



In Remembrance of Former Director, Dr Jessica Ho 1959-2017

It is not easy to hide our sadness in this difficult moment upon Jessica's departure. She joined Against Child Abuse 23 years ago in 1994, the year when UNCRC was extended to Hong Kong. In 2011, Jessica took up the Directorship.

Jessica earned a Doctor of Philosophy degree at The University of Hong Kong, Department of Social Work and Social Administration, with a thesis titled "An exploratory study on the breaking of the cycle of intergenerational transmission of abuse." She also earned a Postgraduate Diploma in Social Work at the Chinese University of Hong Kong, and a Master of Arts in Religious Education by Fordham University in New York, USA. After taking up missionary work in Africa then local pastoral work, she committed herself in social work for the rest of her career.

Throughout the years, Jessica contributed to the advance of child protection work and child welfare in Hong Kong. She was a seasoned practitioner and a skilful teacher. Besides speaking in many major international and local conferences, she had authored many academic papers in acclaimed journals. She was a passionate child advocate commenting readily on current child protection issues and guiding the



public to appreciate the needs of children.

Under her leadership, Against Child Abuse has evolved to become an open and collegial agency. She went through testing times helping ACA to expand its service scope to benefit children and families. She was a superb director who

provided outstanding leadership and inspiration to everyone in the agency. Her dedication and professionalism in work were exemplary, often beyond the call of duty.

The disease that took her life came quickly but she fought it in good spirit. In the last moments, her strength in meeting challenges had gone beyond managing her own self to comforting others who were concerned with her condition. Perhaps it is a little easier to learn from Jessica who said she had accomplished most of her mission on earth and that she had in her mind courage and peace. Jessica, our dear friend, you will be remembered as a part of the Agency. To honour your contribution, Against Child Abuse will establish "Dr Jessica Ho Child Protection Memorial Fund" to advance child protection work in Hong Kong. We will continue our mission with no less impetus. May you rest in peace.

Against Child Abuse

Head Office: 13/F, Corn Yan Centre, 3 Jupiter Street, North Point, Hong Kong Tel: (852) 3542 5722 Fax: (852) 3542 5709 E-mail: aca@aca.org.hk
Chuk Yuen Centre: 107-108, G/F, Wai Yuen House, Chuk Yuen (North) Estate, Wong Tai Sin, Kowloon, Hong Kong Tel: (852) 2351 6060 Fax: (852) 2752 8483
Tuen Mun Centre: 407-409, Ting Cheung House, On Ting Estate, Tuen Mun, New Territories, Hong Kong Tel: (852) 2450 2244 Fax: (852) 2457 3782
Kwai Chung Centre: Flat A, 2/F, TLP132, Nos. 132-134 Tai Lin Pai Road, Kwai Chung, New Territories, Hong Kong Tel: (852) 2915 0607 Fax: (852) 2915 0788





Quarterly Events

During the summer holiday, the Against Child Abuse (ACA) arranged a series of activities for parents and children. They included a day camp to experience nature, a workshop on Perler Beads, a children's play session to welcome summer, a gathering on story-telling, a balloon twisting class, a summer fun party, a parent-child kitchen and IFC Sketch Town, etc. The purpose of these activities was not only for leisure but also for enlightening children's imagination and creativity. The most important thing was to facilitate parent-child communication and build harmonious family relationship. Also, parents could learn knowledge and skills in positive parenting.

We strive to promote a caring and non-violent environment for the optimal growth and development of children. Apart from remedial services, we organise many preventive projects, especially volunteer home visitation projects to

address the needs of different target groups. The ultimate goal of these projects is prevention of child abuse. The success of project implementation depends on the efforts of volunteers. To recognise their contribution, we held the Volunteer Award Presentation Ceremony with the theme of "Walk with Love" on 10 September. Our Chairperson, Dr Patrick Cheung and Honorary Secretary, Dr Lee Man Yuk Ching also participated in the ceremony as our officiating guests. In the volunteer sharing session, the representatives of volunteers shared their stories and aspirations of helping others that were indeed impressive.

Children are pillars of our future society. The policy direction of the Chief Executive will have profound impacts on the development of children. During the Chief Executive election, we sent a letter to all the Chief Executive candidates to urge the government to set up a Children Commission to deal with





matters related children. Mrs Carrie Lam undertook to consider establishing a Children Commission in her platform. Prior to the October Policy Address, we sent a letter to the office of Chief Executive for the establishment of an independent Children Commission in Hong Kong on 18 September.

