



Against Child Abuse
防止虐待兒童會



AUGUST
NEWSLETTER

2017

As a child protection agent, ACA hotline and investigation of suspected child abuse case services provide interventions such as making risk assessment, exploring family strengths and formulating follow-up plan for the child and family. Working through resistant parents and multidisciplinary collaboration in the process of handling suspected child abuse cases have always been a challenge. It has not been an easy task especially when parents are suspected to be involved in the abusive incidents. According to the Child Protection Registry, over half of the abusers are parents. Parents must learn to respect their children's rights to be protected and not to hurt them. Nevertheless, working "for the best interest of the child" should not be just lip

service. We must empower children to voice out their needs, their thoughts and their feelings. I am grateful for the dedication of our child protection staff who may feel frustrated and stressful when encountering all sorts of unexpected rejections from parents and reactions from professionals. Public education to raise awareness and ongoing training for professionals must be enhanced.

Advocacy is another important role ACA plays. In the last quarter, we continued to receive media interviews. We have submitted three position papers to the Legislative Council and the Law Commission. The first position paper was on "Hong Kong Code of Marketing of Formula Milk and Related Products, and Food

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Products for Infants and Young Children"; the second position paper was on "Children's Commission"; and the third position paper was on "Sexual Offences Involving Children and Persons with Mental Impairment". We also spoke on "Emotional Well-being of Children and Children's Commission" at the Democratic Alliance for the Betterment and Progress of Hong Kong Roundtable.

The ACA Flag Day 2017/18 was successfully held on 20 May in the New Territories Region with the support of 6,000 volunteers and the general public. We were pleased not only because the proceeds raised was record high, but also the participation and contributions of the many volunteers and people from all walks of life. My heartfelt thanks to all involved in the event. Your support is indeed encouraging and it makes all the hard work worthwhile and meaningful.

Dr Jessica Ho
Director





Summary of Major Activities for April to June 2017



April	Carnival	<ul style="list-style-type: none"> Spank Out Day Carnival and Chuk Yuen Centre Open Day on 30 April
	Home Visitation Project for New Arrivals	<ul style="list-style-type: none"> Parent-child Parallel Workshop on 23 April
May	Flag Day	<ul style="list-style-type: none"> ACA Flag Day in New Territories on 20 May
April to May	Children's Council 2017	<ul style="list-style-type: none"> First Screening of Children Councillors on 22 April Interview of Children Councillors on 29 April Training Program: Briefing and Training Workshop on 13 May
	Child Abuse Treatment Corner	<ul style="list-style-type: none"> Batterer Intervention Therapeutic Group for Parents IV (Session 8) on 5 April Children Therapeutic Group V (Sessions 1-6) on 7, 28 April, 5, 12, 19 and 26 May Volunteer Training on 22, 23, 24 and 29 May
April to June	Child Protection Institute	<ul style="list-style-type: none"> Good Couple Relationship Day Camp on 3 April Dance Movement Therapy Group for Students on 3, 10 and 24 April Expressive Arts Therapy Group on 5, 19, 26 April, 10, 24, 31 May and 7 June Good Parent Leaders' Gathering on 6 April and 29 June Music Therapy Group for Students on 6, 27 April, 4, 11 and 18 May Parental IT Talk and Workshop on 6, 11 April and 30 June Sex Education Starting from Family Talk on 8 April, 2, 16 and 17 June Positive Parenting Talk on 29 April and 16 May Identify and Handle Suspected Child Abuse Case Workshop on 2 May and 8 June Positive Parenting Workshop on 4 and 6 May Child Protection Policy Workshop on 9 and 23 May Art and Skills of Appreciation Talk on 11 May Positive Parenting without Tears Talk on 13 May and 23 June Sex Education Training Workshop for Small Group Home Parents on 15 May Frontline Professional On-the-job Training Certificate Course on Child Protection on 18 May Child Protection Workshop on 24 May and 21 June Applied Child Behavioral Analyst Certificate Course (Stage 1) on 25 and 26 May Identify Child Sexual Abuse Talk on 10 June Child Protection Rationale Talk on 20 June Child Sexual Abuse Prevention Certificate Course on 20 and 21 June
	Daylily Project for Young/Single Mothers	<ul style="list-style-type: none"> Family Sharing Forum <ol style="list-style-type: none"> Child, You are Unique on 8 April Introduction of Children Development on 8 April The Key of Children's Confidence Development on 27 May The Power of Appreciation on 27 May Creating Quality Time with Your Children on 18 June Creating Good Daily Schedule for Children on 18 June Your Children Need Affection on 24 June How to Show Love to Your Children on 24 June Volunteers' Orientation on 13 May
	Bless My Home Forever Volunteer Home Visitation Project	<ul style="list-style-type: none"> Family Sharing Forum <ol style="list-style-type: none"> Establish Parent-child Relationship by Acceptance and Respect on 8 April Enhance Sense of Security and Self-worth of Children on 8 April Sincerity and Appreciation on 27 May Explore Strengths of Children to Enhance Their Self-confidence on 27 May Parent-child Time with Quality on 18 June Parent-child Activities on 18 June Express Love for Children in Words on 24 June Express Love for Children in Deeds on 24 June Volunteer Training on 13 May
	Good Parents' Networking Project	<ul style="list-style-type: none"> Parent-child Activities <ol style="list-style-type: none"> Story Telling Group on 1 April Easter Party on 8 April Creative Collage Painting on 22 April Special Activity for Mother's Day on 13 May



