



Against Child Abuse
防止虐待兒童會

2016

August Newsletter

To echo the International Spank Out Day on 30 April, the Against Child Abuse (ACA) held a Spank Out Day carnival to spread the important message of positive parenting and urge the government to consider a total ban on corporal punishment of children as it is a violation of their rights to enjoy respect for their human dignity and physical integrity. At present, 49 states have prohibited this common form of violence against children, including in the family home.

The ACA Flag Day on 21 May was a big success. Around 5,000 volunteers were involved in the event. With the efforts of our ACA Executive Committee members, staff and volunteers, a million dollars were raised. We were very pleased, not just because of the amount raised, but also because the spirit of the community working together for the well-being of children was most encouraging and impressive.



In our multi-purpose function room at Tuen Mun Ting Hong House, we began running workshops and groups for parents and children. A new centre in Kwai Chung also began its operation in June. The centre is spacious, with facilities such as a play therapy room, a leisure corner, a happy kitchen and a conference/activity room. We plan to run a series of parent education programmes, children developmental and therapeutic groups, and professional forums in the centre.

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AgainstChildAbuseHK



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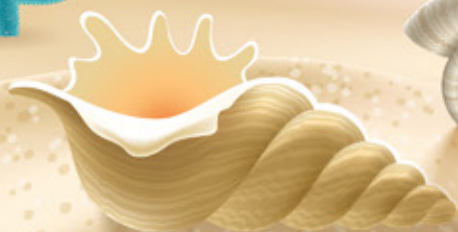


We continued to be concerned about children under the care of care-givers who have a drug abuse habit. We submitted a position paper to the Legislative Council on the mechanism for handling abuse cases relating to children from high risk families and attended its public consultation session. We also brought the issue to the Committee on Child Abuse for deliberation. Special attention and a protocol to handle such cases must be in place. Children who are assessed as unsafe in the home must be removed and sufficient residential placement for these children must be ensured.

We were pleased to see that a 14-year old boy successfully secured a residential placement as he wished after our intervention and much consistent effort to convince the different disciplines in the investigation process and at the multi-disciplinary case conference. He and his teachers sent us a note of appreciation as he no longer had to stay out overnight due to the fear of being beaten by family members. Before our intervention, he was blamed and assessed as being disobedient and misbehaved. Working for the best interest of the child should not be just a slogan. We must listen carefully to the child's voice and treat the child's welfare and safety as priorities.

A sexual abuse survivor contributed an article to share her struggles and her story of change. She hopes that the government will review child sexual abuse related policies and legislation, to improve existing rehabilitation service provision for the victims and their families, and to enhance training for frontline professionals who work with child sexual abuse victims.

