Against Child Abuse 防止虐待兒童會





Against Child Abuse wishes you and your family a happy and healthy Year of the Dragon! At the start of the New Year, we would like to thank all who have unfailingly supported us over the years. We pray we will continue to have your gracious support working together with us to create a safe and caring environment for the optimal growth of our children!

On 16 November 2023, we concluded our work in 2022/23 at the Annual General Meeting and released our significant events,

service statistics and recommendations on child protection through a press conference. Our statistics showed that the majority of suspected abused children were aged six to eight. Nearly 70% of suspected abusers were family members. Of the suspected child abuse cases, physical abuse ranked the highest in number, followed by psychological abuse. Among multiple abuse cases, physical and psychological abuse accounted for the largest number, and leaving children unattended topped the number of child neglect cases. As for the risk factors of suspected child abuse or parenting difficulty cases, about 60% were suspected abusers related. The highest proportions were child rearing and parenting skill deficiency, expectations too high for children, emotional or psychological problems, and marital problems. Besides, it is common for children to

use the Internet for learning, entertainment or socializing. This has increased their risk of them being exposed to potential perpetrators on online platforms. Early problem identification to render assistance is the key in child protection. We hope that the "Mandatory Reporting of Child Abuse Bill" can be successfully passed in the Legislative Council as soon as possible, and will be supplemented by complete supporting facilities to create a comprehensive protection net for children. On the advocacy front, we also suggest the government to accept the recommendations in the Final Report by The Law Reform Commission of Hong Kong on "Causing or allowing the death or serious harm of a child or vulnerable adult" introducing the new offence and reviewing the maximum penalty under section 27 of the Offences against the Person Ordinance (Cap. 212); to totally ban corporal punishment including in the home; to promote non-violent ways managing children in the community; to set up organizational child protection policies; to set up mandatory Sex Conviction Record Check System; to implement comprehensive school sex education; to formulate policies and regulations to ensure online

safety; to allocate more resources for early prevention of child abuse and parent support services, etc. At the press conference, a social worker and a volunteer of Daylily Project for Young/Single Mothers shared how the project helped single mothers overcome difficulties and regain laughter and hope. For details of the press release, please visit our website (www.aca.org.hk).

A Child Protection Carnival was held on 21 parenting

January 2024 at Yan Tin Estate, Tuen Mun. We promoted the messages of ending all forms of corporal punishment on children. We also promoted positive exhibitions and booth games. For children, a safe and harmonious family is the cornerstone for their healthy growth impacting on their physical and psychological development.

With the approval of the Social Welfare Department, we will hold the Flag Day in the New Territories on 24 February 2024 (Saturday) to inform the public about our services and raise funds to sustain child abuse prevention work. Through exquisite flag stickers design of animal families visiting Hong Kong locations, we encourage the merits of quality parent-child activity time outdoors. If you are interested in becoming a flag selling volunteer to support our work, please visit our website.

> **Donna Wong** Director

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十四层巡年大分一記者招待會

盖毁玲女士



Editorial Team: Dr Patrick Cheung, Ms Donna Wong, Ms Pearl Lee, Ms Agnes Kwong,











Child Abuse Treatment Corner

Sponsored by Fu Tak lam Foundation Limited

Child Abuse Treatment Corner, sponsored by the Fu Tak lam Foundation Limited from 2019 to 2023, aims at supporting families with children aged 0 to 5 in Kwai Tsing District. Trained volunteers with good parenting experience and knowledge visit homes of families on a regular basis to provide emotional support and introducing community resources.

In the past five years, we have successfully recruited approximately 300 families and trained 299 volunteers. These trained volunteers conducted over 2,800 home visits, providing emotional support and parenting information to families in need. To support parents in the community, kindergartens and primary schools were involved as project collaborators. We have rendered 17 Stress Management Groups for parents with depressive features and 15 Batterer Intervention Therapeutic Parents Groups. Cognitive behavioral therapy was adopted as the theoretical framework in the groups, which had attracted over 300 participants. Parents were empowered with positive parenting strategies in navigating various stressors in parenting.