Children's voice is very important. Since 2000, ACA and the Hong Kong Committee on Children's Rights have jointly formed a Coordinating Committee for Children's Council to raise public awareness on the United Nations Convention on the Rights of the Child and to promote children's rights in Hong Kong with the sponsorship of the HKSAR Government. This year, with the support of the Constitutional and Mainland Affairs Bureau, the Children's Council 2017 Project is launched. The Children's Council Meeting was held at the Legislative Council Complex on 14 October to raise and discuss three motions: supporting children's

diversified development; amending the operation of the whole-day schools guidelines and enforcing the implementation at primary schools; implementing sex education in primary and secondary schools as part of the standard school curriculum. This project enables children to express their views on matters that affect them.

The ACA Child Protection Institute will organise the "Sharing Forum: Children under Care of Substance Abusing Carers - Hidden Harm and Possible Solutions" on 24 November. We are pleased to have invited several experts to be the speakers. We look forward to your participation to explore the possible solutions for the better protection of our children.

Donna Wong
Acting Director



SUMMARY OF MAJOR ACTIVITIES FOR JULY TO SEPTEMBER 2017



| | | |
|---------------------------------|--|--|
| <p>July to August</p> | <p>Daylily Project for Young/ Single Mothers</p> | <ul style="list-style-type: none"> • Volunteer Training <ol style="list-style-type: none"> 1. Volunteer Orientation on 15 July 2. Advanced Training - 6A Positive Parenting on 15 July • Family Sharing Forum <ol style="list-style-type: none"> 1. Cultivating Children's Responsibility on 22 August 2. Building Authority in Parenting on 22 August |
| <p>July to September</p> | <p>Children Council 2017</p> | <ul style="list-style-type: none"> • Training Program <ol style="list-style-type: none"> 1. Workshop on 8 and 15 July 2. Training Camp on 26 and 27 July • Motion Discussion on 5, 9, 19, 30 August and 23 September • Legislative Council Complex Tour and Training Programme on 18 August • Rehearsal of Children's Council Meeting on 16 September |
| | <p>Child Protection Institute</p> | <ul style="list-style-type: none"> • Positive Parenting without Tears Talk on 4 July • Child Protection Policy Workshop on 4 July and 14 August • Frontline Professional On-the-job Training Certificate Course on Child Protection on 17 July • Child Protection Rationale Talk on 18 July • Applied Child Behavioural Analyst Certificate Course (Stage 2) on 19 and 20 July • SCHK x Peppa Pig Family Carnival on 22, 29 and 30 July • Identification and Impact of Child Sexual Abuse Talk on 19 August • Child Protection and Supporting Services for Abused Children and Families Workshop on 31 August • Applied Child Behavioural Analyst Certificate Course (Stage 3) on 7 and 12 September • Parent Support Talk - Self-Discipline and Emotion on 9 September • Parent Support Talk - Attention and Social Skill on 9 September • Child, Youth and Parent Sex Education Workshop on 20 September • Expressive Arts Therapy Group on 21 and 28 September |
| | <p>Bless My Home Forever Volunteer Home Visitation Project</p> | <ul style="list-style-type: none"> • Volunteer Training <ol style="list-style-type: none"> 1. Volunteer Orientation on 15 July 2. Advanced Level - 6A Character Education on 15 July 3. Volunteer Sharing and Gathering on 26 August • Family Sharing Forum <ol style="list-style-type: none"> 1. Children's Responsibility Training on 22 August 2. Establish Authority with Love on 22 August • Volunteer and Family Outing - Visit Hong Kong Science Museum on 2 September |
| | <p>Child Abuse Treatment Corner</p> | <ul style="list-style-type: none"> • Volunteer Training on 21, 28 July and 22 August • Promotion of Antenatal Talk in United Christian Hospital on 12 August • Promotion Booth <ol style="list-style-type: none"> 1. Lam Tin on 18 August 2. Chuk Yuen on 8 September • New Parent Training Course and Positive Program Sharing Session on 15 and 22 September |
| | <p>Healthy Start Home Visiting Project</p> | <ul style="list-style-type: none"> • Parent-child Adventure Day on 8 July • Parent Talk cum Birthday Party on 19 August • Good Parents Training Course on 8, 15, 22 and 29 September • Volunteer Sharing on 27 September |
| | <p>Joyful Kids Group</p> | <ul style="list-style-type: none"> • Group Meeting and Training <ol style="list-style-type: none"> 1. Understanding Children's Rights on 22 July 2. Voice of Children - Children's Rights Research Programme on 17, 26 August and 23 September • Joyful Kids Day Camp 2017 on 11 August • Group Leader Training on 17 August |
| | <p>Home Visitation Project for New Arrivals</p> | <ul style="list-style-type: none"> • Promotion Booth <ol style="list-style-type: none"> 1. On Tat Estate in Kwun Tong on 26 July 2. Un Chau Estate in Cheung Sha Wan on 8 August 3. Ping Tin Estate in Lam Tin on 18 August • Volunteer Training on 12, 15 and 19 September |
| | <p>Good Parents' Networking Project</p> | <ul style="list-style-type: none"> • Leisure Corner <ol style="list-style-type: none"> 1. Starry Kitchen on 7 July and 22 September 2. Parent Handcrafts Workshop on 11 July and 15 September • Parent-child Activities |

