



# Against Child Abuse

## 防止虐待兒童會

# 2015

## August Newsletter

The Millennium Development Goals were a milestone and a framework which has guided global and national development priorities. Since 2012, the UN has been working on defining a unique global post-2015 development agenda for the next generation, with sustainable development as its focus. One of the Sustainable Development Goals specially aims at ending all forms of violence against children. We welcome the recognition of children and young people as the “torch-bearers” of the next sustainable development agenda through to 2030, with emphasis on the alleviation of child poverty, child access to education, and child empowerment.

While empowering children to voice their views, we also need to support parents and care-givers. ACA did a survey on parents' and children's views towards corporal punishment, psychological harm, neglect and home safety between November 2014 and February 2015. Of the 1,562 children who replied to the survey, over half of the children have experienced corporal punishment and 5% of them received corporal punishment daily. Of the 608 who parents replied to the survey, 69% have used corporal punishment on their children. The causes were mainly due to unsatisfactory academic performance. They realized that it will cause negative impact on their children but did not know the ways out. Supporting parents to acquire positive parenting knowledge and skills is very important. Nearly half of the children have



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experienced psychological harm, such as verbal and non-verbal rejection, public humiliation, shaming or ridiculing, restriction from expressing views, were threatened with harm and abandoned, scolded with abusive language, etc. Around 70% of the children had been left unattended. Parents left children alone mainly for grocery shopping or for work. Parents' home safety awareness is also weak. We appeal to the government to review child protection laws, policies and services, allocate resources to provide a comprehensive parent education program for all parents and invest in supporting parents with emotional needs.

ACA has organised a carnival to promote the Parent-child Support Line on the last Sunday of June. A group of parent ambassadors have been appointed to promote the Support Line in schools and to other parents. Positive parenting tips were distributed to the participants. We hope to raise public awareness that positive parenting works. It not only enhances parent-child relationship, but also let children have a happy childhood.

My deep gratitude for the support of our hundreds of volunteers. A Volunteer Award Ceremony to recognize their contributions was held on the first Sunday of July. Some volunteers shared their experiences of helping those in need through the difficult times. Those real stories not only touched many hearts, but also were a witness to hope and to life.

We are most grateful for the support of the Fu Tak lam Foundation to sustain the Treatment Corner services. The Treatment Corner provides therapeutic groups for parents who physical abuse children, parents with depressive moods and children who have been maltreated. The Foundation also supports a new initiative which trained volunteers with the supervision of social workers to provide home visitation service to families with newborn in Kwun Tong District. ACA first introduced this primary prevention home visitation model to Tuen Mun, Yuen Long and Tin Shui Wai districts in 1997. Many studies have proved that regular home visitation to families with newborn to be an effective model to prevent child abuse. We are pleased to see such primary prevention service begins to spread to other districts.

Early prevention of child abuse and the protection of children from violence not only benefit children and families, but also have long-term benefits for society, including better health outcomes and a more peaceful society. I hope the government will refer to the UN Sustainable Development Goals and the principles of the UN Convention on the Rights of the Child to take necessary actions to end all forms of violence against children.

