote nonviolent ways in managing children, and totally ban corporal punishment, including punishment inflicted at home. Cases of child psychological abuse have

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been neglected. We hope that the government will pay more attention to the psychological impacts on children witnessing domestic violence and bullied in schools, enact clear laws on child psychological abuse, and raise public awareness of child psychological abuse through education and publicity.

At the press conference, a mother shared with those present her positive changes after joining our Daylily Project for Young/Single Mothers. She appealed to the needy single mothers to seek assistance in difficult times.

On 18 December 2019, we concluded our work in 2018/19 at the Annual General Meeting. We hope that the Commission on Children can fulfill its functions in the spirit of the United Nations Convention on the Rights of the Child, so that Hong Kong will have a long term and comprehensive child protection legislation and policies to safeguard the well-being of children and meet their developmental needs.

In the last quarter, we submitted a position paper on "Cybercrime and its Child Victims: Risks and Resolutions" to the Law Reform Commission of Hong Kong, and "Welfare and Community Support for People Affected by Recent Social Incidents" to the Panel on Welfare Services, Legislative Council. Details please visit our website (www.aca.org.hk).

The "ACA x Chao Yat Charity Run" and Child Protection Carnival was held at the Charles K. Kao Auditorium, Hong Kong Science Park on 12 January 2020. The purposes of the event were to promote parent-child communication and disseminate the messages of child protection. On the day, nearly 1,000 children and parents participated, and all the matches and games were smoothly completed in a joyful atmosphere. Sincere thanks to the guests, the child protection ambassadors, and all the volunteers and colleagues!

Donna Wong

Director





Summary of Major Activities for October to December 2019

October	Children's Council 2019	Council Meeting on 19 OctoberEvaluation Meeting of Children's Council 2019 on 26 October
November	Sharing Forum	 Professional Sharing Forum on Child Protection: Recent Development and Practices in Hong Kong on 1 November
	Annual Press Conference	The 40 th Annual Press Conference on 20 November
December	Annual General Meeting	The 40 th Annual General Meeting on 18 December
	40 th Anniversary Promotion	Billboard Advertising at Causeway Bay from 16 to 31 December
October to December	Love Children • Stop Abuse Project	 Parent Talk on 8, 9, 16, 19, 25 October, 5, 12, 16 and 21 November, 5, 7, 11 and 14 December Roving Education Programme in Lung Hang Estate on 14 December
	Kids' Dream	 Study of the Bullying Behaviours in Children and Adolescents from October to December Orientation Camp from 9 to 10 November Christmas Party on 29 December
	Child Protection Institute	 Happy Rainbow Expressive Arts Therapeutic Group on 3, 10, 17, 24, 31 October, 7, 21, 28 November, 12 and 19 December Identification and Handling of Suspected Child Abuse Incident Training Workshop on 11 and 18 October Identification and Handling of Bullying Incident Training Workshop on 14 and 21 October Parental IT Talk on 26 November, 16 and 17 December Student Sex Education Workshop on 6 and 13 December Talk on Positive Parenting Method on 7 December
	Bless My Home Forever Volunteer Home Visitation Project	 Volunteer Training - Orientation Training for New Volunteers on 26 October Family Sharing Forum and Parent-child Activity 1. Parent-child Communication - Child Says "You are Annoying" on 9 November 2. Parent-child Communication - Set up Communication Rules on 9 November 3. Parent-child Overnight Camp from 9 to 10 November 4. Parent-child Communication - Acceptance and Empathy on 14 December 5. Parent-child Communication - Reflective Listening on 14 December 6. Christmas Party on 14 December
	Healthy Start Home Visiting Project	 Picture Books Storytelling - Parent Workshop on 12 and 19 October Family Outing to Ocean Park Hong Kong on 30 November Hooray with Healthy Start Joyful Day - Volunteer Gathering on 6 December
	Child Abuse Treatment Corner	 Children Therapeutic Group II (Sessions 1-6) on 4, 11, 18 October, 1, 22 November and 6 December Children Therapeutic Group III (Sessions 1-6) on 15, 22 October, 26 November, 3, 10 and 17 December Batterer Intervention Therapeutic Group for Parents III (Sessions 1-8) on 9, 16 October, 6, 20, 27 November, 4, 11 and 17 December Batterer Intervention Therapeutic Group for Parents IV (Sessions 1-8) on 14, 28 October, 29 November, 2, 5, 9, 12 and 16 December Stress Management Group for Parents with Depressive Features III (Sessions 1-8) on 17, 31 October, 7, 21, 28 November, 5, 12 and 19 December Positive Parenting Group on 17, 24 October, 21 and 28 November Stress Management Group for Parents with Depressive Features V (Sessions 1-8) on 21, 28 October, 4, 25 November, 2, 9, 16 and 23 December Promotion Exhibitions in South Kwai Chung Maternal & Child Health Centre on 21 October, 4, 25 November, 2, 9 and 16 December Volunteer Training on 22 October, 24 November, 7, 12 and 14 December Volunteer Training Talk on 28 October Stress Management Group for Parents with Depressive Features IV (Sessions 1-8) on 29 October, 5, 12, 26 November, 3, 4, 10 and 13 December Christmas Party on 8 December Promotion Booth - Kwai Chung Estate on 11 December
	Good Parents' Networking Project	 Leisure Corner Starry Kitchen on 11 October, 8 November and 4 December Parent Handcrafts Workshop on 18, 25 October, 15 November and 11 December Good Parent Training Course on 14, 21, 28 October, 4, 25 November, 2, 9 and 16 December Resource Corner - Parent Self-defense Class on 19, 26 October and 2 November Parent-child Outdoor Expressive Arts Workshop on 23 November Parent-child Floor Curling on 30 November Parent-child Christmas and Birthday Party on 14 December
	Child Protection and Treatment Project - Happy Child Starting from the Home	Play Therapy from October to December

