

2023

AUGUST
Newsletter



In recent years, serious child abuse incidents have once again aroused the attention of all sectors of society. Children are vulnerable and they may not be able to seek help or articulate what happened to them when abused. Under-reporting is common when the abuser is a parent or family member of the child. We are glad to learn that the "Mandatory Reporting of Child Abuse Bill" was gazetted on June 2 and submitted to the Legislative Council for deliberation on June 14. The Bill demonstrates the determination of our community in the protection of our children. We deeply support it and hope that the Bill will be successfully passed in the Legislative Council and weave a comprehensive protection net for our children. We also expect that the government working group will make sufficient preparations for the supporting measures during the transition period, including professional training, reference guide, manpower augmentation, emergency placement for children, publicity and education, etc., to ensure that the mechanism can play a role of "early identification and effective intervention".

On 30 June, our Child Protection Institute organised a Certificate Course on "Identification, Assessment and Intervention of Suspected Child Abuse Cases" for professionals. The contents covered milestone of child protection development, risk factors and impacts, child protection legislation, mandatory reporting, identification and handling, risk assessment, interview skills, etc. The participants of the day actively participated in all discussion sessions.

Many parents of grass-roots families encounter difficulties

in balancing work and childcare. They face long-term economic and caring pressures that cannot be relieved, and tend to become anxious and tense. This will not only affect the mental health of carers, but also increase the risks of parenting and child abuse. In mid-June, our Agency submitted its views to the Panel on Welfare Services of Legislative Council on the "Policies Related to Carers", suggesting that the government strengthens supports for child carers, including allowance to child carers, 24-hour hotline services, reviewing and enhancing day child care services as well as Neighborhood Support Child Care Project, and launch of publicity campaigns for child carers. For details of the submission, please visit our website (www.aca.org.hk).



Our Director was invited by the Cradle of Hope Association, Macau to share the Overview of Child Protection in Hong Kong and the preventive services of the Agency at the 2nd Child Protection Conference – Macau held on 9 June. The conference facilitated mutual exchange and learning among professionals from different regions and different fields, working together to create a safe environment for children to grow up.

Our Director received the vice-principal, teacher and student representatives of La Salle College, who visited our Head Office on 9 May. The students' enthusiasm for caring about the society and helping others is much appreciated. We also sincerely thank the Students' Union for their support of our child protection work for donating part of the proceeds from their fundraising activities to help prevention work in child abuse.

Donna Wong
Director

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Ms Pearl Lee, Ms Agnes Kwong,
Mr Patrick Wong



Volunteer Training (Breastfeeding) Course

Breastfeeding provides infants with the best quality and most natural nutrition, encouraging their healthy growth and development while strengthening the bond between mothers and infants. In recent years, an increasing number of mothers have become aware of the benefits of breastfeeding for infants, prompting to choose for breastfeeding. However, it is common for breastfeeding mothers feel lack of confidence and experience difficulties. At this crucial time, volunteers from our Home Visiting Projects offer emotional support to mothers and introduce community resources to provide assistance.

Thanks to the Baby Friendly Hospital Initiative Hong Kong Association for organising a two-day volunteer training course on breastfeeding on 7 and 21 May. The course was taught by experienced International Board Certified Lactation Consultants (IBCLC), midwives, and registered Chinese medicine practitioners who provided professional and accurate knowledge on breastfeeding. The course covered the advantages and techniques of breastfeeding, infant needs, common difficulties during breastfeeding, and postnatal diet adjustments. 19 volunteers from The Hong Kong Jockey Club Community Project Grant: Healthy Start Home Visitation Project and "Child Abuse Treatment Corner" Volunteer Home Visitation Service attended the course. After completing the training, Dr Leung Wing-cheong, Chairperson of the Baby Friendly Hospital Initiative Hong Kong Association, and Ms Donna Wong, our Director, presented certificates to the volunteers and took group photos. Volunteers were enthusiastic and eager to apply the knowledge and skills learned in the course to support the project families, thus enabling more mothers to understand the advantages and techniques of breastfeeding and continue to breastfeed their children.



Here are some comments from the volunteers:

Poo Kun: "After completing the course, I promote the advantages of breastfeeding to my friends. I appreciate all the instructors of the course; they were all very professional."

