




# MAY NEWSLETTER

2017




In the last quarter, ACA has submitted position papers to the Legislative Council to express views on review of multi-disciplinary child abuse case conference and follow-up welfare plan for the child, to the Law Reform Commission on sexual offences involving children and persons with mental impairment, and to the Social Welfare Department on the review of the procedural guidelines for handling child abuse cases. ACA has also sent a letter to the Chief Executive candidates asking them to urge the government to set up a Children's Commission to deal with matters related to children. Mrs Carrie Lam has promised to follow-up its establishment. Together with some members of the Alliance for Children's Commission, we had a meeting with Mrs Lam's team members at the ACA Head Office to explain to them that we want a Children's Commission which is not an advisory body, but an independent mechanism like the Equal Opportunities Commission and the Office of the Ombudsman.

ACA continues to provide services to prevent children from being harmed, empower parents to use positive parenting, work with multi-disciplines to handle suspected child abuse cases, train volunteers to provide home visits to single mothers, families with new-born babies and new arrival families with young children. The Child Protection Institute continues to provide training for professionals and group work service for children and parents.

We have organised a carnival to spread the message of positive parenting and no spanking of children to echo the International Spank Out Day on 30 April. One is not permitted to hit one's spouse or a stranger – such actions are defined as the crime of assault. Nor should one be permitted to hit a small and more vulnerable child. Studies show that children are hit identify with the aggressor and are likely to become hitters themselves. They tend to learn to use violent behavior as a way to deal with stress. Children learn through parental modeling.

**Head Office:** 13/F, Corn Yan Centre, 3 Jupiter Street, North Point, Hong Kong **Tel:** (852) 3542 5722 **Fax:** (852) 3542 5709 **E-mail:** [aca@aca.org.hk](mailto:aca@aca.org.hk)  
**Chuk Yuen Centre:** 107-108, G/F, Wai Yuen House, Chuk Yuen (North) Estate, Wong Tai Sin, Kowloon, Hong Kong **Tel:** (852) 2351 6060 **Fax:** (852) 2752 8483  
**Tuen Mun Centre:** 407-409, Ting Cheung House, On Ting Estate, Tuen Mun, New Territories, Hong Kong **Tel:** (852) 2450 2244 **Fax:** (852) 2457 3782  
**Kwai Chung Centre:** Flat A, 2/F, TLP132, Nos. 132-134 Tai Lin Pai Road, Kwai Chung, New Territories, Hong Kong **Tel:** (852) 2915 0607 **Fax:** (852) 2915 0788




[www.aca.org.hk](http://www.aca.org.hk)

Editorial Team: Dr Patrick Cheung, Dr Jessica Ho, Ms Pearl Lee,  
Ms Cindy Shin, Mr Patrick Wong

Published by Against Child Abuse Ltd.

 [AgainstChildAbuseHK](https://www.youtube.com/AgainstChildAbuseHK)

 [ACAHK](https://www.facebook.com/ACAHK)





How parents act will have a profound impact on the development of their children. It is our hope that "parents have come to realise that children can be well behaved, cooperative, and polite without ever having been punished physically" - *Benjamin Spock*. Physical punishment does not stop bad behaviour. On the contrary, it brings a variety of poor outcomes such as increased antisocial behaviours and juvenile delinquency, greater approval of other forms of violence, greater impulsiveness and less self-control, poorer parent-child relationship, poorer mental ability, more drug abuse and greater alcohol abuse. The followings are some alternatives to physical punishment:

1. **Talk rather than hit** - Talk with the child about what behaviours are acceptable or not, what is safe or dangerous, and why.
2. **Listen to the child** - Find out why he/she did or did not do something.
3. **Explain your reasons** - This will enhance the child's decision-making capacities.
4. **Label feelings** - Help the child label his or her feeling such as distress, anger, fear, shame, and disgust with words as early as possible. This facilitates tension regulation and aids the transition to more mature ways of handling emotion.
5. **Positive reinforcement** - Rewards and praise will enhance the child's self-esteem.
6. **Teach by example** - Set a good example for the child. Children identify with their parents and will follow their parents' acts.
7. **Parents need to care for themselves** - An exhausted, overburdened or stressed parent is less patient and less able to strategize effective non-physical approach to discipline.

The ACA Flag Day will be held on 20 May. We hope that people from all walks of life will join us on the day either to become volunteers or buy a flag to show support for our child protection work. Let us protect our children into a bright future.