Dr Jessica Ho
Director



Summary of Major Activities for April to June 2016

April	Carnival	<ul style="list-style-type: none"> • Spank Out Day Carnival on 30 April
May	Flag Day	<ul style="list-style-type: none"> • ACA Flag Day in New Territories on 21 May
	Kids' Dream	<ul style="list-style-type: none"> • Children's Rights Forum on 27 May
April to May	Child Abuse Treatment Corner - Volunteer Home Visitation Service for Families with Newborn	<ul style="list-style-type: none"> • New Parent Training Course on 7, 14 April and 9 May • Positive Parenting Sharing Session on 7 and 14 April • Volunteer Training on 9 April
April to June	Daylily Project for Young/Single Mothers	<ul style="list-style-type: none"> • Volunteer Home Visitation • Volunteer Training on 4, 5, 11 and 12 June • Family Sharing - Children's Healthy Diet and Children's Development Index on 12 June
	Joyful Kids Group	<ul style="list-style-type: none"> • Orientation Meeting on 30 April • Group meeting on 28 May and 25 June
	Child Abuse Treatment Corner	<ul style="list-style-type: none"> • Stress Management Group for Parents with Depressive Features (I) on 6, 13 and 20 April • Batterer Intervention Therapeutic Group (II) on 7, 14, 21, 28 April, 5, 12, 19 and 26 May • Stress Management Group for Parents with Depressive Features (II) on 27 April, 4, 9, 11, 16, 18, 23 and 25 May • Children Therapeutic Group (III) on 22, 24 and 29 June
	Tuen Mun Centre	<ul style="list-style-type: none"> • Expressive Art Parents Therapeutic Group on 8, 15, 22, 29 April, 6, 13, 20 and 27 May • Family Corner Volunteer Group General Meeting on 2 June
	Child Protection Institute	<ul style="list-style-type: none"> • Happy Family Parenting Group on 6 April • How to Talk About Dating with Children Talk on 9 April • Parental IT Talk and Workshop on 12, 18, 19 and 30 April • Parent-child Adventure Programme on 16 April • Relaxing at Here and Now - Self-healing Expressive Arts Parenting Workshop on 19, 26 April, 3 and 17 May • Positive Parenting Talk on 22 and 30 April • Identification and Handling of Suspected Child Abuse Cases Workshop on 23 April • How to Handle the Children's Emotion Talk on 26 April • Self-protection Sex Education Workshop on 6, 10 May and 15 June • Good Parent Leadership Training Programme on 16, 19, 20, 23, 26, 30, 31, May, 2, 3, 6 and 7 June • Risk Assessment and Handling of Suspected Child Abuse Cases Certificate Course on 25 May (Session 1) and 1 Jun (Session 2) • 0-3 Child Management Workshop on 4 June • Identification and Impact of Child Sexual Abuse Workshop on 11 June • Human Relationship Workshop on 14 June • Identification, Assessment and Handling on Suspected Child Abuse Cases on 14 (Session 1) and 28 June (Session 2) • Peer Relationship Workshop on 15 June
	Home Visitation Project for New Arrivals	<ul style="list-style-type: none"> • Volunteer Home Visitation • Volunteer Sharing (II) on 8 May • Parent-child Parallel Workshop: Parent-child Communication on 29 May • Parent-child Parallel Workshop: Parent-child Relaxation on 5 June • Good Mother Parent Group on 15, 17, 22 and 24 June
	The Chuk Yuen Centre Family Corner	<ul style="list-style-type: none"> • Good Parents Leadership Training Programme on 18, 25 April, 9, 16, 23, 30 May, 6, 13, 20 and 27 June • Be the Master of Emotions Therapeutic Children Group on 22, 29 April, 6, 13, 20 and 27 May • Birthday Party on 23 April • DIY Gift Card for Parents on 23 April and 11 June

April to June	The Chuk Yuen Centre Family Corner	<ul style="list-style-type: none"> Let's Relax Corner: Playing Badminton on 5, 12, 19 May, 2, 16, 23 and 30 June Parent-child Adventure Day on 15 May
	Child Protection and Treatment Project - Happy Child Starting from the Home	<ul style="list-style-type: none"> Good Parent Leadership Training <ol style="list-style-type: none"> 1. Positive Parenting on 18 April 2. Children Psychological Needs (I) on 25 April 3. Children Psychological Needs (II) on 9 May 4. The Art of Listening on 16 May 5. Effective Conflict Management on 23 May
May to June	Bless My Home Forever Volunteer Home Visitation Project	<ul style="list-style-type: none"> Volunteer Training (I): 28 May (Session 1), 4 June (Session 2 & 3), 11 June (Session 4 & 5) and 12 June (Session 6) Family Sharing Forum (I) & (II): Children's Health Growth and Development on 12 June
	Parent-child Support Line	<ul style="list-style-type: none"> Advertising at Hong Kong Commercial Broadcasting Co. Ltd from 23 to 27 May and from 20 to 24 June
	Healthy Start Home Visiting Project	<ul style="list-style-type: none"> Volunteer Training Course on 27 May, 3, 10 and 17 June Father's Day Celebration on 19 June
	Good Parents' Networking Project	<ul style="list-style-type: none"> Good Parent Network Training Course (stage 1) in 16, 19, 20, 23, 26, 30 May, 2, 3, 6 and 7 June Child Activity - Love Daddy Handmade Workshop on 18 June Parent-child Activity - Dreamcatcher DIY on 25 June Resource Corner Sharing - 7 Ways of Effective Parenting and Funny Language Learning Workshop on 25 June Parent's Relaxing Zone - Parent's Handcraft on 30 June

