



Against Child Abuse
防止虐待兒童會



Early childhood is a critical period for healthy physical and psychological development. It has a profound impact on the child in later life. The Guideline of World Health Organisation on Early Childhood Development states that all infants should receive responsive care during the first three years of life; parents and other caregivers should be given support so that they are able to provide responsive care for infants and help them engage in their early learning. Protective factors in the family and the community environment are conducive to children's optimal growth and development. An earlier incident of child abuse in a residential care home providing services for infants and young children reflects a malfunction or failure of the society from the micro to macro system at various levels. We need to urgently examine where the gaps are in order to construct a better child protection system. Our Agency submitted its views to the relevant government departments and members of the Legislative Council on Institutional Child Abuse in February 2022, with the following key points:

1. Criminal Law Reform: Child abuse needs to be identified and intercepted at the earliest stage. The focus of Mandatory Reporting of Child Abuse should now be on how to implement and also to speed up the legislation process, and it is particularly important to establish a comprehensive support package. Besides, The Law Reform Commission has proposed to introduce a new "Failure to Protect Offence", which is applicable both in institutional and domestic settings. It underscores prevention and deterrence rather than punishment. The government must seize the opportunity to pass this legislation.
2. Promote Child Protection Policy: Organisations rendering services for children should formulate a set of internal policies, code of conduct and procedures, and provide relevant training for staff to ensure safety and interests of children.
3. Strengthen Overseeing: Authority responsible for overseeing childcare providers should conduct audits against a specific set of child safety and quality standards, or even develop child-orientated assessment tools.
4. Inquiry: An independent inquiry casts light on underlying causes of institutional child abuse. Its recommendations help to improve policies and practices of childcare providers, making institution a safer place for children to stay.
5. Corporate Governance: Effective governance ensures that organizational risk and performance are monitored, and appropriate processes and structures are in place to safeguard children including regular surveillance, surprise checks, supervisory rounds, documentation of growth and developmental status of institutionalized children, etc.



Member of Joyful kids Children Group:
Heinrik Lai (6.5 years old)

6. Training and Curriculum: Undergraduate or diploma courses leading to a career working with children should include child protection elements; professionals should undertake a level of mandatory training commensurate with their roles in any accredited work with children.
7. Develop Data Bank on Childhood Vulnerability: A clear and complete database on vulnerable children is needed for revising child welfare policies and allocation of resources. For details of the submission, please visit our website (www.aca.org.hk).

30 April is the International Spank Out Day. The Day aims at drawing attention to the ban of use of corporal punishment on children and to promote positive parenting. At present, 63 countries or jurisdictions

have enacted legislation to ban the use of corporal punishment on children totally, and we hope that Hong Kong will also become one of them in the near future. Not only does corporal punishment fail to control children's bad behaviour, it can easily escalate to violent levels unwittingly, damaging children's physical and psychological development. Studies show that children who have been abused and beaten are more likely to use violence to release stress and deal with problems, and are more likely to become abusers when they grow up. We recommend that parents or caregivers replace corporal punishment with positive discipline. This includes 1) talking instead of beating, guiding boundaries of behaviour and explaining

reasons; 2) listening to children and exploring the reasons behind their bad behaviour; 3) helping children identify feelings and learn to manage emotions; 4) reinforcing good behaviour with praise and rewards; 5) parents or caregivers lead by example and set a good model; 6) parents or caregivers also take care of their own physical and psychological needs. In order to let the public understand children's views on corporal punishment, we have invited members of the "Joyful Kids" Children Group to express their feelings through paintings.

From November 2021 to January 2022, we conducted a questionnaire survey on "Concerning Children's Mental Health Status" to understand the awareness of children and parents or caregivers about psychological harm or abuse, and the impact of parent-child relationship on sense of intimacy. The findings show that corporal punishment is passed down from generation to generation, verbal harm is traumatic for children, and these negative interactions can damage trust and intimacy between parents and children. On the other hand, children long for parents or caregivers who will listen to their thoughts, understand and care for their feelings, give unconditional love and acceptance, and arrange for parent-child leisure activities and companionship chats. For details of the press release on the survey, please visit our website.

