

NEWSLETTER



The official opening of ACA Kwai Chung Centre was on 4 November 2016. This is a good development of ACA as the centre facilitates access for service users and it enables different variety of services to be delivered. On the same day, over 100 professionals from various disciplines participated in ACA's Annual Forum to focus on the issue of Legislation Provision in Child Protection in Hong Kong. ACA aspires to organising such successful events because multi-disciplinary collaboration is the key to success in child protection.

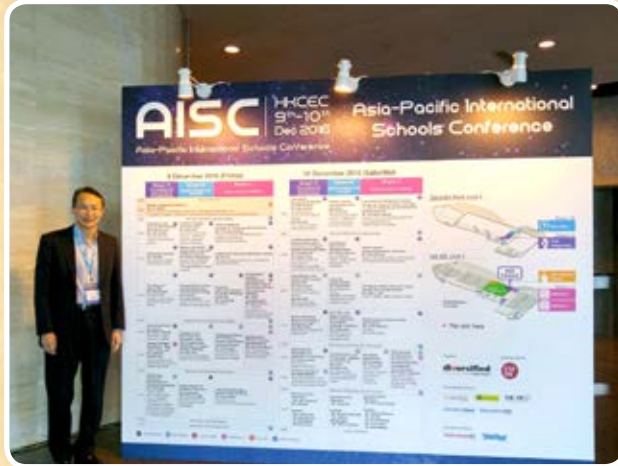
Our work achievements over the past year have been announced in the Press Conference and in our 37th AGM on 7 November 2016. Again, we emphasised our closely connected roles in prevention, child protection, therapy and

advocacy. Child emotional abuse and neglect is largely not talked about in Hong Kong but it results in dire consequences. We emphasised for it be dealt with vigour.

The importance of Children's Rights was promulgated in the Asia Pacific International Schools Conference on 9-10 November 2016. We also made submissions and spoke in the Subcommittee on Children's Rights of the Welfare Panel, Legislative Council on the "Support Service for Families with Children under Care of Drug Abusing Parents" on 22 December 2016. Further, upon the invitation by Save the Children Hong Kong, ACA and HKCCR jointly led a delegation to study the subject of Children's Rights in the Bhutan Children's Parliament from 25 December 2016 to 4 January 2017.

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On 17 December 2016, in the agency's annual retreat, we reviewed our past year's achievement. Thanks to the dedication of staff, annual objectives had been achieved. Year 2017 marks the commencement of ACA's another 3-year plan. We will continue with high spirits in our mission.

Not long ago a 14-year-old boy fell prey to a sex predator over the internet. In fact, this sex offender had been convicted and incarcerated before, thrice. This is most emotionally arousing but nothing seems to have been learnt by the society to better tackle the problem. And not before long, another tragic incident will strike again. The child protection system is not doing its job well. A statutory independent body to take charge of child issues has been on ACA's advocacy agenda. This is echoed in a 2016 Christmas South China Morning Post feature article on cyber safety authored by Mr Grenville Cross, SBS, QC, SC, ACA's CPI

consultant - that we are in dire straits for such an independent body. The Legislative Council's motion for a Children Commission was passed but Hong Kong is yet to see this materialised.

As the year of the rooster has ushered in hope, we look forward to a year's challenge ahead. Major activities of ACA include Spank Out Day on 30 April 2017, Flag Day on 20 May 2017, Volunteer Award Ceremony in mid-2017, Professional Forum and Press Conference towards the year end. We must thank all who have supported ACA unfailingly through the years. We appeal again for your continual support. Get in touch with us. Let us all work together for a peaceful society for our children to grow and mature. Best wishes.

