



Against Child Abuse
防止虐待兒童會



2025 November Newsletter

Caring for Every Child, Together Creating a Better Future

As an organisation dedicated to eliminating various forms of abuse and neglect of children in Hong Kong, and advocating for non-violent parenting, Against Child Abuse (ACA) believes that every child should live in a safe, caring, and supportive environment. However, the reality remains that many children are still facing abuse, neglect, and other forms of harm. Our work is not only to prevent these tragedies but also to raise society's awareness of child protection.

Taking Action to Support Children's Voices

The voices of children - their needs, dreams, or concerns are something we must take seriously. On 19 August, our Chairperson, Dr Patrick Cheung, attended the "I Have Something to Say" Children's Forum organised by the Hong Kong Committee on Children's Rights as a guest speaker. This forum served as a platform for children to express themselves freely, allowing for a better understanding of the issues they care about and their thoughts. Among the suggestions made by the child participants was the recommendation that schools incorporate courses on preventing child abuse into their mandatory curriculum and establish peer support programs to provide appropriate and practical support for children. In response to the children's comments, Dr Patrick Cheung emphasised that, in addition to enhancing children's education, it is crucial to strengthen parents' awareness of their own childhood adversities and their impacts. This understanding can help parents recognise the importance of non-violent parenting, thereby breaking the cycle of intergenerational violence.

Actively Promoting Awareness of Child Protection in Society

With the impending implementation of the Mandatory Reporting of Child Abuse Ordinance, we are actively participating in various activities to enhance societal awareness of child protection and promote multi-disciplinary collaboration. On 6 September, ACA participated as a

supporting organisation in the "Child Protection Conference: Creating Protective Communities in 100 Days" organised by Save the Children Hong Kong. This forum brought together over a hundred educators to discuss frontline strategies for child protection. Dr Patrick Cheung served as the moderator for panel discussions, discussing "Mandatory Reporting Regime—What's Now & What's Next?" alongside Legislative Council member Ms Doreen Kong and Child advocate Mrs Priscilla Lui. Additionally, Ms Cynthia Cheng, our Service Manager of Chuk Yuen Centre, led a workshop at the forum, providing practical knowledge and intervention skills for professionals working with children. Through sharing practical experiences related to ACA hotline services, suspected child abuse case investigations, and case counselling, participants explored identification techniques, crisis assessment, and intervention methods for child abuse cases, learning how to assist children facing harm.



On 22 August, Dr Patrick Cheung was interviewed by 自由風自由Phone, a radio show on RTHK, in response to the Education Bureau's circular on handling suspected cases of child abuse/maltreatment and domestic violence. Dr Patrick Cheung emphasised the need for multi-professional collaboration in child protection work. He noted that schools, social workers, and other professionals must work closely together to provide appropriate support

based on the circumstances of children and families.

Whether through raising societal awareness of child protection, mobilising community involvement, or advocating policies, ACA's mission is clear: to prevent abuse and ensure every child is cared for and protected. We sincerely invite you to support our flag-selling event in the New Territories on 3 January 2026. Your participation will provide essential support for our work, helping us better protect children and ensure that every child can grow up in a safe and loving environment.

Against Child Abuse

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“Play Connect Happy Growth” Positive Parenting Project

Sponsored by Save the Children Hong Kong

The “Play Connect Happy Growth” Positive Parenting Project, sponsored by Save the Children Hong Kong, is specifically designed for children aged 12 to 30 months. The programme aims to promote the establishment of parent-child relationships. The program primarily focuses on equipping parents with positive parenting knowledge and skills, and on creating a supportive growth environment for their children to develop through play and interaction.

The Project began in July 2024. During the project, we held three parent-child groups for three different age groups, with each group consisting of 8 sessions. This includes a parent-child playgroup for children aged 12-18 months, a messy playgroup for children aged 18-24 months, and a preschool adaptation playgroup for children aged 20-30 months.

For children aged 12 to 18 months, it is essential to strengthen their seven senses and the coordination of their neuromuscular system. At the same time, on a psychological level, children need to establish a sense of security and intimacy with their parents. Therefore, the parent-child playgroup emphasises helping children recognise different parts of their bodies to stimulate their sensory and physical development. In addition, parents learn how to interact with their children in the group and try to repeat group activities at home to enhance parent-child interaction. During this year, a total of 17 pairs of parent-child participated in this group. Parents mentioned that each session had a clear theme, making it easier for them to review content with their children at home. They also gained insights into child development and understood the connection between sensory stimulation and children's development.

For children aged 18-24 months, they begin to seek independence, test their abilities, and look for validation from others. Therefore, the project offers a messy playgroup for this age group of children, allowing them to lead the play and encouraging parents to let their children explore independently. Each session uses different materials and tools with various textures, facilitating children to explore and experience diverse sensory inputs through free play. In this year, 22 pairs of parent-child participated in this group. Most parents initially found it challenging to let their children be in charge of the games, but they gradually adapted to the role of observers in the session. They noted that through this process, they could observe their children's interests, play methods, and personality traits, which they had not noticed before.

For children aged 20-30 months, they are ready to enter kindergarten, so the group helps them prepare for this transition. Each session covers various developmental elements, including self-care, social skills, cognition, and fine and gross motor skills, allowing children to experience the learning model of kindergarten in advance. Additionally, the group includes separation practices, where children initially spend short periods away from their parents, gradually increasing the separation time to help them get used to activities without their parents' presence. During this year, 28 pairs of parents and children participated in this group. Parents felt that the group helped their children become accustomed to listening to instructions, and it encouraged them to appreciate the progress their children made in each session. They also learned attitudes and techniques for handling separation, which would aid them in managing their children's emotion in the beginning period of entering kindergarten.