Summary of Major Activities for October to December 2019

October to December	Joyful Kids Group	 Group Meeting and Training on 12 October and 9 November Group Meeting and Christmas Party on 14 December
	Chuk Yuen Centre Family Corner	 Good Parent Leadership Training Programme (Stage 1) on 10, 17, 24, 31 October and 7 November Children Therapeutic Group on 23, 30 October, 6 November, 4, 18 and 19 December Mobile Parent-child Toy/Book Corner on 25 October, 29 November and 20 December Committee Gathering on 29 October, 26 November and 23 December Birthday Gathering for Members on 2 November Good Parent Leadership Training Programme (Stage 2) on 21, 28 November, 5, 12 and 19 December Christmas Parent-child Fun Day on 25 December
	Tuen Mun Centre Family Corner	 Leisure Corner – Handicraft and Cooking Activities on 8, 22 October, 5, 26 November, 3, 10 and 17 December Volunteer Gathering – Healthy Eating Lifestyle on 17 October Good Parents Positive Parenting Course 2019 on 7, 20, 21, 28 November, 5, 12 and 19 December ACA Good Parents x Playback Theatre on 29 November Family Outing to Ocean Park Hong Kong on 30 November Our Hands Farm Family Outing on 15 December Let's Eat Healthy Talk and Vegetarian Food Demonstration on 27 December
	Parent-child Support Line	 Advertising at Hong Kong Commercial Broadcasting Co. Ltd. from 14 to 18 October and from 9 to 13 December
November to December	Daylily Project for Young/Single Mothers	 Volunteer Advanced Training on 9 November Family Sharing Forum and Family Activity 1. Parent-child Communication Series - When Children Being Annoyed on 9 November 2. Parent-child Communication Series - Art of Communication on 9 November 3. Parent-child Communication Series - Being Accepting and Empathic on 14 December 4. Parent-child Communication Series - Attentive Listening on 14 December 5. Christmas Party on 14 December