Dr Patrick Cheung
Chairperson

Summary of Major Activities for October to December 2016

Month	Project/Title	Activity
November	Sharing Forum	<ul style="list-style-type: none"> Sharing Forum on Child Protection Legislation in Hong Kong on 4 November
	Annual Press Conference and Annual General Meeting	<ul style="list-style-type: none"> The 37th Annual Press Conference and Annual General Meeting on 7 November
	Child Abuse Treatment Corner - Volunteer Home Visitation Service for Families with Newborn	<ul style="list-style-type: none"> Volunteer Training on 26 and 30 November
October to December	Daylily Project for Young/Single Mothers	<ul style="list-style-type: none"> Family Sharing Forum <ol style="list-style-type: none"> Ways of Resolving Children's Emotions on 16 October Uses of I-message on 16 October Parents' Expectations on Children on 27 November Uses of Rewards and Punishment on Children on 27 November Appropriate Parenting Styles on 3 December Ways of Parent-child Cooperation on 3 December Family Outing to Disneyland on 6 November Volunteer Training on 20 November
	Joyful Kids Group	<ul style="list-style-type: none"> Group Service on 8 October Game Booth for the Tuen Mun Centre Child Protection Carnival on 16 October Volunteer Service of Family Outing to Disneyland on 6 November Training Session and Christmas Party on 18 December
	Child Abuse Treatment Corner	<ul style="list-style-type: none"> Children Therapeutic Group IV (Sessions 4-6) on 5, 12 and 19 October Batterer Intervention Therapeutic Group for Parents III (Sessions 2-8) on 6, 13, 20, 27 October, 3, 10 and 17 November Stress Management Therapeutic Group for Parents with Depressive Features III (Sessions 1-8) on 26 October, 2, 16, 23, 30 November, 7, 12 and 14 December Positive Parenting Talk on 11 November
	Tuen Mun Centre Programmes and Family Corner	<ul style="list-style-type: none"> Child Protection Carnival cum Centre Open Day 16 October Family Outing to Disneyland on 6 November Good Parents Sharing Time on 3, 10, 17, 24 November, 1, 8 and 15 December
	Child Protection Institute	<ul style="list-style-type: none"> Good Parent Networking Programme (Stage 3) on 11, 13, 20, 25, 27 and 29 October Positive Parenting Workshop on 15 and 25 October Good Parenting Education Programme (Stage 1) on 24, 26, 31 October, 2, 7, 9, 14, 16, 21 and 23 November Good Healing Expressive Arts Treatment Workshop on 31 October, 7, 21, 28 November, 5 and 12 December Expressive Arts Treatment Workshop on 3, 10, 17 and 24 November Identifying Suspected Child Abuse Cases Workshop on 5 November Talk on Building Harmony Parent-child Relationship through Playing Games on 12 November Happy Family Positive Parenting Group on 17 November, 1, 8 and 15 December Positive Parenting Talk on 22 November Child Protection Assessment and Intervention Workshop on 25 and 30 November Child Neglect Volunteer Training on 25 November Child Protection and Multi-disciplinary Collaboration Workshop on 29 November Interpersonal Relationship Workshop on 9 and 16 December Raise the Sense of the Child Care Workers on the Knowledge and Handling of Child Sexual Harassment Workshop on 23 December
	Healthy Start Home Visiting Project	<ul style="list-style-type: none"> Parent Education Course on 7 October Parent Talk on Preparation for Kindergarten on 8 October Volunteer Training <ol style="list-style-type: none"> Parent Education on 22 October Pre and Post Natal Care on 28 October Volunteer Sharing <ol style="list-style-type: none"> Parenting Capacity Assessment Framework on 11 November Home Safety and Helping Skills on 9 December Family Outing to Disneyland on 6 November Happy Parent-child Games on 3 December
	Kids' Dream	<ul style="list-style-type: none"> Children's Right Talk on 20 October Christmas Party on 22 December Learning Visit to Bhutan Children's Parliament from 25 December to 4 January