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of Against Child Abuse**

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會員機構 MEMBER AGENCY

Summary of Major Activities for January to March 2022

Month	Project/Title	Activity
January to February	Bless My Home Forever Volunteer Home Visitation Project	<ul style="list-style-type: none"> • Orientation for New Volunteers on 18 January • Family Sharing Forum - Ways of Parent-child Communication on 12 February
	Daylily Project for Young/Single Mothers	<ul style="list-style-type: none"> • Family Sharing Forum <ol style="list-style-type: none"> 1. Learn How to Divide Want and Need on 22 January 2. Learn How to Use Pocket Money Properly on 22 January 3. Positive Ways of Communication on 12 February 4. Parent-child Cooperation 12 February
January to March	Child Protection Institute	<ul style="list-style-type: none"> • Child Protection Professional Training Workshop on 7, 14 January, 7 February, 12 and 21 March • Parent Workshop <ol style="list-style-type: none"> 1. Stop Using Corporal Punishment and Positive Parenting on 20 January and 8 March 2. Promoting Emotion Awareness on 27 January • Parent Talk <ol style="list-style-type: none"> 1. How to Support the Children's Learning Positively on 11 February 2. Understanding Positive Parenting from Children's Brain Development on 12 March • Parent Group Work Practice of Child-parent Relationship Play on 23 February • Understanding Sexual Harassment Talk for Students on 9 March
	Child Abuse Treatment Corner	<ul style="list-style-type: none"> • Volunteer Training on 18 and 25 January • Children Therapeutic Group X on 15, 22 February, 1, 8, 22 and 29 March • Parent Talk - Be Authoritative Parents on 19 February • Positive Parenting Training Course on 24 February and 3 March • Batterer Intervention Therapeutic Group for Parents X (Session 1-5) on 3, 10, 17, 24 and 31 March • Zoom Party on 5, 12, 19 and 26 March • Stress Management Group for Parents with Depressive Features XII (Sessions 1-3) on 7, 14 and 28 March
	Chuk Yuen Centre Family	<ul style="list-style-type: none"> • Children Emotion Group on 6 January • Service User Gathering on 19 February • Committee Gathering on 25 January, 23 February and 29 March
	Tuen Mun Centre Family Corner	<ul style="list-style-type: none"> • Good Parents Positive Parenting Training Course on 13 and 20 January • Volunteers Gathering - Lunar New Year Celebration on 17 February • Mental Health Programme - Experience Class on Stretching Exercise on 4 and 11 March
February to March	Healthy Start Home Visiting Project	<ul style="list-style-type: none"> • Online Storytelling Time for Children on 28 February, 7, 14 and 21 March • Volunteer Award Ceremony and Family Sharing Session on 12 March • Mental Health Programme - Experience Class on Stretching Exercise on 18 and 25 March
	Give Children the Best Start Home Visiting Project	<ul style="list-style-type: none"> • Parent-child Activity - Thankful Egg on 28 February • Health Talk on 2 March
	Parent-child support Line	<ul style="list-style-type: none"> • Advertising at Hong Kong Commercial Broadcasting Co. Ltd. from 14 to 18 February • Advertising on Facebook and Instagram from 1 to 31 March
March	Joyful Kids Group	<ul style="list-style-type: none"> • Volunteer Sharing and Award Ceremony on 12 March