Forthcoming Events for July to September 2016

August September	Kids' Dream	<ul style="list-style-type: none"> 10th Anniversary Project: Horizon 'S' on 20 August Volunteer Training on 10 September
	Child Abuse Treatment Corner - Volunteer Home Visitation Service for Families with Newborn Parent-child Support Line	<ul style="list-style-type: none"> Promotion Campaign: Bus Body and Seatback Advertising on KMB
July to August	Home Visitation Project for New Arrivals	<ul style="list-style-type: none"> Volunteer Home Visitation Volunteer Sharing (III) on 8 July
July to September	Daylily Project for Young/Single Mothers	<ul style="list-style-type: none"> Volunteer Training on 2 July and 20 August Family Sharing <ol style="list-style-type: none"> 1. Home Safety and Community Resources on 10 July 2. Children's Psychological Needs on 17 July 3. Messages Behind Children's Misbehaviors on 11 September 4. Family Conflicts Resolution and Active Listening on 25 September
	Joyful Kids Group	<ul style="list-style-type: none"> Joyful Kids Drama Team Training on 18, 25, 30 July, 5, 13 and 22 August Joyful Kids Day Camp on 12 August Volunteer Training and Volunteer Home Visit to Elderly on 10 September
	Child Abuse Treatment Corner	<ul style="list-style-type: none"> Children Therapeutic Group (III) on 6, 8 and 13 July Stress Management Group for Parents with Depressive Features (III) on 2, 6, 9, 13, 20, 23, 27 and 30 September
	Tuen Mun Centre	<ul style="list-style-type: none"> Parent-child Handicraft Workshop on 15 July Parent-child Workshop: Pudding Making on 22 July Family Corner Volunteer Group: Happy Day Camp on 28 July Parent-child Activity: Farm Experience Day Camp on 31 July Cultural Day on 7 August