In addition to the parent-child groups, the project also provided positive parenting and stress management workshops for 35 parents separately. Parents found the positive parenting workshop to be a platform for discussing parenting strategies, allowing families to share experiences and methods while addressing their parenting challenges. They also greatly appreciated the stress management workshops, which encouraged them to explore their interests and enjoy relaxing time with other parents outside of daily parenting.

Promoting parent-child relationships is a key objective of this project, which leads us to hold mass parent-child events regularly. Over the whole year, we organised activities for 107 pairs of parent-child, including festival celebration parties and playhouse fun days. Participants enjoyed the activities, and parents noted that few events are held for children of this age group in the community, making the Project a valuable opportunity for families to enrich their daily experiences and enhance interactions among family members. Consequently, parents were very enthusiastic in supporting the parent-child activities organised by the project.

Here is some feedback from parents who joined the Project:

1. I learn to allow my child more freedom to play, with fewer restrictions on his play.
2. Each session is fruitful and there is a review and sharing part at the end of every session.
3. Workers encourage children to try new things and provide appreciation. I've learned how to use sensory games to assist children's development.
4. Workers depend on the situation of the session to incorporate more music, which is very personalised and flexible.
5. After participating in the group, I can see my child's progress and willingness to try new things.
6. I appreciate that my child can listen to class instructions, and I can observe his social interactions with other children.
7. The parent-child interaction activities learnt in class can be practised at home.
8. My child is very happy and fully engaged in each session.
9. Playing the same clean-up song at home, the child will follow the music and help tidy up toys.
10. After the group, I realised my child is interested in music and sounds, so I plan to get some musical instruments at home for him to play.



Summary of Major Activities for July to September 2025

Month	Project/Title	Activity
July to August	Parent-child Support Line	- E-poster Advertising at 20 Public Estates from 1 to 15 July - Advertising at Facebook from 28 July to 8 August
July to September	Child Abuse Treatment Corner	- Stress Management Group for Parents with Depressive Features (II) on 2, 9 and 16 July - Positive Parenting Training Course - Build a Bear on 4 July - Family Photo Shooting on 16 and 21 September - Learning Rational Emotive Behaviour Therapy X Chinese Lantern Making on 26 September - Children Therapeutic Group on 17, 22, 24, 31 July and 1 September - Parent-child Play Workshop – Playing with Six Bricks on 19 and 26 August - Parent-child Pizza Making on 30 August
	Good Parents' Networking Project	- Parent-child Activity - Cooking X Aromatherapy Fun Fun Fun! on 12 July - Global Culinary Culture Tour on 28, 30 July, 21 and 28 August - Summer Family Cooking on 6, 13, 20 and 27 August - Kwai Chung Centre Open Day 2025 on 23 August - Summer Escape Room on 25 August - Active Citizenship Carnival 2025 on 21 September - Trainers' Gathering on 10 September - Parents Chill Club - Aromatherapy X Pain Relief on 16 September - Sesame Cookies Making on 30 September - Good Parent Training on 18 and 25 September - Good Parent Reunion 2.0 on 19 September
	Healthy Start Home Visiting Project	- Messy Play Group (I & II) on 9, 16, 23 and 30 July - Story-telling is a Gift for Child Development Parent Talk and Baby Birthday Party on 12 July - Parent-child Story-telling Group on 19 and 26 July - BB Fashion Pick: Parents and Kids Choose Together on 19 September - Volunteer Basic Training Course on 19 and 26 September - Zentangle Retreat and Home Visit Sharing Session on 25 September
	Play Connect Happy Growth Positive Parenting Project	- Parent-child Playgroup (for 12-18 months old toddlers) on 2, 4, 9, 16, 18, 21, 23 and 25 July - Joyful Bonding Parent-child Playgroup (for 12-18 months old toddlers) on 8, 15, 17, 22, 24, 29, 31 July and 1 August - Parent-child Playgroup (for 18-24 months old toddlers) on 28 July, 4, 11, 18 August, 1, 8, 15 and 22 September - Joyful Bonding Parent-child Sensory Playgroup (for 18-24 months old toddlers) on 30 July, 6, 13, 27 August, 3, 10, 17 and 24 September - Pre-school Adaption Playgroup (for 20-30 months old toddlers) on 7, 12, 19, 21, 28 August, 2, 4 and 9 September - Joyful Bonding Pre-school Adaption Playgroup (for 20-30 months old) on 7, 12, 19, 21, 29 August, 2, 4 and 9 September - Parents Positive Parenting Workshop (I & II) on 4 and 9 September - Mid-Autumn Celebration Day on 20 September - Parents Stress Management Workshop on 23 September