**Dr Jessica Ho**  
**Director**



## Summary of Major Activities for April to June 2015

Month	Project/Title	Activity
April to May	Children's Council	<ul style="list-style-type: none"> <li>• Children Councilor Interview on 25 April</li> <li>• Children Councilor Training on 9 May</li> </ul>
	Child Protection Home Visitation Project for New Arrivals	<ul style="list-style-type: none"> <li>• Press Conference on 27 April</li> <li>• Volunteer Training on 16 May</li> <li>• Volunteer Sharing cum Project Closing Ceremony on 16 May</li> </ul>
April to June	Kids' Dream	<ul style="list-style-type: none"> <li>• Children's Rights Forum Participation on 1 April</li> <li>• Sharing to Members of Ai You Foundation on 2 June</li> </ul>
	Tuen Mun Centre Family Corner	<ul style="list-style-type: none"> <li>• Volunteer Training on 2 April, 18 and 25 June</li> <li>• Happy Family Gathering on 25 April</li> <li>• Volunteer Group Members Meeting on 11 June</li> </ul>
	Child Protection Institute	<ul style="list-style-type: none"> <li>• Enhance Children's Logical Thinking and Creativity Easter Course from 8 to 10 April</li> <li>• Effective Parenting Workshop on 9 April</li> <li>• Expressive Arts Children Group on 10, 17 April, 8, 15, 22 and 29 May</li> <li>• Children Development Drama Classes on 11, 18, 25 April, 2, 9, 16, 23 and 30 May</li> <li>• Suspected Child Abuse Case Identification and Handling Workshop on 13 and 20 April and 11 May</li> <li>• Happy Family Workshop on 14 and 21 April</li> <li>• Self Healing Expressive Arts Parent Workshop on 14, 21, 28 April and 4 May</li> <li>• Lunch Sharing on 15 April, 13 and 20 May</li> <li>• Risk Assessment and Handling of Child Abuse Certificate Course on 23 April and 25 June</li> <li>• Arts and Skills of Appreciation Talk on 25 April</li> <li>• Hong Kong Child Protection Work, Identification and Handling of Suspected Child Abuse Case Workshop on 26 April</li> <li>• Parent-child Adventure Programme on 16 May</li> <li>• Children's Right Talk on 2 June</li> <li>• Mindful Parenting Talk on 6 June</li> </ul>
	Chuk Yuen Centre Family Corner	<ul style="list-style-type: none"> <li>• Children's Resilience Building Group on 17, 24 April and 8, 15, 22 and 29 May</li> <li>• Spank Out Day Bus Tour on 26 April</li> <li>• Parent Class of Octopus Card Pocket DIY on 4 and 11 May</li> <li>• Family Outing at Wu Kwai Sha Youth Village on 17 May</li> <li>• Chuk Yuen Centre Carnival on 28 June</li> </ul>
	Daylily Project for Young / Single Mothers	<ul style="list-style-type: none"> <li>• Volunteer Training on 18 April</li> <li>• Family Sharing Forum on 17 May and 21 June</li> </ul>
	Bless My Home Forever Volunteer Home Visitation Project	<ul style="list-style-type: none"> <li>• Volunteer Training on 18 April</li> <li>• Family Sharing Forum on 17 May and 21 June</li> </ul>
	Child Abuse Treatment Corner	<ul style="list-style-type: none"> <li>• Children Therapeutic Group on 24 April, 8, 15, 22, 29 May and 19 June</li> <li>• Stress Management Group for Parents on 21, 28 April, 5, 12, 19 May, 2 and 9 June</li> </ul>
	Parent-child Support Line	<ul style="list-style-type: none"> <li>• Spank Out Day Bus Tour on 26 April</li> <li>• Outdoor Activity for the Mentoring Scheme on 27 June</li> <li>• Ambassadors' Kick off Ceremony and Game Stalls on 28 June</li> </ul>
May to June	Joyful Kids Group	<ul style="list-style-type: none"> <li>• Orientation Meeting on 2 May</li> <li>• Training Session and Group Meeting on 30 May and 27 June</li> </ul>
	Healthy Start Home Visiting Project	<ul style="list-style-type: none"> <li>• Volunteer Training on 22, 29 May, 5 and 12 June</li> <li>• Father's Day Celebration on 21 June</li> </ul>