Summary of Major Activities for October to December 2016

Month	Project/Title	Activity
October to December	The Chuk Yuen Centre Family Corner	<ul style="list-style-type: none"> • Good Parents' Leadership Training Group (Stage 2) on 20, 27 October, 1 and 8 December • Hiking with Fun Parents Activity on 25 October • Family Outing to Disneyland on 6 November • Dessert DIY Parent Class on 12 December
	Bless My Home Forever Volunteer Home Visitation Project	<ul style="list-style-type: none"> • Family Sharing Forum <ol style="list-style-type: none"> 1. Positive Psychology on 16 October 2. Voices of Children, Reward and Punishment on 27 November 3. Parenting Styles and Importance of Parent-child Cooperation on 3 December • Community Education: Street Booth and Recruitment of Family and Volunteer on 14 November • Volunteer Training and Gathering on 20 November
	Good Parents' Networking Project	<ul style="list-style-type: none"> • Parent's Relaxing Zone <ol style="list-style-type: none"> 1. Starry Parent Joyful Morning Tea on 5 October, 2 November and 7 December 2. Starry Kitchen on 12 October, 9 November and 14 December 3. Parent Handcrafts Workshop on 19 October, 16 November and 21 December • Happy Board Game Workshop on 7 and 14 October • Good Parents' Networking Training Course (Stage 3) on 11, 13, 20, 25, 27 and 28 October • Parent-child Activities <ol style="list-style-type: none"> 1. Story Telling Group on 8, 29 October, 26 November and 3 December 2. Recycle Bag Decoupage Workshop on 15 October 3. Funny Balloon Workshop on 12 November 4. Christmas Party - Thermal Plastic Key Chain Workshop on 10 December • Parent-child Outing on 27 November
	Child Protection and Treatment Project - Happy Child Starting from the Home	<ul style="list-style-type: none"> • Happy Parenting Education Activities <ol style="list-style-type: none"> 1. Talk on To Be a Happy Children Coach on 25 October 2. Enhance Family Relationship Workshop on 14 November • Child Development Workshop - Expressive Art Therapy Training on 3, 10, 17 and 24 November • Give Children the Best Parent Group - Christmas Party on 13 December • Play Therapy (9 Sessions)
November to December	Home Visitation Project for New Arrivals	<ul style="list-style-type: none"> • Family Outing to Disneyland on 6 November • Volunteer Training from 16 to 18 November • Volunteer Sharing on 18 November • Christmas Party on 10 December
	Parent-child Support Line	<ul style="list-style-type: none"> • Advertising at Hong Kong Commercial Broadcasting Co. Ltd. from 24 to 28 October and from 12 to 16 December

Forthcoming Events for January to March 2017

Month	Project/Title	Activity
February	Service Users' Gathering	<ul style="list-style-type: none"> • 26 February
January to March	Kids' Dream	<ul style="list-style-type: none"> • Survey on Children's Expectation towards Chief Executive of HKSAR
	Daylily Project for Young/ Single Mothers	<ul style="list-style-type: none"> • Volunteer Training on 14 January • Bus Tour on 15 January • Happy Gathering in Lunar New Year on 22 January • Family Sharing Forum <ol style="list-style-type: none"> 1. Effective Rules of Training Children on 12 February 2. Parents' Relaxation Method on 12 February 3. Enhance Children's Self-discipline on 12 March 4. Experience Sharing between Families and Volunteers on 12 March
	Child Abuse Treatment Corner	<ul style="list-style-type: none"> • Positive Parenting Talk on 14 January • Stress Management Therapeutic Group for Parents with Depressive Features IV (Sessions 1-8) on 17, 24 January, 7, 14, 21, 28 February, 7 and 9 March • Batterer Intervention Therapeutic Group for Parents IV (Sessions 1-7) on 8, 15 February, 1, 8, 15, 22 and 29 March • Volunteer Training on 22, 23 and 25 February • Children Therapeutic Group V (Sessions 1-2) on 10 and 17 March • New Parent Training Course and Positive Parenting Sharing Session on 22 and 23 March