SUMMARY OF MAJOR ACTIVITIES FOR JULY TO SEPTEMBER 2017



| | | |
|--------------------------|---|---|
| July to September | Good Parents' Networking Project | <ol style="list-style-type: none"> 1. Perler Beads Key Chain Workshop on 8 July 2. Playful Children Summer Party on 8 July 3. IFC Sketch Town Activity on 10 July 4. Funny Balloon Workshop on 15 July 5. Story Sharing Time on 26 July, 2, 9 and 16 August 6. Joyful Board Game on 4, 11, 18 and 25 August 7. Happy Kitchen on 5 August 8. Dodgebee Experience Day on 10 August 9. Cloth Shoes Decoupage DIY on 11 August 10. Summer Fun Fun Party on 19 August 11. Surprise Gift Box Workshop on 25 August 12. Recycle Bag Design DIY on 16 September 13. Story Sharing and Board Game Time on 30 September |
| | Child Protection and Treatment Project - Happy Child Starting from the Home | <ul style="list-style-type: none"> • Happy Education Activities for Parent <ol style="list-style-type: none"> 1. Satir Model - How can I Get Along Well with My Child on 5 July 2. Being Good to Yourself – Parent Relaxation Experiential Day on 15 August 3. Being Good to Yourself – Walk Slowly and Healthily Experience Day on 7 September • Child Development Class <ol style="list-style-type: none"> 1. Creative Arts Children Group on 24, 31 July, 7 and 14 August 2. Happy Emotions Children Group on 27 July, 3, 10 and 17 August • Play Therapy (4 Sessions) • Parent-child Play Session (5 Sessions) |
| | Chuk Yuen Centre Family Corner | <ul style="list-style-type: none"> • Committee Gathering on 4 July, 7 and 28 September • Goodbye Summer Holiday Parent-child Activity on 30 August • Good Parent Education Programme (Stage 1) on 26 September • Bus Tour on 30 September |
| | Tuen Mun Centre Family Corner | <ul style="list-style-type: none"> • Parent-child Handicraft and Cooking Activities on 17 and 21 July • Family Outing to Holiday Farm on 23 July • Say Goodbye to Summer Holiday Party on 25 August • Leisure Corner - Handicraft and Cooking Activities on 12 and 19 September • Sex Education Parent Sharing Sessions on 14, 21 and 28 September • Volunteer Gathering - Mooncakes DIY on 27 September |
| | Parent-child Support Line | <ul style="list-style-type: none"> • Advertising at Hong Kong Commercial Broadcasting Co. Ltd. from 17 to 21 July • Promotion Campaign: Bus Body and Seatback Advertising on KMB from 28 August to 24 September • "Listen to Children's Voice" Case Book Cover Design Competition in September |
| August | Kids' Dream | <ul style="list-style-type: none"> • Retreat Camp on 24 and 25 August |