Dr Jessica Ho  
Director



# Summary of Major Activities for January to March 2017

|                  |  |   |
|------------------|--|---|
| February         | Service Users' Gathering                     | <ul style="list-style-type: none"> <li>• 26 February</li> </ul>   |
| March            | Home Visitation Project for New Arrivals     | <ul style="list-style-type: none"> <li>• Volunteer Sharing on 23 March</li> <li>• Good Mother Parent Group on 15, 22, 29 and 31 March</li> <li>• Happy Children Group on 17, 24, 29 and 31 March</li> </ul>   |
| January to March | Kids' Dream                                  | <ul style="list-style-type: none"> <li>• Survey on Children's Expectation towards Chief Executive of HKSAR</li> <li>• Children's Right Forum on 3 March</li> <li>• "Letter To CE From the Future of HK" Press Conference on 19 March</li> </ul>   |
|                  | Daylily Project for Young/ Single Mothers    | <ul style="list-style-type: none"> <li>• Family Sharing Forum               <ol style="list-style-type: none"> <li>1. Effective Rules of Training Children on 15 January</li> <li>2. Parent-child Interaction on 22 January</li> <li>3. Parents' Relaxation Method on 12 February</li> <li>4. Children's Self-discipline on 12 February</li> <li>5. Experience Sharing between Families and Volunteers on 26 February</li> <li>6. Review and Sharing on ACA Services on 26 February</li> <li>7. Sharing and Support between Families and Volunteers on 26 March</li> <li>8. Appreciation of Volunteers' Efforts on 26 March</li> </ol> </li> </ul>  |
|                  | Child Abuse Treatment Corner                 | <ul style="list-style-type: none"> <li>• Positive Parenting Talk on 14 January</li> <li>• Stress Management Therapeutic Group for Parents with Depressive Features IV (Sessions 1-8) on 17, 24 January, 7, 14, 21, 28 February, 7 and 9 March</li> <li>• Batterer Intervention Therapeutic Group for Parents IV (Sessions 1-7) on 8, 15 February, 1, 8, 15, 22 and 29 March</li> <li>• Volunteer Training on 11 and 13 February</li> <li>• New Parent Training Course and Positive Parenting Sharing Session on 11, 17, 18 and 23 March</li> </ul>  |
|                  | Tuen Mun Centre Programmes and Family Corner | <ul style="list-style-type: none"> <li>• Leisure Corner – Handicraft and Cooking Activities               <ol style="list-style-type: none"> <li>1. New Year's Candy Tray and Turnip Cake DIY on 3, 10 and 17 January</li> <li>2. Octopus Card Holder and Rice Paper Roll DIY on 7, 14 and 21 February</li> <li>3. Octopus Card Holder and Guizhou Snack DIY on 7, 14 and 21 March</li> </ol> </li> <li>• Good Parents Sharing Time on 5 January</li> <li>• Parent Talk about Positive Parenting on 19 January</li> <li>• Family Outing to Ocean Park on 18 February</li> <li>• Relaxation Gathering for Parents on 23 February, 2, 9 and 16 March</li> </ul>   |
|                  | Child Protection Institute                   | <ul style="list-style-type: none"> <li>• Effective Parenting Group on 4, 11, 18 January and 8 February</li> <li>• Good Parenting Education Programme (Stage 2) on 9, 11, 16 and 18 January</li> <li>• Good Parent-child Relationship Parent Talk on 14 January</li> <li>• Self-Protection Sex Education Workshop on 17 January and 17 February</li> <li>• Respect One Another Education Workshop on 17 January</li> <li>• Relationship between Two Genders Workshop on 7 February</li> <li>• Positive Child Caring, Children Grow Happily Parent Group on 10, 17 February, 3 and 10 March</li> <li>• Expressive Arts Self-healing Parent Workshop on 13, 20, 27 February and 6 March</li> <li>• Good Parenting Education Programme (Stage 3) on 13, 15, 20, 22, 27 February and 1 March</li> <li>• Multi-disciplinary Professional On-the-job Training Certificate Course on 16 and 23 February</li> <li>• Child Protection Policy Workshop on 21 February and 7 March</li> <li>• Positive Parenting Talk on 22 February</li> <li>• Music Therapy Group for Students on 23 February, 2, 9, 23 and 30 March</li> <li>• Art and Skills of Appreciation Talk on 1 March</li> <li>• Dance Movement Therapy Group for Students on 13 and 20 March</li> <li>• Building Harmony Parent-child Relationship through Playing Games Workshop on 15 March</li> <li>• Expressive Arts Therapy Group on 15, 22 and 29 March</li> <li>• How to Identify Child Abuse and How to Protect Children Workshop on 17 March</li> <li>• Positive Parenting without Tears Talk on 24 March</li> </ul> |
|                  | Healthy Start Home Visiting Project          | <ul style="list-style-type: none"> <li>• Parents Talk cum BB Birthday Party on 7 January</li> <li>• Family Visit to Wetland Park on 12 February</li> <li>• Family Outing to Ocean Park on 18 February</li> <li>• Family Sharing cum Volunteer Award Ceremony on 4 March</li> <li>• Birthday Party cum New Year Parent-child Outing on 1 January</li> <li>• Leisure Corner - Lunar New Year Handicraft DIY on 19 January</li> <li>• Children Therapeutic Group: Be Friend with Emotion on 9, 16, 23 February, 2, 9, 23 and 30 March</li> <li>• Grade A Class Parents Gathering on 14 February and 14 March</li> <li>• Family Outing to Ocean Park on 18 February</li> <li>• Leisure Corner - Vietnam Spring Roll DIY on 30 March</li> </ul>  |

# Summary of Major Activities for January to March 2017

|                   |   |  |
|-------------------|---|--|
| January to March  | Bless My Home Forever Volunteer Home Visitation Project                     | <ul style="list-style-type: none"> <li>• Volunteer Training and Gathering on 14 January and 26 March</li> <li>• Community Education: Publicity and Recruitment on 17 January</li> <li>• Family Sharing Forum               <ol style="list-style-type: none"> <li>1. Happy Gathering in Lunar New Year on 22 January</li> <li>2. Relaxation Practice for Parents on 12 February</li> <li>3. Cultivate Children's Self-discipline on 12 February</li> <li>4. Volunteers and Families Gathering cum Volunteer Appreciation Ceremony on 26 March</li> </ol> </li> </ul>   |
|                   | Good Parents' Networking Project  | <ul style="list-style-type: none"> <li>• Leisure Corner               <ol style="list-style-type: none"> <li>1. Starry Kitchen on 6 January, 10 February and 24 March</li> <li>2. Parent Handcrafts Workshop on 20 January, 24 February and 10 March</li> <li>3. Parent Orientation Tea Time on 31 March</li> </ol> </li> <li>• Parent-child Activities               <ol style="list-style-type: none"> <li>1. Dreamcatcher DIY on 7 January</li> <li>2. Story Telling Group on 18 February and 11 March</li> <li>3. Perler Beads Key Chain Workshop on 25 February</li> <li>4. Funny Balloon Workshop on 18 March</li> </ol> </li> <li>• Good Parents' Networking Training Course (Stage 1) on 17, 24 January, 7, 14, 21, 28 February, 7, 14, 21 and 28 March</li> </ul> |
|                   | Child Protection and Treatment Project - Happy Child Starting from the Home | <ul style="list-style-type: none"> <li>• Happy Education Activities for Parent - Satir Communication Stance Experiential Group on 10 January</li> <li>• Give Children the Best Group for Parents               <ol style="list-style-type: none"> <li>1. Heal Old Sores Personal Growth Group on 13, 14, 15, 17, 20 and 27 February</li> <li>2. Family Reconstruction Experiential Group on 6, 9, 13 and 16 March</li> </ol> </li> <li>• Play Therapy (7 Sessions)</li> </ul>  |
| February to March | Joyful Kids Group   | <ul style="list-style-type: none"> <li>• Family Outing to Ocean Park on 18 February</li> <li>• Volunteer Service: Visit to Elderly Centre on 18 March</li> <li>• Volunteer Sharing cum Awarding Ceremony on 25 March</li> </ul>  |
|                   | Parent-child Support Line   | <ul style="list-style-type: none"> <li>• Advertising at Hong Kong Commercial Broadcasting Co. Ltd. from 13 to 17 February and from 20 to 24 March</li> </ul>   |