Forthcoming Events for January to March 2017

Month	Project/Title	Activity
January to March	Tuen Mun Centre Programmes and Family Corner	<ul style="list-style-type: none"> Leisure Corner – Handicraft and Cooking Activities <ol style="list-style-type: none"> New Year's Couplet and Turnip Cake DIY on 3, 10 and 17 January Octopus Card Holder and Rice Paper Roll DIY on 7, 14 and 21 February Octopus Card Holder and Guizhou Snack DIY on 7, 14 and 21 March Good Parents Sharing Time on 5 January Parent Talk about Positive Parenting on 19 January Family Outing at Ocean Park on 18 February Parents Relax Gathering at Nine Thirty on 23 February, 2, 9 and 16 March
	Child Protection Institute	<ul style="list-style-type: none"> Effective Parenting Group on 4, 11, 18 January and 8 February Good Parenting Education Programme (Stage 2) on 9, 11, 16 and 18 January Good Parent-child Relationship Parent Talk on 14 January Self-protection Sex Education Workshop on 17 January and 17 February Respect One Another Education Workshop on 17 January The Relationship between Different Gender Workshop on 7 February Positive Child Caring, Children Grow Happily Parent Group on 10, 17 February, 3 and 10 March Expressive Arts Self-healing Parent Workshop on 13, 20, 27 February and 6 March Good Parenting Education Programme (Stage 3) on 13, 15, 20, 22, 27 February and 1 March Multi-disciplinary Professional On-the-job Training Certificate Course on 16 and 23 February Child Protection Policy Talk on 21 February Positive Parenting Talk on 22 February Music Therapy Group for Students on 23 February, 2, 9, 23 and 30 March Art and Skills of Appreciation Talk on 1 March Child Protection Policy Workshop on 7 March Dance Movement Therapy Group for Students on 13 and 20 March Building Harmony Parent-child Relationship through Playing Games Workshop on 15 March
	Healthy Start Home Visiting Project	<ul style="list-style-type: none"> Parents Talk cum BB Birthday Party on 7 January Family Visit to Wetland Park on 12 February Family Outing to Ocean Park on 18 February Family Sharing cum Volunteer Award Ceremony on 18 March
	The Chuk Yuen Centre Family Corner	<ul style="list-style-type: none"> Birthday Party cum New Year Parent-child Outing on 1 January Good Parents Sharing Time on 16, 23 February, 2, 9, 16 and 23 March Family Outing to Ocean Park on 18 February Leisure Corner - Lunar New Year Handicraft DIY and Dessert DIY on 19 February and 23 March Breakthrough with Self-resilience Children Therapeutic Group on 9, 16, 23 February, 2, 9 and 23 March
	Bless My Home Forever Volunteer Home Visitation Project	<ul style="list-style-type: none"> Volunteer Training and Gathering on 14 January Community Education: Street Booth and Recruitment of Family and Volunteer on 17 January Happy Gathering in Lunar New Year on 22 January Family Sharing Forum <ol style="list-style-type: none"> Parent's Expectations on 12 February Volunteers and Families Gathering cum Volunteer Appreciation Ceremony on 12 March
	Good Parents' Networking Project	<ul style="list-style-type: none"> Leisure Corner <ol style="list-style-type: none"> Starry Kitchen on 6 January, 10 February and 10 March Parent Handcrafts Workshop on 20 January, 24 February and 24 March Parent Orientation Tea Time on 17 February and 31 March Parent-child Activities <ol style="list-style-type: none"> Dreamcatcher DIY on 7 January Perler Beads Key Chain Workshop on 25 February Story Telling Group on 18 February and 11 March Funny Balloon Workshop on 18 March Good Parents' Networking Training Course (Stage 1) on 10, 17, 24 January, 7, 14, 21, 28 February, 7, 14 and 21 March
	Child Protection and Treatment Project - Happy Child Starting from the Home	<ul style="list-style-type: none"> Give Children the Best Parent Group <ol style="list-style-type: none"> Satir Communication Stance Experiential Group on 19 January, 9, 16 and 23 February Family Reconstruction Group on 2, 9, 16 and 23 March Play Therapy (9 Sessions)
February to March	Home Visitation Project for New Arrivals	<ul style="list-style-type: none"> Good Mother Parent Group on 15, 22 February, 1 and 8 March Happy Children Group on 24 February, 3, 10 and 17 March Volunteer Sharing on 22 March
	Joyful Kids Group	<ul style="list-style-type: none"> Family Outing to Ocean Park on 18 February Sharing cum Awarding Ceremony on 18 March



The 37th Annual Press Conference and Annual General Meeting

The 37th Annual Press Conference was held on 7 November 2016. Dr Patrick Cheung, our Chairperson, reported significant events and presented the statistics for the year 2015/16. We also shared concerns and recommendations on different issues of child protection work.

Ms Wai, a service user of ACA Daylily Project for Young / Single Mothers, shared her experience with us. She is a single mother and has to work for a living. She has a 4-year-old child with Attention Deficit Hyperactivity Disorder to look after. She has to face all sorts of stress in her everyday life. The Daylily Project provided her with regular volunteer home visitation, different parent education programmes and emotional support, as well as parent-child activities for her to learn positive parenting skills. She expressed her gratitude for the support and encouragement from ACA's social workers and volunteers.

The Annual Press Conference was followed by the 37th Annual General Meeting cum Annual Dinner.

We were honoured to have Professor Ian Grenville Cross, SBS, QC, SC, and Mrs Cross; Mr Chua Hoi Wai, Chief Executive of HKCSS; Mr Paul Liu, Honorary Legal Advisor of ACA and Ms Wanda Vong, Chairperson of ACAM as guests.



Apart from the formal agenda of the AGM, we presented souvenirs to Mr Paul Liu for his service as ACA's Honorary Legal Advisor. We also presented an award to Annunciation Catholic Kindergarten for their great effort in child protection.