Month	Project/Title	Activity
July to September	Daylily Project for Young/Single Mothers	• Volunteer Training and Gathering 1. New Start! Volunteer Tea Gathering on 18 July 2. Orientation for New Volunteers (II) on 19 July 3. Company Volunteer Training on 18 August and 30 September 4. Advanced Volunteer Training: Storage Organising Skill during Home Visitation on 12 September • Family Sharing Forum 1. Wonderful Summer Movie Time on 8 August 2. Amazing Journey in LEGOLAND Discovery Centre on 22 August 3. Joyful Cooking Adventure on 28 August 4. Tidy Mind, Tidy Space Parent Talk on 12 September 5. Autumn Festival Family Craft: Luminous Moon on 27 September • Daylily Bus Tour on 27 August
	Child Protection Institute	• Workshop on Mandatory Reporting of Child Abuse Ordinance on 3 July • Certificate Course on Identification, Assessment and Intervention of Suspected Child Abuse Case on 5, 16, 23 July, 15, 18, 20 August, 14 and 25 September • Workshop on Identification and Handling of Suspected Child Abuse Cases on 8 July, 26, 28, 29 August and 19 September • Certificate Course on Child Sexual Abuse Prevention on 2 August • Workshop on Intervention Techniques and Handling of Suspected Child Abuse Cases on 17 September
	Chuk Yuen Centre Family Corner	• Summer Fun Learning Hub on 21, 23, 25 July, 1, 4, 6, 8, 11, 13, 15, 18, 20 and 22 August • Parent-child Flower Crafting on 22 July • Summer Splash Family Party on 26 July • Committee Meeting on 30 July, 29 August and 30 September • Family Fun: DIY Jelly Candles on 16 August • Parents' Tea Gathering on 25 August and 29 September • Back-to-School Summer Bash on 30 August • Birthday Party (July to September) on 20 September
	Joyful Kids Group	• Board Games Group on 17, 24 July, 7, 21, 28 August and 13 September • DIY Art & Craft Series on 17, 24 July, 7, 12, 14, 19, 26 and 27 August • Leadership Training Course (For Members) on 26 July, 2 and 9 August • Cool Summer! Mango Dessert Making on 21 August • Summer Day Camp on 25 August • Joyful Meeting on 30 August
	Project Illuminating	• Mental Health-related Activities for Children and Youth: Five-senses Emotional Group on 11 and 18 July • Shine on You Parent-child Activity: Newly Emerged Sports Experience – Arnis on 21 July • Sand Painting Parent-child Experience Workshop on 25 July • The Illuminating Sunshine – Creative Arts Therapy Services: The Arts of Expressive Emotional Children Group on 8, 12, 15, 19, 22 and 26 August • ACA Illuminating Caregivers Workshop Roadshow: Finding Your Own Space Through Art Workshop on 27 September • Mental Health-related Activities for Children and Youth: Meow's Manager Experiential Workshop on 27 September

Month	Project/Title	Activity
July to September	Tuen Mun Centre Family Corner	• Hong Kong Education Bureau Family Resilience Series – Cultivating Care through Sowing on 5 July • Little Chef Training Course on 15, 22 July, 8 and 19 August • Children Storytelling Class on 28 July, 4, 11 and 18 August • DIY Art & Craft on 6, 13 and 20 August • Parent Leisure Corner – Handicraft and Cooking Activities on 16 and 30 September
	Bless My Home Forever Volunteer Home Visitation Project	• Orientation for New Volunteers on 12 July • Family Sharing Forum 1. Super Memory on 18 July 2. How to Improve Children's Creativity? on 1 August 3. Into the Children's World on 8 August 4. Sharing Special Moments on 18 August 5. Cheung Chau City Hunt on 23 August 6. Turning "Can't" into "Can" with Limitation on 27 September • Volunteer Training 1. Super Memory on 18 July 2. Understanding Emotional Health and Interviewing Skills on 19 July 3. Danshari Workshop on 12 September



Forthcoming Events for October to December 2025

Month	Project/Title	Activity
November	Annual Press Conference and Annual General Meeting	• The 46th Annual Press Conference and Annual General Meeting on 20 November
October to December	Child Abuse Treatment Corner	• Batterer Intervention Therapeutic Group for Parents (IV) on 2, 9, 16, 23, 30 October, 6, 13 and 20 November • Positive Parenting Training Course – Learning Rational Emotive Behaviour Therapy X Chinese Lantern Making on 3 October • Parent-child Play Workshop – Messy Play Workshop on 11 and 18 October • Stress Management Group for Parents with Depressive Features (III) on 20, 27 October, 4, 10, 17, 25 November, 1 and 8 December • Parent-child Activity 1. Visit to Hong Kong Ocean Park on 22 November 2. Christmas Party 2025 on 6 December • Advanced Volunteer Training on 13 December
	Good Parents' Networking Project	• Good Parent Training on 2, 9, 16, 23, 30 October, 6, 27 November and 4 December • Parent-child Activity 1. Ocean Park Family Day on 11 October 2. Ecological Conservation Guided Tour on 29 November • Good Parent Training (Heep Hong Society Shanghai Fraternity Association Healthy Kids Kindergarten) on 13, 15, 20, 22, 27 October, 3, 5, 17, 19 and 24 November • Parents Take a Break – Aromatherapy Hands Treatment in Autumn on 17 and 24 October • Good Parent Training (TWGHs Chow Yin Sum Primary School) on 21, 28 October, 4, 18, 25 November, 2, 9 and 16 December • Trainers' Gathering on 10 December

Month

Project/Title

Activity

October to December

Healthy Start
Home Visiting Project

- Montessori Fun Together Parenting Group on 13 and 20 October
- Post-natal Care Support Volunteer Training on 24 October
- Art with Five Senses on 5, 12, 19 and 26 November
- Essential Parenting Course for New Parents on 22 and 29 November
- Listen to the Little Voices – Understanding Speech Therapy for Kids Parent Talk and Baby Birthday Party on 6 December
- Parent-child Christmas Story Craft Class on 8 and 15 December
- Celebrate Together – Parents and Babies Christmas Play Party on 19 December