Despite the unprecedented impact of the COVID-19 pandemic on the project, which persisted for three years, we remained committed to our mission and adapted our services accordingly. In response to the changing needs of the community, we provided virtual activities and distributed essential resources to families in need. As the community gradually returned to normalcy, we resumed face-to-face home visits and organised the much cherished outdoor parent-child activities, such as City Hunt at Cheung Chau, Farm Visits and Christmas Parties. These activities were designed to meet the developmental needs of children, fostering exploration and creating enriching experiences within a safe environment.





This project has received positive feedback from participating families. Parents expressed that they understood their children's growth needs, learnt to deal with emotions and use positive methods to discipline their children through home visitation service and group activities. Parent-child activities also promoted communication and interaction between them and their children. These feedback greatly inspire the project team.

Grateful for the continual support from the Fu Tak lam Foundation Limited, we are able to have project extension for another 3 years from 2024. We will continue to provide invaluable support to families in the district and are commencing project promotion to recruit families and volunteers. If you want to be a volunteer or receive support in parenting, you are most welcome to join us!

Mirance Wong
Project Social Worker





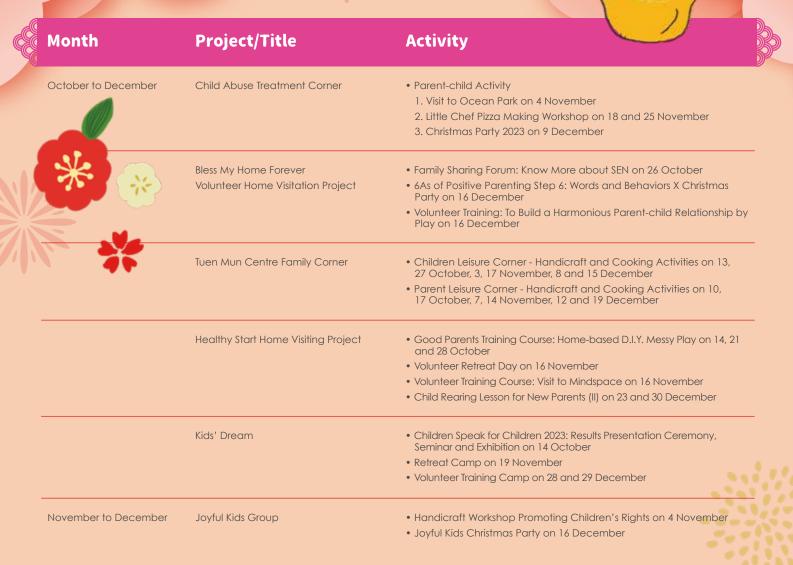






Summary of Major Activities for October to December 2023

Month	Project/Title	Activity
November	Annual Press Conference and Annual General Meeting	The 44 th Annual Press Conference and Annual General Meeting on 16 November
October to November	Parent-child Support Line	Advertising at Facebook from 1 to 31 October Advertising at YouTube from 1 to 30 November
October to December	Child Protection Institute	 Parent Workshop on Sex Education in Families on 21 October Professional Training Workshop on Child Protection Policy on 24 October Parent Workshop on Positive Parenting: Discipline Your Child Without Losing Your Mind on 26 October
		 Child Protection Professional Training Workshop on 30 October, 10, 17, 18, 24 November, 6, 21 and 29 December
		 Parent Workshop on Child Protection and Positive Parenting on 4 November Student Talk on Self Protection on 8 November
		 Student Talk on Getting Along with the Opposite Gender during Puberty on 15 November
		 Parent Workshop on Positive Parenting: Stop Using Corporal Punishment on 21 November, 2 and 8 December
		 Student Talk on Sexual Harassment on 27 November Identification, Assessment and Intervention of Suspected Child Abuse Case Certificate Course on 15 December