Forthcoming Events for January to March 2020

January	ACA Charity Run	 Run for Children Run for Love - "ACA x Chao Yat Charity Run" and Child Protection Carnival on 12 January
	40 th Anniversary Promotion	Billboard Advertising at Causeway Bay from 1 to 31 January
February	Carnival	Child Protection Carnival and Tuen Mun Centre Open Day on 16 February
	Anniversary Dinner	The 40 th Anniversary Dinner on 27 February
January to February	Tuen Mun Centre Family Corner	 Good Parents Positive Parenting Course 2019 on 2 January Family Outing to Hong Kong Disneyland on 12 January Leisure Corner – Handicraft and Cooking Activities on 7, 14 January, 11, 18 February, 3 and 17 March Family Corner Outstanding Volunteers Award on 7 February Parental IT Workshop on 27 February
January to March	Love Children • Stop Abuse Project	 Parent Talk on 4 January, 5, 7, 18, 20 February and 5 March Roving Education Programme Shui Chuen O Estate on 18 January Kai Tin Estate on 22 February Tin Shui Estate on 21 March
	Kids' Dream	Study of the Bullying Behaviours in Children and Adolescents from January to March
	Child Protection Institute	 Parental IT Workshop on 6, 15 January, 7, 13, 27, 29 February, 5, 19 and 20 March Child Protection Certificate Course on 11 and 17 January Identification and Handling of Suspected Child Abuse Case Training Workshop on 22 January Happy Rainbow Expressive Arts Therapeutic Group on 6, 13, 20, 27 February, 5, 12, 19 and 26 March Student Sex Education Workshop on 6 March Talk on Positive Parenting Method on 7 March
	Daylily Project for Young/ Single Mothers	 Family Sharing Forum and Family Activity 1. Parent-child Communication Series - Understanding of Your "Super" Child on 12 January 2. Parent-child Communication Series - Nurturing Your "Super" Child on 12 January 3. Family Outing to Hong Kong Disneyland on 12 January 4. Enjoy Playing with Your Children on 8 February 5. Ocean Park Hong Kong Day Trip on 8 February 6. To Be a Grateful Child on 14 March 7. To Be a Giving Child on 14 March

Forthcoming Events for January to March 2020

January to March	Bless My Home Forever Volunteer Home Visitation Project	 Volunteer Training and Gathering on 11 January Family Sharing Forum and Parent-child Activity 1. Play with Your Child on 15 February 2. Ocean Park Hong Kong Day Trip on 15 February 3. Teach Children to be Grateful on 14 March 4. Teach Children to Give on 14 March
	Healthy Start Home Visiting Project	 Laughter Yoga Parents' Talk and BB Birthday Party on 4 January Family Outing to Hong Kong Disneyland on 12 January Volunteer Training Course on 9, 16 and 30 January Good Parents Training Course on 21, 28 February, 6 and 13 March Family Sharing Session and Volunteer Award Ceremony on 14 March
	Child Abuse Treatment Corner	 Promotion Exhibitions South Kwai Chung Maternal & Child Health Centre on 6, 20 January and 10 February Tsing Yi Maternal & Child Health Centre on 13 January and 3 February Positive Parenting Talk on 17 January and 5 March Positive Parenting Group on 4, 11 February, 10 and 17 March Stress Management Group for Parents with Depressive Features II (Sessions 1-7) on 4, 11, 18, 25 February, 3, 10 and 31 March Children Therapeutic Group I (Sessions 1-6) on 6, 13, 20 February, 5, 12 and 19 March Stress Management Group for Parents with Depressive Features III (Sessions 1-8) on 10, 17, 24 February, 2, 9, 16, 23 and 30 March Batterer Intervention Therapeutic Group for Parents I (Sessions 1-7) on 14, 21, 28 February, 6, 13, 20 and 27 March Children Therapeutic Group II (Sessions 1-5) on 26 February, 4, 11, 18 and 25 March Roadshow Kwai Luen Estate on 2 March Tsing Yi Region on 3 March Batterer Intervention Therapeutic Group for Parents II (Sessions 1-3) on 11, 18 and 25 March Batterer Intervention Therapeutic Group for Parents II (Sessions 1-3) on 11, 18 and 25 March
	Good Parents' Networking Project	 Leisure Corner 1. Parent Handcrafts Workshop on 15 January and 11 March 2. Starry Kitchen on 17 January, 19 February and 4 March Parent-child Activities – Movie Gathering on 4 and 6 February
	Joyful Kids Group	 Family Outing to Hong Kong Disneyland on 12 January Group Meeting and Training on 1 and 8 February Volunteer Service - Child Protection Carnival and Tuen Mun Centre Open Day on 16 February Volunteer Sharing and Award Ceremony on 7 March
	Chuk Yuen Centre Family Corner	 Happy Trip to Hong Kong Disneyland on 12 January Mobile Parent-child Toy/Book Corner on 17 January, 28 February and 27 March Committee Gathering on 21 January, 25 February and 31 March Happy Trip to Ocean Park Hong Kong on 2 February Parental IT Workshop on 18 February Birthday Fathering for Members on 7 March Mobile Truck for Publicity Service on Child Protection on 8 March Service Users' Gathering 2019 on 15 March
	Parent-child Support Line	 Advertising at Hong Kong Commercial Broadcasting Co. Ltd. from 6 to 10 January, 10 to 14 February and from 16 to 20 March