Summary of Major Activities for April to June 2017



April to June	Good Parents' Networking Project	<ul style="list-style-type: none"> 5. Laughter Yoga Experience Day on 3 June 6. Special Activity for Father's Day on 17 June 7. Parent-child Outing on 24 June • Good Parent Leaders' Gathering on 6 April and 29 June • Leisure Corner <ol style="list-style-type: none"> 1. Starry Kitchen on 7 April, 19 May and 23 June 2. Parent Handcrafts Workshop on 21 April, 8 May and 9 June • Good Parents' Networking Training Course (Stage 2) on 11, 25 April, 9 and 16 May • Good Parents' Networking Training Course (Stage 3) on 23 May, 2, 6, 13, 23 and 27 June
	Child Protection and Treatment Project - Happy Child Starting from the Home	<ul style="list-style-type: none"> • Happy Education Activities for Parent <ol style="list-style-type: none"> 1. Being Good to Yourself - Laughter Yoga Experience Day on 13 April 2. Being Good to Yourself - Happiness and Stress Release on 20 April 3. Being Good to Yourself - Mindfulness and Dance Movement Experience Day on 11 May 4. Building Relationship with Love Workshop on 25 May 5. Being Good to Yourself - Eat Slowly and Healthily Experience Day on 15 June 6. Understand Children's Inner World Workshop on 30 June • Parent-child Activities <ol style="list-style-type: none"> 1. Outing to Noah's Ark on 23 April 2. Mother's Day Activity on 29 April • Give Children the Best Group for Parents - Finding Strength Relaxation Group on 15, 22, 29 May and 5 June • Play Therapy (9 Sessions) on 6, 12 April, 27, 29 May, 2, 9, 23, 27 and 29 June
	Chuk Yuen Centre Family Corner	<ul style="list-style-type: none"> • Parents' Gathering on 11 May and 8 June • Summer Parent-child Day Camp on 18 June • Family Outing to Ocean Park on 24 June
	Tuen Mun Centre Family Corner	<ul style="list-style-type: none"> • Leisure Corner - Handicraft and Cooking Activities on 11, 18 April, 9, 16 May, 13 and 20 June • Emotion Management Group for Parents on 26 April, 10, 17, 24, 31 May and 7 June • Volunteers' Retreat Day on 1 June • Annual Members' Meeting on 22 June
May to June	Healthy Start Home Visiting Project	<ul style="list-style-type: none"> • Breastfeeding and Baby-caring Skills Parent Talk on 12 May • Volunteer Training Course on 26 May, 2, 9, 16 and 23 June • Family Gathering on Father's Day on 18 June
	Joyful Kids Group	<ul style="list-style-type: none"> • Orientation Meeting on 13 May • Group Meeting and Training: Understanding Children's Rights on 24 June
	Parent-child Support Line	<ul style="list-style-type: none"> • Promotion Campaign: Bus Body Advertising on First Bus and City Bus from 2 to 29 May • Advertising at Hong Kong Commercial Broadcasting Co. Ltd. from 12 to 16 June