The Long Service Awards were presented to the Executive Committee members, Dr Patrick Cheung, Mr Nicholas Jim and Dr Lee Man Yuk Ching in recognition of their advice and support over the past 15 years. The Awards were also presented to Mr Joseph Wong who has served ACA for 20 years, Ms Lau Yin Ling and Ms Cheung Shuk Yu for five years. Ms Leung Yuen Yee, Ms Lam Ying, Ms Chan Chi Wai and Ms Yiu Ken Ying were awarded Outstanding Volunteers for their dedication to our agency. Appreciation was also extended to all volunteers who have contributed their support to ACA.

Pearl Lee
Administration Manager



Child Abuse Treatment Corner

Sponsored by Fu Tak lam Foundation Limited

The Child Abuse Treatment Corner organised a Batterer Intervention Therapeutic Group for parents from September to November 2016. The group applied Cognitive Behavioural Therapy by using positive parenting approaches on their children. By so-doing, it was hoped that parents would stop using corporal punishment and would learn to practise positive thinking. The following was the feedback from one of our group members:

Dear Ms Cheng and Ms Wong,

28th October 2016



Hello! I am pleased to join the group "Child Abuse Treatment Corner". The group helped me understand the importance of the parents' emotion in parenting and taught me how to adjust my emotion in order to guide and discipline my children in a better way.

Before joining the group, I always lost my temper when I tried to discipline my children. My uncontrollable emotion would inevitably lead to violent behaviours. I understand that parents are children's role models and first teachers. I could see how my uncontrollable emotions affected my children. Our relationship was not harmonious. I felt worried and nervous and at times I almost collapsed. I loved my children and so I always changed my parenting methods, hoping that they would help to change our relationship for the better. However, they never did. During the group sessions, I learnt from you and other parents. These sessions made me realise the importance of having good control of one's emotions. I recognised that maybe I was the one who needed to be educated. After joining the group, I started to have better control my emotion and I did not easily lose my temper like before. I also noticed that whenever I had changes on my parenting approaches, my children changed as well. I am still trying my best to find ways to get along with my children. This is not going to be easy but I am so happy to see the changes in us.

I would like to thank you sincerely for your lectures and help. I am very touched. If I had not joined the group, I would not have understood how my emotions affected my children. Once again, thank you!

Wish you all the best!

Member of parents group: LIAN

Manki Wong
Project Social Worker

Sharing Forum on Child Protection Legislation in Hong Kong cum ACA Kwai Chung Centre Opening Ceremony

ACA has a new page in 2016. Our Kwai Chung Centre started its service in June 2016. Our services to the district have received many good responses and so far the participants have found our activities both useful and enjoying. On 4 November 2016, we had an opening ceremony for ACA Kwai Chung Centre. We were glad to have invited Mr Alex Wong, the District Social Welfare Officer (Tsuen Wan and Kwai Tsing) of Social Welfare Department, to be our officiating guest. Mr Wong together with ACA Executive Committee members held the opening ceremony. The atmosphere was good and there were over a hundred participants joining the ceremony.



After the opening ceremony, a sharing forum on Child Protection Legislation in Hong Kong was held. Dr Patrick Cheung, our Chairperson, acted as the moderator of the forum. Guest speakers included the Hon Madam Justice Esther Toh, Judge of the Court of First Instance of the High Court, HKSAR; Professor Ian Grenville Cross, SBS, QC, SC, Vice-Chairman of Senate of the International Association of Prosecutors; Ms Frances Lee, CIP (Family Conflict and Sexual Violence Policy Unit)(Crime Wing), Hong Kong Police Force; Associate Professor Amanda Whitfort, Chairperson of Causing or Allowing the Death of a Child, Subcommittee of the Law Reform Commission of Hong Kong; Mr Azan Marwah, Barrister-at-Law, Gilt Chambers; and Dr Shiu Yiu Keung, Paediatrician, Professional Development Committee member, Against Child Abuse .

During the forum, all guest speakers shared their expertise on how to collaborate with multi-discipline professionals in child protection work. They also shared their views on how to improve child protection in Hong Kong. It was also stressed that early intervention is very important for children's protection. Taking into consideration of "the best interests of the child" was the important part in the child protection work.

Lau Yin Ling
Development and Training Manager

Staff Retreat 2016

The Annual Staff Retreat was held on 17 December 2016 (Saturday) at Fanling, the Hong Kong Baptist Assembly. We are very grateful for the good weather on that day. With a quiet and comfortable environment, the venue is ideal in conducting staff retreat activities.