**July to
September**

Tuen Mun Centre	<ul style="list-style-type: none"> • Children Happy Group from 23 to 26 August • Volunteer Training on 8, 15, 22 and 29 September
Child Protection Institute	<ul style="list-style-type: none"> • Parental IT Talk and Workshop on 6 July • Briefing of Good Parenting Network Programme on 8 July • Child Protection Policy Workshop on 26 July • Self-protection Sex Education Workshop on 6, 7 and 8 September • Human Relationship Training Program on 12, 15, 19 and 22 September
Healthy Start Home Visiting Project	<ul style="list-style-type: none"> • Family Fun Day at Aberdeen Marina Club on 19 July • Parent Talk cum BB Birthday Party on 20 August • Parent Education Course on 2, 9, 23 and 30 September
The Chuk Yuen Centre Family Corner	<ul style="list-style-type: none"> • Parent-child Laughing Yoga Experience Day on 16 July • Parent-child Happy Kitchen on 18 and 25 July • Parent-child Fun Day on 18 August • Birthday Party on 27 August • Caring for the Elderly in the Mid-Autumn Festival on 2, 3 and 10 September • Star Mummy Morning Tea Time on 8, 15, 22 and 29 September • Positive Parenting Promotion Bus Tour on 25 September
Bless My Home Forever Volunteer Home Visitation Project	<ul style="list-style-type: none"> • Volunteer Training (I): 3 July (Session 7) • Family Sharing Forum <ol style="list-style-type: none"> 1. Home Safety and Community Resources on 10 July 2. Emotional Need of Children on 17 July 3. Positive Parenting on 11 and 25 September
Good Parents' Networking Project	<ul style="list-style-type: none"> • Child's Activity - Kid's DIY Workshop on 13, 20, 27 July and 3 August • Parent's Relaxing Zone - Mama's Kitchen on 18 July and 1 August • Parent-child Activity <ol style="list-style-type: none"> 1. Happy Kitchen on 9 July 2. Story Telling on 15 July and 12 August 3. Funny Balloon Workshop on 23 July 4. Board game on 13 August 5. Funny Summer Party on 20 August • Good Parent Network Training Course (stage 2) on 12, 15, 19 and 22 September
Child Projection and Treatment Project - Happy Child Starting from the Home	<ul style="list-style-type: none"> • Happy Education Activities for Parent: <ol style="list-style-type: none"> 1. Dance Movement Workshop on 2 July 2. Listen to Children Talk on 9 July 3. Understand the Need of Children Talk on 11 July 4. To be a Playful Parent Experiential Workshop on 25 July 5. Stress Release at Lunch Time on 8 August 6. Mindful Lunch on 15 August 7. Lunch Time Mindful Walk on 12 September 8. Family Sculpting Workshop (I) on 15 and 22 September 9. Family Sculpting Workshop (II) on 17 and 24 September • Give Children the Workshop Best Parent Group: <ol style="list-style-type: none"> 1. To Be a Popular Parent on 5, 12, 26 July and 2 August 2. Finding Oneself in Relaxation on 8, 15, 29 July and 5 August • Child Development Workshop <ol style="list-style-type: none"> 1. Enhance Social Skills and Emotional Awareness Group on 20, 27 July, 3 and 10 August 2. Fun Fun Day on 21, 28 July, 4 and 11 August • Play Therapy (13 Sessions) in September



ACA Flag Day 2016

Against Child Abuse (ACA) is a unique NGO providing child protection services in Hong Kong. During the past 37 years, we have been striving to promote child protection by ensuring a nurturing, caring and non-violent environment for the optimal growth of children. Due to the limited resources, we need to raise funds to support our services. With the approval from Social Welfare Department, ACA conducted its Flag Day in the New Territories region on 21 May.

Through the publicity and recruitment activities of ACA Flag Day, the message of child protection concerns was conveyed to public and the community on the whole recognized and supported ACA child protection services. In the Flag Day event, around 5,000 volunteers including adult and children were recruited. Although the weather was not good that day, all volunteers worked hard, and the result was very encouraging. Moreover, some Government Departments and corporations such as Housing Authority, HSBC, DBS, CCB (Asia), MTR, Road Show and media corporations supported our publicity activities and helped us set up flag collection points. Many donors supported us by gold flag donation. The amount raised would help us sustain our quality services.

Joseph Wong
Service Manager (Tuen Mun Centre)

Spank Out Day Carnival

Sponsored by Wong Tai Sin District Council

To support the International Spank Out Day, Chuk Yuen Centre organised Spank Out Day Carnival on 30 April to educate parents not to use violence on children so that they can grow up safely and happily.

We are grateful to Wong Tai Sin District Council, who provided us with funding support. Also, we thank Home Affairs Department, Wong Tai Sin District Council, Social Welfare Department and Federation of Parent-teacher Association (Wong Tai Sin District) who showed support to this program by sending their representatives to attend the opening ceremony. We hope the carnival can raise the parents' awareness in the importance of stopping the use of violence and allow them to learn positive parenting skills.

Peter Ng
Social Worker



"I accept my past. I will turn a tragic experience into a driving force for my future with the best of the scar."
— Adult Survivor of Child Sexual Abuse

How I was Affected by Childhood Sexual Abuse

When I was seven, "he" sexually abused me at his home. He was the husband of my mother's younger sister. My head was blank then. I felt like I could not breathe or think. I was too scared to open my eyes though I was awake. I could not move, yet I blamed myself for not running away. I wondered why I was left alone with no help from anyone. He was a smoker, and his smell was still around.