Forthcoming Events for July to September 2017



July to August	Child Protection Institute	<ul style="list-style-type: none"> • Positive Parenting without Tears Talk on 4 July • Child Protection Policy Workshop on 4 July and 14 August • Frontline Professional On-the-job Training Certificate Course on Child Protection on 17 July • Child Protection Rationale Talk on 18 July • Applied Child Behavioral Analyst Certificate Course (Stage 2) on 19 and 20 July • Identification and Impact of Child Sexual Abuse Talk on 19 August
	Daylily Project for Young/Single Mothers	<ul style="list-style-type: none"> • Volunteer Training (Advanced Training): 6A Positive Parenting on 8 July • Family Sharing Forum <ol style="list-style-type: none"> 1. Cultivating Children's Responsibility on 23 August 2. Parents' Authority on 23 August



Forthcoming Events for July to September 2017



July to August	Joyful Kids Group	<ul style="list-style-type: none"> Group Meeting and Training <ol style="list-style-type: none"> Understanding Children's Rights on 22 July Voice of Children - Children's Rights Research Programme on 17, 23 and 26 August Joyful Kids Day Camp 2017 on 11 August
	Good Parents' Networking Project	<ul style="list-style-type: none"> Leisure Corner <ol style="list-style-type: none"> Starry Kitchen on 7 July Parent Handcrafts Workshop on 11 and 14 July Parent-child Activities <ol style="list-style-type: none"> Perler Beads Key Chain Workshop on 8 July Funny Balloon Workshop on 22 July Story Sharing Time on 25 July, 1, 8 and 15 August Joyful Board Game on 4, 11, 18 and 25 August Happy Kitchen on 5 August Cloth Shoes Decoupage DIY on 11 August Summer Fun Fun Party on 19 August Surprise Gift Box Workshop on 25 August
July to September	Children Council 2017	<ul style="list-style-type: none"> Training Program <ol style="list-style-type: none"> Workshop on 8 and 15 July Training Camp on 26 and 27 July Motion Discussion on 5, 9, 19, 23, 30 August and 23 September Legislative Council Educational Tour and Training Program on 18 August Rehearsal of Children's Council Meeting on 16 September
	Bless My Home Forever Volunteer Home Visitation Project	<ul style="list-style-type: none"> Volunteer Training (Advanced level): 6A Character Education on 8 July Family Sharing Forum <ol style="list-style-type: none"> Children's Responsibility Training on 23 August Establish Authority with Love on 23 August Community Education: Positive Parenting Skills on 5 September
	Child Abuse Treatment Corner	<ul style="list-style-type: none"> Volunteer Training on 15, 29 July, 12 and 26 August Batterer Intervention Therapeutic Group for Parents V (Social Worker Pre-group Interview) in mid-September
	Healthy Start Home Visiting Project	<ul style="list-style-type: none"> Parent-child Adventure Day on 8 July Parent Talk cum Birthday Party on 19 August Good Parents Training Course on 8, 15, 22 and 29 September Volunteer Sharing: Accompanying Families with Special Needs on 27 September
	Child Protection and Treatment Project - Happy Child Starting from the Home	<ul style="list-style-type: none"> Happy Education Activities for Parent <ol style="list-style-type: none"> Satir Model - How can I Get Along Well with My Child on 5 July Being Good to Yourself - Walk Slowly and Healthily Experience Day on 7 September Myths of Teaching Children on 18 September Child Development Class <ol style="list-style-type: none"> Creative Arts Children Group on 24, 31 July, 7 and 14 August Happy Emotions Children Group on 27 July, 3, 10 and 17 August Play Therapy (8 Sessions)
	Chuk Yuen Centre Family Corner	<ul style="list-style-type: none"> Family Corner Committee Gathering on 4 July and 5 September Parent Gathering on 14 July, 30 August and 19 September Good Parent Training (Stage 1) on 20 and 27 September Bus Tour on 30 September
	Tuen Mun Centre Family Corner	<ul style="list-style-type: none"> Parent-child Handicraft and Cooking Activities on 17 and 21 July Family Outing to Holiday Farm on 23 July Leisure Corner - Handicraft and Cooking Activities on 12 and 19 September
	Parent-child Support Line	<ul style="list-style-type: none"> Advertising at Hong Kong Commercial Broadcasting Co. Ltd. from 17 to 21 July Promotion Campaign: Bus Body and Seatback Advertising on KMB from 25 August to 21 September