Hoi Yan: "The course helped me understand the importance of breastfeeding and dispelled many misconceptions. I learned various methods to assist mothers in successfully breastfeeding. These will be very useful when visiting families."

Pan: "The course gave me more professional knowledge to explain the advantages of breastfeeding to new parents and to encourage new mothers to continue with their breastfeeding."



Shui Fong: "I look forward to applying the knowledge learned in the classroom during home visits. I hope to put these knowledge into practice and share with the new mothers to assist them in addressing their concerns and grow together."

Vinky Lam
Service Manager (Tuen Mun Centre)

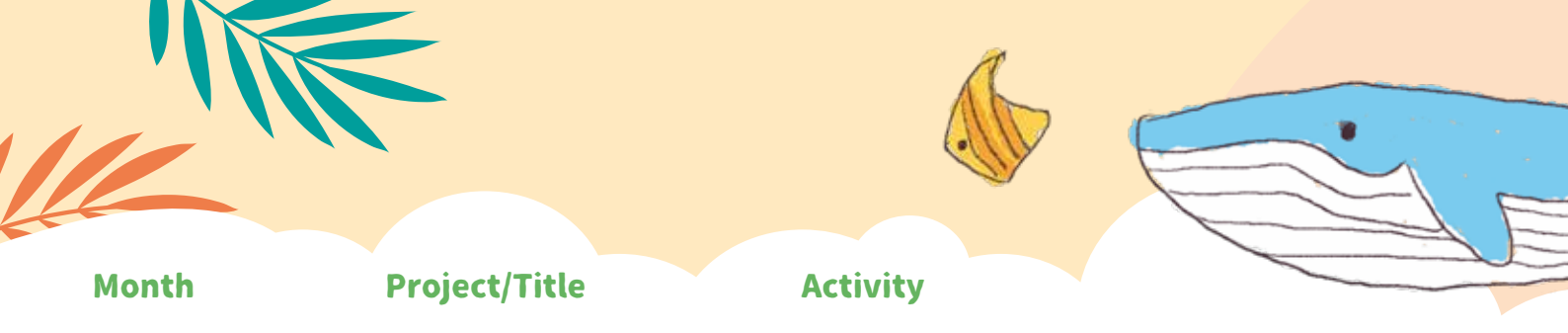


Summary of Major Activities for April to June 2023



Month	Project/Title	Activity
April	Carnival	<ul style="list-style-type: none"> • “No Spank • More Love in Home” Carnival on 29 April
April to May	Give Children the Best Start Home Visiting Project	<ul style="list-style-type: none"> • Game Booth in Parent-child Fun Day on 22 April • Positive Parent Education: Communication Through Picture Books on 28 April, 5, 12 and 19 May
April to June	Bless My Home Forever Volunteer Home Visitation Project	<ul style="list-style-type: none"> • Game Booth in Parent-child Fun Day on 22 April • Volunteer Training on 26 April, 19 and 30 June • Family Sharing Forum <ol style="list-style-type: none"> 1. 6As of Positive Parenting Step 1: Acceptance on 21 June
	Joyful Kids Group	<ul style="list-style-type: none"> • Hong Kong Lutheran Social Service Flag Day on 22 April • Group Meeting and Training: SpankOut Day Booth Preparation on 22 April • Group Meeting and Training: Orientation Day on 13 May
	Child Abuse Treatment Corner	<ul style="list-style-type: none"> • Batterer Intervention Therapeutic Group for Parents XIII (Session 4-8) on 14, 28 April, 5, 12 and 19 May • Children Group on 14, 21, 28 April, 5, 13 and 19 May • Parent-child activity: Day Trip in Cheung Chau on 16 April • Stress Management Group for Parents with Depressive Features XV (Session 5-8) on 18, 25 April, 2 and 9 May • Volunteer Training on 26 April, 3, 7, 21 May and 17 June • Parent Talk - Be Authoritative Parents on 20 May • Positive Parenting Training Course (III) & (IV) on 20 May • Batterer Intervention Therapeutic Group for Parents XIV (Session 1-4) on 7, 14, 21 and 28 June
	Healthy Start Home Visiting Project	<ul style="list-style-type: none"> • Child Rearing Lesson for New Parents on 15 and 22 April • “Mommy, I Love You” Happy Mother’s Day Story Sharing on 13 May • Happy Messy Experience Day on 27 May • Volunteer Basic Training Course on 2, 9 and 23 June • “Kids Daddy” Play Day on 18 June
	Tuen Mun Centre Family Corner	<ul style="list-style-type: none"> • Leisure Corner – Handicraft and Cooking Activities on 11, 18 April, 9, 16 May, 13 and 20 June • Quarterly Parent-child Park Orienteering at Yuen Long Park on 14 April • “Playback Theatre”: My Teenage Child and I on 26 May • Volunteer Recreational Activity – Wrapping Rice Dumpling on 15 June
	Chuk Yuen Centre Family Corner	<ul style="list-style-type: none"> • Breathing Club on 20, 27 April, 4, 11, 18 and 25 May • Committee Gathering on 25 April, 30 May and 20 June • Birthday Party (1st Season) on 17 June
May to June	Good Parents’ Networking Project	<ul style="list-style-type: none"> • Leisure Corner – Parents’ Relaxation <ol style="list-style-type: none"> 1. Pastel Nagomi Art on 17 and 24 May 2. Mosquito Repellent Balm Making on 8 and 15 June • Promotion Booth on 21 and 26 June