** Against Child Abuse 40th Anniversary Events



27 Jan 2019	☆	Harmonious Family and Joyful at On Ting Carnival cum Tuen Mun Centre Open Day
Mar to Jun 2019	☆	"The Legacy of Love for Children" Photography Competition
Mar to Oct 2019	☆	Creation of Agency Song
28 Apr 2019	☆	No Spanking, Caring for Children Family Day Carnival at Wong Tai Sin Square
30 Jun 2019	☆	Safeguarding the Innocence of Children Family Day Carnival Carnival at
		Hing Fong Road Playground, Kwai Chung
1 Nov 2019	☆	Professional Sharing Forum - Child Protection: Recent Development and Practices in Hong Kong
20 Nov 2019	☆	The 40 th Annual Press Conference
18 Dec 2019	☆	The 40 th Annual General Meeting
6 Oct 2019 (Re-scheduled to 12 Jan 2020)	☆	Run for Children • Run for Love - "ACA x Chao Yat Charity Run" and Child Protection Carnival
27 Feb 2020	☆	The 40 th Anniversary Dinner



40th Anniversary Celebration Events -ACA x Chao Yat Charity Run and Child Protection Carnival, and Promotion Activities

Filming and Producing Promotional Materials

In the past year, we are honored to have the support from Mr Alex Fong, who volunteered to serve as the ACA Child Protection Ambassador and also helped the shooting of a promotion video for our charity run. In terms of the 40th Anniversary promotion work, Mr Riddick Douglas Ning served as the ACA's voluntary creative director. His Riddiculous Studio and voluntary production team filmed and produced a number of promotional materials for the ACA 40th Anniversary and charity run, including promotional videos and photos, posters, postcards, slogan and logos. We also invited four Child Protection Ambassadors, Ms Isabel Chan, Mr Andy Leung, Mr Ryan Lau and Ms Priscilla Wong to help us shot promotional videos and photos, despite their very tight work schedules. Through the help of these selfless people and the dedication of a work team, we hope that the series of activities of the 40th Anniversary of our Agency are able to awaken the awareness of the public to the child protection.

Promotional Billboard and Poster

We sincerely thank the enthusiastic people and caring companies from all walks of life for their support and donation, so that our child protection messages can be spread through different channels. During 16 December 2019 to 31 January 2020, a billboard was displayed on Lockhart Road, behind the Sogo Department Store, Causeway Bay for the promotion of the 40th Anniversary celebration and our Parent-child Support Line service.

We would like to thank the Hong Kong Housing Department, Riddiculous Studio and Green Dot Home Limited for their fully support. Between 17 and 30 January 2020, our posters were displayed in 196 housing estates to promote our Parent-child Support Line service. We hoped to let families in need know that they were not alone and someone out there always stood ready to help.

ACA x Chao Yat Charity Run and Child Protection Carnival

The long-awaited charity run was successfully held in the Hong Kong Science Park on 12 January 2020 with more than 900 participants. We are pleased to have a number of guests supporting our event, including Mr Chao Yat, who designed the main theme of the Charity Run. Mr Chao Yat and his wife, who went to the venue to meet and chat with the participants. Ms Lisa Cheng, Spidermother, led all groups of participants to warm up, making the scene more lively. Spirits were high when athletes lined up on the starting line. At the moment of crossing the finish line, their sweat expressed their support for our child protection work and their determination to protect the children from harm. At the climax of the event, Mr Zao Koo sang our new Agency Song. Besides, the wonderful musical performance of A Little Bit Shy (ALBS) and the Hong Kong Federation of Youth Groups band pushed the event to a perfect finale.







Once again, we would like to thank all who supported our event, including Chao Yat, Chao Yat Zakka, Chinachem Charitable Foundation Ltd., Riddiculous Studio, Infinity Fitness Gym, Networld Technology Ltd. (Hong Kong Discussion Forum and Uwant), The Star Ferry Company, Ltd., Baby Kingdom Ltd., Herbalgy Pharmaceutical Ltd., NutriWorks Ltd., J Love Artist Management Ltd., the Hong Kong Federation of Youth Groups n-u busking, Sportsoho Media Ltd., Hong Kong Science Park, all participants, donors and the Executive Committee Members, colleagues and volunteers.