FORTHCOMING EVENTS FOR OCTOBER TO DECEMBER 2017



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|----------------------------|--|---|
| October | Children Council 2017 | <ul style="list-style-type: none"> • Children's Council Meeting on 14 October • Evaluation Meeting on 21 October |
| November | Annual Press Conference and Annual General Meeting | <ul style="list-style-type: none"> • The 38th Annual Press Conference and Annual General Meeting on 16 November |
| | Sharing Forum | <ul style="list-style-type: none"> • Sharing Forum on Children Under Care of Substance Abusing Carers - Hidden Harm and Possible Solutions on 24 November |
| October to November | Daylily Project for Young/Single Mothers | <ul style="list-style-type: none"> • Volunteer Training <ol style="list-style-type: none"> 1. Volunteer Orientation on 7 October 2. Advanced Training - Understanding SEN on 4 November • Family Sharing Forum <ol style="list-style-type: none"> 1. Facilitating Children's Effective Learning on 14 October 2. Facilitating Children's Happy Learning on 14 October |
| | Healthy Start Home Visiting Project | <ul style="list-style-type: none"> • Parent Talk on Parent-child Communication and Parenting Skills on 18 October • Volunteer Sharing on 10 November |
| October to December | Child Protection Institute | <ul style="list-style-type: none"> • Raise the Sense of the Child Care Workers on the Knowledge of Communicating with the Children Workshop on 4 October |

FORTHCOMING EVENTS FOR OCTOBER TO DECEMBER 2017



| | | |
|-----------------------------------|--|---|
| <p>October to December</p> | <p>Child Protection Institute</p> | <ul style="list-style-type: none"> • Appreciation Arts and Techniques Parent Talk on 7 October • Music Therapy Group on 10, 17, 24 October, 7, 14, 21, 28 November, 12, 15 and 19 December • Positive Parenting Workshop on 11 October and 10 November • Sex Education Starting from Family Talk on 11 October and 7 December • Expressive Arts Therapy Group on 12, 19, 26 October, 2, 9, 16, 23, 30 November and 14 December • Child Protection Certificate Course for Paediatric Nurses on 23 and 24 October • Child Protection Assessment and Intervention Workshop on 3 November • Applied Child Behavioural Analyst Certificate Course (Stage 1) on 13 and 20 November • Talk on What do Our Live Start on 14 November • Parent-Child Sweet Talk on 17 November • How to Handle Children's Emotion Talk on 18 November • Student Sex Education Talk on 1, 8 and 15 December • Emotional Control Parent Talk on 15 December • Parent-child Relationship Overnight Camp on 20 and 21 December |
| | <p>Bless My Home Forever Volunteer Home Visitation Project</p> | <ul style="list-style-type: none"> • Volunteer Training <ol style="list-style-type: none"> 1. Volunteer Orientation on 7 October 2. Advanced level - Special Education Needs of Children on 4 November • Family Sharing Forum <ol style="list-style-type: none"> 1. Happy Learning of Children on 14 October 2. Information on Further Studies on 14 October 3. Impact of Information Technology on Children on 26 November 4. Problem of Internet Addiction on 26 November 5. Starting Sex Education from Early Age on 17 December 6. Parent-child Sex Education on 17 December |
| | <p>Child Abuse Treatment Corner</p> | <ul style="list-style-type: none"> • Stress Management Group for Parents with Depressive Features V (Sessions 1-8) on 9, 16, 23, 30 October, 6, 13, 20 and 27 November • Children Therapeutic Group V (Sessions 1-6) on 11, 18, 25 October, 1, 8 and 15 November • Batterer Intervention Therapeutic Group for Parents V (Sessions 1-8) on 17, 24 October, 7, 14, 21, 28 November, 5 and 12 December |
| | <p>Home Visitation Project for New Arrivals</p> | <ul style="list-style-type: none"> • Promotion Booth on 23 October • Volunteer Gathering and Sharing in November • Family Activity <ol style="list-style-type: none"> 1. Outing to Hong Kong Disneyland on 26 November 2. Christmas Party in December |
| | <p>Good Parents' Networking Project</p> | <ul style="list-style-type: none"> • Leisure Corner <ol style="list-style-type: none"> 1. Starry Kitchen on 13 October, 10 November and 15 December 2. Parent Handcrafts Workshop on 17, 27 October, 24 November and 22 December • Parent-child Activities <ol style="list-style-type: none"> 1. Handmade Cartoon Key Chain Workshop on 14 October 2. Story Sharing and Board Game Time on 4 November 3. Laughter Yoga on 18 November 4. Funny Balloon Workshop on 2 December 5. Joyful Christmas Party on 16 December |
| | <p>Child Protection and Treatment Project - Happy Child Starting from the Home</p> | <ul style="list-style-type: none"> • Play Therapy • Parent-child Play Sessions |
| | <p>Joyful Kids Group</p> | <ul style="list-style-type: none"> • Voice of Children - Children's Rights Research Programme Street Interview on 21 October • Training Session and Christmas Party on 16 December |
| | <p>Chuk Yuen Centre Family Corner</p> | <ul style="list-style-type: none"> • Good Parent Education Programme (Stage 1) <ol style="list-style-type: none"> 1. Group 1 on 3, 10, 17, 24 and 31 October 2. Group 2 on 11, 18, 25 October, 1, 8 and 15 November 3. Group 3 on 20, 27 October, 3, 10, 17 and 24 November 4. Group 4 on 18 October, 15 November and 13 December • Committee BBQ on 26 October • Committee Gathering on 2 November and 7 December |
| | <p>Tuen Mun Centre Family Corner</p> | <ul style="list-style-type: none"> • Leisure Corner - Handicraft and Cooking Activities on 10, 17 October, 14, 21 November, 12 and 19 December • Good Parents Sharing Time on 2, 9, 16, 23, 30 November, 7 and 14 December |
| | <p>Parent-child Support Line</p> | <ul style="list-style-type: none"> • Advertising at Hong Kong Commercial Broadcasting Co. Ltd. from 16 to 20 October and from 11 to 15 December • Result Announcement of "Listen to Children's Voice" Case Book Cover Design Competition in November |
| <p>November</p> | <p>Kids' Dream</p> | <ul style="list-style-type: none"> • Orientation Camp on 18 and 19 November |