Month

Project/Title

Activity

June	Child Protection Institute	<ul style="list-style-type: none"> • Identification, Assessment and Intervention of Suspected Child Abuse Case Certificate Course on 30 June
	Daylily Project for Young/Single Mothers	<ul style="list-style-type: none"> • Volunteer Training 1: Orientation Training on 19 June • Family Sharing Forum <ol style="list-style-type: none"> 1. First Step of Communication: No Criticism on 21 June
	Parent-child Support Line	<ul style="list-style-type: none"> • Advertising at Facebook from 19 to 30 June • Promotion Booth on 21 and 26 June

Forthcoming Events for July to September 2023



Month

Project/Title

Activity

July to August	Child Abuse Treatment Corner	<ul style="list-style-type: none"> • Batterer Intervention Therapeutic Group for Parents XIV (Session 5-6) on 5 and 10 July • Parent-child Activity on 8 July • Positive Parenting Training Course (V) on 29 August
July to September	Bless My Home Forever Volunteer Home Visitation Project	<ul style="list-style-type: none"> • Family Sharing Forum on 6As of Positive Parenting <ol style="list-style-type: none"> 1. Step 2: Skills of Appreciation on 8 July 2. Step 2: Appreciation and Practice on 8 July 3. Step 3: 5 Love Languages on 21 July 4. Step 3: Show Me Your Love on 21 July 5. Step 3: Children's Iceberg on 1 August 6. Step 3: Split the Iceberg on 1 August 7. Step 4: Keys of Quality Time on 19 August 8. Step 4: Quality Time Now on 19 August 9. Step 4: To Build a Harmonious Parent-child Relationship by Play on 26 August 10. Step 4: Play Time (I) on 26 August 11. Step 4: Children's Emotions on 23 September 12. Step 4: Play Time (II) on 23 September
	Joyful Kids Group	<ul style="list-style-type: none"> • Summer Program <ol style="list-style-type: none"> 1. Group Leaders Training on 15, 22 July and 12 August 2. Group Members Training on 15, 22 July and 12 August 3. K-pop Dancing class on 18, 25 July, 1, 15 and 22 August 4. Fun Board Game Group on 19, 26 July, 2, 9, 16 and 23 August 5. Creative Drawing class on 21, 28 July, 11, 18 and 25 August 6. Joyful Kids Daycamp on 4 August • Voluntary Service: SidebySide Flag Day on 19 August





Month

Project/Title

Activity

July to September

Daylily Project for Young/Single Mothers

- Family Sharing Forum
 1. Observe Your Child on 8 July
 2. Appreciate Your Child on 8 July
 3. Objective Observation Without Criticism on 21 July
 4. Identify Your Own Feelings on 21 July
 5. Feelings on 1 August
 6. Embrace Your Feelings on 1 August
 7. Understand Your Child on 19 August
 8. Embrace Your Child's Feelings on 19 August
 9. Goodbye Holiday on 30 August
 10. Enjoy Summer on 30 August
 11. Quality Communication on 23 September
 12. Communication in Play on 23 September