Play Connect Happy Growth
Positive Parenting Project

- Parents Workshop on Building Harmonious Relationships with Children Through Play (VI-IX) on 4, 21, 23 October and 21 November
- Parent-child Playgroup (for 12-18 months old toddlers) on 8, 10, 15, 17, 22, 24, 28 and 31 October
- Parent-child Sensory Play Experience Day on 21 October
- Parent-child Playgroup (for 18-24 months old toddlers) on 30 October, 6, 13, 20, 27 November, 4, 11 and 18 December
- Pre-school Adaption Playgroup (for 20-30 months old toddlers) on 3, 5, 10, 12, 17, 19, 24 and 26 November
- Parents Stress Management Workshop (VIII-X) on 4 November, 2 and 19 December
- Parents Positive Parenting Workshop on 24 and 26 November
- Parent-child Christmas Party on 13 December

Daylily Project for
Young/Single Mothers

- Family Sharing Forum
 1. Cultural Trip in Tai O on 4 October
 2. Chinese Medicine and Emotional Well-being on 17 October
 3. Calm Parenting – Stress Management and Relaxation Techniques on 4 November
 4. Enjoy Quality Communication – Fun time in Ocean Park on 8 November
 5. Workshop of Floating Flowers on 22 November
 6. Love Language – Parent-child Day Camp on 6 December
 7. Family Christmas Celebration 20 December
- Student Volunteer Training on 10 October and 8 December
- Advanced Volunteer Training
 1. How to Play with Children on 24 October
 2. Understanding SEN Children (ASD and ADHD) on 12 December
- Daylily Bus Tour and Carnival on 25 October
- Daylily Bus Tour on 19 December

Child Protection Institute

- Workshop on Mandatory Reporting of Child Abuse Ordinance on 6 and 30 October
- Workshop on Identification and Handling of Suspected Child Abuse Cases on 6, 14 October and 2 December
- Certificate Course on Identification, Assessment and Intervention of Suspected Child Abuse Case on 9, 15, 22 October, 4 and 24 November
- Workshop on The Language of Love: Nonviolent Communication on 18 October

Chuk Yuen Centre
Family Corner

- Parent-child Play "1+3" on 2, 9, 16 and 23 October
- Mid-Autumn Family Fun Street Station on 3 October
- Mid-Autumn Festival Celebration on 4 October
- Gentle and Firm Parenting Parents' Group on 15, 22 October, 5, 12, 19 and 26 November
- Face Painting Workshop on 18 October
- Parent's Guide – Elementary Child First Aid Course (CEFA) on 25 October
- Parents' Tea Gathering on 27 October, 24 November and 15 December
- Committee Meeting on 28 October, 25 November and 16 December
- Family Trip to Ocean Park on 22 November
- Family DIY Calendar on 29 November
- Birthday Party (October to December) on 6 December
- It's Christmas Time for Family Fun on 13 December



Month	Project/Title	Activity
October to December	Joyful Kids Group	• Let's Celebrate! Art in Mid-Autumn Festival on 4 October • Volunteer Training Series – How to tell Story on 25 October, 1 November and 13 December • Let's Celebrate! Art in Christmas on 20 December
	Project Illuminating	• Caregivers Mutual Help Groups / The Illuminating Academy: Pastel Nagomi Art Soulful Landscapes Mutual Help Group on 16, 23, 30 October, 4, 11 and 18 November • ACA Illuminating Caregivers Workshop Roadshow: Creative Ceramics Workshop on 8 and 22 November • The Illuminating Sunshine – Creative Arts Therapy Services: Child Speaks Through Art Expressive Arts Group on 7, 14, 21, 28 November and 5 December
	Tuen Mun Centre Family Corner	• On Ting Estate Child Protection Carnival on 11 October • Parent Leisure Corner – Handicraft and Cooking Activities on 14, 28 October, 11, 25 November and 9 December • Children Parent Leisure Corner – Handicraft and Cooking Activities on 18, 25 October, 8, 29 November and 13 December
	Bless My Home Forever Volunteer Home Visitation Project	• Family Sharing Forum 1. Families' Mid-Autumn Festival on 4 October 2. Having Fun with Children X Family Day in Ocean Park on 11 October 3. Developing Children's Self-confidence on 7 November 4. The Art of Language X Christmas Party on 13 December • Volunteer Training 1. Building Rapport with Children on 1 November 2. The Art of Language X Volunteers' Gathering on 13 December
	Parent-child Support Line	• Advertising at Facebook from 1 to 31 October • The Hong Kong and China Gas Company Limited (Towngas) Promotion Leaflet in December

Parent-child Support Line

Sponsored by Fu Tak Iam Foundation Limited

With the support of the Fu Tak Iam Foundation Limited, our Parent-child Support Line serves parents, children, teenagers, professionals, and the general public. The helpline provides a reliable platform for the public to report suspected child abuse and offers assistance to families facing challenges with discipline or seeking parenting information. Our goal is to prevent child abuse, promote child protection, and disseminate messages about positive parenting.

We understand that the mental pressure and difficulties parents face raising their children are increasing. To ensure parents receive appropriate support, we promote our helpline and parent support services on our website, Facebook, and Instagram, aiming to raise public awareness about seeking help and encouraging children and parents in need to reach out. From 1 to 15 July, we utilised electronic posters in public housing estates to promote our services, aiming to inform the public about our helpline while also conveying positive parenting methods beyond corporal punishment. We encourage the public to use effective and positive discipline strategies and invite everyone to visit our website for more parenting information (<https://www.aca.org.hk/en/parentingarticle>).