The Hong Kong Jockey Club Community Project Grant – Healthy Start Home Visiting Project Cooperating in TV Programme “Pay It Forward”



Sponsored by the Hong Kong Jockey Club Charities Trust

Healthy Start Home Visiting Project (“the project”) has been launched since 1997 and in service for 20 years. The districts served include Tuen Mun, Yuen Long and Tin Shui Wai. Our volunteers visited pregnant women or families with new babies, with the support of providing training and sharing of child rearing. It effectively minimised stress and anxiety of the families during prenatal and postnatal stages. It also delivers positive parenting skills to the new parents so that the children can grow up in a non-violent and caring environment.

The project was further supported by the community organisations and professionals, and also attracted mass media reporting. In July, we were honoured to cooperate with “Pay It Forward” a TVB programme, Mr Carlo Ng and Ms Joyce Tang, programme hosts as volunteers to introduce the project.



On 8 July, we held the “Parent-child Adventure Day” in E3 Club located at Tsim Sha Tsui with more than 50 family members and volunteers participated. They firstly visited the facilities in the park, and then gathered at the activity room for mass games and a party. Then Carlo and Joyce helped led our families to enjoy the games. They also shared the tips of building up close parent-child relationship. Their active involvement gave our families lots of joy.

Carlo and Joyce further accompanied our staff and volunteers to visit the project families to understand more the difficulties they encountered and volunteers' roles. The TV programme was broadcasted on 30 July. It helps enhance the public awareness towards the importance of child home safety and emotional support for the new parents.

Our volunteers and families visited shared:

Glad to see the artists as volunteers. They made the participants more involved. Media promotion helps the public know more about ACA. Hope more people can receive the service and more families in need can be benefited.

Volunteer - Ms Leung Shui Fong

When I joined the project, a grandchild had come to our family. That made me able to share more child-rearing skills with the project families. It is important to help the new parents relieve their anxiety and stress...

Volunteer - Ms Josephine Lo

Thank you to the volunteers for teaching us much child-rearing knowledge and skills. I was so worried as my child was a premature baby. Luckily I had the support and assistance from the volunteers.

Mother from project family - Ms Winnie Leung

The volunteers helped us a lot. They played different roles as my family members. They gave another angle of child rearing. I could share with them my anxiety.

Father from project family - Mr Trevor Lai



**Peter Ng
Project Social Worker**



Child Protection Institute

Family Carnival at Lee Tung Avenue

During the summer vacation, many parents wholeheartedly arrange various activities for their children. Our ACA Kwai Chung Centre parent leaders were glad to be invited by the Save the Children Hong Kong, to attend the Family Carnival at Lee Tung Avenue on 22, 29 and 30 July. Some parent leaders shared positive parenting skills and experiences. Our parent leaders appreciated to have such valuable chance and paid much effort to prepare the sharing. I was glad to be with them in the whole process.