Forthcoming Events for April to June 2022

Month	Project/Title	Activity
April to May	Joyful Kids Group	<ul style="list-style-type: none"> Online Board Game Group on 6 and 13 April Orientation Meeting on 23 April Group Meeting and Training on 7 May
April to June	Child Protection Institute	<ul style="list-style-type: none"> Child Protection Professional Training Workshop on 6, 13, 14, 20, 29 April, 6, 10 May and 18 June Parent Workshop <ol style="list-style-type: none"> Expressive Art Stress Self-Healing on 7, 14 May, 21 and 28 June Stop Using Corporal Punishment and Positive Parenting on 10 May Prevention of Child Sexual Abuse Certificate Course on 20 May
	Healthy Start Home Visiting Project	<ul style="list-style-type: none"> Cheer Up Workshop on 13, 27 April, 11 and 25 May Story Time for Celebrating Mother's Day on 30 April Child Rearing Lesson for New Parents on 21 and 28 May Play Group for Building Up Parent-child Relationship on 8, 15, 22 and 29 June
	Child Abuse Treatment Corner	<ul style="list-style-type: none"> Batterer Intervention Therapeutic Group for Parents X (Session 6) on 7 April Parent Talk - Be Authoritative Parents on 9 April Stress Management Group for Parents with Depressive Features XII (Sessions 4-8) on 11, 25 April, 16, 23 and 30 May Parent-child Activity for Easter on 13 April Batterer Intervention Therapeutic Group for Parents XI (Session 1-8) on 19 and 26 April, 3, 10, 17, 24, 31 May and 7 June Positive Parenting Training Course on 4 and 11 May Hong Kong Ocean Park 2022 on 21 May
	Give Children the Best Start Home Visiting Project	<ul style="list-style-type: none"> Parent-child Activity <ol style="list-style-type: none"> Build-A-Bear Workshop on 27 and 28 April Party in Ocean Park on 21 May Volunteer Training on 7 and 14 May Booth for Project Promotion in June
	Good Parents' Networking Project	<ul style="list-style-type: none"> Leisure Corner <ol style="list-style-type: none"> Starry Kitchen on 26 April, 17 May and 8 June Parent Handcrafts Workshop on 28 April, 26 May and 15 June
	Chuk Yuen Centre Family	<ul style="list-style-type: none"> Parent-child Drawing Competition on 8 to 30 April D.I.Y Parent group on 26 April, 3, 11, 17, 24 May and 1 June D.I.Y Kids group on 27 April, 4, 11, 18, 25 May and 1 June Committee Gathering on 26 April, 31 May and 28 June Hong Kong Ocean Park 2022 on 21 May Balloon Twisting Class on 2, 6, 9 and 13 June
	Tuen Mun Centre Family Corner	<ul style="list-style-type: none"> Lunchtime Spa every Friday noon Parent-child Play Group – Have Fun Together on 7, 14, 21 and 28 April Parent Support Group – Non-violent Communication on 5, 12, 19 and 26 May
	Parent-child Support Line	<ul style="list-style-type: none"> Advertising at Facebook and Instagram from 1 April to 30 June Advertising at Hong Kong Commercial Broadcasting Co. Ltd. from 25 to 29 April and 13 to 17 June
May to June	Bless My Home Forever Volunteer Home Visitation Project	<ul style="list-style-type: none"> Family Sharing Forum <ol style="list-style-type: none"> Polyhedron of Emotion on 14 May Key Elements of Emotions on 14 May "Rage?" on 18 June Family Firefighter on 18 June Volunteer Training on 11 June
	Daylily Project for Young/Single Mothers	<ul style="list-style-type: none"> Family Sharing Forum <ol style="list-style-type: none"> Emotion on 14 May Emotional Response on 14 May Live with Our Negative Emotion - Anger on 18 June Skills of Dealing with Anger on 18 June



Child Abuse Treatment Corner - Volunteers Home Visitation Service

Sponsored by Fu Tak lam Foundation Limited

This home visitation project conducted by volunteers is sponsored by Fu Tak lam Foundation Limited. It supports expectant parents and those with children aged 0-5 in Kwai Ching district. The project creates a safe and healthy family environment for the growth and development of the child by sending trained volunteers with parenting experience and knowledge to visit target families and providing them with parenting knowledge, emotional support and information on community resources.

In the past few months, the COVID-19 pandemic has brought volunteer home visitation to a temporary halt. However, we continue to maintain telephone and zoom contact with our target families to help them reduce their stress arising from COVID-19 or from parenting.

The summer holidays were brought forward by a few months. In March, we organised parent-child zoom parties regularly, hoping that children could enjoy their holidays and at the same time having quality interaction with their parents.

Some families were close contacts or diagnosed with COVID-19. Family members were not able to venture out for daily necessities. With the sponsorship of Fu Tak lam Foundation Limited, the Community Chest of Hong Kong and other donors, we helped these families by distributing to them alcohol sprays, COVID-19 rapid self-test kits, dry food and vegetables. Besides, some families faced great financial hardship. We provided information on community resources such as Anti-Pandemic Charity Fund for the Unemployed by Health in Action, and helped with referrals for further appropriate services. During these difficult times, parents tried hard to overcome difficulties. We are delighted to see them stay healthy and happy.

By staying in touch in the pandemic, volunteers and social workers provided continual support to these families who were very satisfied with the services. We are starting project promotion again recruiting families and volunteers. If you want to receive parenting support or want to volunteer to support families in need, you are most welcomed to join us. Let's create a safe and healthy environment for our children together!



Tammy Liu
Project Social Worker





IN REMEMBRANCE OF OUR FOUNDER, MS PATRICIA PENN

We learned with sadness that Ms Patricia Penn, one of the Against Child Abuse's founders, has passed away when ACA was contacted about her legacy to the agency. Pat was a freelance journalist based in Hong Kong when I was a student in Sydney in the late 1960s. I remember eagerly waiting for Pat's regular radio news reports. I was therefore thrilled to meet her in ACA's early days.