## Forthcoming Events for July to September 2015

Month	Project/Title	Activity
July to August	Tuen Mun Centre	<ul style="list-style-type: none"> <li>Family Corner Volunteer Training on 2 and 9 July</li> <li>Parent-child Summer Programme on 21, 23, 30 July and 7 August</li> </ul>
	Kids' Dream	<ul style="list-style-type: none"> <li>Children's Rights Forum Participation on 9 July</li> <li>Retreat Camp from 23 to 24 August</li> </ul>
August	Steps to Happy Family	<ul style="list-style-type: none"> <li>Parent-child Communication Day Camp on 11 August</li> </ul>
July to September	Child Protection Institute	<ul style="list-style-type: none"> <li>Peer Relationship Workshop on 2 July</li> <li>Expressive Arts Children Summer Group on 5, 7, 12, 14, 19 and 21 August</li> <li>Self Healing Expressive Arts Parent Workshop on 26 August</li> <li>Risk Assessment and Handling of Child Abuse Certificate Course on 27 August</li> <li>Mindful Parenting Programme on 4, 11, 18 and 25 September</li> <li>Suspected Child Abuse Case Identification and Handling Course on 22 September</li> </ul>
	Children's Council	<ul style="list-style-type: none"> <li>Children Councilor Training on 4, 11, 21 to 22 July and 7 August</li> <li>Motion Discussion on 31 July, 14, 18, 21, 25 August and 19 September</li> <li>Children's Council Meeting Rehearsal on 12 September</li> <li>Children's Council Meeting on 26 September</li> </ul>
	Healthy Start Home Visiting Project	<ul style="list-style-type: none"> <li>Happy Family Day at Aberdeen Marina Club on 7 July</li> <li>Parents Talk cum BB Birthday Party on 22 August</li> <li>Parents Education Course on 18 and 25 September</li> </ul>
	Daylily Project for Young / Single Mothers	<ul style="list-style-type: none"> <li>Family Sharing Forum on 12 July, 29 August and 30 September</li> <li>Volunteer Training on 1 August and 12 September</li> </ul>
	Chuk Yuen Centre Family Corner	<ul style="list-style-type: none"> <li>Birthday Party on 18 July</li> <li>Happy Family Kitchen on 20 and 27 July</li> <li>Amazing Visit in the Aberdeen Marine Club on 26 August</li> <li>Seasonal Family Outing on 30 August</li> <li>Morning Gatherings with Mothers on 8, 15, 22 and 29 September</li> <li>Parent-child Volunteer Service – Visit the Elderly before Mid-Autumn Festival on 26 September</li> </ul>
	Bless My Home Forever Volunteer Home Visitation Project	<ul style="list-style-type: none"> <li>Family Sharing Forum on 19 July, 29 August, 20, 23, 27 and 30 September</li> <li>Volunteer Training on 1 August</li> </ul>
	Parent-child Support Line	<ul style="list-style-type: none"> <li>Ambassador Training Workshop on 8, 15 July, 10 and 17 September</li> <li>Ambassadors' Parent-child Day Camp on 30 August</li> <li>Communication Skills Training Parent Group on 2, 9, 16 and 23 September</li> <li>Emotion Management Children Group on 5, 12, 19 and 26 September</li> </ul>

## Child Protection Institute (CPI)

### Effective Parenting Workshop

A 5-session "Happy Family" parent group was held at St. Matthew's Lutheran School (Sau Mau Ping) in March and April. Integrating the model of positive psychology counseling, we hoped that the parents learned some positive skills to communicate with family members. As a new start, the parents were expected to explore the children's needs and the mutual expectation among themselves. Their ultimate aim was to build a healthy and happy family.



### Parent-child Adventure Programme

On 16 May, we were invited by the Yan Chai Hospital Fong Kong Fai Kindergarten/Child Care Centre to organise a parent-child programme with a strong flavour of adventure. The games designed did not only focus on having fun, they also intended to bring out the positive elements of simple human psychology. We would like the families to experience an enjoyable morning and, at the same time, learn some basic principles of positive psychology.

The programme included dynamic and sedentary games. More than 120 participants attended the event and they were totally thrilled in the activities.

Overall speaking, every participant demonstrated excellent team spirit throughout the programme. Thanks to the assistance provided by the teachers of the kindergarten and the support of volunteers, the programme ran smoothly.



**Lau Yin-ling**  
Development and  
Training Manager

## Mindful Parenting Talk

Mindfulness is a process which helps us concentrate on observation and keep a neutral mindset. It encourages us to focus on the events that are affecting us at the present moment. Moreover, it keeps our emotions in a good balance and helps us enhance our relationships with others, including that with our children.