*	Good Parents' Networking Project	Parents Chill Club Perler Beads Making on 16 October Winter Crystal Ball Making on 8 December
		 Parent-child Activity: Joy in Motion on 4 November Comfy Christmas Night on 15 December
•	Chuk Yuen Centre Family Corner	 "I Promise" Street Station (II) on 14 October Joyful Playmates Emotion Regulation and Social Skills Learning on 20, 27 October, 3, 10, 17 and 24 November
		 Committee Meeting on 28 October and 12 December Good Parents Leadership Training on 6, 13, 20, 27 November, 4 and 8 December
11/		 Protecting Children from Maltreatment Volunteer Training on 11 November Gentle and Firm Parenting Parents Support Group on 15, 22, 29 November and 6 December
		Birthday Party 2023 (3 rd Season) on 9 December
	Daylily Project for Young/Single Mothers	Family Sharing Forum on Non-violent Communication 1. Step 3: Communication in Play on 13 October 2. Step 2: Positive Accept Your Feeling on 26 October 3. Step 2: Embrace Your Feelings on 26 October
		 4. Step 2: Embrace Your Child's Feelings on 27 October 5. Step 4: Positive Communication on 27 October 6. Step 4: Good Words of Communication on 16 December 7. Step 4: Mother's Say on 16 December
		Volunteer Committee Training on 25 October
	Child Abuse Treatment Corner	Batterer Intervention Therapeutic Group for Parents (XV) on 10, 17, 31 October, 7, 14, 28 November, 12 and 19 December
		Children Therapeutic Group (Session 1 - 4) on 25 October, 15, 22 and 29 November
		Positive Parenting Training Course (V): Nutritional Cookery Class on 26 October and 2 November
		Stress Management Group for Parents with Depressive Features (XVI) on 1, 8, 15, 29 November and 6 December
		Stress Management Group for Parents with Depressive Features (XVII) on 3, 10, 16, 24 November, 1 and 8 December



Forthcoming Events for January to March 2024

	Month	Project/Title	Activity
	February	Flag Day	• Care for Children • Build a Brighter Future N.T. Region Flag Day on 24 February
	January to March	Child Protection Institute	Identification, Assessment and Intervention of Suspected Child Abuse Case Certificate Course on 4 January
			Child Protection Professional Training Workshop on 5 January, 2 February and 1 March
			Parent Workshop on Management on Children's Emotions on 9 January
			Professional Training Workshop: Mental Health for Children and Parents on 15 and 29 January
			Student Talk on Self Protection on 31 January
			Parent Group for Better Communication with Children on 22, 29 February, 4, 7, 11, 14, 18 and 25 March
			Parent Workshop on Positive Parenting: Stop Using Corporal Punishment on 8 March
			Professional Forum on Child Protection: Corporal Punishment and Physical Abuse on 22 March