40th Anniversary Slogan and Logo Design

Over the past 40 years, ACA has actively cooperated with professionals, schools and volunteers from different sectors of our community to promote its mission in child protection through the advocacy, the preventive services and the remedial services. It will continue to establish a harmonious and violence-free environment for children. Please join hands.

Pearl Lee Administration Manager



DAYLILY PROJECT FOR YOUNG / SINGLE MOTHERS

Sponsored by the Community Chest of Hong Kong

Single mothers face a lot of difficulties. They need to deal with personal pain, tackle financial issues, explore ways in bringing up children and apportion time for household chores. We believe that problems breed challenges and there are solutions to every difficulty one faces. The Social Worker and volunteers in charge of this programme are willing to stand side by side with every single mother.

PRIORITISE OWN EMOTIONAL NEEDS

Taking care of a household and children makes single mothers' daily life busy. When it comes to the time for helping children to prepare for dictations, tests or examinations, life is even more hectic. To help mothers overcome all these difficulties, this project provides home visitations by volunteers, sharing



forums and family activities. It helps single mothers build a mutual support network amongst themselves. Mothers who had previously enlisted as members of this project expressed appreciation and thankfulness as they had the opportunity to relax themselves by taking part in activities every month.

ACCEPT CHILDREN'S IMPERFECTION

It is understandable that mothers have expectations towards their children, wishing their children to be obedient, to excel academically and to honour elders. Yet, every child has his own personality. The misbehaviours of children may make mothers lose their temper. Mothers always forget their original intention after their children were born. Throughout pregnancy and in the first few years after their children's birth, mothers simply hope that their children can grow up healthily and happily. Every now and then, they should be reminded that accepting the weaknesses of children and using positive parenting skills on them play an important role in rearing a joyful kid.

If you are facing difficulties in parenting, you are welcome to join Daylily project. You can be assured that you will gain support and encouragement on your road in raising children.

Cheng Kai Yan Social Worker

The 40th Annual General Meeting

The 40th Annual General Meeting was originally scheduled to be held at the Pacific Club in Tsim Sha Tsui on 20 November 2019. Due to public activities and safety concerns, the AGM was rescheduled to 18 December 2019 at the ACA Head Office.

Apart from the formal agenda of the AGM, Dr Patrick Cheung, Chairperson of ACA, summarised the past achievements of the Agency in the field of child protection in Hong Kong, mapped out prospects for its future development, and recapped the events of the 40th anniversary. Mr James Ng, Honorary Treasurer of ACA, presented the 2018/19 financial report, which indicated how we managed our activities in



accordance with the principles of fiscal prudence, keeping our expenditure within the limits of revenues to enable our Agency to continue with its development steadily. Ms Donna Wong, Director of ACA, reported on significant events and presented the overall statistics of our work for the year 2018/19. We shared concerns and recommendations for child protection to urge the society to pay close attention to child protection issues.

We are grateful to all the volunteers who have assisted the work of ACA and look forward to their continued support.

Pearl Lee Administration Manager

Child Profection Institute Professional Forum on Child Profection: Recent Development & Practices in Hong Kong



This year marks the 40th anniversary of the establishment of ACA. For the past 40 years, our co-workers have been committed to promote the practice of children's rights in Hong Kong and actively advocated to the government policies that are beneficial to the well-being of children. Child abuse cases still occur today, but at the same time, the HKSAR government has established the mechanism of Sexual Conviction Record Check, the Child Fatality Panel and the Commission on Children, etc. These policies on Child Protection are worthy for us to review their effectiveness and find out the direction of child protection development.

In view of this, the theme of the professional forum this year was Recent Development & Practices in Hong Kong. The forum held on 1 November 2019, attracted around 100 participants. Dr Patrick Cheung, our Chairperson, acted as the moderator of

the forum. Ms Donna Wong, our Director, was one of the speakers who shared her experience in implementing home visitation services in Hong Kong. The other guest speakers included Professor Ian Grenville Cross, SBS, QC, SC, Vice-chairman of Senate of the International Association of Prosecutors; Dr Anna Cheng, Associate Consultant of Department of Paediatrics and Adolescent Medicine in United Christian Hospital; Mr Herman Hui, Chairman of Child Fatality Review Panel; Ms Konni Cheung, Executive Officer (Sexual Conviction Record Check); Mr Anthony Wong, Business Director, Hong Kong Council of Social Service. In the forum, guest speakers shared and exchanged views on child protection work from perspectives of law, policy, medical and social services. The forum also allowed our co-workers review the prospects of child protection work in Hong Kong. Here we would like to give sincere thanks to our chairperson Dr Patrick Cheung who acted as moderator, all guest speakers and participants.