Good Parents' Networking Project

- Inter-generational Parenting Group on 4, 11, 18 and 25 July
- Leisure Corner - Parent-child Handicrafts
 1. Decoupage on 14 July
 2. Pastel Nagomi Art on 17 July
 3. Clay Photo Frame on 8 August
 4. Crystal Glue Keychain on 18 August
- Children City Hunt on 17 July
- Leisure Corner - Parent-child Kitchen
 1. Steamed Rice Cake on 19 July
 2. Serradura Pudding on 24 July
 3. Octopus Balls on 3 August
- Parent-child Outing on 23 July
- Parent Education Talk: Talk Sex with Children on 26 July
- Children Play Group on 2, 9, 16 and 23 August
- Inter-generational Activity on 4 August
- Kwai Chung Centre Fun Day on 26 August
- Leisure Corner - Parents' relaxation on 13 September



Healthy Start Home Visiting Project

- Parent Talk and BB Birthday Party on 29 July
- Post-natal Care Support Volunteer Training on 8 September
- Physical Fitness for Toddlers on 9 September

Tuen Mun Centre Family Corner

- K-pop Fun Dance Children Group on 19, 26 July, 2, 16 and 23 August
- "Be a Masterchef" Children Group (Party Cuisine) on 20, 27 July, 10 and 17 August
- Dodgebee Sports Children Group on 24, 31 July, 7 and 14 August
- Elderly Volunteer Service Children Group on 24, 31 July, 7 and 14 August
- Children Learning Tour with Awesome Experience on 3 August

Chuk Yuen Centre Family Corner

- Committee Gathering on 25 July, 29 August and 26 September
- "I Promise" Street Counter on 12 August
- Birthday Party (2nd Season) on 23 September

Parent-child Support Line

- Advertising at Facebook from 1 to 31 July
- Promotional Video on Media Platform from 1 August to 30 September

Sincere Thanks to Your Donation



We have been receiving donations from the public and benevolent companies during the pandemic. We are thankful for the generosity that had brought a lot of love and care to our service families. It is grateful to have the support from Fatchitat Food Company Limited over the past three years. They sent seasonal fruits to social welfare organisations every year and we are honored to be one of the beneficiaries. They donated 30 boxes of Australian Tasmanian cherries and 6 boxes of Taiwan Irwin mangoes to our families and service users.

We would like to express our gratitude to donors Mr Po, Ms Yip and Ms Lee for naming our Agency in their will to help eliminate child abuse cases and promote a caring and non-violent environment for children through platform "ForeverGift".



Give Children the Best Start Home Visiting Project Sponsored by the Community Chest of Hong Kong

The three-year "Give Children the Best Start" Home Visiting Project was smoothly completed in May 2023. Over the course of the three-year project, we successfully recruited and trained 119 volunteers to provide support and parenting information to families in need. These volunteers conducted regular visits to 186 families. They paid a total of 1928 visits to these families. They provided parenting support and emotional support during their visits, and the participating families of the Project responded positively to the program's visitation services.

Over the past three years, we promoted positive parent-child interaction through organising various parent-child activities. We helped participating family members to broaden their life experiences, and strengthen their confidence. These activities included parent-child Flag Day, Mid-Autumn Festival party, day trip to the park "Wadakiyama" and parent-child Christmas party, etc. These activities helped children step into environments they were not familiar with and allowed parents to see their children's growth.

To support parents and relieve stress from taking care of children, a total of 13 parenting workshops were held, including COVID-19 health talks, parent-child massage workshops, and "Mommy, Relax" stress reduction groups, etc. in these three years. A total of 195 participants attended these events. These activities not only shared different parenting information, they also provided a platform for parents to share their parenting experiences. Most importantly, they allowed parents to find the important balance between childcare and self-care.



Chan Wing Yan
Project Social Worker



Good Parents' Networking Project

The Good Parents' Networking Project provides parenting education activities for families in the Kwai Tsing District. Through the efforts of positive parenting training courses and parent-child activities, the project aims at strengthening parent-child communication, promoting family harmony, and fostering a spirit of mutual assistance in the community.