A magistrate was calling for donation of toys to a seriously abused child who had turned up at a police station for help. Pat, true to the spirit of a journalist, wanted to find out more. Rather than applying a "band-aid" as she called it to one child, she

looked for "fundamental" changes. She gathered a number of likeminded people to set up ACA. From a pilot project in 1979, ACA becomes a child protection agency covering multiple levels of prevention of child abuse. Furthermore, ACA seeks fundamental changes to children being viewed as passive recipients of services to holders of the basic rights to survival, development, protection and participation. Pat's contribution to children and families in Hong Kong will be long remembered.

Dr Patricia Ip

ACA Founding Member and Honorary Advisor



"CARE FOR CHILDREN, BUILD A BRIGHTER FUTURE"
7.30 FLAG DAY IN NEW TERRITORIES REGION
JOIN US ONLINE AND OFFLINE!



This year, Against Child Abuse is pleased to have the approval from the Social Welfare Department to hold the Flag Day in the New Territories Region on 30 July 2022 (Saturday) to raise funds for our child protection services.

Date: 30 July 2022 (Saturday)

Time: 7:00a.m. to 12:30p.m.

Flag selling region: New Territories

We have invited a local illustrator Mr Seto Wai Ping to help design the posters, flag stickers and gold flags for the Flag Day. Mr Seto is the original creator of the local cartoon characters HAPPIPLAYGROUND. He won the Best Young Property Gold Award of the Hong Kong Licensing Awards 2016. His cartoon characters are lively and full of love and hope. We hope to incorporate these elements and messages of love and care into our flag stickers, and deliver protecting children messages to every corner of the society.

In response to the COVID-19 crisis, apart from recruiting "street volunteers", we will also launch the recruitment of "online volunteers" for the first time this year. Friends who are interested in becoming online volunteers can register through the system and set their fundraising targets and design their own avatars. After successful registration, online volunteers will be given a virtual flag bag (i.e. the link to the online flag bag), which they can forward to their friends to lobby their support for flag-selling activities. Online volunteers can log in to the online flag bag to check their fundraising progress or re-set their fundraising targets. Please join us and work together to create a caring and non-violent environment for children. The ACA flag-selling fundraising platform is expected to be launched in early May. Please pay close attention to the updates on our website and Facebook.

Note: Two other organisations have been approved to sell flags in Hong Kong Island and Kowloon on 30 July 2022 (Saturday)

Mani Chui

Senior Funding and Promotion Officer

SINCERE THANKS TO CELLOMICS FOR THE DONATION OF RAPID ANTIGEN TEST KITS

The fifth wave of the pandemic is severe and the demand for rapid antigen test kits is high. We would like to express our heartfelt thanks to Cellomics for donating 2,000 sets of rapid antigen test kits to ACA, providing our frontline staff and service users in need with better protection against the pandemic.



SINCERE THANKS TO THE LEE HYSAN FOUNDATION AND WOFOO SOCIAL ENTERPRISE FOR THE DONATION OF RAPID ANTIGEN TEST KITS

The fifth wave of the pandemic is severe and the rapid antigen test kits on the market are in short supply. We would like to express our heartfelt thanks to the Lee Hysan Foundation and Wofoo Social Enterprises for donating 500 sets of rapid test kits to ACA, allowing our frontline staff to conduct timely tests to protect themselves and service users.

CHILD PROTECTION INSTITUTE

Sharing on the Parent Group Work on Child-parent Relationship Therapy

Last year, Child Protection Institute (CPI) conducted a numbers of Child-parent Relationship Therapy (CPRT) groups in various districts, such as Tuen Mun, Tsuen Wan, Kwai Chung and Tsing Yi, for more than 200 parents with children aged 3 to 12. We hope that their parent-child relationship would be enhanced through practising the CPRT techniques learnt in their daily activities, like responding to child's emotion, limit setting, choices and encouragement giving.

CPI not only provides local professional training on assessment, identification and intervention on suspected child abuse cases, we are glad to exchange our practical work experience with different professionals outside Hong Kong. In February, we had an online sharing with the social workers of Against Child Abuse (Macau) on the practical experience of conducting CPRT groups.