Peter NG Senior Training Officer

Kids' Dream

In collaboration with Hong Kong Committee on Children's Rights and supported by the Save the Children Hong Kong

Kids' Dream is the first child-led initiative in Hong Kong to strive for the rights of children. It was formally launched in August 2006 and its members are mostly secondary school students aged under 18. Since its establishment, Kids' Dream has been developed and supported by Against Child Abuse (ACA) and Hong Kong Committee on Children's Rights (HKCCR). This aspired group continues to work closely with the two agencies in organising and implementing the annual children's council project as well as many other child rights-related activities.

Upon completion of the Children's Council Project 2019, those who were passionate in children's rights work joined Kids' Dream. They have the mission to promote the United Nations Convention on the Rights of the Child (UNCRC) and



to actualise the concept of "Children speaking for Children". The orientation camp 2019 was held from 9 to 10 November 2019 to enhance the communication and team spirit between the new and old members. In the coming year, we would like to continue to explore the situation of school bullying in Hong Kong.

Lee Yu Po Service Manager (Chuk Yuen Centre)

Parent-Child Support Line

Collaborative partner: Save the Children Hong Kong

ACA Parent-child Support Line provides parents, children, young people, professionals and the public with a channel to seek help and support. In order to promote message of children's right and Hong Kong's child abuse problem to the public, we distributed Parent-child Support Line information card and highlight pens to all primary and secondary schools in 2019. Through this campaign, we hope more children and parents know of our service and encourage those in need to contact us when they encounter difficulties.

Parent-child Support Line: 2755 1122

Service: 9:00a.m. - 9:00p.m. (Monday to Friday)

9:00a.m. - 1:00p.m. (Saturday)

Yvonne Wai Project Officer

Bless My Home Forever Volunteer Home Visitation Project

Sponsored by the Community Chest of Hong Kong

A Christmas party was held for families and home visitation volunteers on 14 December 2019. A total of 17 families joined this activity. Elements that encourage expressing oneself and listening were incorporated in the parent-child games. Besides enjoying the fun, the games also aimed at enhancing parent-child communication. Parents and children enjoyed playing the games. Apart from helping out with the activities, volunteers also got to connect with and care for the families. Some parents expressed that their children were looking forward to the Christmas party the



day before. Indeed, children were really excited in playing the games and participating in the lucky draw of Christmas presents. We also provided an instant photo shooting for families and volunteers to remember this moment. According to parents' feedbacks, they enjoyed spending a happy afternoon with children.

Alex Wong
Social Worker

Child Profection Institute

Child Protection Institute provides child protection training for different organisations including schools, hospitals and other private agencies. The contents of these training courses are tailored-made to suit the needs of each organisation. These courses help participants apply relevant skills to deal with different work situations. Besides, through organising these courses, we help unite all sectors of society to contribute to child protection work.

Expressive Arts Therapy Group

In the past few years, St. Matthew's Lutheran School (Sau Mau Ping) has been providing appropriate support for its students by organising different groups for them. Child Protection Institute has been invited to run these groups. Last year, in the first semester, we were invited to organise an expressive arts group for Primary 2 to 5 students. We were delighted to see the students' growth and changes. One of the members studying in the junior form suffered from Autism Spectrum Disorder (ASD). He was introverted and seldom spoke to anyone initially. He even dared not request going to the toilet. However, under the guidance and encouragement from the workers, he smiled more. He enjoyed doing artwork by clay. Every time he finished his artwork, he was eager to show us his workout. He was more able to express his needs such as requesting art tools from the worker. Once he made a "Happy Tree" by different colours of clay. Though he might not explain why he was happy, we felt his love for this group. Another member studying in senior form often provoked other groupmates and liked acting contrary to the worker's instructions in the beginning. But in the later stage, when he felt our acceptance, he put off his defense and shared with us the background of his family. He also learned to express his opinions for the group in a respectful manner.



The group's effort in building up a supportive atmosphere was particularly impressive. Many members in this group might be diagnosed as suffering from Attention Deficit Hyperactivity Disorder (ADHD) or ASD. Sometimes conflicts occured among group members, but they made conscious efforts to remind each other to be well-behaved and show respect to the artworks created by fellow members. In comparison with other learning groups, the growth of the students was not on the interests and skills, but on the social and emotion management skills.