The memory of the incident and feelings like anger, helplessness and fear were parts of my life for a long time. I kept the abuse secret for over 20 years. I suffered from post-traumatic stress disorder, depression and anxiety. I hate the feelings of having hatred. For years, I felt like having a stone pressed hard onto my heart. My heart beat fast and it gave me breathing difficulties.

A Lesson that Gave Me Hope

My university teacher shared one child sexual abuse case in class in the summer of 2015. The case involved a female adult who reported her sexual abuse incidents by her father when she was a child and finally her father was arrested and imprisoned. The case gave me hope and force to deal with my abuse secret. I felt I was eventually doing something for myself for the first time after so many years.

Disclosing the Abuse Secret

I disclosed my abuse secret to my mother a few days before I reported the incident to the police. I was reluctant to tell her but I had no choice. The fact that I reported to the police would inevitably result in either the police or my aunt (the abuser's wife and my mother's younger sister) contacting my mother.

My mother was traumatized after learning my experience. I felt guilty that I passed on my trauma to her. Regardless of what I experienced, my family was very supportive. Meaningless questions that could probably cause secondary trauma, such as "Why have you kept the abuse secret for so many years?" "Why were you unable to forget what happened?" were not asked. She just silently listened, asked no questions and said nothing about how she felt. It was a big relief to me.

Meeting the Abuser

I approached the abuser a few hours before I revealed my secret to the police. He did not completely deny, but stressed that he had forgotten what he had done to me. He invited me to explain what sexual abuse was and what he had actually done to me when I was a child. He denied that he had raped me, but he could not remember if he had sexually abused me. His denial made me nervous, angry and confused. I lost my cognitive functioning. I strolled around and had absolutely no awareness of where I was. I dissociated myself from the environment.

After Reporting to the Police

After giving the victim/witness statement to the police, I felt I had fulfilled responsibility to my past self. I was not concerned about whether he would admit to the offence, but I was convinced that I had done my very best already. My next step was to continue receiving counseling and to recover from the years of suffering.

The government did not provide any trauma counseling services to me and my family. Only until recently, I felt that I could be able to steer myself away from the past feelings and my physiological reactions to the abuse. I think I have recovered.

The very lenient punishment of 18-month imprisonment is absolutely unfair to my many years of sufferings, but **I would rather focus on how I can benefit from my past experiences. I aim to continue advocating for the emergency needs of protecting children from sexual abuse.**

My experience is a part of my life. It is a scar but I have actively done something to come to term with it. I will walk into my future with the best of the scar.

D. Liu

Recommendations to the Government:

- Review and improve all existing psychological services provided for the victims of childhood sexual abuse and their families.
- Examine all child sexual abuse related policies and legislations to prevent children from sexual abuse and consider to increase penalties.
- Raise public awareness on child sexual abuse and enhance professional skills to deal with child sexual abuse cases. Targets include children, parents, families, teachers, police, social workers, counselors, doctors, nurses, media and all other childcare workers or related professionals. A special attention should be paid to avoid further psychological trauma to the victims of childhood sexual abuse.
- Increase support and training for frontline social workers and therapists, with a view of keeping up the spirit and passion to provide the best quality services to traumatized children and their families.

Child Abuse Treatment Corner

Sponsored by Fu Tak lam Foundation Limited

The Child Abuse Treatment Corner organised a "Stress Management Group for Parents with Depressive Features" and a "Batterer Intervention" Therapeutic Group during April and May. The aims of the "Stress Management Group for Parents with Depressive Features" were to help parents to reduce stress, introduce positive thinking and extend their social network while the aims of the "Batterer Intervention" Therapeutic

Group were to stop parents using corporal punishment and to help them learn positive thinking and healthy ways in relating to their children. Both groups applied cognitive behavioral therapy and introduced the use of appropriate positive parenting approaches on their children. The groups facilitated the parents to share their parenting experience with each other. They learnt how to analyze their irrational beliefs and cultivate positive parenting attitudes. The feedback from group members and school guidance teachers is as follows:



Thanks for Ms Cheng and Ms Wong who listened to our difficulties in parenting patiently; I learned many ways to solve various parenting problems without pressure. What I learnt will help me relieve a lot of stress on myself in days ahead.