Parent-child Support Line:

2755 1122

Service:

9:00a.m. - 9:00p.m. (Monday to Friday)

9:00a.m. - 1:00p.m. (Saturday)

Child Protection Institute

Certificate Course on Identification, Assessment and Intervention of Suspected Child Abuse Case

With the Mandatory Reporting of Child Abuse Ordinance set to take effect on 20 January 2026, public awareness of child abuse issues in Hong Kong has grown significantly. To enable professionals to better identify signs of child abuse, conduct risk assessments, and take appropriate actions, the Child Protection Institute organised the "Assessing Child Abuse Risks and Mastering Intervention Skills" certificate course on 20 August 2025. The course was attended by 25 professionals and focused on risk assessment and abuse identification. It also included a simulated Multi-disciplinary Case Conference (MDCC) to strengthen participants' practical skills in preparation for the forthcoming mandatory reporting mechanism.



Risk Assessment: Immediate Response to Minimise Harm

Risk assessment is a critical step in handling child abuse cases. This course provided in-depth training on using observation, interviews, and data analysis to quickly evaluate the level of danger a child may face. For example, participants learned how to use systematic tools and guidelines to determine the need for immediate intervention when identifying signs such as physical injuries, emotional distress, or behavioural changes in children.

Participants noted that the course emphasised detailed observation and judgment. For instance, when a child displays extreme fear or avoidance of certain environments or individuals, participants were trained to investigate the underlying causes and take appropriate actions. Moreover, risk assessment goes beyond the incident itself, requiring consideration of the child's family circumstances, parental emotional states, and the availability of social support networks. This holistic approach ensures a more accurate evaluation of the risks children may face.

Identifying Child Abuse: Clear Definitions and Accurate Judgments

One of the course's key components was understanding the definitions and types of child abuse. Beyond basic definitions, participants were trained to recognise abuse through case analysis and real-life scenarios. For example, they learned how to distinguish suspicious injuries that may appear "accidental" and how to identify potential signs of sexual abuse through children's behaviours and statements.

The course also incorporated the latest data on child abuse to analyse its causes, such as economic hardship, parental mental health issues, and a lack of parenting knowledge. This knowledge helps participants not only focus on the child but also understand how family dynamics contribute to abuse, enabling them to devise more effective intervention plans.

Simulated MDCC: Practical Training to Enhance Decision-Making Skills

To help participants effectively apply their risk assessment and abuse identification skills, the course included a simulated Multi-Disciplinary Case Conference (MDCC). MDCC is a collaborative mechanism where professionals from various fields, such as social work, education, healthcare, and law enforcement, come together to discuss and resolve child abuse cases. Through role-playing, participants simulated actual conference scenarios, from conducting risk assessments to developing follow-up plans, gaining hands-on experience in handling child abuse cases.

Participants appreciated this exercise for improving their interprofessional communication skills and deepening their understanding of the critical steps involved in MDCC. They learned how to achieve consensus among diverse perspectives, create actionable follow-up plans, and ensure the child's safety and well-being after the conference.

Practical Focus: Strengthening Professional Competence

The course was designed to meet practical needs, covering topics such as the history of child protection development in Hong Kong, relevant legal frameworks, and procedural guidelines for handling child abuse cases. Participants gained a solid theoretical foundation and practical skills for managing such cases. Additionally, the course emphasised techniques for interviewing abused children and their families, equipping professionals to build trust and reduce the risk of secondary trauma during intervention.

One participant shared, "The content on risk assessment and identifying child abuse was incredibly helpful. It gave me a more systematic way to determine whether a child is in danger. The simulated MDCC session was especially practical and provided me with a clearer understanding of real-life operations."

Protecting Children Together

Child abuse has long-lasting impacts on a child's physical and mental health, making timely intervention by professionals essential. Through this course, participants not only deepened their understanding of child abuse issues but also mastered systematic methods for risk assessment and abuse identification. All participants received certificates upon completing the course, recognising their commitment to protecting children.

Protecting children is a shared responsibility for society. With the upcoming implementation of the Mandatory Reporting of Child Abuse Ordinance, this course has equipped professionals with the knowledge and skills to meet new challenges. We look forward to more professional training programs in the future, empowering more individuals to safeguard children and create a safer environment for their growth. If you are interested in our courses, please visit our website <https://www.aca.org.hk/en/cpi>

The Hong Kong Jockey Club Community Project Grant – Healthy Start Home Visiting Project

Sponsored by the Hong Kong Jockey Club Charities Trust



The project aims to provide comprehensive support for pregnant women and infants and their families. Through regular volunteers' home visitations, we address the anxieties and stresses experienced by families. We offer education on pre- and post-natal general health care and child care, as well as information on available community resources and positive parenting techniques.

Story-telling is a Gift for Child Development Parent Talk and Baby Birthday Party

On 12 July, we hosted a parenting seminar and baby birthday party titled Storytelling is a Gift for Child Development: Parent Talk and Baby Birthday Party. The seminar featured family reading expert Auntie Choi, who shared valuable techniques and the joys associated with parent-child reading. During her presentation, Auntie Choi highlighted the significance of parent-child reading in fostering children's language development, emotional bonding, and cognitive skills. She provided various practical methods, including tips on selecting age-appropriate books and creating an engaging reading environment.

In conjunction with the birthday party, we read a picture book and facilitated interactive games, allowing children to learn through play while enhancing their interaction with parents. The event successfully attracted 16 families, and parents expressed appreciation for the seminar's practicality, acquiring valuable skills for reading with their children.

Messy Play Group

From 9 to 30 July, we conducted eight sessions of a sensory play group, with five families participating in each session. The purpose of this group was to encourage children to explore and create in a relaxed environment. Throughout the sessions, parents and children engaged in various sensory activities, such as playing with uncooked rice, paint, and water, which allowed children to express their creativity and develop motor skills through play.