Month	Project/Title	Activity
January to March	Good Parents' Networking Project	 Good Parents Leadership Training on 18, 25 January, 1, 8, 22, 29 February, 7, 14, 21 and 28 March Parents Chill Club Lunar New Year Beading Handcraft on 30 January Alcoholic Ink Drawing on 5 March Love Together Children's Delight Child Protection Carnival on 3 February
	Chuk Yuen Centre Family Corner	Youth Volunteer Group Meeting on 6 January To Truly Love Your Child, Love Yourself Well Parents Support Programme Resistance Band Workout Workshop on 16 January Bedtime Yoga Workshop on 23 January Sesential Oil Massage Workshop on 25 January Writing Workshop for Parents on 18 January Committee Meeting on 27 February and 26 March Birthday Party 2024 (1st Season) on 9 March
**	Daylily Project for Young/Single Mothers	 Volunteer Committee Meeting (Programme Preparation) on 25 January and 13 March Carnival and Bus Tour on 27 January Family Sharing Forum on Non-violent Communication Step 4: Love language on 3 February Step 4: Good talk on 3 February Volunteer Training on 28 and 29 February
Lucky	Child Abuse Treatment Corner	 Stress Management Group for Parents with Depressive Features (I) on 3, 10, 17, 24 January, 21 February, 6, 13 and 20 March Children Therapeutic Group (I) on 9, 16, 23, 30 January, 6 and 20 February Parents Talk on 17, 30 January, 2, 16 and 21 March Batterer Intervention Therapeutic Group for Parents (I) (Session 1 - 5) on 20, 27 February, 5, 12 and 26 March Children Therapeutic Group (II) (Session 1 - 4) on 1, 8, 15 and 22 March
	Bless My Home Forever Volunteer Home Visitation Project	Volunteer Training: Children's Emotions on 27 January 6As of Positive Parenting Step 6: Parenting Style on 3 February
	Joyful Kids Group	Volunteer Service: "Happy Family" Parent-child Fun Day - Bracelet Workshop on 27 January Volunteer Sharing and Award Ceremony on 23 March
	Healthy Start Home Visiting Project	 Parents Talk and BB Birthday Party on 6 January Visit to Hong Kong Ocean Park on 9 March Family Sharing and Volunteer Awards Ceremony on 16 March
	Tuen Mun Centre Family Corner	 Children Leisure Corner - Handicraft and Cooking Activities on 9, 30 January, 27 February, 12 and 26 March Parent Leisure Corner - Handicraft and Cooking Activities on 12, 26 January, 8 and 22 March Good Parents Positive Parenting Course on 11, 18, 25 January, 1, 22, 29 February, 7 and 14 March Visit to Hong Kong Ocean Park on 23 March
	Parent-child Support Line	Minibus Body and Seatback Advertising from 1 January to 31 March Advertising at New Media Magazine on 16 to 22 February Escalator Posters advertising at MTR stations in March



The 44th Annual General Meeting and Annual Dinner



The 44th ACA Annual General Meeting and Annual Dinner were held on 16 November 2023 at the Pacific Club in Tsim Sha Tsui. Altogether, 105 guests attended the event. We were honoured to have Dr Hon Tik Chi-yuen, SBS, JP, a Legislative Council member; friends from the Hospital Authority, the Hong Kong Police Force, Against Child Abuse (Macau) Association, and the representatives of our funding bodies and collaborators as guests.

Before the Annual General Meeting, Dr Patrick Cheung, Chairperson of the ACA, led our staff and guests to observe a moment of silence to honour our late Dr Ip Lai Sheung Patricia, the founding member of the ACA. We thanked Dr Patricia Ip for fostering Agency's development over the past 40 years, for promoting child protection and advocating breastfeeding in Hong Kong. She was a good mentor and friend, and her passing was a great loss, not only to our Agency, but to the community. Dr Patrick Cheung expressed that with the implementation of the Mandatory

Reporting Mechanism, child protection work will soon enter a new era. The Agency will continue strive to protect children from harm.

The Annual General Meeting and Annual Dinner followed. Dr Patrick Cheung summarised the development of the Agency throughout year and mapped out prospects for its future development. Mr James Ng, Honorary Treasurer of ACA, presented the 2022/23 financial report, documenting how we have managed our activities following the principles of fiscal prudence. Ms Donna Wong, Director of ACA, reported on significant events and presented the overall statistics of our work for the year 2022/23. Afterwards, the Long Service Awards were presented to Mr Keith Kwok and Dr Hermia Chiu, our Executive Committee member, Ms Gloria Kwok, Ms Yvonne Wai and Ms Olivia Lai, staff of ACA in appreciation of their commitment and support over the past years.

We thank all Executive Committee Members, professional consultants, funding bodies, working partners, caring enterprises and volunteers. With your selfless dedication and support, our work and services could be carried out smoothly. We hope you will continue to work with us in child protection and bring love and support to the needy families.

Pearl LeeSenior Administration Manager

Child Abuse Treatment Corner Sponsored by Fu Tak Iam Foundation Limited

We conducted the Positive Parenting Training Course (V): Nutritious Cookery Class for parents on 26 October and 2 November. The activity aimed at introducing and promoting healthy eating for children. The activity was divided into two parts. In the first part, parents learned how to read nutrition labels off of food packaging, understood the reason behind children's avoidant food intake disorder and learned effective strategies to address them. After that, the parents tried to make pumpkin buns and creative bento boxes. Parents learned to use creativity and techniques to prepare appealing and delicious meals, fostering their children's healthy eating habits.