# Forthcoming Events for April to June 2017

|               |  |   |
|---------------|--|---|
| April         | Carnival                                 | <ul style="list-style-type: none"> <li>• Spank Out Day Carnival and Chuk Yuen Centre Open Day on 30 April</li> </ul>  |
|               | Children's Council 2017                  | <ul style="list-style-type: none"> <li>• Interview of Children Council on 29 April</li> </ul>   |
|               | Home Visitation Project for New Arrivals | <ul style="list-style-type: none"> <li>• Good Mother Parent Group on 5 April</li> <li>• Happy Children Group on 7 April</li> <li>• Parent-child Parallel Workshop on 23 April</li> </ul>  |
| May           | Flag Day                                 | <ul style="list-style-type: none"> <li>• ACA Flag Day in New Territories on 20 May</li> </ul>   |
| April to May  | Child Abuse Treatment Corner             | <ul style="list-style-type: none"> <li>• Batterer Intervention Therapeutic Group for Parents IV (Session 8) on 5 April</li> <li>• Children Therapeutic Group V (Sessions 1-6) on 7, 28 April, 5, 12, 19 and 26 May</li> </ul>   |
| April to June | Daylily Project for Young/Single Mothers | <ul style="list-style-type: none"> <li>• A Relaxing Afternoon Group for Parents on 26 April, 24 May and 21 June</li> <li>• Family Sharing Forum               <ol style="list-style-type: none"> <li>1. Child, You are Unique on 30 April</li> <li>2. Introduction of Children Development on 30 April</li> <li>3. The Key of Children's Confidence Development on 27 May</li> <li>4. The Power of Appreciation on 27 May</li> <li>5. Your Children Need Affection on 24 June</li> <li>6. How to Show Love to Your Children on 24 June</li> </ol> </li> </ul> |
|               | Joyful Kids Group                        | <ul style="list-style-type: none"> <li>• Orientation Meeting on 29 April</li> <li>• Volunteer Service - ACA Flag Day on 20 May</li> <li>• Group Meeting and Training on 27 May and 24 June</li> </ul>   |
|               | Tuen Mun Centre Family Corner            | <ul style="list-style-type: none"> <li>• Leisure Corner - Handicraft and Cooking Activities on 11, 18 April, 9, 16 May, 13 and 20 June</li> <li>• Emotion Management Group for Parents on 21, 28 April, 5, 12, 19 and 26 May</li> <li>• Relaxation Gathering for Parents on 10 May and 7 June</li> </ul>  |

# Forthcoming Events for April to June 2017

|               |   |   |
|---------------|---|---|
| April to June | Child Protection Institute  | <ul style="list-style-type: none"> <li>• Good Couple Relationship Day Camp on 3 April</li> <li>• Dance Movement Therapy Group for Students on 3, 10 and 24 April</li> <li>• Expressive Arts Therapy Group on 5, 9, 26 April, 10, 24, 31 May and 7 June</li> <li>• Good Parent Leaders' Gathering on 6 April</li> <li>• Music Therapy Group for Students on 6, 27 April, 4, 11 and 18 May</li> <li>• Parental IT Talk and Workshop on 6 and 11 April</li> <li>• Sex Education Starting from Family Talk on 8 April</li> <li>• Positive Parenting Talk on 29 April</li> <li>• How to Identify and Handle Suspected Abuse Case Workshop on 2 May and 8 June</li> <li>• Positive Parenting Workshop on 4 May</li> <li>• Child Protection Policy Workshop on 9 May</li> <li>• Art and Skills of Appreciation Talk on 11 May</li> <li>• Positive Parenting without Tears Talk on 13 May</li> <li>• Frontline Professional On-the-job Training Certificate Course on Child Protection on 22 May</li> <li>• Child Protection Rationale Talk on 20 June</li> </ul> |
|               | The Chuk Yuen Centre Family Corner  | <ul style="list-style-type: none"> <li>• Grade A Class Parents' Gathering on 11 April, 9 May and 13 June</li> <li>• Parents' Gathering: Badminton Day on 11 May and 8 June</li> <li>• Leisure Corner               <ol style="list-style-type: none"> <li>1. Chocolate Lava Cake DIY on 17 May</li> <li>2. Yoghurt Pudding DIY on 23 June</li> </ol> </li> <li>• Good Parent Education Programme (Stage 1) on 24, 31 May, 7, 14, 21 and 28 June</li> <li>• Tea Gathering with Volunteer Team on 26 May</li> <li>• Welcome Summer Parent-child Day Camp on 18 June</li> </ul>  |
|               | Bless My Home Forever Volunteer Home Visitation Project                     | <ul style="list-style-type: none"> <li>• Family Sharing Forum               <ol style="list-style-type: none"> <li>1. Establish Parent-child Relationship by Acceptance and Respect on 8 April</li> <li>2. Enhance Sense of Security and Self-worth of Children on 8 April</li> <li>3. Sincerity and Appreciation on 27 May</li> <li>4. Explore Strengths of Children to Enhance Their Self-confidence on 27 May</li> <li>5. Express Love for Children in Words on 24 June</li> <li>6. Express Love for Children by Action on 24 June</li> </ol> </li> <li>• Volunteer Training on 13 May and 6 June</li> </ul>   |
|               | Good Parents' Networking Project  | <ul style="list-style-type: none"> <li>• Parent-child Activities               <ol style="list-style-type: none"> <li>1. Story Telling Group on 1 April</li> <li>2. Easter Party on 8 April</li> <li>3. Creative Collage Painting on 22 April</li> <li>4. Special Activity for Mother's Day on 13 May</li> <li>5. Laughter Yoga Experience Day on 3 June</li> <li>6. Special Activity for Father's Day on 17 June</li> <li>7. Parent-child Outing on 24 June</li> </ol> </li> <li>• Good Parents' Networking Training Course (Stage 2) on 4, 11, 18 and 25 April</li> <li>• Good Parent Leaders' Gathering on 6 April</li> <li>• Leisure Corner               <ol style="list-style-type: none"> <li>1. Starry Kitchen on 7 April, 19 May and 23 June</li> <li>2. Parent Handcrafts Workshop on 21 April, 12 May and 9 June</li> <li>3. Parent Orientation Tea Time on 28 April</li> </ol> </li> <li>• Good Parents' Networking Training Course (Stage 3) on 9, 16, 23 May, 6, 13 and 20 June</li> </ul>  |
|               | Child Protection and Treatment Project - Happy Child Starting from the Home | <ul style="list-style-type: none"> <li>• Happy Education Activities for Parent               <ol style="list-style-type: none"> <li>1. Being Good to Yourself - Laughter Yoga Experience Day on 13 April</li> <li>2. Being Good to Yourself - Looking for Happiness and Stress Release on 20 April</li> <li>3. Being Good to Yourself - Mindfulness and Dance Movement Experience Day on 11 May</li> <li>4. Building Relationship with Love Workshop on 25 May</li> <li>5. Being Good to Yourself - Eating Slowly and Healthily Experience Day on 15 June</li> <li>6. Understand Children's Inner World Workshop on 29 June</li> </ol> </li> <li>• Parent-child Activities               <ol style="list-style-type: none"> <li>1. Outing to Noah's Ark on 23 April</li> <li>2. Mother's Day Activity on 29 April</li> </ol> </li> <li>• Give Children the Best Group for Parents - Finding Strength Relaxation Group on 15, 22, 29 May and 5 June</li> <li>• Play Therapy (6 Sessions)</li> </ul>  |
| May to June   | Healthy Start Home Visiting Project   | <ul style="list-style-type: none"> <li>• Breast Feeding and Baby-rearing Skills Talk on 12 May</li> <li>• Volunteer Training Course on 26 May, 2, 9, 16 and 23 June</li> <li>• Day Camp for Father's Day on 18 June</li> </ul>  |
|               | Parent-child Support Line   | <ul style="list-style-type: none"> <li>• Promotion Campaign: Bus Body and Seatback Advertising on First Bus and City Bus from 2 to 29 May</li> <li>• Advertising at Hong Kong Commercial Broadcasting Co. Ltd. from 12 to 16 June</li> </ul>  |