There were five objectives in the staff retreat activities: enrich the team spirit among all staff; enhance mutual understanding between our staff and the Executive Committee (Exco) members; review and evaluate the service plan from November 2015 to October 2016; assess progress of implementing recommendations made in last retreat and sketch the forward planning on service for the coming year. We were glad that Dr Patrick Cheung, our Chairperson; Mr Nicholas Jim, the Vice-chairperson; and Dr Patricia Ip, a member of the Executive Committee, attended the morning session. It was a great opportunity for our colleagues to share their feelings, ideas and views with the Exco members. All of us reviewed and planned our services. They also shared their stories in ACA's child protection work. All of us reviewed and planned our services based on what had been shared. We believed that the relationship between the staff and the Exco members have a big step forward after the staff retreat.



In the afternoon session, we had a barbecue gathering. All staff had the chance to understand one another more. The last part of the retreat was some simple and meaningful team building activities designed by the working team members. These increased the staff's communication and trust. All staff found the activities thoroughly enjoying.

We would like to extend our gratitude to the working team members' effort in planning and organising this staff retreat. Their hard work helped to produce a warm and relaxing learning occasion for all of us.

Lau Yin Ling
Development and Training Manager

Child Protection Institute

Good Parent Networking Programme (Stage 3)

Stage 3 of "Good Parent Networking Programme" completed in October 2016 at the Annunciation Catholic Kindergarten. The trained parent leaders put the skills and knowledge they learnt into practice by designing and leading warm-up games, which helped participating parents learn new parenting skills and experiences. The parent leaders used their facilitation skills like professionals. They also formed a parent group within the kindergarten with different members responsible for different functions. The aim of the group was to pass on skills and knowledge to other parents in the kindergarten, hoping that more parents would pick up positive parenting messages.

We were happy to see that the parent leaders grew a lot as they progressed along the three stages. Their mutual relationship grew much stronger. They showed concern and support for each other.



Lau Yin Ling
Development and Training Manager
Child Protection Institute

Bless My Home Forever Volunteer Home Visitation Project

Sponsored by the Community Chest of Hong Kong

The project aims at providing emotional support for children and families living in Sham Shui Po district by regular volunteer visits. Also, it helps families enhance parent-child relationship and strengthen resilience. Volunteers play the role of a peer in each family. 15 new volunteers attended the volunteer training on 20 November 2016. The training allowed the volunteers to familiarise themselves with the details of the project, understand their roles and learn positive parenting skills. Team building games, discussions and sharing forums were included in order to establish cohesion and a sense of belonging among volunteers.



A family sharing forum with the theme "Voices of Children, Reward and Punishment", was held on 27 November 2016. Youth volunteers from Rotary Club helped volunteers to prepare activities for children and families. Children and parents enjoyed a happy

family day by having picnic, flying kites and playing ice-breaking games together. Besides, parents were encouraged to listen to the voices of children and learnt the skills in using reward and punishment through the sharing sessions conducted by the project social worker.

Alex Wong
Social Worker



Daylily Project for Young / Single Mothers

Sponsored by the Community Chest of Hong Kong

Mothers, You Have Done Great!

Over the past year, 60 single-parent families joined Daylily Project. I should say all of the mothers in the project are "Super Mothers".

All mothers deserve our respect. They deliver their babies regardless of the challenges ahead. They devote tireless effort in taking care of their babies when the babies are growing up. They spend time attending various parents sharing forums, family activities and volunteer visitations so that they can equip themselves better.

Single mothers deserve even greater respect. They need to overcome their occasional fear that they are not giving enough to their children. Yet mothers, you have given your children much love and support. Mothers, you have done great!

Miona Chan
Social Worker

The Hong Kong Jockey Club Community Project Grant - Healthy Start Home Visiting Project

Sponsored by the Hong Kong Jockey Club Charities Trust

Parent Talk: Preparation for Kindergarten

On 8 October 2016, Ms Yeung Kin Yuet, Principal of T.W.G.Hs Ko Teck Kin Memorial Kindergarten, was invited to give a parent talk on "Preparation for Kindergarten". Ms Yeung shared her knowledge of children development with participating parents and equipped them with practical parenting skills. Most participants found the talk informative and insightful. The families had a chance to walk around the kindergarten after the talk. They could understand more about the facilities of the kindergarten.



Volunteer Training Course and Sharing

Three experience-sharing sessions were organised for volunteers on 28 October, 11 November and 9 December 2016. The themes of these sessions were pre and post natal care, the parenting capacity assessment for families with 0-12 months old babies, and home safety. Apart from project social workers, we were honoured to have Ms Esther Siu, Midwife Consultant, Department of Obstetrics and Gynaecology of Tuen Mun Hospital as speaker to share with us pre and post natal care. The volunteers found the training sessions informative and insightful. They were keen to learn to prepare themselves for the coming voluntary work.