In addition, we also used food making as a means of strengthening parent-child relationships. On 18 and 25 November, we organised two parent-child Pizza Making Workshops. Participating families expressed their anticipation for these workshops as it was often challenging to engage in any kind of cooking activity with their children domestically. The children were excited to put on their little chef outfits, and parents were kept busy capturing memorable moments with their cameras. The workshop provided an interactive environment where parents and children could use their creativity, explore ingredients and create unique culinary creations based on their family's preferences. In the end, the family had the opportunity to savour the pizza they had personally made, turning the activity into not just a culinary experience but also a bonding moment that enhanced family relationships and parent-child interaction.

Mirance WongProject Social Worker







The 44th ACA Annual Press Conference



The 44th Annual Press Conference was held on 16 November 2023. Ms Donna Wong, our Director, reported ACA's significant events and statistics for the year 2022/23 and also shared recommendations on different aspects of child protection work and urged society to pay more attention to child protection issues. At the press conference, our responsible social worker also shared the story of a family from the Daylily Young/Single Mother Home Visitation Programme.

In the previous year, the Daylily Project served 60 young/single mothers through referrals from the Paediatrics & Adolescent Medicine and Obstetrics & Gynaecology of the United Christian Hospital, Comprehensive Child Development Service, and Integrated Family Service Centres of other districts. Nearly 70% of the single/young mothers lived in public housing or with their family members, and others lived in subdivided units. Around 60% of them received CSSA, while the rest had jobs or relied on family's support. Among the project families, half of children had special educational needs ranging from autism, attention



deficit hyperactivity disorder to dyslexia. All these would trigger more stress to the mothers.

Sally (anonym) was referred to the Daylily project for Young/Single Mothers by our social worker. The project volunteers regularly visited her and listened to her feelings, and encouraged her to participate in different activities. Sally began to get to know other families, and her daughter also felt more happy through taking part in different activities.

Ellen has been supporting many families since joining the project as volunteer in 2011. In the process, she feels that she is playing the role of a friend, providing a channel for the project families to receive support and comfort when they encounter problems. Ellen hopes that the mothers in the project can take the initiative to learn more skills in childcare and actively participate in lectures, workshops, and other activities at the centre. With the support of peer and volunteers, they will have a platform to express their stress. Even on the road of single parenthood, they will not feel alone and helpless.

We thank all the volunteers who have assisted ACA and look forward to their continual support.

Summer Lin Funding and Communications Manager

Bless My Home Forever Volunteer Home Visitation Project Sponsored by the Community Chest of Hong Kong



The activity 6As of Positive Parenting – Step 6: Words and Behaviors X Christmas Party was held on 16 December. In the 6As of Positive Parenting, "Authority" advises parents should not only establish rules to regulate children's behaviours, but should act as their children's role models. We hope that parents are able to positively influence their children through good parent-child relationships and role-modeling. Therefore, the games on that day included elements of "imitation" and "common phrases used by parents". Through fun and enjoyment, parents and children started to understand the importance of mutual positive communication in order to enhance their relationship. They had a great time.

In addition, Christmas brunch and lucky draw were arranged on the same day. Some families shared that they had been looking forward to the activity a week before, as it looked like some quality



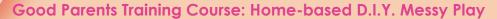
time with the children and a chance to socialize with other families. Furthermore, the children were so excited during the feast and the Christmas lucky draw. To capture the joyful moment for the families, instant photos taking was provided. Overall, the parents and the children shared that they had a wonderful and pleasant morning.



Yan Yu Social Worker

The Hong Kong Jockey Club Community Project Grant - Healthy Start Home Visiting Project

ponsored by the Hong Kong Jockey Club Charities Trust



The Good Parents Training Course: Home-based D.I.Y. Messy Play program was held on 14, 21 and 28 October. We explored and utilized multisensory material in creating play for 12 families and their infants and toddlers. The youngest participant was only 4 months old, and parents actively interacted with their children using various materials such as crumpled paper, clay, paint, and ice to stimulate children's senses. Parents found the program valuable as it enabled them and their children to experience multisensory stimulation and learn to use different messy play materials.