# SPANK OUT DAY CARNIVAL AND CHUK YUEN CENTRE OPEN DAY

Sponsored by Wong Tai Sin District Council and the Community Chest of Hong Kong

To support the International Spank Out Day, Chuk Yuen Centre organised the Spank Out Day Carnival cum Centre Open Day on 30 April. The purpose of organising the activity was to motivate families in learning knowledge and skills of positive parenting, and to raise their awareness in child protection.

The carnival, sponsored by Wong Tai Sin District Council and the Community Chest of Hong Kong, gained much support from organisations and schools in Wong Tai Sin District. Positive traits such as “appreciation” and “affirmation” were shown in the opening ceremony in order to bring out the message of positive parenting. Programmes of the carnival, which included singing and dancing performances, parent-child games and booth activities, attracted the participation of a large number of families. They all gave highly positive feedback to the carnival and open day.



Stella Cheung  
Social Worker



## SERVICE USERS' GATHERING 2016-2017



On 26 February 2017, we held an annual service users' gathering in LCSD Sai Kung Outdoor Recreation Centre. The event provided a good chance for families to develop a positive parent-child relationship by making full use of the many facilities provided in the Centre. Most impressively, the service users actively participated in our discussion forum. They were willing to express their opinions on the strategies and methods of facilitating child protection work. We would like to give sincere thanks to nearly a hundred service users for their participation.

Peter Ng  
Project Social Worker

## PARENT-CHILD SUPPORT LINE

Collaborative partner: Save the Children Hong Kong

ACA Parent-child Support Line provides parents, children, young people, professionals and public, with a channel to seek help and support. We aim at promoting messages to children, parents and the public on seeking help and the importance of child protection. In February and March, we advertised our Parent-child Support Line at Hong Kong Commercial Broadcasting Co. Ltd. We encouraged all parents and children in need to contact us.

Parent-child Support Line: **2755 1122**

Service: 9:00a.m. - 9:00p.m. (Monday to Friday)  
9:00a.m. - 1:00p.m. (Saturday)

Yvonne Wai  
Project Officer

# KIDS' DREAM

In Collaboration with Hong Kong Committee on Children's Rights and supported by the Save The Children Hong Kong

## Kids' Dream "To CE ☑ From the Future of HK" Press Conference

A press conference was held by Kids' Dream on 19th March at the Boys' and Girls' Clubs Association of Hong Kong in Wanchai to announce the results of their research "To CE ☑ From the Future of HK". The aim of this research is to understand the expectation of children on the new Chief Executive of Hong Kong. Nine members of the Chief Executive Election Committee (Mr Shiu Ka Chun from the Legislative Council, Mr Paul Zimmerman from Architectural, Surveying, Planning and Landscape sector, Ms Ho Yu Ying from Social Welfare sector, Ms Chan Han Ying, Emily and Ms Mok Loi Yan, May from Education sector, Mr Ng Kei Yin, Joseph, Mr Yau Cho Ki, Joe and Mr Huang Erwin Steve from Information Technology sector, and Mr Chan Ka Ming from Higher Education sector) and four children's groups, including ethnic minority children group and special needs children group, attended the press conference. Kids' Dream also invited all 2017 Chief Executive election candidates to attend this event, but regrettably, none of them was able to come.



Children are pillars of our future society. The policy direction of the Chief Executive would have strong impact on the future development of children. As the Chief Executive Election was approaching, Kids' Dream was eager to learn more about children's views and expectations on the next Chief Executive of Hong Kong. Therefore, Kids' Dream conducted the "To CE ☑ From the Future of HK" survey to arouse children's sense of civil awareness and collect children's views at this important moment in Hong Kong.