With the support of parent volunteers, the Good Parents' Networking held "Parents' Relaxation: Pastel Nagomi Art" event on 17 and 24 May. Through a simple, creative and relaxing activity, parents were able to experience a sense of relaxation and joy, thus reducing their stress in parenting.

In addition, on 8 and 15 June, we held a "Parents' Relaxation: Mosquito Repellent Balm Making" workshop. This workshop not only taught parents how to make natural mosquito repellent, but also provided an opportunity for parents to share their experiences and insights on raising children.

We believe that the Good Parents' Networking Project provides a valuable resource for the community. By participating in these activities and workshops, parents can gain new knowledge and skills while building a supportive network of fellow parents.

If you are interested in joining the Good Parents' Networking or learning more about our upcoming events, please contact Ms. Lai, the responsible social worker, at 2915 0607 (Kwai Chung Centre). Let's work together to build a stronger community and support each other on the journey of parenting.

Olivia Lai
Service Manager (Kwai Chung Centre)



Parent-child Support Line

Collaborative partner: Save the Children Hong Kong

ACA Parent-child Support Line provides a channel for the public and professionals to report suspected child abuse cases or cases involving child discipline issues. We also provide phone counselling to parents and children to deal with their emotions and suggest ways to address the problems they encounter. Our hotline service plays an important role in early prevention and intervention in our work in protecting children.

Yvonne Wai
Project Officer

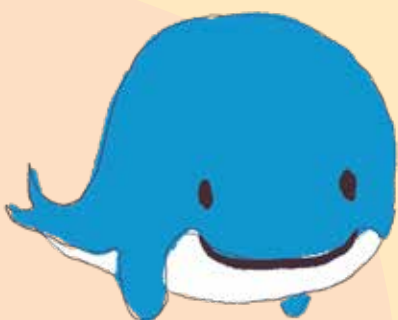
Parent-child Support Line:

2755 1122

Service:

9:00a.m. - 9:00p.m. (Monday to Friday)

9:00a.m. - 1:00p.m. (Saturday)



Bless My Home Forever Volunteer Home Visitation Project

Sponsored by the Community Chest of Hong Kong

It is all parents' hope that their children can grow healthily and happily. However, children will experience ups and downs during their growth. Dr Josh McDowell from the United States proposes the "Six A's of Positive Parenting" to help families establish healthy and close family relationships, allowing parents to be more proficient in parenting and accompanying their children. This year, "Bless My Home" has adopted the "Six A's of Positive Parenting" as its annual theme. Through a series of family sharing forums and parent-child activities, we aim at helping parents to apply the "Six As" to their daily life and parenting.

The "Six A's of Positive Parenting" represents "Acceptance", "Appreciation", "Affection", "Availability", "Accountability" and "Authority". The "order" of these six As is the key to success in parenting. Just like building a house, we need to have a good foundation so that the house will be sturdy. The theme of the first family sharing forum held on 21 June was "acceptance". "Acceptance" seems easy, but it is harder to achieve than we think. Some parents equated "acceptance" with "indulging children", while others based "acceptance" on their children's behaviors and academic performance. However, true "acceptance" means accepting our children unconditionally. We accept our children simply because they are our children, not because of their achievements or other factors. Through the sharing forum, parents understood that they should help children face their mistakes, and let them know love is always here.



Yan Yu
Social Worker

Child Abuse Treatment Corner

Sponsored by Fu Tak Iam Foundation

The Child Abuse Treatment Corner collaborated with different kindergartens and primary schools to organise Stress Management Groups and Batterer Intervention Therapeutic Groups. Through adopting cognitive behavioral therapy, parents learned positive thinking, understood children's needs from a different perspective and learned better emotional management in parenting. Views of the group members who joined the Stress Management Groups in March to May 2023 included:

Sana: The parent group helped me understand the hidden reasons behind the behaviors of my children. Also, I have noticed that everyone has their own traps in thinking. We can avoid it by adopting the 5S Management System. I will remember "Good mood leads to good behaviors."