The sharing with the social workers in Macau allowed our staff to reflect on the following elements which are crucial if parent groups are to be conducted successfully:

- Acceptance:** facilitators must empathise and understand the struggles of parents, and accept them as who they are. It is believed that parents can only accept their children when they are themselves understood and accepted.
- Appreciation:** facilitators must be grateful for parents who are willing to share with them their "unsuccessful" or "bad" experience. It is believed that parents can understand themselves and their children better only when those around them understand them;
- Strengths:** facilitators must focus on the parents' abilities and what they have accomplished and let them see their own abilities, which will help them build up their sense of competence and confidence;
- Platform:** facilitators must make the parents understand that their group is a platform, which serves to connect a group of parents, allowing them to communicate.



We look forward to continuing our sharing with different professionals so that we can benefit more service users as we grow professionally.

Karry Lau
Development and Training Manager





CHILD PROTECTION INSTITUTE

Emotion Education Talk for Children



School children had an early "summer vacation" this year. They spent most of their times at home. Most parents were concerned how to help their children plan their time during this period. Moreover, are parents aware that it is equally important to watch out for any sudden change of their children's emotions? Emotions have always been an important subject in child development, but it is difficult to teach children how to recognize their own emotions and how to handle them accordingly.

Recently, we have specially designed an online activity helping kindergarten children recognize emotions. Children, accompanied by their parents and

teachers, read about vivid and interesting description of emotions from a picture book named "Colorful Monsters". They used colors, sounds, facial expressions and body movements to express their different emotional experiences. With guidance, they also drew their own unique "emotional monsters", using them to greet and dance together with the monsters created by other classmates. This activity allows children to externalize their inner emotional experience through painting. They transform colorless, tasteless, intangible and nameless emotions into concrete, visible and colorful little monsters. Children can also perceive and interpret their own emotions, and experience the methods of regulating and expressing their emotions through different physical and mental exercises. Besides, online format do enable parents to be companions throughout the activity. Through participation, parents will find it easier to help their children apply techniques in handling emotions in their daily lives.

We believe that emotional experience is never limited to vocabulary. It is more often the experience of the whole body and mind. Emotion is neither good nor bad. Its existence is to serve as a messenger giving us signals to understand and care for our inner needs, and we learn to live with it. We need to teach the next generation that they should not waste their effort to try to clear emotions. Instead, they should learn to recognize them, touch them, and understand them.

The following are some of the parents' feedback:

- *The children were very engaged. They enjoyed drawing and playing together.*
- *It was lively, interesting and easy to understand. Children enjoyed the session very much.*
- *The use of different colors to represent different emotions made it easier for children to understand.*
- *It helped the children know that they could use drawing to relieve their emotions.*

Karry Lau
Development and Training Manager

JOYFUL KIDS GROUP - CHILD DEVELOPMENT GROUP

Joyful Kids is formed by a group of children aged 7 to 17 and young volunteers. In order to facilitate the personal growth and development of children and youth, the group provides training and voluntary services to help its members develop their potential.

Joyful Kids Group held an online sharing session and volunteer award ceremony on 12 March. A total of 23 children attended the activity. Children enjoyed the games in the sharing session and were highly engaged in the ceremony. Youth volunteers were invited to share their experiences and reflections with fellow members.

A volunteer Andy felt "as a Joyful Kids group leader, I have learnt to get along with children. Being their leader made me more patient and helped me improve my temper. I became more confident leading activities."

In the end, we presented awards to children volunteers to recognise their efforts. We also hoped the youth volunteers could become role models to encourage children to participate in voluntary work and contribute to the community.

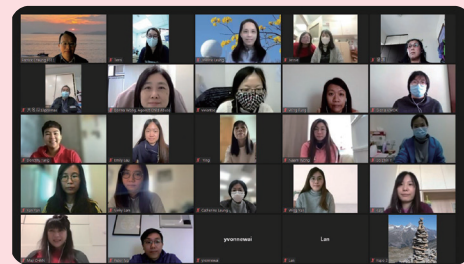
Vinky Lam
Project Social Worker



STAFF RETREAT

The objectives of staff retreat were to review and evaluate our services in the past years, to plan our services and strategy for the coming year, and to strengthen the mutual understanding between the staff and the Executive Committee (EXCO) members.