## Children Wish the Next CE to Solve Educational Issues

Questionnaires were collected from 1,477 children between eight and seventeen years old from 7 February to 3 March. The survey found out that children in Hong Kong were most concerned with educational issues (71%), including excessive homework, study pressure, high school fee, TSA and student suicide. Other issues that children were concerned with included housing problem (45%), leisure, sports and culture (33%), welfare (33%) and medical services (30%).

## Children Expect the CE to Fulfill Promises, and Act Responsibly

Fulfilling promises (82%), integrity (81%) and acting responsibly (81%) were regarded as the most important qualities of a Chief Executive. Concerning the Chief Executive candidates, more children felt that Tsang Chun Wah, John was the ideal Chief Executive (41%). 20% of the interviewees felt that Lam Cheng Yuet Ngor, Carrie was the ideal Chief Executive and 13% of the interviewees felt Woo Kwok Hing was the ideal Chief Executive. Nevertheless, none of the candidates was able to receive more than half of the support of the interviewees.

## The Government should Consult Children and Evaluation Policy's Impact on them

According to Article 12 of the United Nations Convention on the Rights of the Child (UNCRC), the child has the rights to express an opinion, and to have that opinion taken into account, in any matter or procedure affecting the child, in accordance with his or her age and maturity. Kids' Dream urges the new Chief Executive to set up systems to address children's needs and their challenges by conducting a child impact assessment, a child-friendly consultation for all child-related policies, and establish a Children's Commission as a statutory body to champion children's rights in the policy making process.

Election Committee members were impressed by how children were involved in the survey report and suggested the government should allow more children to participate in social issues. Shiu Ka Chun was glad to see children's sense of belonging and passion for Hong Kong from the title of the program. Paul Zimmerman suggested values were more important than qualification for CE candidates and could see that children shared the same view from the report. When it came to children's social positions, Ng Kei Yin observed that children were often excluded from the consultation process, even though they were stakeholders in many social issues, including education issues. He wished to see more child participation in future. Ho Yu Ying also agreed and pointed out that the very few child-friendly consultation channels made it difficult for children to participate. Different parties should search for child-friendly participation mechanisms.

Please visit the website [kidsdream.org.hk](http://kidsdream.org.hk) or the facebook page "Kids' Dream" for more information about the project.

Lee Yu Po  
Service Manager (Chuk Yuen Centre)

# CHARITY ACTIVITY BY BELILIOS PUBLIC SCHOOL

Belilios Public School organised a charity event on 10 March. This activity aimed at raising fund for NGOs. One Form 4 class chose our organisation as the donation receiver. Students of that class designed an interesting game and sold some stationery designed by themselves and some second-hand goods. I visited them on that day and found that they paid a lot of effort in this charity activity. They decorated a board which introduced ACA's services and promoted our mission to other schoolmates and teachers. We heartily appreciate the student's effort. Here are the feelings from the students:



Although there are fewer cases of child abuse in Hong Kong than in other developing countries such as India and Pakistan, there are still abused children who need a helping hand. From this charity activity, I know more about Against Child Abuse and have a deeper understanding of its work and goals, including how the child abuse cases were identified in daily life, and how abused children are helped to step out of the shadows. From the sales of second-hand goods and homemade products, we were able to raise money, and hope that the donation will help improve the lives of children, address the problems of child abuse and provide a healthy and happy childhood to the children.

Ma Hang Yee

This fund-raising activity is a memorable and very meaningful event. Although all of us spent a lot of time and put much effort into this activity, our effort was paid off. We raised more than \$2,700 dollars for Against Child Abuse and we believe the donation can help a lot of unfortunate mistreated children. Therefore, I look forward to joining other similar activities in the future so that we can help more people in need.

Cheuk Oi Ching

Our class decided to raise fund for Against Child Abuse. From organising this activity, I learnt more about the existing problems concerning children's development and growth in our society. I am very glad to have the chance in helping children in need. During the process, I had a wider understanding of the children in our society; and those around the world, especially those in the East Asian region where the ACA is working. I really appreciate the work that Against Child Abuse is doing and I believe that one day, we can provide an optimal environment for children to grow and develop healthily.

Yip Si Wing

I am pleased to participate in this charity event. This is a very meaningful event.

In the community, there are many child abuse cases. Abused children do not have the ability to resist or to seek help. Since inception, Against Child Abuse solved countless cases of child abuse. They saved many vulnerable children. Our ancestors once said, "Love my own young children and extend the same love to the children of others." As a student, as a teenager, and as a master of our society in the future, we should help children to defend their rights. Through this event, I hope I can contribute to child abuse prevention, in order to help more children.

In this activity, I understand the importance of charity work. People everywhere need help. Therefore, we should actively participate in volunteer activities and donate more so as to help more people in need.

In conclusion, I learnt a lot from this activity. It inspired me to reflect.

Tsui Pik Yu

We chose Against Child Abuse among other NGOs because of ACA's mission and belief. Like ACA, we too have the strong belief that children should be given the kind of proper care which they deserve. From ACA colleagues, I realised that Hong Kong used to have a large number of children being abused, girls accounted for a very large part. I could not help but feel pity for them. I determined to do something for them. Finally, we are thankful for the cooperation you gave us. Through your help, we are able to complete this special fundraising campaign. You gave us an opportunity to take concrete actions to focus on children's rights. We hope to be able to cooperate again to help more children.

Cheung Tin Wing, Clara

Catherine Leung  
Funding and Promotion Officer





# GOOD PARENTS' NETWORKING PROJECT

**Collaborative partner: Save the Children Hong Kong**

The stage 1 of the "Good Parents' Networking" training course was completed in late March. We are now in the process of preparing stages 2 and 3 for the parents. When they complete Stage 3, they will then build up a parental mutual help group in Kwai Chung and share their experience with others.

After completing the ten sessions of the parent leadership training course, parents would like to share their feelings:



I recognised children's rights, and learnt communication and problem solving skills. In addition, I came to understand the need to protect the child properly and to let go at the appropriate time.

Shan Chao

Time flies. It's already approaching the end of stage 1 of "Good Parents' Networking" course. I am so happy for myself for the many things I learnt from this course. I have the opportunity to listen to the different concerns of many parents and their experience in teaching children, and to learn new skills and knowledge in child's discipline from the social worker. The parent participants were full of positive energy. I felt happy and relaxed.