We were honoured to have invited Dr. Matthew CHU, an Education Psychologist to conduct a Mindful Parenting Talk on 6 June at Child Protection Institute. Dr. CHU has done much research on the busy lives of the working parents. He believes that work-life balance is full of challenge and difficult to achieve. Conflicts between children and parents are therefore common.

Participants found the talk enlightening and useful to their daily lives.



## Certificate Course on Risk Assessment and Handling of Child Abuse

CPI organised two certificate courses on 23 April and 25 June. Participants included school principals, nurses, kindergarten teachers, medical social workers, youth social workers, school social workers and small group home parents, etc. The responses from them were very positive. The courses focused on how to assess suspected child abuse cases, crisis intervention and understanding of multi-disciplinary collaboration. We delivered the messages on the importance of child protection through short lectures, small group discussions, role-plays and experience-sharing.

The feedbacks from the participants were encouraging.



**Lau Yin-ling**  
Development and  
Training Manager

## Self Healing Expressive Arts Parenting Workshop

This was our first time holding a therapeutic group for the Society of Rehabilitation and Crime Prevention Vitality Place. From 14 April to 4 May, we held four sessions of therapeutic service for seven patients suffering from depression. Two social workers of the Society were involved in the group and provided support to our Expressive Arts Therapist. Among laughter and tears, the participants released their emotions like anger, sadness and anxieties in a safe environment.



At the beginning of one session, a participant felt that she thought that no one in the entire world could help her or understand her. Later, through her artwork and sharing, she felt relieved and realised what she truly needed in her life. Having listened to other people's stories, she realised that many people were going through the same experience as she was. Then, she began to give other participants support, encouragement and strength.



## Expressive Arts Children Group

From 10 April to 29 May, we held a 6-session Children Expressive Arts Group in Li Sing Tai Hang School for six ethnic minority students. The students were very active and expressive, and created a very lively atmosphere. What impressed the Expressive Arts Therapist Ms Chan most was the stories they created. When they played the drama, they were very supportive and the scene was very touching.

A participant shared his internal conflicts through one of the stories: "Once upon a time, there were two children. One kid likes to party all day and night, whereas the other kid likes painting and studying. Finally, the kid who likes partying died of alcohol poisoning one day. The other boy continued to enjoy a safe and healthy life." That student expressed some of his struggles dealing with the two sides of his personality. Through creative arts, the kid was able to see episodes of his own life vividly and was able to give appropriate response to these episodes.



**Vanice Chan**  
Communications and  
Development Officer

## Child Abuse Treatment Corner

Sponsored by Fu Tak lam Foundation Limited

Dr. Jessica Ho, the ACA Director and our project social workers had the opportunity to attend a radio programme on RTHK Radio 5 on 11 June. During the session, we shared work progress of our project implementation and other views on important aspects of child protection work, which included negative impacts of using corporal punishment on children, positive parenting skills and the positive changes of service users. The session ended with our message of respecting children's rights.



Candy Lai  
Project Social Worker

## Bless My Home Forever Volunteer Home Visitation Project

Sponsored by the Community Chest of Hong Kong

We organised an activity on 17 May, named "Family Sharing Forum: Nurture children in accordance with their aptitude". We visited the Hong Kong Wet Land Park. The families learned how to take care of different plants and animals according to their characteristics for them to grow healthily. Through the visit and activities, the parents were inspired that each child was unique and they had to cultivate their children according to their needs and talents. The social worker shared different ways to nurture different kinds of children in order to expand their potentials. Through this visit, parents understood more concepts and gained better knowledge which they could apply in parenting. Besides, they had the opportunity to appreciate the beauty of different wetland wildlife. They thoroughly enjoyed this parent-child activity.