Due to the COVID-19 pandemic, staff retreat was held via video conferencing on 26 February this year. We were pleased to have Dr Patrick Cheung, our Chairperson, Mr Nicholas Jim, the Vice Chairperson, Mr James Ng, Honorary Treasurer, and Dr Anna Cheng and Dr Joanne Leung, members of the Executive Committee, to join our staff retreat. Through group discussions, we reviewed the effectiveness of the services in the past years. This was a good platform for the exchange of thoughts among staff and the EXCO.



Lee Yu Po

Service Manager (Chuk Yuen Centre)



BLESS MY HOME FOREVER VOLUNTEER HOME VISITATION PROJECT

Sponsored by the Community Chest of Hong Kong

The theme of last year's Bless My Home project was "positive psychology". Through 15 sessions of Family Sharing Forums, parents and children learnt to build up virtues of character together. These include bravery, honesty, humor, love, and teamwork. Many parents often wish to learn more parenting skills handling children's improper behaviors but they may overlook the importance of appreciating their children. As such, the project was created in such a way that a variety of parent-child activities would help parents discover strengths of children, encouraging appreciation of children in daily life and thus enhancing parent-child relationship.

Yan Yu

Social Worker

PARENT-CHILD SUPPORT LINE

Collaborative partner: Save the Children Hong Kong

ACA Parent-child Support Line provides a channel for the public and professionals to report suspected child abuse or cases involving child discipline issues. We also provide phone counselling to parents and children to deal with their emotional distress and suggest ways to address problems encountered.

Many parents or caregivers are willing to call our hotline to inquire about discipline or parent-child communication issues. Our workers will listen to their difficulties patiently and provide professional advice and immediate emotional support on child discipline or parent-child interaction issues. In addition, workers will also conduct a preliminary risk assessment at the hotline level to decide whether appropriate follow-up services, such as outreach investigations or referral to relevant community services, are necessary. This shows that our hotline service can play an important role in early prevention and intervention for protecting children.

Service is extended to non-office hours to immediately relieve emotional stress

Since 2012, our hotline service hours have been extended to 9:00 p.m. (Monday to Friday). We have received some calls for help from clients of integrated family service centres. They were unable to contact their case social workers during non-office hours, and so they called us as they felt that certain discipline issues made them emotionally unstable. In addition to listening patiently, workers also provided callers with immediate counselling to stabilise their emotions. After they had calmed down, they thanked the workers for helping them to relieve their emotional stress in a timely manner and avoid behaviours that might harm their children.

Cindy Tang

Service Manager (Kwai Chung Centre)

Parent-child Support Line: **2755 1122**

Service hour: 9:00a.m. - 9:00p.m. (Monday to Friday)
9:00a.m. - 1:00p.m. (Saturday)





GIVE CHILDREN THE BEST START HOME VISITING PROJECT

Sponsored by The Community Chest of Hong Kong

Our daily routines have been significantly affected by the pandemic. Changes seem to be inevitable, such as reducing outdoor activities, avoiding contact with friends, relatives and even family members. Unfortunately, all of these seem to be the beginning of the new normal. Nonetheless, the unfailing care and love from our family will always be present. In our parent-child activity "Grateful Egg", parents and children revealed, through egg-paintings, their daily interactions and

their gratitude towards each other. It is important to acknowledge all these warm moments, from mothers making breakfast and buying sweets for their children, to children helping with household chores.

To aid the parents in bracing for the sudden COVID surge, we invited an experienced nurse to deliver a talk on potential preventive measures on 2 March. A total of 18 parents participated. There was a lively discussion on the symptoms of confirmed cases and practice tips on caring for children. The parents also reflected upon their feelings throughout the pandemic.

Chan Wing Yan
Project Social Worker

GOOD PARENTS' NETWORKING PROJECT

Collaborative partner: Save the Children Hong Kong

Parents are facing huge pressure in 2022. From school suspension to large-scale coronavirus outbreak within the communities, parents are exhausted both physically and mentally. In facing the severe pandemic, the mutual aid support group of our Good Parents' Networking Project played a valuable role. In addition to cheering each other up, they also exchanged useful information to make everyone feel at ease. We would like to take this opportunity to thank the Caritas Kwai Chung Residents' Mutual Aid Center and the Health in Action members in helping our project families confirmed with COVID infection. From February to March, we referred 25 families to Health in Action for financial assistance and distributed 76 pandemic prevention kits to vulnerable families within our project to ease their hardships.

The pandemic is raging. I am pleased to see that our families and communities are supportive to each other, helping each other get through this difficult time together..