Apple Luk

I am grateful to have the opportunity to join this course. I developed a good relationship with different parents. We offered mutual support to each other. Special thanks should be extended to the effort of the social workers who organised this course. They designed interesting and meaningful interactive games for us. They also analysed difficulties in parenting for us to help us understand more deeply about different problems and think about solutions. I have really gained a lot.

Ying Lam

I have learnt a lot of parenting knowledge from the course. Besides, the communication skills which I picked up have helped me change both my attitude and my behaviour in parenting.

Kam Tsui

I am thankful to ACA for providing me with this learning opportunity. I have learnt a lot about the importance of protecting the children. I am especially thankful to the two social workers, who have broadened my horizon in parenting.

Yee Sham

I learnt much knowledge in this training course, such as childcare and the ways to rear the children. Reflection and communication exercises helped us improve our parent-child relationship and maintain the harmony of the family. Thank you Against Child Abuse for offering us this treasured experience.

Yin Lam

I felt helpless in dealing with the behaviour of my child, who had difficulties in relating with his father and had been complained for not following rules in school. A good friend recommended me to join this training. In the course, I met many new friends - we shared all our concerns with each other. Although I seldom talked in the group, I still gained a lot from the others. Now I have reduced the frequency in scolding my child and have learnt to chat with him calmly instead. His behaviour is still a little bit unruly in class, but his attitude toward his father has improved. I will continue to pay effort to change.

Mika Au

I am so glad to have joined this Good Parent Leadership Training Course, which has provided me with both joy and sorrow. I enjoyed the time when I shared the difficulties in handling children's emotion with my groupmates. I am especially thankful to the two social workers, who guided us to enter into our children's feelings. However, I feel guilty for not having dealt well with my child's emotion in the past. Now I always remind myself to remember to "deal with the feeling of the child first". Now I know how to cool down first, and guide my child to express himself. We are beginning to build up intimate relationship.

Bonnie Choi

I have made many new friends on this course. I have learnt a lot by sharing with them our concerns in parenting. We have learnt to use different perspectives to analyse and consider children's behaviour. Also, the atmosphere of the debate competition was intense and the outcome was fruitful. Special thanks should be extended to the untiring effort displayed by the two social workers throughout the course.

Cherry Chun

Thanks to the social workers, this course is very fruitful. All the activities, including warm up games and team building exercises, case studies, group discussion and sharing helped to create a cohesive environment for the group to solve problems.

Iris Sit

Now I would constantly remind myself to be more patient and take good care of my children. I would also teach my children to love our society and help those in need.

Ying Lu

Haidee Hung  
Project Social Worker

# CHILD PROTECTION INSTITUTE



## Good Parent Networking Programme

From January to March 2017, we completed Stages 2 and 3 of “Good Parent Networking Programme” for St. Stephen Catholic Kindergarten. The zest displayed by the participating parents increased as the course progressed. They showed mutual concern and provided support to each other like a big family. One could feel the positive energy within the group. All of them grew up much together. They deserved to be Good Parent Leaders.

During practice sessions, all parent leaders co-operated closely. Some of them prepared information thoroughly before delivering their session. Some of them rehearsed many times before teaching other parents. Their performances were excellent and the audiences responded very well. The parent leaders did not become complacent and believed that there were still a lot to be done and learnt.

Kwai Chung Centre Volunteer Group has already been set up. They would arrange meetings there regularly. It is expected that mutual support among parents would be strengthened. It might attract more parents to show their talents by becoming parent-trainers. We aim at building more harmonious family lives!

Here are the sharings from the Chairperson and the Vice-chairperson.

### Chairperson: Ms Tammy Leung

I would like to thank the patient leading from Ms Lau and Ms Leung throughout the three stages of training. I have learnt many skills in human relationship. I have made more friends in the programme and we trust each other. We could co-operate with each other to complete our tasks. I have also learnt how to communicate with my children. The relationship between my children and I has improved a lot. I promise that I would continue to teach other parents what I have learnt in the programme. I would also do my best to be a “Good” mother.

### Vice-chairperson: Mr John Szeto

My name is John. I have a 4-year-old son. Last year, we moved to a new place so that my son could have started a new school life. I promised myself then to give more time for my son.

In order to understand more about my son, I enrolled myself on the Good Parent Networking Programme organised by Against Child Abuse. In Stage one, there were ten sessions. Ms Lau led us to learn how to be a good parent. In every session, Ms Lau designed meaningful games to help parents understand each other. I learnt how to express myself and provide mutual support through the games. The group discussions provided the chance for us to share our child caring experience. The social workers shared with us their many valuable experiences, knowledge and skills in communicating with children and family members. I also learnt that different situations influenced the growth and development of children differently.

Since the programme was arranged on weekdays, all participating parents were mostly mothers except me. I was not good at presentation and seldom talked much. I was happy to meet other parents. We grew up together and I learnt the spirit of mutual support. I actively showed my concern for the others and listened to them patiently.

I have learnt much in all three stages. All of the parents were closer and our trust level increased as the course progressed. We were a good team. We keep on practising to be good parent leaders.

Lau Yin Ling  
Development and Training Manager  
Child Protection Institute



# CHILD PROTECTION INSTITUTE

## Good Couple Relationship Day Camp

On 3 April, we were invited by The Church of Christ in China Kei Wa Primary School to specially organise an activity for six pairs of parents. We designed a series of activities for the parent couples to regain their relating skills in order to re-position themselves and their children in a family with more positive relationship.

Firstly, we were grateful for the good weather on the day of the camp, filling us all with a feeling of hope. We believed that a good parent relationship would give positive and healthy influences on children's growth and development. We encouraged parents to recall the feeling of dating by using a red ribbon to connect their hands. Some of the parents frankly confessed that they forgot the last time they held their spouse's hand.