Messy play not only enhances sensory development but also fosters emotional connections between parents and children. Furthermore, parents learned how to incorporate these activities into their daily routines, utilising simple materials to inspire their children's imagination. Following the activities, participating families expressed their enjoyment of the experience and their eagerness for more similar parent-child events in the future.

Miu Chen
Project Social Worker

Bless My Home Forever

Volunteer Home Visitation Project

Sponsored by the Community Chest of Hong Kong



The project aims to provide support to families living in the Sham Shui Po District. Through regular volunteer home visitations, sharing sessions, community education and parent-child outings, the project helps participating families foster a desirable environment for their children to grow up in. They learn knowledge and skills in strengthening positive parenting, child safety, information on community resources and ways to enhance the parent-child relationship.

In order to enhance parents' knowledge and skills in positive parenting, we organised a series of family sharing forums and parent-child activities from July to September. For example, we held the Super Memory and How to Improve Children's Creativity parenting talks to teach parents how to skillfully support their children's learning.

In addition, to provide quality time for parents and their children, and promote parent-child relationships, we held the Sharing Special Moment and the Cheung Chau City Hunt on 18 and 23 August respectively. The Cheung Chau City Hunt was made possible with the help of the Hong Kong Independent Commission Against Corruption (ICAC) Volunteer Team, which joined families in exploring Cheung Chau. Both parents and children expressed that these activities added joy to the summer holidays and created more warm and happy moments.

Yan Yu
Social Worker

Joyful Kids Groups – Child Development Group

The Joyful Kids Group consists of a group of children and youth volunteers aged 7 to 17, who are dedicated to protecting children's rights and responsibilities. We provide training in child development and volunteer work to promote the holistic growth and development of our members and unleash their potential.

During the summer holidays, we organised a series of creative handicraft activities and a summer day camp with funding from the Home Affairs Department to enhance volunteers' skills and foster a volunteer mindset. A total of 111 participants attended the activities.

The creative handicraft series selects crafts with fewer techniques required, and simple art materials are suitable for all age groups, including DIY shrink plastic keychains, mosaic pen holders, glass candlestick decoration, starflower lucky charm, and bracelet weaving. Through the process, volunteers utilised personal creativity, basic skills technique, and concentration to complete their artwork, boosting their sense of capability and confidence, which they can apply to community contributions in the future.

On the other hand, the summer day camp aimed to enhance volunteers' collaboration and team communication skills. The day's activities guided volunteers through getting to know each other, understanding one another, collaborating on tasks, solving challenges, and participating in adventure activities in the afternoon to challenge themselves and step out of comfort zones. Volunteers reflected that, despite feeling physically tired after the activities, they experienced personal breakthroughs and growth. Most importantly, they learned to appreciate their own efforts, enhancing their sense of personal efficacy.



Deborah Wat
Project Social Worker Assistant

Project Illuminating

Sponsored by Dr Patricia Ip Foundation Fund



Painting Experience Workshop for parents and children. Through picture books, participants learned to recognise emotions. Non-judgmental art creation allowed children to "speak through their artwork". In a relaxing atmosphere, they could "feel the heart flow, speak their thoughts", which helped children enhance self-awareness and learn to recognise and express their emotions.

The toddlers' group explored basic emotions like happiness and anger through simple drawing and crafts. The Children's group encourage kids to connect with their inner thoughts through storytelling. The parent-child group was especially unique, using impromptu interactive art activities to foster communication and bring parents and children closer together.

The activities helped children and parents learn to express themselves and listen to each other through laughter and creativity.

Deborah Wat
Project Social Worker Assistant



**Acknowledgement: Services funded by
"Dr Patricia Ip Foundation Fund"**



Child Abuse Treatment Corner

Sponsored by Fu Tak Iam Foundation Limited



The Child Abuse Treatment Corner project serves pregnant women and families with children aged 0-5 in Tsuen Wan District and Kwai Tsing District. Trained volunteers with parenting knowledge conduct home visits regularly to provide emotional support and parenting guidance. The project collaborates with primary schools, kindergartens, and community organisations in the district to hold parent therapeutic groups, children therapeutic groups and parent talks to support the development of both parents and children.

Parent Therapeutic Groups

From June to July, the project collaborated with The Salvation Army Ng Kwok Wai Memorial Kindergarten and The Salvation Army Tsuen Wan Nursery School to organise a parent therapeutic group, the Stress Management Group. The group sessions are based on cognitive-behavioural

therapy, which aims at facilitating parents to identify their irrational beliefs in parenting, sharing various methods for stress relief and self-care. Through accumulating positive emotions, parents are able to respond to their children's needs with positive discipline effectively, and thus improve their parent-child relationships. After the group sessions, parents reported gaining a multi-faceted understanding of both their own and their children's emotions. This new perspective allowed them to remain calm during their children's emotional outbursts and respond more effectively. These improved interactions gradually fostered a stronger, more positive parent-child relationship.

Parent-child Play Workshop

To better support children's well-being and strengthen family bonds, the project introduced play counselling and parent-child play workshops. Two sessions were held between June and August, including Joyful Play Workshop and Playing with Six Bricks. These workshops equipped parents with strategies for child-led interaction, guidance during play, and techniques for handling their children's emotions. Using group games, food preparation, and constructive play with blocks, the activities fostered more meaningful communication and shared positive experiences — laying the foundation for deeper connections and lasting memories among the family members.