Family Outing to Disneyland

In order to enhance parent-child communication, we organised the "Family Outing to Disneyland" on 6 November 2016. Altogether, 114 family members and volunteers participated in the activity. The participants' feedback was very encouraging. It was a day of amusement and delight for everybody. They enjoyed the wide range of attractions. The fantasy parade, stage shows and the meet and greet sessions with Disney characters added fun and laughter to a sunny day.

Happy Parent-child Games

On 3 December 2016, we were honoured to have Mr Paul Wong, Lecturer of the Department of Early Childhood Education, Hong Kong Institute of Education to conduct a talk on "Happy Parent-child Games" for 33 family members. Through experiential learning, the parents learnt how physical exercises helped children grow healthily. The speaker's lively presentation made the talk thoroughly enjoyable for participating parents and children. Not only did the activity enhance parent-child interaction and communication, it also enabled the parents to know the importance of games towards the growth and development of children.

Cindy Tang
Project Social Worker

Home Visitation Project for New Arrivals

Sponsored by the Keswick Foundation



Christmas Party

On 10 December 2016, thanks to the sponsorship of Dignity Trust & Friendship Union, we invited our project families to join a Christmas Party. The families enjoyed the buffet lunch and had great fun during the event. They expressed that a buffet lunch was too expensive for them. The party provided them a chance to broaden their horizon and gave them warmth.

Vicky Chan
Project Social Worker

Good Parents' Networking Project

Collaborative partner: Save the Children Hong Kong

Parent's Relaxing Zone

From October to December 2016, we held regular parent activities, such as Morning Tea Sharing and Parent's Kitchen and Handcraft workshops. These activities enabled participants to share information and experience with each other and enrich themselves. We hope that the building up of mutual support groups can increase their sense of belonging.

Good Parents' Networking Training Course

In October 2016, we held the third stage of the "Good Parents' Networking" training course. Parents were encouraged to share the knowledge and skills they learnt in stages 1 and 2, to conduct a sharing session and a cooking class in order to benefit more parents and build a community mutual aid network.

Holiday Farm Family Gathering

A parent-child outing was arranged on 27 November 2016 at Sheung Shui Holiday Farm. There were 73 participants, including 41 parents and 32 children. Parents and children enjoyed the outing activities, such as D.I.Y. bread making, feeding and interacting with animals, finishing the game tasks, playing in a playground made from recycled materials. Families revealed that they had lots of fun and enjoyed the quality family time together. The outing helped to increase the parent-child relationship.



Haidee Hung
Project Social Worker



Good Parents Sharing Time

In order to help parents enhance their skills and knowledge in parenting and to establish a support network, an 8-session "Good Parents Sharing Time" course was held from 3 November 2016 to 5 January 2017 in our Tuen Mun Centre. Child developmental needs, skills in handling children's emotional problems, listening skills and skills in conflict resolution were shared.

One of the characteristics in this course was that the volunteers from the Family Corner Volunteer Group were the host and also the speaker for the programme. It equipped the volunteers with better presentation and organisation skills, and also enhanced the cohesiveness among the parents. The participants reflected that mutual support relationship was built up and their parenting skills had improved a lot through the group discussions, role play and experience-sharing sessions. In short, 24 parents participated in the course. 13 of them will join the Family Corner Volunteer Group to help support ACA in promoting child protection services.

Peter Ng
Social Worker

The Chuk Yuen Centre Family Corner

We held the “Good Parents’ Leadership” Training Group (Stage 2) in October and December 2016. It aimed at raising participants’ awareness of child protection and building up their confidence in providing services. The ten graduate parents would assist parent education programmes in Chuk Yuen Family Corner in future.

On 25 October and 12 December 2016, we held a hiking activity in Clear Water Bay Country Park and a “Dessert DIY” parent class to make butterfly crackers and almond bars respectively. The participants enjoyed leisure corner activities and thought it helped them relieve their life pressure and gave them the opportunity to make new friends.

On New Year’s Day of 2017, the families went to an organic farm in Kam Sheung Road. They enjoyed the parent-child drama show and BBQ party. The occasion was an unforgettable experience for them.

In the new year, I will start my service in Tuen Mun Centre. I would like to thank all those I worked with in Chuk Yuen Centre for the past three years. I am sure Chuk Yuen Family Corner will continue its parent support network for families in the district.