May

I am more open-minded to parent-child relationship; the ability to release one's emotions has positive impacts on families.

Rebecca

I had a deep experience through the 8-consecutive course! "Listen more; Talk less" was a very important approach for both children and adults! Thanks for the patience of the social workers.

Connie

Thanks for the 8-session emotional management course and the lectures of the social workers, I learned how to manage my emotions and knew more about positive thinking.

Lin

In these eight sessions, thanks to the social workers, I learnt parenting knowledge and the importance to listen to children's voices.

Fun

I learned a lot from the course. I would discipline my children and be a good mother. Thanks to the social workers.

Xue

In the group, I learned multi-perspectives and parenting skills! It also made me know my weaknesses and strengths that I was not aware of. Thank you!

Man

Thanks to Ms Cheng and Ms Wong. They were experienced and their sessions were well-prepared, They encouraged parents in the group to participate actively and handle disagreement among themselves skillfully.

Thanks for the support provided by other organisations to this group.

Ms Yeung

Kennis Cheng
Project Social Worker

Child Protection Institute

Good Parent Leadership Training Course

"Good Parents' Networking" project is a new parent volunteer training programme. It is divided into three stages. The first stage is a "Good Parent Leadership Training" course. There are ten training sessions in this stage. The course aims at equipping parents with a preliminary grasp of basic relationship with children in the role of child protection. We conducted a total of 20 sessions from May to June at the Annunciation Catholic Kindergarten. We designed a variety of activities for the training sessions. These activities included interactive games, videos playing and group discussions, role-playing, debate competitions, mini lectures and team building programs. Through these activities, we hoped to help strengthen parents' confidence in communication skills. It was encouraging to see that the parent participants gave mutual support to each other throughout the training. They also shared very constructive ideas and opinions. They formed a group to share different positive messages, and even shared support and concern about their children's health conditions. Their relationship grew stronger and deeper as the course progressed.

To be the social worker who designed and supervised the programme, I learnt alongside with the participants. I was particularly thrilled to see participants change, both in behavior and in attitude. One parent, for example, was quite stubborn in the beginning. During the ten sessions, he gradually turned serious, was highly involved in different activities, accepted others' opinions, and shared his feelings and results openly with fellow participants. His change gave all of us much encouragement. Moreover, during the debate session, parents' presentation skills were good. They showed they made thorough preparation and did extensive research. They demonstrated they were good leaders.

Many parents felt that they learned much knowledge from the training. Some of them even applied the knowledge in different family relationships. Generally, they enjoyed the training programme very much. The parents hoped they could have the chance to join the second stage of the training programme.

Lau Yin Ling
Development and Training Manager
Child Protection Institute



Child Protection Institute

Child Protection Certificate Course

We organised a Child Protection Certificate Course for the Hans Andersen Club on May 25 and 1 June. In the course, we shared our job experiences in conducting identification, assessment and handling of suspected child abuse cases. We also explained the need to conduct multi-disciplinary case conferences and the way to collaborate with other professionals. The participants demonstrated positive learning behaviours. They actively brought up cases for constructive and meaningful discussions. During the course, we used role-playing for the participants to experience how other professionals felt during case conferences. They felt the experience was good to understand more about multi-disciplinary case conferences. After completion of the course, everyone was more confident and certain in performing child protection work more effectively.

Lau Yin Ling
Development and Training Manager
Child Protection Institute

Child Protection and Treatment Project - Happy Child Starting from the Home

Sponsored by Help for Children Asia Prevent and Treat Child Abuse

We organised five parent education programs from April to June. Altogether, 43 parents attended. Topics included positive parenting, children psychological needs, listening skills and effective conflict management.