Ka Yu Lo

Project Social Worker

Daylily Project for Young / Single Mothers

Sponsored by the Community Chest of Hong Kong

The Daylily Project aims to support young or single mothers in their self-development, emotional needs, childcare practices, and in building a rich social network.

During the summer break, the project held a series of parent-child activities from July to September, with company volunteers, "Act of Care Project" from Hong Kong Red Cross, and our project volunteers. Activities included Wonderful Summer Movie Time, Amazing Journey in LEGOLAND Discovery Centre, Joyful Cooking Adventure, and Shining Moon Family Get-Together. Special thanks to Midland Realty and Emperor Investment Limited for fully sponsoring the expenses for participating families at the cinema, including snacks and gifts. We also thank Celestica and their volunteers for taking the families to the LEGOLAND Discovery Centre, creating unforgettable summer memories for the children.



Additionally, the Project invited Ms Orange Tam, the founding president of the Hong Kong Association of Professional Organisers (HAPO), to conduct a decluttering workshop for parents, aimed at improving home environments and raising awareness about mental health.

Recently, we recruited some new home visit volunteers and held a volunteer tea gathering on 18 July to facilitate communication between new and existing volunteers, hoping to ensure the smooth progress of the program.

Yetta Chan

Service Manager (Tuen Mun Centre)

Good Parents' Networking Project

Sponsored by Fu Tak Iam Foundation Limited



The Good Parents' Networking Project aims to provide parenting education activities for families in the Tsuen Wan and Kwai Tsing districts. Through positive discipline courses, parent-child activities, and parent workshops, the program helps parents to master techniques for positively disciplining their children, improve parent-child communication patterns, promote family harmony, and foster a spirit of community mutual support.

During the summer vacation from July to August, the program held multiple parent-child activities at the centre on 12, 28, and 30 July, 6, 13, 20, 21, 23, 25, 27 and 28 August. Activities included Cooking X Aromatherapy Fun Fun Fun!, Global Culinary Culture Tour, Summer Family Cooking, KC Centre Open Day 2025 and Summer Escape Room. Together with parent volunteers, the total participation exceeded 300 people. We are grateful to have the 4C volunteer group from Kwai Chung Methodist School for designing several environmentally themed games during Cooking X Aromatherapy Fun Fun Fun!, allowing children to play and engage in low-carbon cooking at the centre. While having fun, children also learned the importance of protecting the environment. Additionally, with the invitation from the Hong Kong Scout Association, we co-hosted the Active Citizen Carnival 2025 at the Fanling Police Tactical Unit Headquarters on 21 September, promoting child protection and disseminating positive discipline messages. Furthermore, we thank parent volunteers for their thoughtful planning and assistance in conducting these activities, which provided opportunities for parents and children to enjoy fun and relaxation, share wonderful parent-child moments during the summer and enhance interaction and emotional connections.

In terms of parent activities, we have been dedicated to bringing together parent volunteers in the community. We held the Trainers' Gathering and Good Parent Reunion 2.0 on 10 and 26 September, respectively. Parent Trainers prepared exquisite snacks together, exchanged parenting experiences, and shared insights on discipline. They also participated in autumn and winter aromatherapy treatment sessions, fully enjoying their self-care time. Additionally, parent volunteers enthusiastically served as mentors and assistants in the Parents Chill Club activities included Aromatherapy X Pain Relief and Sesame Cookies Making on 16 and 30 September. These activities not only allowed parent volunteers to showcase their talents and explore their potential but also helped them expand their social circles and build mutual support relationships with other parents, thus strengthening the cohesion among parents in the community.

To promote child protection and positive discipline messages, this program launched the third session of the Good Parent Training in September, with the first two classes held on 18 and 25 September. In this ten-session course, parents learn positive discipline techniques and how to effectively handle parent-child conflicts. They also experience improvisational theatre and role reversal to better understand children's psychological needs and behaviours. The course incorporates elements of aromatherapy and expressive art therapy, enabling parents to practice self-care exercises, regain strength on their parenting journey, and become a strong support for their children.

Arc Wong
Project Social Worker



Tuen Mun Centre Family Corner



社會福利署資助服務
Subsidised Services to the Social Welfare Department

During the summer vacation, Tuen Mun Centre Family Corner organised a series of parent-child and children's activities, including handicrafts, planting and picture book workshops. Among these, the "Little Chef Training Course 2025" was particularly popular among children. Over four sessions, volunteers from the Family Corner guided the children as they personally prepared delicious appetisers, main dishes, and desserts. In the fourth session, the young chefs selected their own dishes and visited local markets and supermarkets to choose ingredients before creating their culinary masterpieces. The children thoroughly enjoyed the process and took pride in the dishes they prepared. The smooth execution of these activities was greatly attributed to the dedicated arrangements and guidance provided by the Family Corner volunteers, allowing the children to learn about food preparation and cooking techniques.

Yetta Chan

Service Manager (Tuen Mun Centre)



Chuk Yuen Centre Family Corner

Chuk Yuen Centre Family Corner (CYFC) is dedicated to providing diverse activities for local residents to strengthen parent-child relationships and foster community bonds, bringing warmth and care to families. This summer of 2025, CYFC organised several events, offering joy and growth opportunities for children, parents, and volunteers.