Peter Ng
Social Worker

Child Protection and Treatment Project - Happy Child Starting from the Home

Sponsored by Help for Children Asia Prevent and Treat Child Abuse



This project aims at helping children to learn ways to tackle emotions, express their feelings and thoughts and regain confidence; helping parents to understand their children’s developmental needs, and learn skills in positive parenting and stress management; and improving parent-child relationships.

From October to December 2016, we organised two “Happy Parenting Education Activities” for 41 parents; and one “Expressive Art Therapy Training” workshop for 55 children. In this period, a total of nine free-of-charge play sessions were offered to children under 12 years old.

On 13 December 2016, Dr Patricia Ip, ACA Executive Committee member; Ms Wanda Hau, Assistant Director; the project social worker and two mothers, shared with the representatives and advisers of the funder about our services. On the same day, we also held a Christmas party.

Program Vignette

“Enhance Family Relationship” workshop was indeed an amazing experience. After acting my situation out in present time through re-enacted real-life, past and future incidents, I understand how incidents in my past experience affected my feelings and the relationship with my daughters.”

“Getting connected to my present family in a new and viable way through sculpting helped me improve the relationship with my family members and release my negative feeling. I have more positive energy in my life now.”

“I felt much depressed in the past five years. I really enjoyed the workshop and being with my inner self was a thrilling experience. I was full of energy and motivation after attending the workshop.”

Cherry Choy
Project Social Worker

本人樂意幫助防止虐待兒童會 I would like to help ACA :

1. 我願意捐助 By making a donation :

	一次捐款 One Off HK\$	每月捐款 Monthly (由 月至 月) HK\$	
現金 By Cash			
支票 By Cheque			銀行 Bank : _____ 支票號碼 Cheque No. : _____ 抬頭註明：防止虐待兒童會有限公司 Cheque made payable : Against Child Abuse Ltd.
信用卡 By Credit Card			Visa <input type="checkbox"/> Master <input type="checkbox"/> AE <input type="checkbox"/> 持咭人姓名 Cardholder : _____ 信用卡號碼 Card No. : _____ 信用卡到期日 Expiry Date : _____ 簽署 Signature : _____
直接存入戶口 Deposit to Bank			本人已將款項存入防止虐待兒童會之匯豐銀行戶口 (號碼：480-107549-001)，並附上銀行入數紙。 Deposited to ACA HSBC Account (A/C no. 480-107549-001) and enclosed a bank pay-in slip.

2. **7-ELEVEN** 現金捐款 Cash Donation

你可透過全港 **7-ELEVEN** 以現金捐款予「防止虐待兒童會」（最低捐款額為港幣一百元）。收銀員於完成交易後會發出交易紀錄給捐款者。請保留交易紀錄，然後郵寄至「防止虐待兒童會」以便索取正式收據。（請攜同印有慈善機構條碼之宣傳物品到全港任何一間 **7-ELEVEN** 捐款。）

You can make cash donation with minimum amount of HK\$100 to Against Child Abuse via any **7-ELEVEN** in Hong Kong. The cashier will issue a transaction record for you when the transaction is completed. Please keep the transaction record and send to Against Child Abuse to request for an official donation receipt. (Please present promotional materials with barcode for donation at any **7-ELEVEN** in Hong Kong.)

捐款一百元或以上，可申請扣減稅項。Donations of HK\$100 or above is tax deductible.



3. 本人推薦防止虐待兒童會聯絡下列人士 / 公司 / 機構 By recommending ACA to contact :

姓名 Name	地址 Address	電話 Tel / 傳真 Fax / 電郵 Email

4. 本人願意成為防止虐待兒童會義工，並加入ACA之友。By becoming a volunteer of ACA.

本人有興趣參與以下服務 I am interested in the following services :

5. 本人申請成為防止虐待兒童會的會員。By becoming a member of ACA.

- 普通會員 Ordinary Member 每年港幣一百五十元 HK\$150 per annum
 學生會員 Student Member 每年港幣五十元 HK\$50 per annum
 贊助會員 Sponsor Member 每年港幣一萬元 HK\$10,000 per annum

請在適當口內加上✓號 Please tick as appropriate

姓名 Name : (中) _____ (英) Mr/Miss/Ms _____

機構 Agency : (中) _____ (英) _____

地址 Address : _____

電話 Tel / 傳真 Fax : _____ 電郵 Email : _____