Volunteer Retreat Day

Volunteer Retreat Day 2023 was held on 16 November. Volunteers visited the Mind Space, a mental health immersion centre to explore different mental health service

facilities and gain knowledge about related topics. They also had the opportunity to engage in conversations with rehabilitated mental health persons and to learn about their journeys. Following the visit, the volunteers gathered for a meal and participated in the "Star Flower" workshop organised by the Tuen Mun District Health Centre, aimed at promoting relaxation and well-being. A total of 20 volunteers attended the event, and they expressed that the activities deepened their understanding and empathy towards mental health issues. Additionally, the event provided an opportunity for them to connect amidst their busy schedules and strengthen their sense of unity.

Child Rearing Lesson for New Parents (II)

The second phase of Child Rearing Lesson for New Parents was held on 23 and 30 December. A total of 11 families attended the event. The activities were hosted by social workers and trained volunteer caregivers. In addition to explaining basic infant care knowledge, they also shared tips on feeding and demonstrated baby care techniques. Baby dolls and related supplies were provided for expectant parents to practice on the spot. The participating expectant parents expressed that the classes have been very helpful and have given them more confidence in caring for newborn babies.



Yeung Sze Nga Project Social Worker

Joyful Kids Group - Child Development Group



Joyful Kids is a group formed by children aged 7 to 17 and some young volunteers. In order to facilitate personal growth and all-round development of children and youth, the Group provides training and voluntary services to help members unleash their full potential.

On 4 November, Joyful Kids Group collaborated with Methodist Epworth Village Community Centre Social Welfare Service to organise a handicraft workshop. We invited mothers from the ma.ma.pai to teach members making Japanese-style floral hair accessories. The activity aimed at encouraging members to create personalised gifts for their mothers or loved ones as a heartfelt gesture.

Furthermore, Joyful Kids Group's "Warm LOVE LOVE" Christmas party was held on 16 December 2023. Apart from enjoying a meal together and participating in social games in a group setting and gift exchanging, they also made 25 handcrafted Christmas tree ornaments on the spot. These ornaments were then sent as gifts to Tuen Mun District Integrated Home Care Services Centre under the Neighbourhood Advice-Action Council, sharing the joy of the festive season.

Yeung Sze Nga Project Social Worker



Good Parents' Networking Project

The Good Parents' Networking Project provides parenting education activities for families in the Kwai Tsing District. Through the efforts of positive parenting training courses and parent-child activities, the project aspires to strengthen parent-child communication, foster family harmony, and create a spirit of mutual aid in the community.

A parent-child activity, "Joy in Motion" was organised on 4 November, drawing together many families from the community. They participated actively in the various parent-child interactive games. In the lively atmosphere, participants learned about positive parent-child communication and enjoyed heartwarming family time together.

Parents Chill Club's "Perler Beads" and "Winter Crystal Clear Ball" were held on 16 October and 8 December respectively. The two events aimed at providing a platform for parents to relax and exchange parenting experience while engaging in crafting activities. Through sharing their own stories and good practices, parents felt less lonesome

with parenting challenges. Practicing mindfulness for better self-care was reinforced by social workers.



Finally, the Comfy Christmas Night on 15 December was most anticipated by parents and children. On that day, Christmas decoration created a festive atmosphere. Parents and children, dressed in Christmas outfits, enjoyed the feast, played mass games and participated in the grand raffle draw. Participants' fun and laughters were evidence of a perfect ending of the year!

Bidding farewell to 2023, we would like to express our gratitude to the volunteers, parents, and children who joined the program in the past year. We look forward to organising more positive parenting activities in 2024.