Cindy: I can share and learn parenting and communication styles with other parents. Besides, I can learn how to get along with children, and understand the methods and importance of controlling emotions. After attending this class, I have more positive thoughts than negative ones. Thank you for having a parent group.

Sophia: What I gain from participating in the group is that I can remind myself to be more rational. By staying happy, one can make the whole family more harmonious. The group refreshment made me feel that I am being taken care of. Thank you for making me so heartwarming!



Yetta Chan
Project Social Worker

The Hong Kong Jockey Club Community Project Grant – Healthy Start Home Visiting Project Sponsored by the Hong Kong Jockey Club Charities Trust

Child Rearing Lesson for New Parents

We held the first child rearing lessons of this year on 15 and 22 April. A total of 13 families attended the course. The social workers first introduced the development of newborns and related health issues, and then project volunteers (trained confinement nannies/ post-natal care workers) took turns in sharing and demonstrating infant care skills. Lastly, baby dolls and related items were provided for the new parents to practice in groups. A pair of new parents thanked all the staff and volunteers for being "very patient and caring, they professionally explained related issues to us and actively taught us knowledge and skills, which are all very helpful to us."

"Mommy, I Love You" Mother's Day Story sharing

We held a Mother's Day picture book sharing on 13 May. The story of "Hug Hug" was shared with toddlers (aged 18 months or above) and their parents, encouraging parent-child intimate physical contact, including hugging and holding hands. Then, social workers guided the toddlers in drawings flowers for their mothers. Twenty participants attended the event. The parents and children all enjoyed the activity, and the story of "Hug Hug" was a good attraction for the children.

Happy Messy Play Experience Day

To encourage families to arrange multi-sensory exploration games for infants and young children to stimulate their seven senses development, we held two Messy Play experience activities on 27 May with the theme of "Cool Summer". We used ice-cold materials for exploration and games. Thirty-eight people attended. Toddlers aged 18 to 36 months slowly got in touch and enjoyed playing with color ice cubes, jelly, and other materials under the encouragement of their parents. Parents liked this kind of child stimulation and hoped to arrange similar activities for their children at home.

"Kids Daddy" Play Day

On 17 June, we prepared a Father's Day celebration event for families to enjoy parent-child time. The activity included simple parent-child orienteering tasks in a shopping mall in the Tsuen Wan district, encouraging them to get to know and interact with other families. After this, they went to the Kidstation indoor playground to enjoy the facilities and make Father's Day gifts for their fathers. Parents and children had a great time and thought the activity was easy and fun.

Basic Volunteer Training Course

We held the new volunteer training course on 2, 9 and 23 June. We had recruited about 20 volunteers. The content of Home Visitation Project was introduced and volunteers had equipped themselves with knowledge and skills for home visitation.

Yeung Sze Nga
Project Social Worker





Tuen Mun Centre Family Corner

Wrapping Rice Dumpling for Dragon Boat Festival

Wrapping Rice Dumpling has been one of the greatest annual events for our family corner volunteers. It was held in two different time slots and a total of 20 participants attended. Volunteers worked hard to prepare ingredients and the bamboo leaves. During the programme, they taught the beginners the basic wrapping skills. The exchange of cooking experiences helped promote mutual understanding among volunteers. We would like to express our gratitude to the volunteers for their preparation, which allowed the activity to proceed smoothly.



The quarterly Parent-child Park Orienteering Activity - Yuen Long Park

The Parent-child Park Orienteering Activity has entered its fourth session. Nearly 10 parent-child pairs have visited Butterfly Bay Park, Tuen Mun Park, and Tin Shui Wai Park since last summer and Christmas. This time, they came to Yuen Long Park and challenged themselves to complete different parent-child tasks and find designated points together. Through these activities, they have developed parent-child rapport and improved their relationships. The following sharing was quoted from participants' feedback form:



"The parent-child games are very thoughtful!"

"It feels great to find the designated points on the map with my children."

"The staff members are very enthusiastic!"

"We hope to have more parent-child activities like this!"

Orienteering can enhance children's strategic thinking and concentration, and completing various parent-child tasks can bring unforgettable memories to each family. The workers had invited those families to join the volunteer team to plan different parent-child tasks and support future parent-child orienteering activities.