Some of the parents felt that after attending the parent education programs, they learnt how to use empathy and love messages to communicate with their children. They have rebuilt the tie between them and their children and the relationship with their children has shown remarkable improvement.

Cherry Choy
Project Social Worker

Home Visitation Project for New Arrivals

Sponsored by the Keswick Foundation

On 29 May and 5 June, we organised two "Parent-child Parallel Workshops" to share skills in communication and ways to relax for parents and children. The objectives of the workshops were to let participants learn skills to deal with parent-child conflicts and stress. There were 94 and 32 participants respectively on the two days.

The participants felt that the workshops had provided them with great fun. These workshops provided a platform for them to learn and practice effective ways of communication and do relaxation with the children together.

Vicky Chan
Project Social Worker



The Hong Kong Jockey Club Community Project Grant -

Healthy Start Home Visiting Project

Sponsored by the Hong Kong Jockey Club Charities Trust

Volunteer Training Course

We conducted a 4-session volunteer training course on 27 May, 3, 10 and 17 June. Topics included overview of child protection, counselling skills and proper practice during home visitation, and health care for infants. Apart from our project social workers, we were honoured to have the social workers of Yan Oi Tong Neighbourhood Support Child Care Project, to introduce community resources. They also shared the knowledge and experience of the project for the volunteers. The participants found all sessions they attended useful. They were confident of their ability to help the families in their future visits.



Father's Day Celebration

We organised a family activity to celebrate the Father's Day for 48 participants on 19 June. The participants enjoyed games and recreational facilities at Po Leung Kuk Pak Tam Chung Holiday Camp. At the end of the programme, all fathers received gifts and good wishes of Father's Day.

Cindy Tang
Project Social Worker

Bless My Home Forever Volunteer Home Visitation Project

Sponsored by the Community Chest of Hong Kong



Two family sharing forums were organised on 12 June. The themes of the forums were children's health and children's growth and development. Besides, to celebrate the Father's Day and Mother's Day, participating children designed cards and made strawberry biscuits to express their thanks to their parents. Also, they took family photos in the event.

From May to June, six volunteer training sessions were organised to train the volunteers to provide volunteer home visitation services to the needy families in Sham Shui Po.

Lee Yu Po
Service Manager (Chuk Yuen Centre)

Daylily Project for Young / Single Mothers

Sponsored by the Community Chest of Hong Kong

Family Sharing on the Children's Healthy Diet and Children's Development Index

A family sharing gathering was organised on 12 June (Sunday) and 27 members, including 5 parents, 8 children and 14 volunteers attended. Through the sharing gathering led by our social worker, the parents learned the children's development index and healthy diet. The volunteers also prepared and guided the participating children to make various desserts and good-will cards. The family members were excited to dress up themselves and took family photos. All participants found the gathering thoroughly enjoying.

Jack Tang
Social Worker



The Chuk Yuen Centre Family Corner



In the last season, our project volunteers organised three "Let's Relax" workshops to teach parents play badminton and make DIY gift cards for use in Mother's and Father's Day. We aimed at reducing parents' stress and building up wider social network. Parents could also share their skills with others. Besides, we held a series of parent-child activities including a seasonal birthday party and a parent-child adventure day. These activities enabled parents to communicate with their children in a relaxing atmosphere and enhanced parent-child relationship.

We also provided a 6-session children therapeutic group for primary 2 and primary 3 students in Baptist Rainbow Primary School. The participants were equipped with self-confidence and resilience. They had great improvement in their communication and emotion management skills.

Lastly, we held 10 sessions of "Good Parents Leadership Training Programme". The participants learnt how to communicate with their children. We hope they can make use of the skills they learnt from the Programme to assist us run our parent education programs in future.