Staff Training on Child Protection

In October 2019, we provided child protection training for the football coaches and other staff in the ChelseaFC Soccer School (Hong Kong). Contents of the training included the knowledge and skills in identifying and handling suspected child abuse cases. The participants were actively involved in the lessons and willing to share their difficulties at work. The workshops enabled the staff to learn from each other's successful experiences and get the consensus in the procedures of handling suspected child abuse cases. The following are some of the participants' feedback:

"The speaker gave a clear presentation."

"The atmosphere of open discussion sessions was relaxing."

"Case studies helped us understand how to handle with different situations."

"It helped us know how to work with children."

Thanks again for the trust and support from ChelseaFC Soccer School (Hong Kong).

Peter Ng Senior Training Officer

Child Abuse Treatment Corner

Sponsored by Fu Tak Iam Foundation Limited

The Child Abuse Treatment Corner organised two Children Therapeutic Groups, three Stress Management Groups and two Batterer Intervention Therapeutic Groups for parents from October to December 2019.

The Children Therapeutic Group aimed to encourage children to express their emotions and feelings, to appreciate themselves and also improve their communication skills through various games and sharing sessions. The participating children learned different emotion, and how to control their emotions appropriately, such as keeping calm and having patience.



In order to stop the parents' corporal punishments and to enhance parent-child relationship,

both the Stress Management Group and Batterer Intervention Therapeutic Group aimed at introducing skills training to enhance parent's insight of the problem and encourage them to adopt positive thinking. The participating parents revealed that they learned to deal with their children's issues in positive ways after the group. They could discipline their children with positive ways rather than using corporal punishment. Moreover, the participating parents tried different kinds of relaxation methods during the group sessions, in order to release their stress experienced in daily life and parenting.

Katy Lo Project Social Worker

The Hong Kong Jockey Club community Project Grant - Healthy Start Home Visiting Project

Sponsored by the Hong Kong Jockey Club Charities Trust

Picture Books Storytelling - Parent Workshop

The Picture Books Storytelling for Parents Workshops were held on 21, 28 September, 12 and 19 October 2019 in Tuen Mun Centre. A total of 58 participants joined the workshop. We invited a speaker from Hans Anderson Club to share parent-child paired reading skills with our participating families and volunteers. Themes included Reading Aloud Skills, Storytelling Props Making and Dialogic Storytelling. In the last session, each participating family received two complimentary picture books, encouraging parents to practice their storytelling skills with children.

Family Outing to Ocean Park Hong Kong 2019

In order to enhance parent-child communications and encourage families to enjoy activities together, the Family Outing to Ocean Park Hong Kong 2019 was held on 30 November 2019. 51 family members and volunteers participated, with it being their first visit for a number of children. They were amazed by the gigantic sea creatures and the thrill rides in Ocean Park. The weather was wonderful on the day, bringing participating families a delightful trip.



Hooray with HS Joyful Day - Volunteer Gathering

On 6 December 2019, we organised a project volunteer gathering session in Tai Tong Country Park. Volunteers shared their joyful and unforgettable experience during home visitations. 14 volunteers participated in our activity and they were very enthusiastic in participating in the team-building games, which helped facilitate their cooperation and understanding. We sincerely thank all of our volunteers for their contribution and support to our project.

Ben Poon
Project Social Worker

Child Abuse Treatment Corner -Volunteer Home Visitation Service

Sponsored by Fu Tak lam Foundation Limited

A Christmas party was held on 8 December 2019 at Hong Kong Parkview. There were 139 participants who join the party. They enjoyed a wonderful lunch buffet, played games and had a lucky draw. Parents and children made Christmas trees and snowmen together, which facilitated their interaction and communication. Thanks to the support and assistance of volunteers from DTFU Charity Foundation and the Hong Kong Federation of Women Lawyers Limited, the Christmas gathering was finished in a joyful atmosphere.

Katy Lo Project Social Worker



Good Parents' Networking Project

Collaborative partner: Save the Children Hong Kong



A number of parent-child activities were held in October to December 2019, including Parent-child Floor Curling, Christmas Party and Outdoor Expressive Arts Workshop. Through activities, parents and children had more interactive opportunities, which helped improve parent-child relationships, and provided quality time for parents and their children. We finished the ten sessions of the Good Parent Training Course in September to December. There were 12 parents who attended the workshops. The participants had a deeper understanding of positive parenting. They commented that the content was very practical and could improve their parent-child relationship.