After arriving at the camp site in Sai Kung, all parents felt relaxed and comfortable. The first activity was a three-legged race. It was a special game which made the parents understand that a family started from two persons. The two needed to go through difficult moments alongside with good times. How should they face these difficulties? The game encouraged them to face difficulties. The second round was adding one more couple to each pair. The families faced much more hard times on their children's arrival. Ways in bringing up children might not align. Conflicts might occur. The last round was adding one more couple to each pair. We would like the parents to understand that not only children, but also the elderly were members of the family. They recalled that the obstacles were difficult to solve. They needed to tackle and feel the obstacles in this game. After three rounds, one of the fathers shared that he understood that the pace of the children might not be the same as parents. The conflicts between parents and children surfaced if their paces were different. To be a good parent, he said that he needed to change his view of the children's growth and development.

During lunch hour, we requested the parents to feed each other during their meals. It aimed at bringing back their memories of sweet moments. After having the meals, one of fathers shared that he understood that he had to consider the children's view and feeling before making decisions.

Before leaving the camp site, all parents shared that they enjoyed every moment of the day very much. They appreciated the game design and hoped that we could arrange more similar activities for them in future.



Lau Yin Ling  
Development and Training Manager  
Child Protection Institute

## Expressive Arts Self-healing Parent Workshop

From 13 February to 6 March, Child Protection Institute organised a 4-session Expressive Arts Self-healing Parent Workshop for The Church of Christ In China Kei Wa Primary School. The workshop aimed at soothing parents' personal stress and emotion. Parents actively involved themselves in the workshop and responded well. They shared difficulties, encouraged one another and gave mutual support. At the last session, parents were reluctant to leave. They learnt to relax and stay calm through this workshop.

Catherine Leung  
Funding and Promotion Officer



# BLESS MY HOME FOREVER VOLUNTEER HOME VISITATION PROJECT

Sponsored by the Community Chest of Hong Kong

A family and volunteer gathering was held on 22 January to celebrate Chinese New Year. In the gathering, parents, children and volunteers played games, made crafts and Chinese dumplings together. The gathering was full of joy. Parents and children felt excited especially during the lucky draw session. This gathering strengthened the interaction, cooperation and communication between parents and children. Besides, families and home visitation volunteers could share and discuss parenting issues with each other.

Alex Wong  
Social Worker



# DAYLILY PROJECT FOR YOUNG / SINGLE MOTHERS

Sponsored by the Community Chest of Hong Kong



## Sunday Fun: Movie Appreciation

The themes of Family Sharing in February were “Parents’ Relaxation Method” and “Children’s Self-discipline”. A total of 19 parents and volunteers participated. The volunteers were making cookies with the children while the parents were attending the forums.

In the second part of the gathering, we watched the movie “Moana”. Both the kids and their parents enjoyed the movie very much.

Sometimes parents may find it difficult in planning family activities. In fact, it is not complicated. Our advice is - just stay with your kids, play some simple games together, or have a movie. That is already wonderful enough!

Miona Chan  
Social Worker

# HOME VISITATION PROJECT FOR NEW ARRIVALS

Sponsored by the Keswick Foundation

We organised a 4-session of “Happy Children Group” in March 2017. Altogether, ten children participated. The objectives of the group were to let participants learn the skills to manage emotions, to cope with parent-child conflicts, and to enhance the ability of child’s self-awareness and self-care. The participants were actively involved in all the activities. From the group, they learnt the knowledge and skills through puppets, role-playing and interactive games.

Sarah Cheung  
Project Social Worker



# CHILD ABUSE TREATMENT CORNER

Sponsored by Fu Tak lam Foundation Limited

From January to March, the Child Abuse Treatment Corner organised a Stress Management Group for Parents with Depressive Features and a Batterer Intervention Therapeutic Group for Parents. Besides, Volunteer Home Visitation for Families with Newborn Babies held a volunteer training, New Parent Training Course and Positive Parenting Sharing Session.



## Stress Management Group for Parents with Depressive Features

The Child Abuse Treatment Corner organised a Stress Management Group for Parents from January to March. The group was for parents facing emotional problems when dealing with the children issues. The group aimed at helping the parents to realise the significance of stress management in parenting. Participating parents expressed that they attended one-off positive parenting talk in the past. Though the talk was fruitful and practical, they forgot what they learnt at the moment they disciplined the children with negative emotions. They would feel regret afterwards. This group helped them manage their emotions when they disciplined the children, so they could apply the positive parenting towards the children for enhancing the parent-child relationship.

## Batterer Intervention Therapeutic Group for Parents

A Parent Therapeutic Group was organised from February to March for the parents who applied corporal punishment on their children. It aimed at helping parents to understand the concept of Cognitive Behavioral Therapy and hence to use appropriate positive parenting approach on their children. The Group facilitated parents to share their parenting experience with each other. They learnt how to analyse their irrational beliefs and cultivate positive parenting attitudes. They understood that other parents also faced similar parenting problems and difficulties and this could help them release their pressure and anxiety.

## Volunteer Home Visitation Service for Families with Newborn

A 5-session volunteer training was held in February. It aimed at enhancing the volunteers' interview skills used during home visits, understanding the antenatal and postnatal emotional states of pregnant women and their coping skills, and understanding the developmental needs of newborn babies and the social resources available. Besides, a 4-session New Parent Training Course and 2-session Positive Parenting Sharing were held in March. These aimed at enhancing parenting skills of members, and helping members develop mutual help networks.

Yan Yu  
Project Social Worker

# THE CHUK YUEN FAMILY CORNER

Since February 2017, we started a new parent training program called "Grade A Class Parents Gathering". Through monthly thematic talks, parents learnt more about parenting knowledge. The topics of February and March were "How to train children to use pocket money wisely" and "Is my child addicted to mobile phone?" respectively. The responses were great and they believed that the talks could help improve their parent-child relationships.

On 18 February, 60 participants visited the Ocean Park on a sunny day. They enjoyed the rides and attractions very much. Leisure Corner also organised two workshops on 19 January and 30 March. The volunteers taught the participants how to use red pockets to make lanterns and firecrackers, and participants learnt to make Vietnam spring rolls.