Peter Ng
Project Social Worker



Daylily Project for Young/ Single Mothers

Sponsored by the Community Chest of Hong Kong

On 19 June, we provided a Volunteer Training to 9 students from the Nursing School of the University of Hong Kong. We introduced our agency's background, the overview of child protection in Hong Kong, the characteristics of our project's services and the skills in leading activities. The purpose of this training is to ensure that volunteers are well prepared to assist social workers in organising family activities. We are happy to see that the students who participated in the volunteer training expressed their interest in the project and showed their intention to provide volunteer services to the project families.

In the summer holiday, the volunteers have planned a variety of activities for the families such as nutrition talk and parent-child cooking class to share healthy eating habits and how to prepare delicious and nutritious meals. Additionally, the volunteers will conduct workshops on preventing infectious diseases and protecting against mosquito-borne diseases, to help families protect themselves and their children from potential health risks.

The volunteers hope to apply their professional knowledge to assist families in learning more about healthy living and creating a healthy environment for their children. Through the activities, the parents and children can enjoy quality family time together as well as enhance their relationship.

We express our heartfelt gratitude to the volunteers from the Nursing School of the University of Hong Kong for their participation. We look forward to collaborating with them in the future to create a more caring environment for children's growth.

Terri Chu
Social Worker



Joyful Kids Group – Child Development Group



Joyful Kids is a group formed by children aged 7 to 17 and some young volunteers. In order to facilitate personal growth and the development of children and youth, the group provides training and voluntary services to enable members to fully unleash their potential.

On 22 April, Joyful Kids members gathered at Tuen Mun Centre to design and create game booths for the "SpankOut Day". On April 29, they participated in the "SpankOut Day" carnival Chuk Yuen Centre. Members assisted and hosted the game-booth to promote message of positive parenting. In addition, our members also presented all the 100 pieces of handmade ornament as small gifts to the participants, earning much appreciation.

On 13 May, an orientation activity was held to introduce the purpose of Joyful Kids Group, its planned activities and services in the coming year. Both new and old members had a chance to know each other. Members participated proactively in the mass games, learning to be observant and acquiring communication skills. Cohesion among group leaders and members had increased. It is hoped that the group can work together participating in more volunteer services for the needy people in the coming year.

Yeung Sze Nga
Project Social Worker

Chuk Yuen Centre Family Corner



In response to the "International SpankOut Day" on 30 April each year, Chuk Yuen Centre Family Corner has conducted various activities to promote positive parenting. In addition to the "No Spank • More Love in Home" carnival on 29 April at Chuk Yuen (North) Estate, exhibit drawings from parent-child art competition with the theme of "Love • Coherence" were shown at the MTR Community Art Gallery in Wong Tai Sin in April to promote the message of caring for families.



Chuk Yuen Centre is committed to organising different parent education activities, family gatherings, and outdoor activities to help participants learn about positive parenting knowledge and skills, strengthen the connection between family members, and establish harmonious family relationships. From April to May, we held a "Breathing Club" parent group, to facilitate positive parenting through activities such as mindfulness, art, and handicrafts, emphasizing the importance of managing carer emotions in child discipline. Participants responded enthusiastically and looked forward to similar activities in the future.



Furthermore, Chuk Yuen Centre actively recruits volunteers. We hope to identify volunteer talents to maximize impacts of activities for those in need. By participating in various activities at the Centre, volunteers not only provide support to families, they also help expand Center's service scope to benefit more people.

Due to the pandemic, the quarterly birthday party had to be postponed. However, on 17 June, we finally had the opportunity to hold the first birthday party of the year. The event received a warm response, with a total of 14 families participating. Due to the red rainstorm and thunderstorm warning, the outdoor activities were moved indoors. Although the activity space was reduced, it did not dampen participants' enthusiasm in parent-child games. After the games, we enjoyed a big lunch together. One of the participants even made a birthday cake, adding much warmth. This event once again provided a time for the families to enjoy parent-child activities and build intimate family relationships.

Thank you for your support for Chuk Yuen Centre Family Corner. We will continue to promote positive family relationships, prevent child abuse and dedicate ourselves to providing more support and services to give back to the community.

Kenneth Poon
Service Manager (Chuk Yuen Centre)