Different themes of the 3-day Family Carnival were designed. "Super Father" was the theme of the first day carnival. Eric and John, our two excellent fathers among the parent leaders, tuned in the training sessions patiently and actively. They were willing to share with the others and learn from others. They loved and cared their children with no comparison and excuse. Children could feel "Love" from parents naturally.

The theme of the second day was "Supermom". May and Tammy not only are supermom at home, they are also good leaders at schools providing volunteer services. They hoped that everyone could receive "Love" and "Happiness". They were good role models for their children. May's husband praised her during the sharing session which was very touching.

The theme of the third day was "Difficulties and Challenges". Iris and Chong shared their experiences when they faced difficulties in family lives. No matter what environment or challenges they faced, children should be well protected. Before we make decision, we needed to think if it will affect our children adversely. Their sharing made us feel warm and touching.



Our parent leaders including Yee, Fa, Ha, Ginny, Jessie, Yoyo, Kuen, Yin and Tin Ping brought their family members to support other parents on the stage. They promoted our ACA Parent-child Support Line and shared our services to the audiences. No matter how hot the weather, they tried their best to share with others.

One of the audiences was a grandmother. She paid much attention in listening to our sharing. I asked her to give some opinions to us. She politely refused but replied that she wanted to learn some new positive parenting skill so that to take care of her grandchild. The audiences' response, encouragement, smiling, clapping and appreciation gave us much more motive to work better in parenting work!



Lau Yin Ling
Development and Training Manager
Child Protection Institute

Children's Council 2017

46 Child Councilors debated on three motions, including: i) "The Government must enhance its support for the diversified development of children"; ii) "The Government should amend 'The Operation of the Whole-day Schools' guidelines and enforce their implementation at primary schools"; and iii) "The Government should implement sex education in primary and secondary schools as part of the standard curriculum".

Legislative Councilors Mr Aron Kwok Wai Keung, Mr Charles Peter Mok, Mr Michael Tien Puk Sun, and the representatives from Against Child Abuse, Alliance for Children Development Rights, Hong Kong Parents League for Education Renovation, Hong Kong Sex Education Association, Tseung Kwan O Methodist Primary School were invited as Panel Guests to participate in a Question-and-Answer Session with the Child Councilors. All three motions of Children's Council 2017 were passed.

The meeting was held in the Legislative Council Complex on 14 October, with reference to the rules and procedures of the Legislative Council and our child-friendly modifications. 46 Child Councilors aged from 12 to 17, first moved the motions on the child-related issues initiated by themselves, followed by an intense debate with other Child Councilors, and a Q & A session with Legislative Councilors and other panel guests. The Child Councilors then voted to determine the passage on a motion in a democratic process.



The Closing Ceremony of Children's Council 2017 was held right after the meeting, which marked the successful completion of the Children's Council in its twelfth year. In the past four months, Child Councilors had 25 group meetings; they also conducted 14 interviews with government officials, legislators and people from various sectors; collected views from 1,186 children and adults by questionnaires; along with desk top researches to prepare the three motions that will be compiled into a publication. The publications will be sent to the authorities concerned, and child-related organisations for government and society's consideration and reference.

Manki Wong
Project Social Worker

Parent-child Support Line

Collaborative partner: Save the Children Hong Kong

With the support from the Save the Children Hong Kong, we had organised a series of promotion activities at KMB bus body and seatback at the end of August. Through the parent-child support line service, we aim at enhancing the public awareness of seeking support and help, listening to the difficulties and providing professional advice on child management to parents and emotional support to children. Also, the public could report suspected child abuse cases, and other professionals could consult about the handling of child abuse cases.



In early September, we had invited all primary and secondary schools to participant in the "Listen to Children's Voice" case book cover page design competition. We encouraged children to participant in the creative work and it was also a good chance for them to share their thoughts and feelings. We hoped that the public could listen to the children's voice. Moreover, it aimed at promoting the importance of child protection to the community. For details please refer to our website at <http://www.aca.org.hk>.