Ivan Yik  
Social Worker

# THE HONG KONG JOCKEY CLUB COMMUNITY PROJECT GRANT - HEALTHY START HOME VISITING PROJECT

Sponsored by the Hong Kong Jockey Club Charities Trust

## Parents Talk cum BB Birthday Party

A parent talk and baby birthday party was organised at the hall of TWGHs Ko Teck Kin Memorial Kindergarten on 7 January. Altogether, around 70 parents, babies and children joined the function. When the parents were attending the talk, 21 of our experienced volunteers looked after their babies and taught the children of aged 4 or above to work handicraft. We were honoured to have Ms Lu Ming Sai, Supervisor of Family Life Education Unit, Yuen Long Town Hall, to share with the parents ways to equip themselves to be competent parents in the aspects of knowledge, skills, attitude and values. After the talk, a birthday party for those babies born between July and December of the year was held.



## Family Visit to Wetland Park

On 12 February, 50 families and volunteers gathered to celebrate the Year of the Rooster at the Hong Kong Wetland Park. They freely visited the park and gained knowledge on wetland ecology. After lunch, we walked around Tin Sau Bazaar to enjoy the atmosphere of Chinese New Year.

## Family Sharing cum Volunteer Award Ceremony

We held the Family Sharing cum Volunteer Award Ceremony on 4 March. Different awards were presented to the volunteers to recognise their contribution. Also, some families and volunteers shared their feelings after joining the project. Next year, we hope that our volunteers will continue to help the families in need.

Peter Ng  
Project Social Worker

# CHILD PROTECTION AND TREATMENT PROJECT - HAPPY CHILD STARTING FROM THE HOME

Sponsored by Help for Children Asia Prevent and Treat Child Abuse



This project aims at helping children to learn ways to tackle emotions, express their feelings and thoughts and regain confidence; helping parents to understand their children's developmental needs, and learn skills in positive parenting and stress management; and improving parent-child relationships.

From January to March, we organised two "Give Children the Best" Parent Groups and 51 parents participated. A "Satir Communication Stance Experiential" Group was also held. Some participating parents felt that the series of Satir model with psychodrama programs of groups and workshop helped them rebuild their parent-child relationship, and transformed their lives through therapeutic process.

## A Program Vignettes

I was blamed since my childhood. I used to think I was not important. I copied this blaming behaviour to teach my child. After joining the "Heal Old Sores Personal Growth Group", I came to realise that the way I devalued myself originated from my early childhood experiences.

For many years, I never had any feeling toward my mother. With the assistance of a group of role players, acceptance came after I re-positioned my internal conflicts with my mother. The transformation process changed my negative feelings toward my mother and turned them into positive energy.

Some of my rigid principles I had in the past adversely affected my feelings a lot. After I tried re-shaping these principles, for example changing "Human has to be strong" to "Human can be strong sometimes" or "Human can be less strong sometimes", I gained a new perspective on all things around me, including my family. I now feel much more peaceful. At present, I can start a new relationship with my parents and try to stop blaming my child.

Cherry Choy  
Project Social Worker

本人樂意幫助防止虐待兒童會 I would like to help ACA :

1.  我願意捐助 By making a donation :

|                              | 一次捐款<br>One Off<br>HK\$ | 每月捐款 Monthly<br>(由 月至 月)<br>HK\$ |   |
|------------------------------|-------------------------|----------------------------------|---|
| 現金 By Cash                   |                         |                                  |   |
| 支票<br>By Cheque              |                         |                                  | 銀行 Bank : _____<br>支票號碼 Cheque No. : _____<br>抬頭註明：防止虐待兒童會有限公司<br>Cheque made payable : Against Child Abuse Ltd.  |
| 信用卡<br>By Credit Card        |                         |                                  | Visa <input type="checkbox"/> Master <input type="checkbox"/> AE <input type="checkbox"/><br>持咭人姓名 Cardholder : _____<br>信用卡號碼 Card No. : _____<br>信用卡到期日 Expiry Date : _____<br>簽署 Signature : _____ |
| 直接存入戶口<br>Deposit to<br>Bank |                         |                                  | 本人已將款項存入防止虐待兒童會之匯豐銀行戶口<br>(號碼：480-107549-001)，並附上銀行入數紙。<br>Deposited to ACA HSBC Account (A/C no. 480-107549-001)<br>and enclosed a bank pay-in slip.   |

2.  **7-ELEVEN** 現金捐款 Cash Donation

你可透過全港 **7-ELEVEN** 以現金捐款予「防止虐待兒童會」（最低捐款額為港幣一百元）。收銀員於完成交易後會發出交易紀錄給捐款者。請保留交易紀錄，然後郵寄至「防止虐待兒童會」以便索取正式收據。（請攜同印有慈善機構條碼之宣傳物品到全港任何一間 **7-ELEVEN** 捐款。）

You can make cash donation with minimum amount of HK\$100 to Against Child Abuse via any **7-ELEVEN** in Hong Kong. The cashier will issue a transaction record for you when the transaction is completed. Please keep the transaction record and send to Against Child Abuse to request for an official donation receipt. (Please present promotional materials with barcode for donation at any **7-ELEVEN** in Hong Kong.)

捐款一百元或以上，可申請扣減稅項。Donations of HK\$100 or above is tax deductible.



3.  本人推薦防止虐待兒童會聯絡下列人士 / 公司 / 機構 By recommending ACA to contact :

| 姓名 Name | 地址 Address | 電話 Tel / 傳真 Fax / 電郵 Email |
|---------|------------|----------------------------|
|         |            |                            |
|         |            |                            |
|         |            |                            |

4.  本人願意成為防止虐待兒童會義工，並加入ACA之友。By becoming a volunteer of ACA.

本人有興趣參與以下服務 I am interested in the following services :

5.  本人申請成為防止虐待兒童會的會員。By becoming a member of ACA.

- 普通會員 Ordinary Member      每年港幣一百五十元 HK\$150 per annum
- 學生會員 Student Member      每年港幣五十元 HK\$50 per annum
- 贊助會員 Sponsor Member      每年港幣一萬元 HK\$10,000 per annum

請在適當口內加上✓號 Please tick  as appropriate

姓名 Name : (中) \_\_\_\_\_ (英) Mr/Miss/Ms \_\_\_\_\_

機構 Agency : (中) \_\_\_\_\_ (英) \_\_\_\_\_

地址 Address : \_\_\_\_\_

電話 Tel / 傳真 Fax : \_\_\_\_\_ 電郵 Email : \_\_\_\_\_