Peter Ng
Social Worker

Good Parents' Networking Project

Collaborative partner: Save the Children Hong Kong

In the past three months, a series of program activities were held at ACA new Kwai Chung centre, where we promoted "Good Parents' Networking" project in Kwai Chung district. Street booths were provided in public housing and schools for parents and public for enquires.

Also, stage 1 of ten sessions of "Good Parent Network" training course was held in a kindergarten at Tsuen Wan from May to June. Most of the parents found the program rewarding and expressed their wish to move on to stage 2 program to become a trainer and to build up a network in sharing experience.

ACA Parent-child Support Line continues to provide parents, children, professionals and the public a platform to seek help when they encounter child management difficulties and situations related to suspected child abuse.



Yvonne Wai
Project Officer

Parent-child Support Line:

2755 1122

Service:

9:00a.m. - 9:00p.m. (Monday to Friday)
9:00a.m. - 1:00p.m. (Saturday)



本人樂意幫助防止虐待兒童會 I would like to help ACA：

1. ☐ 我願意捐助 By making a donation：

	一次捐款 One Off HK\$	每月捐款 Monthly (由 月至 月) HK\$	
現金 By Cash			
支票 By Cheque			銀行 Bank： 支票號碼 Cheque No.： 抬頭註明：防止虐待兒童會有限公司 Cheque made payable：Against Child Abuse Ltd.
信用卡 By Credit Card			Visa <input type="checkbox"/> Master <input type="checkbox"/> AE <input type="checkbox"/> 持咭人姓名 Cardholder： 信用卡號碼 Card No.： 信用卡到期日 Expiry Date： 簽署 Signature：
直接存入戶口 Deposit to Bank			本人已將款項存入防止虐待兒童會之匯豐銀行戶口 (號碼：480-107549-001)，並附上銀行入數紙。 Deposited to ACA HSBC Account (A/C no. 480-107549-001) and enclosed a bank pay-in slip.

2. ☐ **7-ELEVEN** 現金捐款 Cash Donation

你可透過全港 **7-ELEVEN** 以現金捐款予「防止虐待兒童會」(最低捐款額為港幣一百元)。收銀員於完成交易後會發出交易紀錄給捐款者。請保留交易紀錄，然後郵寄至「防止虐待兒童會」以便索取正式收據。(請攜同印有慈善機構條碼之宣傳物品到全港任何一間 **7-ELEVEN** 捐款。)

You can make cash donation with minimum amount of HK\$100 to Against Child Abuse via any **7-ELEVEN** in Hong Kong. The cashier will issue a transaction record for you when the transaction is completed. Please keep the transaction record and send to Against Child Abuse to request for an official donation receipt. (Please present promotional materials with barcode for donation at any **7-ELEVEN** in Hong Kong.)

捐款一百元或以上，可申請扣減稅項。Donations of HK\$100 or above is tax deductible.



3. ☐ 本人推薦防止虐待兒童會聯絡下列人士 / 公司 / 機構 By recommending ACA to contact：

姓名 Name	地址 Address	電話 Tel / 傳真 Fax / 電郵 Email

4. ☐ 本人願意成為防止虐待兒童會義工，並加入ACA之友。By becoming a volunteer of ACA.

本人有興趣參與以下服務 I am interested in the following services：

5. ☐ 本人申請成為防止虐待兒童會的會員。By becoming a member of ACA.

- ☐ 普通會員 Ordinary Member 每年港幣一百五十元 HK\$150 per annum
☐ 學生會員 Student Member 每年港幣五十元 HK\$50 per annum
☐ 贊助會員 Sponsor Member 每年港幣一萬元 HK\$10,000 per annum

請在適當口內加上✓號 Please tick ☐ as appropriate

姓名 Name：(中) _____ (英) Mr/Miss/Ms _____

機構 Agency：(中) _____ (英) _____

地址 Address：_____

電話 Tel / 傳真 Fax：_____ 電郵 Email：_____