Parent-child Support Line: 2755 1122

Service: 9:00a.m. - 9:00p.m. (Monday to Friday)

9:00a.m. - 1:00p.m. (Saturday)

Yvonne Wai
Project Officer

Home Visitation Project for New Arrivals

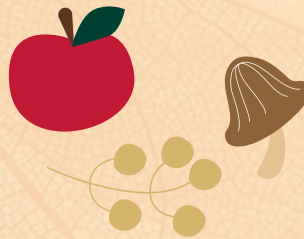
Sponsored by the Keswick Foundation



On 26 July, 8 and 18 August, we set up promotion booth in On Tat Estate in Kwun Tong, Un Chau Estate in Cheung Sha Wan and Ping Tin Estate in Lam Tin respectively in order to promote the Home Visitation project, recruit families and volunteers. We approached 465 people in total through distributing leaflets and small presents.

We conducted volunteer trainings in Cheung Sha Wan Community Centre on 12, 15 and 19 September with nine participants attended. We shared with them the knowledge on child protection in Hong Kong, child growth and development, difficulties and needs of the new arrival families, positive parenting, home safety, interviewing skills and home visiting guidelines. The participants found the training fruitful and practical. It allows them to provide home visitations to the new arrival families confidently.

Joy Ho
Project Social Worker



Child Abuse Treatment Corner

Sponsored by Fu Tak lam Foundation Limited

Volunteer Home Visitation Service for Families with Newborn



During July to September, a 5-session volunteer training and a 4-session new parent training course were held.

The 5-session volunteer training aimed at enhancing the volunteers' understanding of the emotional states of newborn babies and how to cope with them, how babies' diet transit to solid food, the importance of parent-child relationship, the emotional states of the parents and volunteers themselves. They also learned the basic first aid knowledge of looking after a newborn baby and the social resources available in the community. The training contents were rich. The volunteers enjoyed the training very much and shared their experiences with others. It was very precious!

Besides, the 4-session new parent training course aimed at enhancing the parents' understanding of the emotional states of newborn babies and coping skills, understand of their own emotional states and coping skills, ability to maintain their marital relationship and to learn other parenting skills. The parents showed interest in these topics and enjoyed the course.

Yan Yu
Project Social Worker

The Hong Kong Jockey Club Community Project Grant - Healthy Start Home Visiting Project

Sponsored by the Hong Kong Jockey Club Charities Trust

Parent Talk cum Baby Birthday Party

A parent talk and baby birthday party were organised at Tuen Mun Centre and Tuen Mun (East) Integrated Family Service Centre on 19 August respectively. Altogether, 49 parents with their babies and children joined the function. 23 of our experienced volunteers looked after their babies and taught the children aged four or above to make handicraft. We were honoured to have Dr Tam Yuen Shan, a Pediatric Doctor, to share with parents of some common symptoms and ways to take care of their children. After the talk, a birthday party for babies born in the first half year was held.



Good Parents Training Course

A 4-session parents training course was conducted in the evenings in September. The course was fruitful with the content of marital communication, effective parenting skills, sex education for children, and emotion management for parents. 18 parents joined the course with some as couples. They found the course comprehensive and constructive. The course was arranged in the evening to allow more working parents to join.

Peter Ng
Project Social Worker

Good Parents' Networking Project

Collaborative partner: Save the Children Hong Kong



During the summer vacation, we arranged various summer activities for the families. They included Parent-child Story Staring Time and Board Game Activities. Through the picture books and board games, parents and children can build up a good communication. It also strengthened children's observation ability and creativity.

In addition, we organised the Parent-child Kitchen, Dodgebee experience day, Funny Balloon Workshop, Cloth Shoes Decoupage DIY, Perler Beads Key Chain Workshop and Surprise Gift Box Workshop, so that parents and children can have more quality time and it facilitated children and parents relationship.

On 8 July and 19 August, we held Playful Children Summer Party and Summer Fun Fun Party. In those activities, we arranged some exciting games, provided delicious food and also had a lucky draw. The children could enjoy summer vacation with good memories. They will have sufficient energy to face new challenges of coming school year.

In September, we held regular parent activities. Parent volunteers taught the parents to make ice mooncake and mid-autumn lanterns which enabled them to share with each other and enrich themselves in order to build a good parent-friendly network.

Haidee Hung
Project Social Worker

Tuen Mun Centre Family Corner

Sex Education Parent Sharing Sessions

Tuen Mun Centre organised a 3-session parent sex education sharing programme in September. It aimed at equipping the parents with attitude, knowledge and skills to implement sex education for their children. The themes were Knowing the Psychological and Physical Changes in Puberty, Love and Dating, and Sexual Behaviour. The participants reflected that the programme was interactive and relaxing. It helped them strengthen their confidence and skills to talk about sex-related issues with their children.