ACA Flag Day in New Territories Region 2017



Against Child Abuse (ACA) was established in 1979 as a non-governmental organisation specialising in child protection work. We strive to eliminate all forms of child abuse, to cultivate a nurturing, caring and non-violent environment for the optimal growth of children and to implement measures in defending children's rights. Due to resource constraints, we have to raise funds to support our quality child protection services. We were given permission by the Social Welfare Department to hold a Regional Flag Day in the New Territories on 20 May (Saturday). The message of child protection was conveyed to the public through the publicity and recruitment activities conducted on ACA Flag Day.



We recruited over 6,000 volunteers including adult and children to help us on that day. All volunteers worked hard and the result was very encouraging. Moreover, we are thankful for the support provided by some Government Departments and other corporations such as Hong Kong Housing Authority, The Hongkong and Shanghai Banking Corporation Limited, DBS Bank (Hong Kong) Limited, MTR Corporation, Hong Kong Girl Guides Association and Road Show. Of course we should not forget the many donors who supported us through their generous donation. The amount raised would help us sustain our quality service in our child protection work.

Catherine Leung
Funding and Promotion Officer

Children's Council 2017

Sponsored by the Children's Rights Education Funding Scheme



Against Child Abuse and Hong Kong Committee on Children's Rights have jointly formed a Coordinating Committee to raise public awareness on the United Nations Convention on the Rights of the Child and to promote children's rights in Hong Kong.

This year, with the pledged support of the Children's Rights Education Funding Scheme, we have launched the Children's Council 2017 project. From May to October, a series of training on children's rights will be provided to the new children councilors.

Lee Yu Po
Service Manager (Chuk Yuen Centre)

Parent-child Support Line

Collaborative partner: Save the Children Hong Kong

This year marks the fifth year since our Parent-child Support Line extended its service hour to 9pm (Monday to Friday). Through the hotline service, the public could report suspected child abuse cases and professionals could seek information on the handling of child abuse cases. We also aim at enhancing the public awareness of seeking support and help, listening to the difficulties of parents or caregivers, providing professional advice on child management to parents and emotional support to children.

In May, we publicised the importance of seeking support in face of difficulties on bodies of buses of Citybus / New World First Bus. We encouraged parents and children in need of support to contact us through our hotline.



Parent-child Support Line: 2755 1122

Service: 9:00a.m. - 9:00p.m. (Monday to Friday)
9:00a.m. - 1:00p.m. (Saturday)



Yvonne Wai
Project Officer

Bless My Home Forever Volunteer Home Visitation Project

Sponsored by the Community Chest of Hong Kong

Home visitation conducted by volunteers plays an important role in this project. It serves as a platform for volunteers to share positive parenting and child safety information with parents, and at the same time, render emotional support for the families. Thus, participation of volunteer is a major element in bringing success to this project. The followings were the sharings of some volunteers.