Kennis Cheng  
Social Worker



## Daylily Project for Young / Single Mothers

Sponsored by the Community Chest of Hong Kong

### Family Sharing Forum on Parent-and-child Contracting and Children's Self-discipline Development

An experience-sharing session was organised on 21 June. Altogether, 31 participants, including 5 parents, 7 children and 19 volunteers, attended. Through the sharing forum led by social workers, parents learned how to set rules with their children and how to strengthen their children's self-discipline. On the same day, the parents tried to apply and practise those parenting knowledge and skills in a visit to the Peak and the Police Museum with the assistance of the volunteers. All the participating family members and volunteers shared a valuable memory with each other in the activities of the day and they enjoyed the harmonious atmosphere very much.



Jack Tang  
Social Worker

## Child Protection Home Visitation Project for New Arrivals

Sponsored by the Hong Kong Jockey Club Charities Trust

### Volunteer Sharing cum Project Closing Ceremony

On 16 May, a Volunteer Sharing cum Project Closing Ceremony was held for project families and volunteers. We invited the families to give award certificates and trophies of appreciation to all the volunteers who contributed great efforts in the project. The volunteers felt touched. The families and the volunteers had a lot of fun when taking funny pictures with props and playing cooperative games. They enjoyed the session and they hoped the project could continue.



Sarah Cheung  
Project Social Worker

# The Hong Kong Jockey Club Community Project Grant – Healthy Start Home Visiting Project

Sponsored by the Hong Kong Jockey Club Charities Trust

## Volunteer Training Course

We conducted four volunteer training sessions on 22, 29 May, 5 and 12 June. Topics included an overview of child protection, counseling skills, proper practice during home visitation and health care for infants (0-6month). Apart from our project social workers acting as facilitators, we were honoured to have Ms Winsy Wong, the Senior Speech Therapist of Quality Therapy and Education Centre, to share her knowledge and skills in facilitating babies' speech development in daily lives for the participating volunteers. All of them found the course very fruitful and they were confident of their ability to provide a better service for the families in their future visits.



## Father's Day Celebration

We organised a family activity to celebrate Father's Day for 55 participants on 21 June. The participants enjoyed the games and recreational facilities at Po Leung Kuk Jockey Club Tai Tong Holiday Camp. At the end of the day, all fathers received our gifts and good wishes.

**Cindy Tang**  
Project Social Worker





# Parent-child Support Line

Collaborative partner: Save the Children Hong Kong



The ACA Parent-child Support Line provides parents, children, young people, professionals and public with a channel to seek help and support.

The Line aims at promoting messages to children, parents and the public on the need to seek help and the importance of child protection. We organised a series of promotion activities at radio broadcasting and Apple Daily Apps as well. We encourage and hope that the parents and children in need of support may use the Line to contact us without hesitation.

On 26 April, we held Spank Out Day Bus Tour to promote the use of positive parenting skills, invite the public

to attend our ambassadors' volunteer training and encourage the public to be more involved in community activities.

An outdoor activity was held to enrich the mentor-mentee relationship and parent-child interaction on 27 June. The volunteers and families went to Hong Kong 3D Museum, Hong Kong Heritage Discovery Centre and Kowloon Park at Tsim Sha Tsui. They enjoyed the quality time together and had a wonderful day.

We also held "Ambassadors' Kick off Ceremony and Game Stalls" on 28 June at Chuk Yuen Estate to promote positive parenting skills by the sharing of our ambassadors' volunteers.

Parent-child Support Line: **2755 1122**

Service: 9:00a.m. - 9:00p.m. (Monday to Friday)  
9:00a.m. - 1:00p.m. (Saturday)

**Yvonne Wai**  
Project Officer



CHICKEEDUCK held a fundraising campaign to increase the public awareness of environmental protection and to support ACA's services. From 1 May to 30 June, once their customers purchased with their own shopping bags, CHICKEEDUCK would donate HK\$5.00 to ACA for charitable purpose. We would like to thank for the support and donations of CHICKEEDUCK.

## Chuk Yuen Centre Family Corner

### Family Outing at Wu Kwai Sha Youth Village

A total of 60 participants (around 20 families) visited Wu Kwai Sha Youth Village on 17 May. Although it was a rainy day, the families had much fun in the parent-child mass games. They all enjoyed the activity and had a wonderful time together.