Summer Programmes

We had held various summer activities from July to August. These included parent-child handicraft and dessert cooking classes, Family Outing to Holiday Farm and "Say Goodbye to Summer Holiday" Party. Families actively involved in the summer programmes and these programmes let children have a meaningful summer holiday.

Peter Ng

Project Social Worker

Child Protection and Treatment Project - Happy Child Starting from the Home

Sponsored by Help for Children Asia Prevent and Treat Child Abuse

This project aims at helping children to learn ways to tackle emotions, express their feelings and thoughts and regain confidence; helping parents to understand their children's developmental needs, and learn skills in positive parenting and stress management; and improving parent-child relationships.



From July to September, we organised three Happy Education Activities for Parent for 35 participants; and two Child Development Class, with topics Creative Arts Children Group and Happy Emotions Children Group for 52 children. In this period, a total of four play sessions and five parent-child play sessions were offered to children under 12 years old and their parents.

On 15 August, Dr Jessica Ho, the then ACA Director, Ms Yupo Lee, Service Manager, the author and 14 mothers, shared with the representatives and advisors of the funder about our services. On the same day, we also

held Being Good to Yourself - Parent Relaxation Experiential Day. Parents learned to hear their body messages. Their stresses were released.

Two Sharings from Programme Participants

After attending the Satir Model - How can I Get Along Well with My Child and Being Good to Yourself - Parent Relaxation Experiential Day, I rebuilt the relationship with my son after I calmed my body and mind, showed my love, forgiveness and concern instead of blaming.

My child threw temper tantrum easily. He was blamed and criticised by me often. After joining parent-child play session, I can convey warmth, empathy, and encouragement toward my son. My son could freely express himself and his negative emotions were released.

Cherry Choy

Project Social Worker



本人樂意幫助防止虐待兒童會 I would like to help ACA :

請在適當□內加上✓號 Please tick as appropriate

1. 我願意捐助 By making a donation :

| | 一次捐款 One Off HK\$ | 每月捐款 Monthly (由 月至 月) (from to) HK\$ | |
|----------------------------------|-------------------------|--|---|
| 現金 By Cash | | | |
| 支票 By Cheque | | | 銀行 Bank : _____ 支票號碼 Cheque No. : _____ 抬頭註明：防止虐待兒童會有限公司 Cheque made payable : Against Child Abuse Ltd. |
| 信用卡 By Credit Card | | | Visa <input type="checkbox"/> Master <input type="checkbox"/> AE <input type="checkbox"/> 持咭人姓名 Cardholder : _____ 信用卡號碼 Card No. : _____ 信用卡到期日 Expiry Date : _____ 簽署 Signature : _____ |
| 直接存入 戶口 Deposit to Bank | | | 本人已將款項存入防止虐待兒童會之匯豐銀行戶口 (號碼：480-107549-001)，並附上銀行入數紙。 Deposited to ACA HSBC Account (A/C no. 480-107549-001) and enclosed a bank pay-in slip. |

是否需要捐款收據？ Do you request an official donation receipt?

是 Yes 收據抬頭 Name of receipt: _____

否 No

捐款港幣一百元或以上，可申請扣減稅項。 Donations of HK\$100 or above is tax deductible.

2. 本人推薦防止虐待兒童會聯絡下列人士 / 公司 / 機構 By recommending ACA to contact :

| 姓名 Name | 地址 Address | 電話 Tel / 傳真 Fax / 電郵 Email |
|---------|------------|----------------------------|
| | | |
| | | |
| | | |

3. 本人願意成為防止虐待兒童會義工，並加入ACA之友。 By becoming friends of ACA.

本人有興趣參與以下服務 I am interested in the following services :

4. 本人申請成為防止虐待兒童會的會員。 By becoming a member of ACA.

普通會員 Ordinary Member 每年港幣一百五十元 HK\$150 per annum

學生會員 Student Member 每年港幣五十元 HK\$50 per annum

贊助會員 Sponsor Member 每年港幣一萬元 HK\$10,000 per annum

姓名 Name : (中) _____ 先生/小姐/女士 (英) Mr/Miss/Ms _____

機構 Agency (如適用 if applicable) : _____

地址 Address : _____

電郵 Email : _____

電話 Tel : _____ 傳真 Fax : _____