During home visits, the most important thing is to be sincere. Mutual trust can be established between families and volunteers gradually when families sense the caring from volunteers. Most families served by this project are underprivileged families. To them, happiness can be as simple as knowing that somebody really cares. Once they feel that the volunteers are there for them, they feel happy.

Brother Yeung

At the beginning, I was worried whether I could establish a good relationship with the families and children. Gradually I realised that if I treated them sincerely, they would also be sincere to me. For the children, they enjoyed the company of the volunteers. Thus, regular home visits were critical in enhancing our relationship. At the same time, by putting myself in their shoes, I understood more about the needs of these families.

I gained much more than I imagined in the project. First of all, I established friendship with other volunteers. Besides, I was really touched by seeing how enthusiastic and sincere the families were. In every home visit, knowing children felt excited when they saw us and looked forward to sharing their toys with us; seeing parents' pleasant facial expression and feeling being trusted were my greatest gift. Moreover, it also gave me a chance to reflect my attitude towards my family and made me cherish my family more.

Sister Kazuko



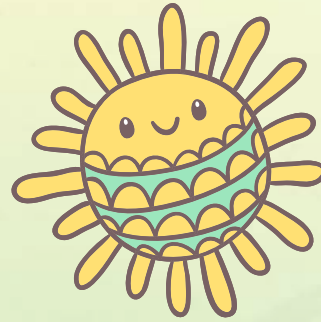
At the beginning of home visit, the child was eager and active; we spent some time to get used to it, and eventually taught him how to get along with others properly. When we knew that the family could move from the partitioned flats to the public housing, we felt happy for them as their living environment could be improved. We helped them settle in their new home by transporting furniture and painting the wall of their new home. Our relationship has gradually transformed from volunteers and family to friends. In the process of home visit, I understood that "haste will lead to

failure". A good relationship should be established step by step with love and empathy. Now, seeing that the child has become more mature and sensible; we know that our effort pays off.

Brother Jimmy

Alex Wong
Social Worker

Child Protection Institute



Music Therapy Group for Students

We were invited by CCC Kei Wa Primary School to deliver a 10-session Music Therapy Group for its students. Our social worker and the music therapist made use of singing, dancing and different musical instruments to lead the students to learn how to manage their emotions, how to communicate with other group members, and how to express their feelings, ideas and thoughts. At the beginning, a few members stated that they did not like to play the music or musical instruments. Gradually, after the ten- sessions, they had good progress. For example, at the beginning, one of the members seemed to be very naughty. However, towards the end, it was observed that he was full of sense of justice and was very helpful to other group members. Another group member was very passive at the beginning. He tuned in the group well after continuous encouragement from group mates. He was also willing to express his ideas and thoughts. It was also observed that he had the ability of leadership. To conclude, the group members cared for other members and supported each other. To them, music was not only good for relaxing, it was also a good channel for them to express their feelings.

Lau Yin Ling
Development and Training Manager
Child Protection Institute



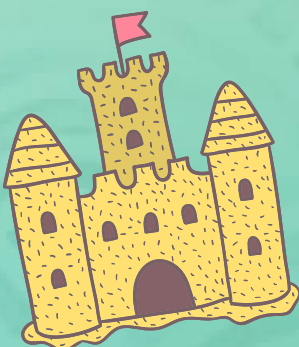
Dance Movement Therapy Group for Students

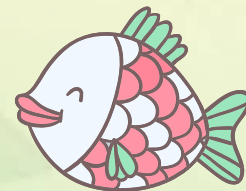
Child Protection Institute delivered a 5-session Dance Movement Therapy Group in CCC Kei Wa Primary School (Kowloon Tong) in March and April. Our dance movement therapist designed different movements and games in order to raise participants' concentration, creativity, social communication ability and self-confidence. Students fully demonstrated their creativity and totally enjoyed all activities of the group.

Our objective was to help the students express themselves in the group, regardless of their strength or

character. All of them were different - some were very active, others were shy; some were good leaders while others were very independent. After five sessions, all of them were unwilling to leave because they treasured the chance they had in sharing their ideas with others. They hoped that we would organise similar groups for them next year.