Stone Leung
Project Social Worker



DAYLILY PROJECT FOR YOUNG / SINGLE MOTHERS

Sponsored by the Community Chest of Hong Kong

The project aims at supporting young or single mothers and their children with assistance from trained volunteers through home visitation. Home visitation, parenting workshops and family programmes were provided to the project families to strengthen their parenting skills.

Parenting can be exhausting and frustrating. But seeing young or single mothers from our project trying hard to improve their relationship and communication with their children is really encouraging. Being with them,

you can feel their perseverance and love for their children, just like our project name "Daylily" which survives and blooms even under highly adverse environments. The project thus implies blessings to mothers, hoping that they can keep strong and get through all the difficulties they face.

Terri Chu
Social Worker



THE HONG KONG JOCKEY CLUB COMMUNITY PROJECT GRANT - HEALTHY START HOME VISITING PROJECT

Sponsored by the Hong Kong Jockey Club Charities Trust

Story Time for Children

From February to March, we held 4 Story Time online sessions for our project children. Our project social workers read illustrated books and played interactive games with the children, such that they could learn new things from storybooks and make good use of their leisure time even during the pandemic. The children were enthusiastic. The parents expressed that these activities were effective in enhancing the children's interest in reading.

“Understanding Positive Parenting from Children's Brain Development” Parent Talk and Volunteer Award Ceremony

The Parent Talk and Volunteer Award Ceremony was held on 12 March through the online platform. A total of 12 families and 22 volunteers joined the activity. We invited Ms Karry Lau, Development and Training Manager from the Child Protection Institute, to share her knowledge on children's brain development and their needs, as well as the ways of positive parenting, with us. After the talk, we invited some families and volunteers to share their home visitation experience in the Volunteer Award Ceremony. We are grateful for our volunteers' contribution, and we hope they will carry on with their efforts in supporting families in need in the forthcoming year.

Vinky Lam
Project Social Worker

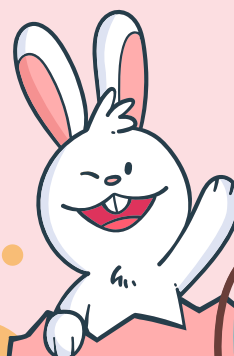


CHUK YUEN CENTRE FAMILY CORNER

In January 2022, the Chuk Yuen Family Centre organised a “Child Emotion Group”. In the group, children used different creative media, such as painting, playing musical instruments, dancing, etc., to understand their different emotions and the right ways to express them. While enjoying the activities, the children learned together and built friendships with each other.

On 19 February, we held the “Service User Gathering” and a “How to Apply Non-violent Communication in Parent-Child Relationships” talk online. 58 parents and volunteers participated. Through the activities, the parents and the volunteers learned more about the 16 components of the Service Performance Monitoring System. They also used the opportunity to express their opinions on our services. Service users appreciate that our staff are very responsible and friendly, and are willing to share and communicate with them, so as to gather the strength of parents. Besides, ACA has organized different activities, such as parent-child tour, play therapy, positive parenting talk and regular parent-child activities, which increase parent-child time for them. In terms of community service promotion, volunteer training and home visitation service, volunteers can learn more about ACA's services and family needs. And ACA is a good place where different parent-child activities can be held outside school. I would like to thank them for their continuous support and appreciation towards ACA. Their encouragement gives us strength in facing future challenges.

May Chan
Social Worker



INTERNATIONAL SPANKOUT DAY

30th April is the International Spankout Day. We were unable to organise a carnival this year because of the pandemic. Instead, we used various online means, such as sharing children's drawings, to spread messages of positive parenting and to stop spanking of children.

Small and vulnerable children should not be physically abused in any way. Studies show that abused children are likely to become abusers themselves. Through modeling, children pick up behavior from their parents. They tend to use violent behavior to deal with their own stress. We hope that parents replace corporal punishment with positive parenting. Corporal punishment cannot help children learn from misbehaviours. On the contrary, there are negative consequences such as misfit behavior leading to juvenile delinquency and other forms of violence. We understand parents face difficulties and challenges taking care of or disciplining their children. If parents fail to manage their own stress and negative emotions, family conflicts and poor parent-child relationship are the consequences. Parents need to take care of their own emotions before they have the strength to love their children and their families!

ACA will hold its Flag Day on 30 July to raise funds to support our services. Your donation helps children. You are also most welcome to be volunteers of this event.