Mia Cham Project Social Worker

Daylily Project for Young / Single Mothers

Sponsored by the Community Chest of Hong Kong



Volunteers from Celestica Hong Kong Limited and the Daylily Project accompanied our project families to join the Kwai Chung Centre's Christmas Party on 16 December 2023. The parents and children played in various interactive games together and learned more about positive communication skills. The parents also practised "good words of communication" by writing Christmas cards to their children to share their blessings and love. It brought more warmth to those families and helped in enhancing heir parent-child relationships.

A total of 9 parents, 21 children and 8 volunteers attended the activity. We would like to extend our gratitude to the staff of Celestica Hong Kong Limited for their assistance, in sponsoring the Christmas gifts and presents in the Lucky Draw of this program and bringing us this delightful day.

Terri Chu Social Worker

Parent-child Support Line

Sponsor and partner: Save the Children Hong Kong Limited

Parent-child Support Line:

2755 1122

Service:

9:00a.m. - 9:00p.m. (Monday to Friday)

9:00a.m. - 1:00p.m. (Saturday)

ACA Parent-child Support Line, sponsored by Save the Children Hong Kong Limited, aims at supporting families in crisis, preventing child abuse, promoting child protection, and spreading positive parenting messages to parents, children, teenagers, professionals and the general public. Parent-child Support Line provides service from Monday to Friday from 9am to 9pm, and Saturday from 9am to 1pm. We collect any suspected child abuse cases reported by the public. We also provide case consultations for professionals. Moreover, when parents encounter child management difficulties, or when children and youths have emotional needs, they can contact our professional hotline workers to seek support.

Yvonne Wai Project Officer



Kids' Dream

n collaboration with Hong Kong Committee on Children's Rights and supported by the Save the Children Hong Kong









Kids' Dream is the first child-led organisation in Hong Kong. It was developed and supported by ACA and the Hong Kong Committee on Children's Rights. In July to October 2023, Kids' Dream organised "Children Speak for Children 2023 (CSC)" project, which aimed at raising public awareness of children's rights and engaging children in the process of discussing and improving issues related to children. The project recruited 14 participants aged between 12 and 17 for a three-month training, which included exploratory activities on children's rights, group discussions and topic discussions. We also invited Ms. Lau Wai Hing to provide a talk on how to enhance the presentation skills.

Three community visits to the R.T.C. Gaia School, Christian Action – Centre for Refugees and Save the Children Hong Kong - Sham Shui Po Centre were arranged for the participants. These visits not only enabled the participants to understand the work of these service providers, but also explored their relationship with children's rights. All of them expressed that they had learnt a lot from the visits and had a deeper understanding of the service provided.

Upon completion of the training and visit sessions, they decided to conduct research and disseminate information on two topics: "The Impact of Domestic Violence on Children's Development" and "The Impact of Drill-Based Learning on Young Children" through discussions, research, surveys, and interviews with different stakeholders.

A full-day street exhibition with interactive sessions and related information on "Impact of Domestic Violence on Children's Development" was launched on 24 September in Causeway Bay. Nearly 150 people wrote down their thoughts or supportive phrases for children who experienced domestic violence, and more than 600 people received information about the exhibition.

Another topic "The Impact of Drill-based Learning on Young Children" was launched in the form of a seminar held on 24 October at the Breakthrough Centre. They invited four guest speakers to conduct professional seminars: Dr. Lilian Wong, a pediatrician; Dr. Rachel Poon, a clinical psychologist; Ms. Yeung Yi Kei, the Principal of Pok Oi Hospital Mrs. Yam Wing Yin Kindergarten; and Ms. Elaine Tang, a veteran media and education worker, to discuss the impact of drill-based learning on toddlers and how to better apply it in education. We were also grateful to have Dr Hon Tik Chi Yuen, SBS, JP, member of the Legislative Council, and Mr. Chan Kin Ping and Mr. Ng Kwan Lim, members of the Commission on Children to participate in the discussion. In addition to the presentations, group discussions and Q&A sessions, a drill-based learning exercise was conducted for the participants to let the adults experience the feeling of being drilled. In the following sharing session, the parents had a lively discussion and shared their views on the topic, which enhanced their awareness of the physical and mental health development of the children. On the same day, we also commended the 14 youths for their participation and hard work. The program came to a perfect ending with the presentation of graduation certificates. These young people would continue to make use of their knowledge to speak out for children's rights.