Lau Yin Ling
Development and Training Manager
Child Protection Institute





Child Protection Institute

Expressive Arts Therapy Group

We were invited to deliver a 10-session Expressive Arts Therapy Group in St. Matthew's Lutheran School (Sau Mau Ping). The group used creative art work, games and videos to let students learn to understand their own emotions and the method of expressing their emotions. At first, most of them were weak in expressing their own feelings. After the ten sessions, it was glad to see that most of them improved much in self-control. Some of them learned how to consider the feelings of others. Some of them were able to take care of the others well. We hoped that they could apply what they learned in the group in their daily lives especially in parent-child relationship and their relationship with others.

Lau Yin Ling
Development and Training Manager
Child Protection Institute



Daylily Project for Young/Single Mothers

Sponsored by the Community Chest of Hong Kong



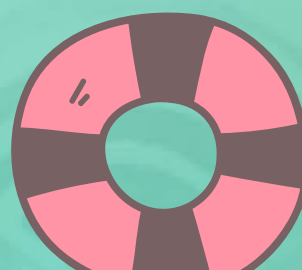
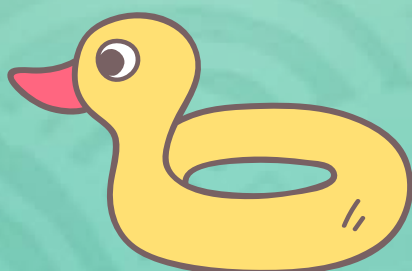
Happy Birthday All of You!

This project organised a birthday party in Kowloon Bay McDonald's on 27 May to celebrate birthday of children of this project. Few participants had the opportunity to have a birthday party owing to the lack of time or economical difficulties. Thus, this birthday party was meaningful for them.

During the party, all participants had great fun in playing group games. In one of the games, the players were required to have body interaction with their partners, who were their family members.

Most of them followed the instructions embarrassingly at first. On warming up, they interacted well and progress of the game became much smoother. This shows that no matter how big your child is, periodic demonstration of affection and support is helpful in order to keep a healthy parent-child relationship.

Miona Chan
Project Social Worker



The Hong Kong Jockey Club Community Project Grant - Healthy Start Home Visiting Project



Sponsored by the Hong Kong Jockey Club Charities Trust

Parent Talk on Breastfeeding and Baby-caring Skills

On 12 May, Mrs Shum and Ms Liu, members of Love Our Babies were invited to give a parent talk on breastfeeding and baby-caring skills. Altogether, 27 participants, including mothers-to-be and volunteers, attended. Mrs Shum and Ms Liu shared their knowledge and experience on breastfeeding. They also prepared some baby dolls to demonstrate skills in caring new-born babies. Participants had a lot of interaction and found the talk fruitful.



Volunteer Training Course

A 5-session volunteer training course was held in May and June. The training course aimed at equipping volunteers with home visitation knowledge and skills before providing service to the families. The course covered "Project introduction and roles of volunteers", "Overview of child protection in Hong Kong", "Home visitation and interviewing skills", "Understanding prenatal and postpartum emotions" and "Introduction of community resources". Our social workers were responsible for three sessions. The remaining two sessions were led by Mr Tsui, a psychiatric nurse at ICCMW, who shared with participants prenatal and postpartum emotions and mental health support, and Ms Li from Yan Oi Tong, who introduced to participants community resources. There are around 20 participants in each session and they were actively involved.

Family Gathering for Father's Day

On 18 June, we organised a family activity to celebrate Father's Day. Altogether, 32 parents and children participated. The activity was held in YMCA Wu Kwai Sha Youth Village. Although the participants were not able to enjoy some of the camp facilities because of the rain, the social workers prepared some family games, a short parent talk on "How to be a modern good father", and a session for children to make Father's Day cards personally. Finally, the social workers gave every father a gift and took a family photo, leaving every participant a happy and unforgettable memory.