Stone Leung
Project Social Worker

Chuk Yuen Centre family Corner

As at December 2019, the Mobile Parent-child Toy/Book Corner held seven sessions, and an average of more than 30 families attended every time. Parents and children enjoyed playing toys or reading books together. In 2020, we will also arrange a Parent Storytelling session to let parents recognise the importance of parent-child reading, thereby enhancing parent-child relationship.

I would like to thank the families of Chuk Yuen Family Corner for their continuous support for the work of ACA. On 2 November 2019, the 4th Birthday Gathering of Family Corner Members was held at McDonald's in Chuk Yuen Shopping Centre. Many participating parents said that it was the first time for their children to have a birthday party at McDonald's with a McDonald waitress leading games for



them. Besides, they received birthday gifts and participated in a lucky draw at the end. They thanked Chuk Yuen Family Corner for organising the celebration for them. Chuk Yuen Family Corner looks forward to continuing to improve the quality of its service and bringing joy and unforgettable memories to more families!

December is an important month for many people. The members of Chuk Yuen Committee and volunteers and their families went for a barbecue in Wadakiyama, Sha Tau Kok on Christmas Day. They participated actively in group parent-child games and enjoyed the game facilities in the park. We were glad to see many happy faces on that day.

From October to December 2019, we organised a children therapeutic group Happy Smart Kids for primary 5 and 6 students in Baptist Rainbow Primary School in order to provide appropriate support to them. Through learning emotional expressions skills and playing group games, we helped students learn to recognise their emotions, manage their emotions effectively, and learn self–appreciation. According to our observation, most of the students had low self-image before. They were not used to showing appreciation on themselves or expressing their feelings. Besides, when relating with others, they lost control of their emotions easily. During the group process, students gradually learned to express their emotions well under the principle of not hurting themselves, not hurting others, not destroying objects, and venting the emotion in an appropriate situation, etc. The group allowed them to relieve unhappiness and better understand their emotions and understand themselves. We are delighted to see the student's growth and change.

May Chan
Social Worker

Tuen Mun centre family corner



Our Hands Farm Family Farming Outing Funded by UPS Parcel Delivery Service Ltd.

Thanks to the sponsorship from UPS Parcel Delivery Service Ltd., Tuen Mun Centre was able to organise a family outing to Our Hands Farm in Tai Kong Po, Kam Tin on 15 December 2019. A total of 56 participants from 18 families experienced the lifestyle of farmers on that day. Children and their parents enjoyed the bamboo craft, handicraft and cooking workshops. This unforgettable weekend getaway experience helped improve the parent-child communication of the participating families.

Good Parents Positive Parenting Course 2019

Funded by UPS Parcel Delivery Service Ltd.

With our gratitude to the sponsorship from UPS Parcel Delivery Service Ltd., an 8-session Good Parents Positive Parenting Course was held in Tuen Mun Centre from 7 November 2019 to 2 January 2020. The course aimed at equipping parents with positive parenting skills, including understanding of children growth and developmental needs, handling children's emotions and misbehaviours, improving listening and communication skills, etc. The 18 parents who participated in the course will be invited to join the Tuen Mun Centre Family Corner Volunteer Group afterwards, helping ACA promote positive parenting and child protection services.



Ben Poon
Project Social Worker



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AA	Against Child Abuse
	Against Child Abuse 防止虐待兒童會

請在適當□內加上√號 Please tick □ as appropriate

本人樂意幫助防止虐待兒童會 I would like to help ACA:

	一次捐款 One Off HK\$	每月捐款 Monthly (由 月至 月) (from to) HK\$	
現金 By Cash			
支票 By Cheque			銀行 Bank: 支票號碼 Cheque No.: 抬頭註明:防止虐待兒童會有限公司 Cheque made payable: Against Child Abuse Ltd.
信用卡 By Credit Card			Visa □ Master □ AE □ 持咭人姓名 Cardholder: 信用卡號碼 Card No.: 信用卡到期日 Expiry Date: 簽署 Signature:
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口否 No 捐款港幣一百元		申請扣減稅項。Dona	tions of HK\$100 or above is tax deductible. 人機構 By recommending ACA to contact:
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