Kids' Dream members participated in a closed-door meeting on the mandatory reporting issues with LegCo members on 12 October. They presented from the standpoint of children and youth regarding to this topic. Additionally, on 19 November, they held a retreat camp at the Jao Tsung-I Academy to review their work and set their future directions, to prepare for continuing their advocacy for children's rights.

Through training, visits and research dissemination activities, participants gained valuable experience and knowledge about children's rights, understood more about the needs of different stakeholders and learned the skills for communication, event planning and executing. These contributed a lot to the promotion of children's rights. We hope that this program will continue and nurture more young people who care about children's rights.

Kenneth Poon Service Manager (Chuk Yuen Centre)



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Chuk Yuen Centre Family Corner



Chuk Yuen Centre Family Corner is dedicated to enhancing parent-child relationships, strengthening parenting skills and promoting family harmony through a variety of activities for children, parents, families, and the community.

In terms of community activities, the Family Corner organised the "I Promise" Street Station (II) on 14 October. The activity attracted participation of over 80 parents and children. Parents and children were invited to make commitments to improve their behavior or stop undesirable habits, and then posted their promises on the "I Promise" display board. This small act encouraged participants to reflect on themselves and encouraged them to take the first step to improve their interactions with family members.

This quarter we held the "Joyful Playmates" Emotion Regulation and Social Skills Learning Group for children. Through picture books, situational exercises and interactive games, children could learn about their emotions and positive ways of emotion regulation. At the same time, through group activities, children practiced social

interaction skills, such as eye contact, taking turns, and handling disagreements with their peers. Altogether, 8 children aged 4 to 6 participated. Their positive responses demonstrated their understanding of the group content. In the final session, we made a "Calm Down Book" with the children, encouraging them to apply what they learned in their daily lives.

When it comes to parent activity, we offered the popular "Good Parent Leadership Training Program" again this quarter. The program covered topics such as understanding children's needs, communication skills with children, positive parenting and child protection. Eight parents actively participated in the program. They were willing to share their experiences in child care which promoted mutual learning among themselves. We also invited volunteers to provide childcare services which allowed parents to temporarily relieve their pressure of childcare and fully engage in the program.

The Family Corner values the participation of volunteers. On 11 November, we organised the "Protecting Children from Maltreatment" Volunteer Training for 6 newly joined youth volunteers. We introduced the concept of child protection and provided guidelines for volunteering. After the training, the volunteers expressed their readiness to contribute to the well-being of children.

Mandy Ma Social Worker

Child Protection Institute

ACA has put tremendous effort into prevention, child advocacy and education to enhance public awareness in child protection and to ensure practice of children's rights in our society. The Child Protection Institute was inaugurated on 19 November 2013, the "World Day for the Prevention of Child Abuse". Over the past 10 years, we have provided different public education, workshops and group work to enhance children's awareness of self-protection and positive parenting skills for parents. Further, we have organised various professional trainings such as Workshops on the Identification and Handling of Suspected Child Abuse Cases, Certificate Courses on Identification, Assessment and Intervention of Suspected Child Abuse Case and Prevention of Child Sexual Abuse for frontline professional workers from the social welfare, medical and education sectors. The annual Professional Forum is our flagship event updating theories and practices in child protection. Moreover, the Child Protection Institute has assisted organizations in establishing their own child protection policies, effecting child



protection at the organisation level. Tracing a decade's footpath, the institute has received much positive feedbacks and recognition for its contribution towards child protection, in facilitating multi-disciplinary collaboration among stakeholders, advocating child issues, and strengthening the practice of child protection and child's rights in Hong Kong, for the benefit of our children.

Novel Ng

Development and Training Manager





Against Child Abuse 防止虐待兒童會

求助及親子支援熱線 2755 1122











保護兒童服務包括:

預对服務、危機介入、個案調查 個案輔導、治療小組、倡導、培訓





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