Jenny Tu
Project Social Worker

Home Visitation Project for New Arrivals

Sponsored by the Keswick Foundation

On 23 April, we held a Parent-child Parallel Workshop to share knowledge and skills on managing parent-child conflicts. The objectives of the workshop were to let participants, both parents and children, learn the skills of positive communication and ways of expressing emotions when facing parent-child conflicts and stresses. A total number of 55 family members participated.



The participants felt that the workshop had provided them great fun. They were particularly impressed by the role play session, in which parents and children switched roles, allowing each party to understand and feel emotions of the other party to reduce the chance of possible conflicts from happening. They felt that the workshop provided them a platform to learn how to handle parent-child conflicts.

Vicky Chan
Project Social Worker

Child Abuse Treatment Corner

Sponsored by Fu Tak Iam Foundation Limited

Children Therapeutic Group

We organised a 6-session Children Therapeutic Group from April to May. It aimed at improving the social and communication skills of the children, and encouraging them to express their emotions. Through various ways of expression such as drawings, clay playing and case studies, the children were aware of their emotions and learned adaptive ways to express those emotions. The group provided a safe environment for the children to share their thoughts and feelings freely in order to enhance their self-esteem and learn to appreciate themselves. The children enjoyed the group and they participated the group activities actively.



Volunteer Home Visitation Service for Families with Newborn

A 5-session volunteer training was held in May. It aimed at enhancing the volunteers' interviewing skills for home visits, understanding the emotional states of antenatal and postnatal parents and related coping skills, and understanding the developmental needs of the newborn babies and the social resources.

Manki Wong
Project Social Worker



Chuk Yuen Family Corner

Two outings were held in June, including Summer Parent-child Day Camp and Family Outing to Ocean Park. Summer Parent-child Day Camp was held in Wu Kai Sha campsite. Participants could enjoy different campsite facilities, games, dessert class and paper flower class. Many participants said they seldom had family gatherings. They were so delighted when children presented the handmade paper flower to them. Summer Parent-child Day Camp allowed participants to relax and have mutual support. Apart from Summer Parent-child Day Camp, Family Outing to Ocean Park was another attractive outing activity. Participants could enjoy both taking thrill rides and meeting with animals. It was a joyful day for the participating families.

Phoebe Chan
Social Worker

Tuen Mun Centre Family Corner

Emotion Management Parent Group

We organised a 6-session Emotion Management Parent Group from 26 April to 7 June. Based on Cognitive Behavioral Therapy Theory, our worker led the participants to understand the relationship among thoughts, emotions and behaviours. Also, the participants learned the five strategies to get rid of automatic thoughts. The group helped the parents raise their physical awareness on strong emotions and build up adaptive thinking.



Volunteers' Retreat Day

On 1 June, we held a Volunteer Retreat Day. In the morning session, the volunteers participated in some team-building activities to improve their cooperation skills. Also, the worker shared the theory of team roles and let the volunteers have better understanding on their team roles and contribution in the volunteer group. In the afternoon, we went to barbecue in Castle Peak Bay. It enhanced the mutual understanding among the volunteers.

Peter Ng
Project Social Worker



Good Parents' Networking Project

Collaborative partner: Save the Children Hong Kong



Leisure Corner

In April to June, we held regular parent activities. Our parent volunteers taught other parents cooking skills such as preparing Swiss Rolls and Japanese Cheese Balls, and other handicraft skills such as making stocking flowers. Besides, on the Mother's and Father's day in May and June respectively, children designed special gifts for their mothers and fathers to express their love.

Good Parents' Networking Training Course

The parents in Kwai Chung Centre completed stages 2 and 3 of the "Good Parents' Networking" training course. It built up a close and trustworthy relationship among the parent leaders. They were encouraged to share the knowledge and skills they learned through conducting sharing sessions and cooking classes in order to benefit more parents and build a community mutual aid network.