The Summer Splash Family Party was held on 26 July at the basketball court near Wai Yuen House, Chuk Yuen (North) Estate. It brought a vibrant and joyful summer experience to 20 families. The event featured two parts: first, eight carefully designed water-based games, such as Magic Bubbles, Water Relay, and Boat Race, emphasising parent-child collaboration. Families could earn a colored wristband if they complete each game, with eight wristbands redeemable for a special gift. The second part was the popular water balloon battle, where participants were split into two teams and threw water balloons within a time limit, with the team having fewer balloons in their area declared the winner. The lively atmosphere was filled with children's bright smiles and parents rediscovering their inner child. The event was supported by 14 dedicated volunteers who contributed to game design, material preparation, and facilitation, showcasing their commitment to the community.



The Summer Fun Learning Hub, held from July to August 2025, aimed to ease parents' caregiving burdens during the summer break while providing children with a balanced environment for learning and fun, and enabling volunteers to contribute to the community. The program ran for 15 sessions, each lasting 2 hours, with 9 children and 9 volunteers participating. Activities included homework guidance, story-sharing, and engaging game time, which was loved by the children. With volunteers' patient support, children completed their assignments in a relaxed setting and enjoyed social interactions. Parents praised the program's impact, with one saying, "My daughter usually hates homework, but here she actually enjoys learning — it's priceless!" Volunteers expressed satisfaction in witnessing the children's progress, suggesting more frequent sessions or extending them to 3 hours to meet greater demand.

The Back-to-school Summer Bash, held on 30 August, aimed to make the most of the summer's end by encouraging family fun through group games and guiding parents and children to set goals for the new school year. The event attracted 17 participants, supported by 2 volunteers. During the games, children and parents enthusiastically participated, with cheers erupting during exciting moments, creating a lively atmosphere. In the goal-setting session, participants quietly reflected and set realistic personal goals for the coming month, such as a child pledging to "revise for 30 minutes daily" or a parent aimed to "learn to cook two Chinese dishes." We hoped that this small but meaningful activity could accelerate progress for both children and parents.

Mandy Ma
Social Worker

防止虐待兒童會2026年1月3日新界區賣旗日

隨著《強制舉報虐待兒童條例》將於2026年1月20日正式實施，教育、社福、醫護及多個界別的專業人士都將肩負更重要的前線守護兒童角色。在過去3年，本會共接獲3,435宗熱線舉報及查詢，其中579宗為懷疑虐兒個案，反映保護兒童工作極需社會各界持續支持。為推動本地兒童保護工作及服務拓展，本會獲社會福利署批准，將於2026年1月3日（星期六）上午7時至下午12時在新界區舉行賣旗日，所得善款將用於加強危機家庭介入、家長支援、情緒輔導及保護兒童教育等項目。

參與方式包括：

- 組織員工／會員／家長子女一同參與賣旗義工
- 協助本會宣傳招募訊息或籌款
- 支持設立旗袋收集站（如有合適場地）

為感謝善長慷慨支持

1. 捐款滿HK\$50可獲贈限量版旅行箱貼紙一套（含兩款）
2. 捐款滿HK\$100可獲贈限量版旅行箱貼紙及八達通貼各一套（各含兩款）
3. 捐款滿HK\$500可獲贈限量版環保餐具及手巾仔各一套
4. 捐款滿HK\$1,000或以上可獲贈以上1-3項各一套及ACA縮骨遮一把

查詢

☎ 電話：3542 5725

✉ 電郵：flagday@aca.org.hk

📄 開籌款許可證編號：FD/R065/2025

線上籌款大使招募



練寶儀
籌募及傳訊經理

Against Child Abuse New Territories Flag Day on 3 January 2026

With the Mandatory Reporting of Child Abuse Ordinance coming into effect on 20 January 2026, professionals across education, social welfare, healthcare, and other sectors will take on an even more vital frontline role in safeguarding children. Over the past three years, ACA has received 3,435 hotline reports and enquiries, of which 579 were suspected child abuse cases, highlighting the urgent need for continued support from all sectors of society in child protection efforts.

To promote local child protection work and expand related services, our organisation has received approval from the Social Welfare Department to hold a Flag Day in the New Territories on Saturday, 3 January 2026, from 7:00 AM to 12:00 PM. All donations raised will be used to strengthen crisis family intervention, parental support, emotional counselling, and child protection education programmes.

Ways to participate:

- Mobilise staff, members, or parents and children to join as flag-selling volunteers
- Assist with promoting recruitment messages or fundraising efforts
- Support the setup of flag bag collection stations (if suitable venues are available)

To thank donors for their generous support:

1. Donations of HK\$50 or more will receive a limited edition set of suitcase stickers (2 designs)
2. Donations of HK\$100 or more will receive a limited edition set of luggage stickers and Octopus card stickers (2 designs each)
3. Donations of HK\$500 or more will receive a limited edition set of eco-friendly cutlery and a hand towel
4. Donations of HK\$1,000 or above will receive all of the above items plus an ACA foldable umbrella

Enquiries

☎ Phone: 3542 5725

✉ Email: flagday@aca.org.hk

📄 Public Fundraising Permit Number: FD/R065/2025

Join as Online Flag-selling Volunteer



Summer Lin
Funding and Communications Manager



Against Child Abuse
防止虐待兒童會



香港公益金
THE COMMUNITY CHEST
會員機構 MEMBER AGENCY



新界區賣旗日

2026.01.03

保護兒童服務包括：

預防服務、危機介入、個案調查、個案輔導、治療小組、倡導、專業培訓

登記做義工

街上賣旗義工登記表



FOLLOW ME

FOLLOW ME



捐款支持

Parent-child Support Line
求助及親子支援熱線

2755 1122

透過ACA網頁捐款



透過PayMe捐款



透過AlipayHK捐款



鳴謝 (排名不分先後)：



天星小輪
The "Star" Ferry

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熱線贊助：



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