Member of Joyful kids Children Group:
Chow Tsz Ching (12 years old)

May Chan
Social Worker

THE TUEN MUN CENTRE FAMILY CORNER

Volunteer Recreational Programme - Stretching Exercise Class

Under the COVID-19 pandemic, one should not neglect our physical and mental health. Hence, last year we organised activities such as Zentangle drawing, singing bowl experience and scented candle DIY workshops to promote our project families' mental health. In March, we organised an online workshop on stretching exercises to enhance our members' physical health as well. Taking the participants' age and physical conditions such as medical history and body symptoms into account, the instructor guided the participants through different kinds of static stretching exercises. We hope the participants will develop a stretching habit and a healthy lifestyle.

Here is some feedback from the participants:

- *Thank you for guiding us patiently. What we learned is very practical!*
- *Hope we could exercise together every week.*
- *I have followed the exercises in the last couple of days. It made me much more relaxed.*

As you can tell, the programme was successful in helping the volunteers relax themselves. We plan to promote this programme to more members, thus benefitting more project families.

Peter Ng
Project Social Worker





本人樂意幫助防止虐待兒童會 I would like to help ACA :
請在適當□內加上✓號 Please tick □ as appropriate

總會：香港北角木星街3號澤盈中心13樓
Head Office: 13/F, Corn Yan Centre, 3 Jupiter Street, North Point, Hong Kong
查詢電話 Enquiry: (852) 3542 5722 熱線電話 Hotline: (852) 2755 1122
圖文傳真 Fax: (852) 3542 5709
電子郵件 Email: aca@aca.org.hk 網址 Website: www.aca.org.hk

1. ☐ 我願意捐助 By making a donation :

	一次捐款 One Off HK\$	每月捐款 Monthly (由 月至 月) (from to) HK\$	
現金 By Cash			
支票 By Cheque			銀行 Bank : _____ 支票號碼 Cheque No. : _____ 抬頭註明：防止虐待兒童會有限公司 Cheque made payable : Against Child Abuse Ltd.
信用卡 By Credit Card			Visa <input type="checkbox"/> Master <input type="checkbox"/> AE <input type="checkbox"/> 持卡人姓名 Cardholder : _____ 信用卡號碼 Card No. : _____ 信用卡到期日 Expiry Date : _____ 簽署 Signature : _____
直接存入戶口 Deposit to Bank			本人已將款項存入防止虐待兒童會之匯豐銀行戶口 (號碼：480-107549-001)，並附上銀行入數紙。 Deposited to ACA HSBC Account (A/C no. 480-107549-001) and enclosed a bank pay-in slip.

是否需要捐款收據？Do you request an official donation receipt?

☐ 是 Yes 收據抬頭 Name of receipt: _____

☐ 否 No

捐款港幣一百元或以上，可申請扣減稅項。Donations of HK\$100 or above is tax deductible.

2. ☐ 本人推薦防止虐待兒童會聯絡下列人士 / 公司 / 機構 By recommending ACA to contact :

姓名 Name	地址 Address	電話 Tel / 傳真 Fax / 電郵 Email

3. ☐ 本人願意成為防止虐待兒童會義工，並加入ACA之友。By becoming friends of ACA.
本人有興趣參與以下服務 I am interested in the following services :

4. ☐ 本人申請成為防止虐待兒童會的會員。By becoming a member of ACA.

- ☐ 普通會員 Ordinary Member 每年港幣一百五十元 HK\$150 per annum
☐ 學生會員 Student Member 每年港幣五十元 HK\$50 per annum
☐ 贊助會員 Sponsor Member 每年港幣一萬元 HK\$10,000 per annum

姓名 Name : (中) _____ 先生/小姐/女士 (英) Mr / Miss / Ms _____

機構 Agency (如適用 if applicable) : _____

地址 Address : _____

電話 Tel : _____ 電郵 Email : _____

傳真 Fax : _____



Against Child Abuse
防止虐待兒童會

鳴謝 **HAPPIPLAYGROUND™**
HAPPY ALL THE TIME
Designed by SETOPING

護兒顯愛心 童心創未來
新界區賣旗日
2022年7月30日



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480-107549-001

轉數快FPS
donate@aca.org.hk

購買金旗支持



義工招募及金旗認捐



報名及查詢
電話：3542 5722 / 3542 5725
電郵：flagday@aca.org.hk
地址：香港北角木星街3號
澤盈中心13樓
網頁：www.aca.org.hk

鳴謝支持機構 (排名不分先後)



經濟一週



求助及親子支援熱線
2755 1122