Haidee Hung
Project Social Worker

Child Protection and Treatment Project - Happy Child Starting from the Home

Sponsored by Help for children Asia Prevent and Treat Child Abuse

This project aims at helping children to learn ways to tackle emotions, express their feelings and thoughts and regain confidence; helping parents to understand their children's developmental needs, and learn skills in positive parenting and stress management; and improving parent-child relationships.

From April to June, we organised six "Happy Education Activities for Parent", two Parent-child Activities and one "Give Children the Best Group for Parents", for a total of 75, 77 and 24 parents respectively. Participating parents felt that they could release their excessive tension. The relaxation skills they learned helped them treat themselves nicely and stop blaming their children.



A Program Vignette

I used to suppress problems as I believed acting strong was the best way in dealing with problems. Through joining Against Child Abuse's workshops "Building Relationship with Love Workshop" and "Being Good to Yourself-Eating Slowly and Healthily Experience Day", etc., I started a new relationship with my daughter.

I met a mother who was in a similar situation as I in a workshop I joined. The project social worker, Ms Choy, used role-playing to help her and she acted as the main character. Role reversal technique helped her re-experience her inner needs, desire, anger, fear and contradiction in order to rebuild her parent-child relationship. Playing as the eldest daughter of this mother also helped me heal my old wounds. Then I determined to change myself.

I used to use violence and blamed my daughter. And she became emotional and cried constantly. At times, she even tried to hit herself. I thought she had autism. Now I realised that my emotion directly affected her growth. I am now able to accept my emotions and face my problems. I have better communication with my daughter now and treat her with love and forgiveness. We live happily together every day.

Cherry Choy
Project Social Worker



本人樂意幫助防止虐待兒童會 I would like to help ACA：

請在適當口內加上✓號 Please tick ☐ as appropriate

1. ☐ 我願意捐助 By making a donation：

	一次捐款 One Off HK\$	每月捐款 Monthly (由 月至 月) (from to) HK\$	
現金 By Cash			
支票 By Cheque			銀行 Bank： 支票號碼 Cheque No.： 抬頭註明：防止虐待兒童會有限公司 Cheque made payable：Against Child Abuse Ltd.
信用卡 By Credit Card			Visa <input type="checkbox"/> Master <input type="checkbox"/> AE <input type="checkbox"/> 持咭人姓名 Cardholder： 信用卡號碼 Card No.： 信用卡到期日 Expiry Date： 簽署 Signature：
直接存入 戶口 Deposit to Bank			本人已將款項存入防止虐待兒童會之匯豐銀行戶口 (號碼：480-107549-001)，並附上銀行入數紙。 Deposited to ACA HSBC Account (A/C no. 480-107549-001) and enclosed a bank pay-in slip.

是否需要捐款收據？ Do you request an official donation receipt?

☐ 是 Yes 收據抬頭 Name of receipt: _____

☐ 否 No

捐款港幣一百元或以上，可申請扣減稅項。Donations of HK\$100 or above is tax deductible.

2. ☐ 本人推薦防止虐待兒童會聯絡下列人士 / 公司 / 機構 By recommending ACA to contact：

姓名 Name	地址 Address	電話 Tel / 傳真 Fax / 電郵 Email

3. ☐ 本人願意成為防止虐待兒童會義工，並加入ACA之友。By becoming a volunteer of ACA.

本人有興趣參與以下服務 I am interested in the following services：

4. ☐ 本人申請成為防止虐待兒童會的會員。By becoming a member of ACA.

- ☐ 普通會員 Ordinary Member 每年港幣一百五十元 HK\$150 per annum
☐ 學生會員 Student Member 每年港幣五十元 HK\$50 per annum
☐ 贊助會員 Sponsor Member 每年港幣一萬元 HK\$10,000 per annum

姓名 Name：(中) _____ 先生/小姐/女士 (英) Mr/Miss/Ms _____

機構 Agency (如適用 if applicable)：_____

地址 Address：_____

電郵 Email：_____

電話 Tel：_____ 傳真 Fax：_____