### Children's Resilience Building Group

A 6-session "Children's Resilience Building Group" was conducted in April and May for 10 children. After the activity, not only did the children learn many emotional management skills, they were also equipped with problem-solving and communication skills.

### Spank Out Day Bus Tour

On 26 April, we held a bus tour in Shamshuipo, Kwun Tong and Shatin districts. In order to promote the ACA service and "Positive Parenting", 40 parent-child volunteers visited three public housing estates and we were impressed by their effort which allowed the public to know more about the agency's services.



### Chuk Yuen Centre Carnival

We held Chuk Yuen Centre Carnival in Chuk Yuen (South) Estate on 28 June. The carnival was successful and it attracted 1,800 participants. Through the booths of interactive games, exhibition boards and information counters, the carnival raised the parents' awareness of the importance of learning positive parenting skills.



Peter Ng  
Social Worker

本人樂意幫助防止虐待兒童會 I would like to help ACA：

1.  我願意捐助 By making a donation：

	一次捐款 One Off HK\$	每月捐款 Monthly (由 月至 月) HK\$	
現金 By Cash			
支票 By Cheque			銀行 Bank：_____ 支票號碼 Cheque No.：_____ 抬頭註明：防止虐待兒童會有限公司 Cheque made payable：Against Child Abuse Ltd.
信用卡 By Credit Card			Visa <input type="checkbox"/> Master <input type="checkbox"/> AE <input type="checkbox"/> 持咭人姓名 Cardholder：_____ 信用卡號碼 Card No.：_____ 信用卡到期日 Expiry Date：_____ 簽署 Signature：_____
直接存入戶口 Deposit to Bank			本人已將款項存入防止虐待兒童會之匯豐銀行戶口 (號碼：480-107549-001)，並附上銀行入數紙。 Deposited to ACA HSBC Account (A/C no. 480-107549-001) and enclosed a bank pay-in slip.

2.  **7-ELEVEN** 現金捐款 Cash Donation

你可透過全港 **7-ELEVEN** 以現金捐款予「防止虐待兒童會」（最低捐款額為港幣一百元）。收銀員於完成交易後會發出交易紀錄給捐款者。請保留交易紀錄，然後郵寄至「防止虐待兒童會」以便索取正式收據。（請攜同印有慈善機構條碼之宣傳物品到全港任何一間 **7-ELEVEN** 捐款。）

You can make cash donation with minimum amount of HK\$100 to Against Child Abuse via any **7-ELEVEN** in Hong Kong. The cashier will issue a transaction record for you when the transaction is completed. Please keep the transaction record and send to Against Child Abuse to request for an official donation receipt. (Please present promotional materials with barcode for donation at any **7-ELEVEN** in Hong Kong.)

捐款一百元或以上，可申請扣減稅項。Donations of HK\$100 or above is tax deductible.



3.  本人推薦防止虐待兒童會聯絡下列人士 / 公司 / 機構 By recommending ACA to contact：

姓名 Name	地址 Address	電話 Tel / 傳真 Fax / 電郵 Email

4.  本人願意成為防止虐待兒童會義工，並加入ACA之友。By becoming a volunteer of ACA.

本人有興趣參與以下服務 I am interested in the following services：

5.  本人申請成為防止虐待兒童會的會員。By becoming a member of ACA.

- 普通會員 Ordinary Member 每年港幣一百五十元 HK\$150 per annum  
 學生會員 Student Member 每年港幣五十元 HK\$50 per annum  
 贊助會員 Sponsor Member 每年港幣一萬元 HK\$10,000 per annum

請在適當口內加上✓號 Please tick  as appropriate

姓名 Name：(中) \_\_\_\_\_ (英) Mr/Miss/Ms \_\_\_\_\_

機構 Agency：(中) \_\_\_\_\_ (英) \_\_\_\_\_

地址 Address：\_\_\_\_\_

電話 Tel / 傳真 Fax：\_\_\_\_\_ 電郵 Email：\_\_\_\_\_